



Water Well Owners Seminar: Jeremy Fincher, Environmental Specialist with Sac and Fox Nation Office of Environmental Services, recently presented a water well seminar.

Water Well Owners Seminar a Success

by Jeremy Fincher Environmental Specialist

I would like to take time and thank everyone that came to the Water Well Owners Seminar. I would also like to thank Bruce Chandler for helping with the presentation, Billy Porter, Mitch Price and their crew from Indian Health Services for attending and for bringing some really cool demo equipment, and Andy Anderson for helping design the flyer.

Overall the seminar was a success! The seminar was held at the Sac and Fox Learning Center Wednesday April 10, 2013 and hosted by Sac and Fox Nation's Office of Environmental Services. It was good to see everyone that wanted to learn more about how to properly maintain their water well and how to keep their water safe to drink for generations to come.

A presentation was given by Jeremy Fincher that included topics such as:

- Differences in well types
- Well Head Protection
- Proper Well Maintenance
- Noticeable Problems
- Water Well Testing
- Water Well Disinfection
- Record Keeping

IHS was also present to help answer questions, provide information about the different ways IHS can help tribal members, and assist attendees through

the application process. There are certain income and other requirements that must be met to receive IHS assistance. IHS also brought some demonstration equipment that consisted of all the parts you would see in a typical water well house so people could get hands on experience and ask questions. For more information about IHS programs please contact the Office of Environmental Health and Engineering at 14106 Hwy 177 Shawnee, OK 74804 or by phone 405-214-4200.

SFNOES also has limited funding to perform water well testing; can provide information and assistance with water well disinfection, and onsite water well evaluations. If you have any questions concerning your water or water well please contact OES.

Booths were also set up to display other SFNOES programs such as our recycling program and home energy audits.

OES would like to have more events like this in the future and is open to hearing what types of workshops or questions you may have concerning natural resources and the environment. You may stop by our offices located between the SFN Judicial Center and the SFN Juvenile Detention Center. You may also call 918-968-0046 or email us at oes@sacandfoxnation-nsn.gov.

2013 First Quarter Recycling up from Previous Years

Andrew Anderson Environmental Technician
Sac and Fox Nation Office of Environmental Services

Ahò, nihkànetike!
Here is an update on our recycling efforts for the first quarter of 2013. By comparison, we are doing better than previous years, but we are only ahead of last year by 260 lbs. I know that doesn't seem like a big number by itself, but when added to 7,980 lbs, it becomes a very big number.

In the first three months of this year, Sac and Fox Nation saved over 71 trees, 252 pounds of air pollutants, and 29,400 gallons of water. And that is just the first quarter. Imagine if we keep up the pace. We could save 284 trees, 1,008 pounds of air pollutants, and 117,600 gallons of water this year. Wouldn't that be great? Now, imagine if the communities around us also recycled. This area that we live in could be a lot cleaner in the near future. Recycling can make a difference, but it takes all of our effort.

Did you know that:
* Americans throw away enough aluminum every three months to rebuild our entire commercial air fleet.

* You can make 20 cans out of recycled material with the same amount of energy it takes to make one new one.

* The average American throws 3 – 5 pounds of trash away daily. That is one billion pounds of waste each day in the U.S.

* Americans make up 5% of the

worlds' population and create 50% of the worlds' garbage.

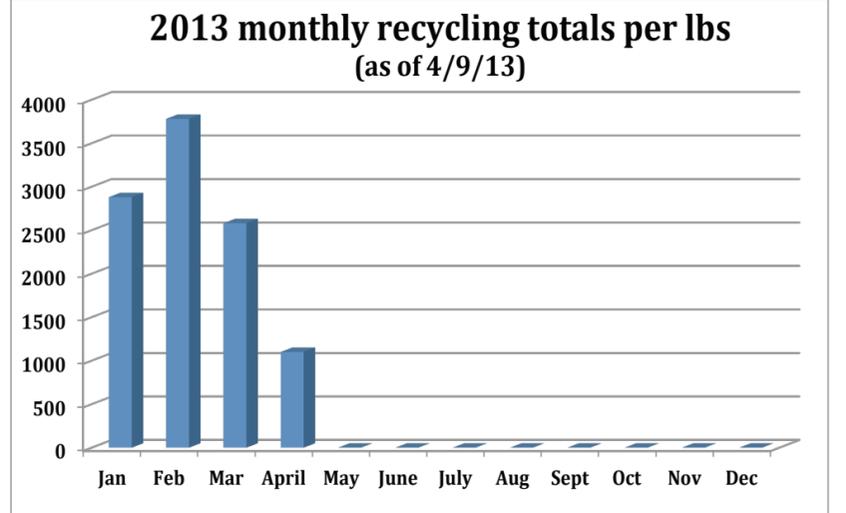
* Americans throw away enough office and writing paper annually to build a wall twelve feet high stretching from Los Angeles to New York City.

* We throw away enough iron and steel to continuously supply all the nation's automakers.

We are in the middle of the second quarter and the challenge before us is a tough one. Last year we accumulated 11,560 lbs in the second quarter. Can we reach that goal this quarter? If we all contribute we can. We can do anything if we work together.

It's never a bad time to start recycling. We just have to change our perspective a little to see that, instead of putting more material in the ground that could possibly seep into our ground water, we need to give it to someone else who can turn it into something that can be reused again and again.

Please help us in our efforts. There are recycling bins in every building of the Sac and Fox Nation. We also have a trailer that could be used for drop-off 24 hours a day, which is located in the parking lot of the Environmental Services building (just west of the Juvenile center). If you have any questions, please contact us at 918-968-0046, or oes@sacandfoxnation-nsn.



RAP Programs Remaining Budget

Vision.....	\$32,793.73
Dental.....	\$17,205.31
Dentures.....	\$859.50
Orthodontics.....	\$18,305.53
Hearing Aid.....	\$1,626.08
Lawn Care.....	37,400.00
Tribal Energy.....	\$99,763.00
Hardship.....	\$35,100.00
Emergency Appliance.....	\$9,844.00
Elders Handyman.....	\$25,000

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VETERANS
SAC & FOX NATION
HONOR GUARD

"Veterans helping Veterans"

SAC & FOX NATION VETERAN'S WOMEN'S AUXILIARY
HONOR GUARD PRINCESS SELECTION

The Sac and Fox Nation Veteran's Women's Auxiliary will be selecting the Sac and Fox Veteran's Honor Guard 2013-2014 Princess on May 5th and are accepting Biographies from all interested young ladies who meet the following criteria. The princess will be announced and crowned at the annual Sac and Fox Veteran's Memorial Day Pow-Wow, May 25, 2013.

Candidates are required to meet the following criteria:

1. Candidate must be of Sac & Fox descent
2. Age limit: 13-19 years of age
3. Have a family member(s) who is a veteran (living or deceased) or is currently serving in the military
4. Submit a typewritten, detailed biography about them. Biography should show applicant's knowledge of their Sac & Fox heritage, veteran background and all accomplishments.
5. Dancing ability
6. All candidates must be in full regalia and be present at the time of selection
7. Reside in Oklahoma
8. No cohabitation
9. No children

Please include address and telephone number. All biographies need to be submitted to the Sac & Fox Veteran's Women's Auxiliary, 920883 S. Hwy. 99 Building A, Stroud, Oklahoma 74079 or e-mailed to the Auxiliary Secretary, Shawna Spoon at shawnspoon@att.net. Deadline for submission is May 3, 2013. Please contact Clarissa Littlehead, Auxiliary Chairperson, at 918-987-0311 or Shawna Spoon at 405-275-2581 for further information.

SAC AND FOX NATION RAP ASSISTANCE APPLICATION

FAX: 918-968-0098
PH: 918-968-3526
EXT: 2000 & 2001
RAP Application Form#2011-01
BC Approved on 2/5/13

NAME _____ PHONE # (with area code) _____
ADDRESS _____
CITY _____ STATE _____ ZIP CODE _____
D.O.B. _____ SOCIAL SECURITY # (Last 4 digits) _____ SFN ROLL # _____
Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

Type of Assistance Requested (Please Check All That Apply)

<input type="checkbox"/> Tribal Energy	<input type="checkbox"/> Elders Lawn Care	<input type="checkbox"/> Dental
<input type="checkbox"/> Hardship	<input type="checkbox"/> Emergency Appliance	<input type="checkbox"/> Dentures
<input type="checkbox"/> Elders Handyman	<input type="checkbox"/> Vision	<input type="checkbox"/> Orthodontic
		<input type="checkbox"/> Hearing Aid

Please Provide the Following:
The bill you are requesting assistance with & proof of residence if the bill is not in your name.

****NOTE**** You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES
I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____
PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____
DATE _____ RAP SPECIALIST _____ DATE _____