

Cooking with Mary Lee
 April 9th 10:00 - 12:00
 ways to cook salmon

Search for Building Manager Elders Building in Stroud

If interested, please see Sac and Fox Nation Secretary, Jackie Williams. Elders would like a Building Manager in place by the April 14th monthly meeting. This position will be paid for a maximum of twenty five (25) hours a week, Monday to Friday only. Work hours to be determined by the Elders Advisory Committee Officers. Job duties include, but are not limited to: Overseeing the Stroud Building in handling office work and correspondence, assisting the Elders Advisory Committee with filing, answering telephone calls, taking messages, greeting guests, maintaining activities scheduled for the building, and assisting with training/classes.

Elders Monthly Meeting

Sunday, April 14, 2013
 Multi-Purpose Building, Shawnee,
 2:00pm Potluck Dinner

In an attempt to make our monthly meetings accessible to reach more Elders, we have scheduled our April meeting on Sunday afternoon. Come learn what the Elders are planning for the rest of this fiscal year and sign up to volunteer for fundraising activities and events. Bring your favorite dish and enjoy the fellowship.

All elders age 55 and over are welcome

"Veterans helping Veterans"
 SAC & FOX NATION VETERAN'S WOMEN'S AUXILIARY
 HONOR GUARD PRINCESS SELECTION

The Sac and Fox Nation Veteran's Women's Auxiliary will be selecting the Sac and Fox Veteran's Honor Guard 2013-2014 Princess on May 5th and are accepting Biographies from all interested young ladies who meet the following criteria. The princess will be announced and crowned at the annual Sac and Fox Veteran's Memorial Day Pow-Wow, May 25, 2013.

Candidates are required to meet the following criteria:

1. Candidate must be of Sac & Fox descent
2. Age limit: 13-19 years of age
3. Have a family member(s) who is a veteran (living or deceased) or is currently serving in the military
4. Submit a typewritten, detailed biography about them. Biography should show applicant's knowledge of their Sac & Fox heritage, veteran background and all accomplishments.
5. Dancing ability
6. All candidates must be in full regalia and be present at the time of selection
7. Reside in Oklahoma
8. No cohabitation
9. No children

Please include address and telephone number. All biographies need to be submitted to the Sac & Fox Veteran's Women's Auxiliary, 920883 S. Hwy. 99 Building A, Stroud, Oklahoma 74079 or e-mailed to the Auxiliary Secretary, Shawna Spoon at shawnaspoon@att.net. Deadline for submission is May 3, 2013. Please contact Clarissa Littlehead, Auxiliary Chairperson, at 918-987-0311 or Shawna Spoon at 405-275-2581 for further information.

FREE Seminar
 For Private Water Well Owners

WHO:
 Welcome to everyone in the community

WHY:
 The goal is to provide knowledge and information about the well that is supplying your water, how to properly maintain the well, signs of contamination to look for, proper weatherization, water quality testing, well disinfection, and much more.

WHEN:
 Wednesday 4/10/13 from 10 am to 12 pm

WHERE:
 Sac and Fox Nation Learning Center, large classroom
 *Refreshments provided

Presented by: **Jeremy Fincher**, Sac and Fox Nation's Office of Environmental Services, in partnership with **Bruce Chandler**, Community Resource Group, and **Indian Health Service** (IHS will provide assistance on application process)

Please contact **Jeremy Fincher** if you would like to register, are interested in attending, or have any further questions.
 jeremy.fincher@sacandfoxnation-nsn.gov or 918-968-0046

Thank you and hope to see you there!

Oklahoma Tobacco Helpline

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 Get an application from your counselor

ATTENTION

TRIBAL MEMBERS

Sr. Man and Sr. Woman Nominations Due

April 26, 2013

I, _____, Roll # _____ hereby nominate the following Man: _____

He should be the Sac and Fox Nation Sr. Man because: _____

I, _____, Roll # _____ hereby nominate the following Woman: _____

He should be the Sac and Fox Nation Sr. Woman because: _____

4th Annual FOLLOWING THE TRAIL

April 26 - 27, 2013

Native American Family Conference

Everyone Welcome!

www.followingthetrail.org

Men's Program

New: Friday Night Campout!

Door Prizes!

Youth Program

New: Women's Program

Grilled Lunch

Afternoon activities

Relaxed, outdoor atmosphere

Conference Location:
 Cornerstone Indian Baptist Church
 Little Axe, Oklahoma

Registration Costs:
 Only \$10.00 per person

Contact us:
Bryce Scott
 (405) 912-0044
bwsscotti@hotmail.com
Ben Little
 (405) 605-9312
Ben_little@msn.com
Jeanelle Lowe
 (405) 431-8677
jeanellelowe@yahoo.com

Preregister before April 12th to be entered for extra door prizes!