

## SAC & FOX NATION STAFF MEMBER ATTENDS PARTNERSHIP WORKSHOP

STILLWATER, Okla. — A staff member from the Sac & Fox Nation diabetes program attended the inaugural Eagle Adventure Partnership Workshop held July 30 through Aug. 1 on the Oklahoma State University-Stillwater campus.



*Leah Carver Special Projects Manager*

Leah Carver attended the three-day workshop to learn more about the Eagle Adventure program. Interactive education sessions and hands-on activities were used to help participants understand the program and its goals.

The Eagle Adventure program strives to improve the health and nutrition of youth who are increasingly at risk of developing type 2 diabetes. The aim of the program is to provide youth and their families with a vision of hope that type 2 diabetes can be prevented through dietary and physical activity changes.

An interdisciplinary team from the OSU College of Human Science's Nutritional Sciences Department and the Chickasaw Nation developed the Eagle Adventure program collaboratively. Funding for the program is through the Supplemental Nutrition Assistance Program Education grant.

Students in the first through third grade receive instruction in the classroom through classroom-based lessons and engage the discussion of health and nutrition habits.

Since 2010, over 1,800 students in more than 10 schools in south central and southeastern Oklahoma have benefited from the Eagle Adventure program.

Based on the CDC's popular Eagle Books series, the Eagle Adventure program honors Native American traditions and culture. Along with storytelling, students are introduced to Native American language, culture, customs and traditional ways of being active.

The CDC Division of Diabetes Translations' Native Diabetes Wellness Program, in collaboration with the Tribal Leaders Diabetes Committee and Indian Health Service, developed the books in response to the burden of type 2 diabetes among Native Americans and the need for prevention materials available for children.

For more information about the Eagle Adventure partnership workshop, please contact Sara Mata, Grant Coordinator Oklahoma State University 301 Human Sciences Stillwater, OK 74078 Phone:(405) 744-3842 Email: sara.mata@okstate.edu



**AMBUCS Donates Trike:** Norwood Masquat was the recipient of a tricycle for the handicapped recently at the Cox Convention Center during the Ambucs convention. Ambucs is an organization that creates mobility and independence for people with disabilities. Norwood's therapist and doctors recommended him to Ambucs. Norwood also received some special attention while in the hospital from a couple of Thunder Cheerleaders. (photos provided)

## Tribal Assault on Painkiller Addiction

*(part one of a four part series to come)*

245,000? The approximate number of Oklahomans above age 11 abusing prescription painkillers for nonmedical reasons in 2009. This identifies Oklahoma as leading the nation in the addiction to painkillers as well as related deaths. It is only fitting that the battle against such addiction in "Native America" be led by tribal owned clinics, Absentee Shawnee Counseling Services, OKC and Keetoowah Cherokee Treatment Services, Tulsa.

Generally speaking, prescription painkillers are opiates. There are 16 Opioid Treatment Programs in Oklahoma certified by the Federal agency SAMHSA CSAT, including the Veterans Hospital in Oklahoma City. The importance of these OTPs revolves around SAMHSA's findings that the Medication Assisted Treatment is 70-75% effective with opiate addiction, while traditional substance abuse treatment is 6-10% effective. This 8-9 times more effective treatment can often skip inpatient detox, avoiding the expense, time off from work and away from family, and the waiting list to get admitted.

According to the Centers for Disease Control, Native Americans have roughly

three times the prevalence rate of painkiller addiction and related deaths than other minorities like Blacks or Hispanics. "Tribes lead the assault against this epidemic in Native America," remarks Dan Cross referring to the state of Oklahoma. Cross is the Executive Director, Absentee Shawnee Counseling Services. "These tribal programs accept Medicaid but all CDIB card carrying Indians will be treated at our clinic without regard for ability to pay. If an Indian needs help, regardless if they can pay, we will treat them." Call ASCS in OKC at 405-672-3033 or Keetoowah Cherokee Treatment Services in Tulsa at 918-835-3017 or go to ascsock.com for more information.

Native people are among the most affected by this epidemic addiction but tribes are also leading the way in addressing the problem. This is the first in a series of articles on prescription painkiller addiction in Native America.

Contacts:  
Dan Cross, Executive Director, ASCS, danb.cross@gmail.com, 405-672-3033, C:918-260-1096



Commissioner Terri White, Oklahoma Department of Mental Health and Substance Abuse Services, addressing Tribal Forum on Painkiller Addiction June 21, 2012

## Muscogee (Creek) Nation WIC Program

Stroud Clinic

USDA Building 920883 S. HWY 99

Open 1st and 3rd Wednesday of each Month

Hours: 9:30am - 3:30pm

Closed for Lunch 12:00pm - 1:00pm

1-800-648-2302 or 918-968-1784 for information

Closed last business day of each month for staff training.

Standards for participation are the same regardless of age, race, sex, color, national origin or handicap.

### HELP WANTED!

### SAC & FOX NATION EMPLOYMENT OPPORTUNITES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH THE SAC & FOX NATION:

- Director of Public Safety (Stroud)
- Operations Coordinator (Stroud)
- Custodian (Part-Time) (Shawnee Multi-Purpose Center/Shawnee)
- Housekeeper (Juvenile Detention Center/Stroud)
- Shipping & Receiving/Accounts Specialist (Stroud)
- Compliance Officer (Gaming)
- Substance Abuse Counselor(Juvenile Detention Center/Stroud)
- Resident Advisor (Juvenile Detention Center/Stroud)
- Economic Development Director (Stroud)
- Surveillance Observer (s) (Gaming)
- Exercise Specialist (Stroud)
- Finance Manager (Finance/Stroud)
- Staff Accountant (Finance/Stroud)
- Accounting Clerk (Finance/Stroud)
- Payroll Technician (Finance/Stroud)
- Food Services Coordinator (Juvenile Detention Center/Stroud)
- Substance Abuse Counselor (Stroud)
- Assistant Cook (Stroud)
- Facility Administrator (Stroud - JDC)
- Custodian (Stroud - BHC)
- Capitol Security Officer (Stroud)
- Police Officer

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at: [www.sacandfoxnation.com](http://www.sacandfoxnation.com) or contact Human Resources, Sac and Fox Nation, 920883 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-4837



## Absentee Shawnee Tribe of Oklahoma Domestic Violence Program

### Mission Statement

The Absentee Shawnee Tribe of Oklahoma's Domestic Violence mission is to eliminate violence in Native Country and to strengthen Native families to end the cycle of violence. Absentee Shawnee Tribe Domestic Violence program serves Native American families and Non-Native families by providing advocacy in the areas of Domestic Violence, Sexual Assault, Stalking, and Dating Violence.



### The Domestic Violence Department provides services to:

Victims of Domestic Violence, Sexual Assault (on call 24 hours per day), Stalking, and/or Dating Violence. We serve Native and non-Native victims as well as their children, as these problems affect everyone in our community. When a victim flees the situation they often leave behind all of their belongings, that's where we step in, offering a hand up to the victim. We offer advocacy for the victim, through the process of court, counseling, housing and utility assistance, referrals as needed (for services ASTDV does not provide), shelter, and transitional housing. We have four transitional houses fully furnished, where victims will be provided the opportunity to get an education and obtain job skills. Emergency transportation can be provided as well. For questions regarding necessary paperwork in order to receive assistance please contact the AST Domestic Violence Office.

Absentee Shawnee Tribe of Oklahoma  
2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801  
Phone: (405) 275-4030 Fax: (405) 273-1192  
National Domestic Violence Hotline: 1-800-799-7233  
National Sexual Assault Hotline: 1-800-656-4673