

Miss Sac and Fox Nation • Jr. Miss Sac and Fox Nation • Little Miss Sac and Fox Nation

The Sac and Fox Nation Activity Committee will be coordinating the competition and selection of the 2012-2013 Tribal Princesses. The competition and selection will be held on Saturday, June 3, 2012 at 4:00 p.m. in the Community Building, Sac and Fox Nation Capitol Grounds, 5.5 miles south of Stroud, OK. Immediately following the competition a reception will be held for the outgoing Princesses and the selection of the 2012-2013 Tribal Princesses will be announced.

DEADLINE FOR APPLICATIONS IS MAY 31, 2012.

Guidelines for Princess Selections are as follows:

1. Candidates must either be an enrolled member of the Sac and Fox Nation or a descendant of an enrolled member. (Proof is required).
2. Candidates should never have been married, never cohabitated and never had children.
3. Candidates must be alcohol-free and

drug-free.

4. Candidates will be expected to have basic knowledge of Sac and Fox History.

5. Selected candidates must be willing and able to attend ALL activities hosted by any Sac and Fox Nation Committee, Commission or Board and any other events specified by the Activity Committee.

6. Princesses are required to submit a yearly report of activities and events attended as a Tribal Princess of the Sac and Fox Nation to be printed in the Annual Governing Council packet. Reports are due to the Sac and Fox Secretary no later than May 31, 2013.

7. Candidates must meet the following age requirements. All age requirements specified are age before June 30, 2012.

TITLE	AGE
Miss Sac and Fox Nation	17-21
Jr. Miss Sac and Fox Nation	13-16
Little Miss Sac and Fox Nation	7-12

Everyone is encouraged to attend the 2012-2013 Tribal Princess Competition!



Wild and Crazy Dance Squad: (Left) Anna Frances Smist, (remaining not in order, two not pictured) Cami Audas, Brynn Bauman, Rachel Chan, Caitlin Guinn, Macy Jordan, Raylie Knight and Emma Pignato. (Photo: American Spirit Championships)

Nominations For Senior Man and Senior Woman 2012-2013

Do you know an Elder that goes above and beyond consistently? Someone who is making a positive impact on the world around them? Someone who deserves to be recognized for the outstanding person they are?

Then the Sac and Fox Nation Activity Committee needs your nominations for the 2012-2013 Senior Man and Senior Woman; but time is slipping fast. Tribal members can vote using the ballot in the May, 2012 edition of the SFN News.

Deadline to submit nominations is April 30, 2012. Nominations received after this date will not be included on the ballot.

The Senior Man and Senior Woman must be 55 or older before July 1, 2012 and an enrolled member of the Sac and Fox Nation. You can return your nominations to the attention of: Office of Government, Sac and Fox Nation, 920883 S. Hwy 99, Building A, Stroud, OK 74079 or faxed to 918-968-1142 or emailed to shanarae.boyd@sacandfoxnation-nsn.gov.

Your nominations must include the following information to be placed on the

ballot (only tribal members can nominate candidates):

1. Your Name (First and Last)
2. Your Roll Number
3. Name of the person you are nominating
4. Reason you are nominating this person (however brief or lengthy)

You may put your nomination on plain paper provided it includes all of the required information or you may use the nomination form provided in this edition of the Sac and Fox News.

Coronation of the Winners will take place on Thursday, July 12, 2012 during the Traditional Night of the 49th Annual Sac and Fox Nation Pow-Wow.

The Activity Committee looks forward to receiving all of your nominations for the many Sac and Fox Nation elders deserving of this honor and award.

If you have any questions concerning this notice or the nomination process; please feel free to contact Secretary Jacklyn K. Williams or Shanarae Boyd at 918-968.3526, extensions 1007 and 1019.

Area Dance Team Earns Top Prize

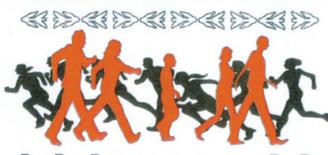
Massay's DanceStar Productions attended "American Spirit Championships National Finals" held at the Cox Convention Center, January 21-22, 2012. Of the six squads attending from Massay's, four won the National title for their division, one of which was pronounced "Grand Champion." "Wild and Crazy" dance squad won in the Junior Pom category and also took Grand Champion with the top score for the

entire All-Star division.

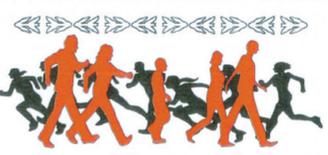
Anna Frances Smist, a member of "Wild and Crazy", is the daughter of Shirley Marie McCormick of Norman, Oklahoma and the Granddaughter of Mary F. McCormick of Seminole, Oklahoma.

Grandmother, Mary McCormick stated, "Modern dance is an area that is challenging for any age of people, I'm very proud of Anna's individual accomplishment."

Walk/Jog 5 miles — FREE t-shirt
Walk/Jog 150 miles — FREE Nike N7 Shoes



kehchipenowa club



kiyothewa club

Must have referral to exercise from Black Hawk Health Center

Kehchipenowa
(He/She Jogs/Runs)

Kiyothewa
(He/She goes for a walk)

Log actual miles walked or jogged. Participate in local walking/running events. Receive incentives! Improve health! Enhance lifestyle!

Get Active and Get A Life!

For More Information Contact
Sharlyn Kennon at (918) 968-9531 Ext. 208 or sharlyn.kennon@ihs.gov

Ballot for Senior Man or Senior Woman

I, _____, Roll # _____,
First and Last name SFN Roll #

hereby nominate; _____
2012-2013: Candidates First and Last Name

to be the SFN Senior Man SFN Senior Woman
{Circle One Only}

For the following reason/s:

{Feel free to use additional sheets if necessary or put your nomination on plain paper provided you include all of the required information}

Title VI Elders Program Easter Dinner Set For April 6

The Sac and Fox Nation Title VI Elders Program will be hosting an Easter Dinner for the elders on **Friday, April 6, 2012 from 10:30 to 1:00pm**. The dinner will be held at the Social Services Building – Dining Room (here on the Sac and Fox Nation Reservation – building located behind the Main Office). Dinner will include: Baked Ham, Potato Salad, Cole Slaw, Easter Eggs, Rolls, and Cupcakes.

We will be having an Easter Egg Hunt with prizes for elders gathering the most eggs, and a prize for the elder finding the "Prize" egg.

All elders are welcome to come and participate. We will be having White Elephant Bingo – elders are asked to bring a new or gently used item for bingo prizes. Everyone come and have some fun and excitement. Spring is Here!!

Sac and Fox Nation Food Distribution Program

CALL TODAY TO SEE IF YOU QUALIFY!!!

STROUD OFFICE
(800) 256-3398

SHAWNEE OFFICE
(866) 622-2310

We have various new food items along with fresh fruits & vegetables that have been added to our food package to help meet your family's dietary needs.

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IF YOU LIVE WITHIN THESE BOUNDARIES YOU MAY QUALIFY







