

Photo provided by Cheryl McClellan



Phone: 918-968-3526 • 920883 S Hwy 99 Bldg A • Stroud, OK 74079 • Vol.34 No. 12 • December 2013

Meskwaki Code Talkers Honored in Washington, D.C

By Samantha Sam, IT Media Coordinator, Sac and Fox Tribe of the Mississippi in Iowa

A group of Meskwaki tribal members and staff attended the ceremony which took place on November 20, 2013.

The Gold Medal Ceremony honored 33 tribes. Meskwaki was among those tribes.

They will be receiving 1 gold medal and 8 silver medals, one to each of those honored from Meskwaki.

The following individuals were either in attendance or invited to the ceremony.

- Mrs. Theresa Lynne Mahoney, Descendant of Honoree Benson, Sac and Fox/Meskwaki;

- Mr. Robert John Roberts, Descendant of Honoree Roberts, Sac and Fox/Meskwaki;

- Ms. Ramona Norma Sanache, Descendant of Honoree F. Sanache, Sac and Fox/Meskwaki;

- Mr. Alvin Lee Sanache, Descendant of Honoree W. Sanache, Sac and Fox/Meskwaki;

- Ms. Melissa Rose Youngbear, Descendant of Honoree M. Wabaunasee, Sac and Fox/Meskwaki;

- Ms. Marguerite Youngbear Bass, Descendant of Honoree Youngbear, Sac and Fox/Meskwaki;

- Ms. Shirlene Fawn Seymour, Descendant of Honoree Twin, Winnebago;

- Mr. Daniel Ray Wabaunasee, Descendant of Honoree Judie Wabaunasee, Sac and Fox/Meskwaki.

- Mr. Donald Wanatee, Sr, Receive the Gold Medal on behalf of the Tribe.

- Mr. Larry Craig Lasley Sr., Representative, Sac and Fox/Meskwaki;

- Mr. Robin Lee Roberts, Representative, Sac and Fox/Meskwaki;

- Mr. Ram Dhanwada, Representative, Sac and Fox/Meskwaki.

Tribe; Seminole Nation (Oklahoma); Sisseton Wahpeton Oyate; Standing Rock Sioux Tribe; Tonto Apache Tribe; White Mountain Apache Tribe; and the Yankton Sioux Tribe.

“We congratulate the Meskwaki Nation for the Code Talkers finally getting the recognition they deserve,” said Sac and Fox Nation Principal Chief George Thurman. “Our prayers are with the families, and the Sac and Fox Nation shares in being proud of the accomplishments of these brave warriors.”



Meskwaki Code Talkers: Front Row L-R: Dewey Youngbear, Willard Sanache, Frank Sanache, and Edward Benson. Back Row L-R: Judie Wabaunasee, Dewey Roberts, Melvin Twin, Mike Wabaunasee and an unidentified officer. Photo courtesy of the Meskwaki Nation and the Smithsonian Institution.



Chief's Address To The Nation

Happy Holidays to my People!
I wish everyone a Merry Christmas and a Happy New Year!

Let us remember what Christmas is all about, the birth and celebration of our Lord and Savior Jesus Christ, not what it has become with all of the commercialism. I pray that you and your families have a very prosperous and good year in 2014; that your visions become reality; that God bestows many blessings, and that our Sac and Fox Nation unites together and continues fighting for our sovereignty as an Indian Nation.

The Indian Law & Order Commission released “A Roadmap for Making America Safer” to the President and Congress during the White House Tribal Nation’s Summit in Washington, DC last week. The Report represents one of the most in depth reviews ever conducted of Native American and Alaska Native public safety and criminal justice and includes 40 unanimous major recommendations! Many of these recommendations require statute others can be addressed in the Executive Branch, action by the Federal judiciary, or State reform while others remain matters for Tribal Sovereign Nations.

One recommendation made by the Commission is that “The U.S. should set a bi-partisan national policy goal of eliminating the Indian country public safety gap by 2024 – the Centennial of the Indian Citizenship Act, when all Native Americans could finally vote in Federal elections”.

The Commission was created by the Tribal Law and Order Act (TLOA) of 2010. Below is a copy of the 34-page Summary.

A Roadmap for Making Native America Safer

Report to the President and Congress of the United States by Troy A. Eid, Chairman, Indian Law & Order Commission, November 2013. eid@gtlaw.com.

About the Commission

- Created by the Tribal Law and Order Act of 2010 (TLOA) to advise the President and Con-

gress on Federal, State and Tribal reforms to strengthen criminal justice for the 566 Federally recognized Indian Tribes and Nations.

- Extended by the Violence Against Women Act (VAWA) Reauthorization Act and sunsets in January 2014.

- Consists of nine volunteers appointed by the President and Majority and Minority leadership of Congress.

- Recruited three Federal experts to serve as its staff, who were “detailed” (loaned) to the Commission as provided by TLOA.

- Planned and executed one of the most comprehensive assessments of Native American and Alaska Native public safety and criminal justice ever undertaken.

- Held town halls and field hearings, took testimony, appointed and consulted with an Advisory Board in all 12 regions of the Bureau of Indian Affairs, and worked entirely in the field – from Alaska to the East Coast.

- Unanimously prepared and approved THE ROADMAP – a 324-page report, with 40 unanimous major recommendations for making Native America safer and more just for all U.S. citizens.

Some recommendations require new Federal laws, others need executive branch policy changes, some warrant action by the Federal judiciary; others are State-level reforms; and still others are matters for Tribal citizenship.

(Continued on Page 3)

Upcoming Events 2013

December 21
Powwow Committee
Traditional Dance

December 7
Sac and Fox Elders
Annual Winter Dance
Community Building

December 10, 5 pm
Sac & Fox Nation
Veterans’ Meeting
Elders Bldg Stroud

December 11
Sac and Fox Elders
Christmas Dinner
Multi-Purpose
Shawnee
11:30 - 3pm

December 14
Sac and Fox Nation
Annual Holiday Party
6:00 pm to 9:00 pm
Sac and Fox Gym

Additional Code Talker Facts:

By Sandra Massey, Historical Preservation Officer SFN

The Meskwaki Nation were among 33 tribes who received Congressional Gold Medals in recognition of their Code Talkers, men who used their tribal languages in a code unbroken by the enemy in World War I and II, in Washington, D.C. on November 20, 2013.

The individual Code Talkers or a family representative also received Congressional Silver Medals.

The tribes each designed their own medals, working with the U.S. Mint.

The tribes recognized by Congress were the Central Council of Tlingit and Haida Tribes; Cherokee Nation; Cheyenne and Arapaho Tribes; Cheyenne River Sioux Tribe; Choctaw Nation; Comanche Nation; Crow Creek Sioux Tribe; Crow Tribe; Fond du Lac Band of Lake Superior Chippewa; Fort Peck Assiniboine and Sioux Tribes; Ho-Chunk Nation (Wisconsin); Hopi Tribe; Kiowa Tribe; Laguna Pueblo; Lower Brule Sioux Tribe; Menominee Nation; St. Regis Mohawk Tribe; Muscogee Nation; Oglala Sioux Tribe; Oneida Nation (Wisconsin); Osage Nation; Pawnee Nation; Ponca Tribe (Oklahoma); Pueblo of Acoma; Rosebud Sioux Tribe; Sac and Fox Tribe (Iowa); Santee Sioux



Chief George Thurman

National News

I have served on the Department of Justice Indian Law and Order Commission Tribal Advisory Committee for the Southern Plains Region, so I wish to share the Indian Law and Order Report recently released.

Indian Law and Order Commission Report



Court House Parking: The new parking lot at the Sac and Fox Nation Court House is nearing completion

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the January issue is Friday, December 20, 2013 at 4:30 p.m. Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail: newspaper@sacandfoxnation-nsn.gov.

Address corrections & changes are accepted by The Business Committee at the address listed below.

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Obituaries

Ronald Wayne Butler

Ronald Wayne Butler, 60, passed away on Saturday, October 26, 2013, at his home in Houston, Texas. He was a member of the Sac and Fox and Caddo Tribes of Oklahoma.

Ronald was born February 28, 1953, in Oklahoma City, Oklahoma, son of Donna Jean (Edge) Butler and the late Edward Butler. He was a high school graduate of Lookeba-Sickles High School. After graduation, he studied commercial art at Southwestern Oklahoma State University in Weatherford, Oklahoma, before moving to Houston. In 1999, Ronald began his employment, as Library Assistant with the Houston Public Library. He was an artist and silversmith who enjoyed creating Native American jewelry, painting, and drawing. Ronald also enjoyed listening to 70's and 80's oldies music and being with his family.

He is survived by his mother, Donna Jean (Edge) Butler, of Houston, Texas, four brothers, John Butler, of Humble, Texas; David and Quintin Butler, of Houston, Texas; Brent Butler of Austin, Texas; and, one sister, Deanna (Butler) Bates, of Houston, Texas; four nieces and nephews, Angela Butler of Houston, Texas; Joanne and Julianne Butler of Humble, Texas; Erica Bates of Houston, Texas; David and Michael Butler of Houston, Texas; DeWayne Abbey of Humble, Texas; and, Brent E. Butler, of Austin, Texas.

Wake Service was held at the Sac and Fox Nation Community Building, Thursday, November 7, 2013, at 6:00 p.m. Funeral Service was at the Sac and Fox Nation Community Building, Friday, November 8, 2013, at 11:00 a.m., Reverend Thomas Morris, officiated. Burial Service was at the Sac and Fox Nation Cemetery, Friday, November 8, 2013, following the Funeral Service, under the direction of Palmer Marler Funeral Home in Cushing, Oklahoma.



Ronald Wayne Butler

DeWayne Abbey of Humble, Texas; and, Brent E. Butler, of Austin, Texas.

Paul Joseph Roubidoux

Shawnee resident, Paul Joseph Roubidoux, 51, passed away Saturday, November 23, 2013 in Oklahoma City, Oklahoma.

Services were held 6 p.m. Saturday, November 30 at the Sac & Fox Chapel in Stroud. Burial was at 10 a.m. Sunday, December 1 at the Sac & Fox Cemetery in Stroud.

Paul Joseph Roubidoux was born November 11, 1962 in Oklahoma City, Oklahoma the son of Joseph and Lillian (McIntosh) Roubidoux. He attended high school in Phoenix, Arizona. After high school, he worked as a machinist in Phoenix. He enjoyed watching O.U. Football, singing karaoke, and walking his dog.

He was preceded in death by his father, his wife: Annette, and a brother: Neal Roubidoux.

He is survived by his Mother: Lillian Roubidoux; Sister: Margaret Bailey; Brothers: Joel Roubidoux, Noel Roubidoux, Dale Roubidoux, Doyle Roubidoux, Jonas Roubidoux, Barney Big Man and Richard Hoffman; as well as numerous nieces, nephews, other family members and friends.



Timothy Earl Johnson

Timothy Earl Johnson son of the late Roger Gene Johnson and Mary Elizabeth Johnson Osborn was born May 31, 1961 in Frederick, Oklahoma and departed this life on November 23, 2013 in Wichita, Kansas.

His memorial service was at the Trout Funeral Home Chapel on Tuesday, November 26, 2013 with his burial in Frederick, Oklahoma.

Survivors include his mother of the home and Brother David Gene Johnson and wife Susan of Walters, Oklahoma and nephews Eli and Levi Johnson and Great nephews Gabriel, Elijah and Jeremiah. An Uncle Amos Black III of Anadarko, Oklahoma cousin Josh and wife Amy Black of Edmond, Oklahoma and a cousin Sam Roane and a niece Iris of Minneapolis, Minnesota.

He was preceded in death by his father and Grandparents Amos and Marie Black and Golia and Artie Johnson, Aunt and Uncle Marjorie and Sam Roane, and a Cousin Amos E. Black IV.

Carol Bernice Patterson

Carol Bernice Patterson (Li-wa-ni), 81, of Shawnee, Oklahoma passed away Tuesday, November 19, 2013 in Shawnee, Oklahoma.

Tribal rites were held Friday evening at Carol Patterson's home. Burial was at 9:00 a.m. Saturday, at the Dance Ground Cemetery.

Carol was born April 10, 1932 in Pawnee, Oklahoma to Edward & Mary (Kakaque) Mack. She was full-blood Sac & Fox Indian and Fox Clan elder, and the only surviving child of the last direct descendant of Black Hawk. She was an artist, dancer, singer, and composer of Native American music. She traveled extensively and loved to spend time with her family. She was most beloved and will be greatly missed.

She was preceded in death by her parents, Edward & Mary Mack; brothers: Forest Pequano, Vernon Pequano, Frances Mack; and sister: Rena Pequano.

She is survived by her daughters: Muriel Wheeler, Jessica Patterson, and Valarie Patterson; son: Martin Patterson; grandchildren: Donovan Suwanapal, Edward Taylor, Jade Taylor, April Holder, Ronnie Wano, Jr., Adrian Wano, Tawnika Gonzales, Dakota Patterson, Garrett Wano and Mariah Patterson. 13 great-grandchildren; 2 nephews: Curtis Pequano & Michael Pequano; cousins: Pat Ward and H.D. Wood; as well as numerous adopted children, grandchildren and great-grandchildren in Iowa.



Carol Bernice Patterson

Jeffrey Allan Schexnider May 14, 1968 - November 21, 2013

Jeffrey Allan Schexnider, 45, of Cushing, died Thursday, Nov. 21, 2013, at San Antonio, Texas. Wake service was held Wednesday, Nov. 27, at Butler Home north of Stroud. Burial was at noon, Thursday, Nov. 28, at the Allen Family Cemetery in Cushing. Parks Brothers Funeral Service in Stroud was in charge of arrangements.

Thank You

The family of Carol Patterson expresses their gratitude for the many gifts, flowers, food and cards during the loss of our beloved mother.

PLEASE NOTIFY

Secretary Mary F. McCormick
Of Any Change In Your Address

This is the ONLY CONTACT
we have with you



Chief's Address to the Nation

From Page 1

zens and their elected leaders.

The Commission's Goal

- To end the public safety gap – the legacy of failed Federal laws and policies – that makes Native American and Alaska Native communities frequently less safe, and often dramatically more dangerous, than the rest of our country.

Key Findings and Recommendations

- The Federal government is largely to blame for the decades-old public safety gap in Native America.

- This is true directly, through outmoded Federal command-and-control laws, policies and institutions, and indirectly through Congressional authorized State criminal jurisdiction over Indian people and lands through Public Law 83-280 and Congressional Settlement Act tribes.

- Whereas the rest of the United States relies primarily on locally and regionally based criminal justice systems – local police, prosecutors, defenders, judges and juries, corrections and wrap-around services – Federal law forces Native communities to do precisely the opposite.

- Tribes typically must depend on Federal and/or State laws and agencies dispensing justice from outside their communities, with comparatively fewer resources and less accountability to local citizens, making Tribal nations less safe.

- “When Congress and the Administration ask why the crime rate is so high in Indian country, they need look no further than the archaic system in place, in which Federal and State authority displaces Tribal authority and often makes Tribal law enforcement meaningless.”

Key Recommendations

- By respecting and reinforcing the power of locally based Tribal criminal justice systems to protect all people and lands within Tribes' borders – while enforcing the Federal Constitutional rights of all U.S. citizens there – and by achieving parity in Tribal justice funding compared with comparable parts of our country, our nation can narrow and ultimately eliminate this public safety gap.

- The United States should set a bipartisan national policy goal of eliminating the Indian country public safety gap by 2024 – the centennial of the Indian Citizenship Act, when all Native Americans could finally vote in Federal elections.

Jurisdictional Reform:

Bringing Clarity Out of Chaos

- Give Tribes freedom to exit the Federal criminal justice system entirely, except for laws of general application, and guarantee that same freedom to Tribes in P.L. 83-280 States.

- Ensure a direct appeal from Tribal court to new Federal court – the U.S. Court of Indian Appeals – for all criminal defendants for alleged Federal Constitution rights violations

- Apply the Federal Speedy Tribal Act, 18 U.S.C. Section 3161, to all Tribal court criminal proceedings.

- Amend the Indian Civil Rights Act to permit Tribal governments to define their own criminal laws and sentences.

Making Alaska Safer

Most Alaska Native communities lack regular access to police, courts and related services.

- Services are based in regional hubs that are usually remote from the communities they serve.

- Village Public Safety Officers, who provide some basic services, cannot carry firearms – although most offenders do.

- At least 75 communities lack any law enforcement presence at all.

- There is just one woman's shelter located in Alaska's 229 Federally recognized Native villages and no juvenile shelters at all.

- Alaska Native women are 19% of the total population but 47% of reported rape victims.

- Domestic violence rates for reported crimes are up to 10 times higher than the rest of the United States.

As one Alaska Native Tribal leader told the Commission during one of our many field visits across the state:

- “Every woman you've met today has been raped. All of us... we all know each other. Please tell Congress and President Obama before it's too late.”

- Respect Tribal court orders.
- Encourage locally based criminal justice systems.

- Stop exempting Alaska Natives

from Federal public safety laws.

Strengthening Tribal Justice

- Ensure that Tribal prosecutors Federally deputized as SAUSAs – Special Assistant U.S. Attorneys – should be presumptively entitled to Federal criminal justice information, including evidence and case files, so Tribes may effectively assert concurrent jurisdiction.

- Enable Federal agents to serve as witnesses in Tribal court proceedings.

Monitor and improve Federal law enforcement training and performance within the Bureau of Indian Affairs – Office of Justice Services.

- Develop a Federal judicial plan to enhance trials and court proceedings in Indian country.

- Establish a “Special Assistant Federal Public Defender Program” to deputize Tribal defenders to receive law-enforcement sensitive Federal criminal justice information in cases involving concurrent Tribal jurisdiction.

- Move to Federal base funding to achieve parity in Tribal criminal justice systems with comparable off-reservation jurisdictions.

- Recognize that the current Federal grant-funding system servicing Indian country is broken and should be replaced by a base-funding program for Tribes that reduces costs to U.S. taxpayers over the longer run.

- Reform Federal criminal justice data reporting and information systems.

- Consolidate all Federal criminal justice services for

- Tribes in the U.S. Department of Justice to enhance performance and accountability – and keep things from falling between the inter-departmental cracks.

Intergovernmental Cooperation

- Improve Federal law enforcement deputization programs and incentivize cross-deputation among Federal, State and Tribal agencies.

- This includes model Tribal-State agreements along with enhanced insurance coverage/risk management programs to enable cross-jurisdictional cooperation.

- Provide Federal and State notification to Tribes at each stage of criminal justice proceedings to protect victims and enhance offender services, and vice-versa.

Detention

- Mandate notification to Tribes when offenders enter and leave the Federal Bureau of Prisons to facilitate consideration of offender placement, community supervision, and re-entry programs.

- Enable Federal court sentencing to Tribal corrections and, as appropriate, alternative programs.

- Streamline Federal correctional programs within one agency (U.S. Department of Justice).

- Codify TLOA's BOP pilot program so Tribal courts have the permanent option of sentencing Tribal offenders to Federal detention.

- Incentivize effective alternatives to detention where appropriate.

Juvenile Justice

The Commission's report is one of the first comprehensive policy assessments of juvenile justice in Native America:

- “Indian country juvenile justice exposes the worst consequences of our broken Indian country justice system.... Federal and State juvenile justice systems take Indian children, who are the least well, and make them the most incarcerated.”

- Native American and Alaska Native juveniles have the highest per-capita rate of violent victimization.

- Among juveniles, Native juveniles suffer Post-Traumatic Stress Disorder (PTSD) at a rate of 22% - triple the general population and exceeding or matching PTSD rates in military personnel who served in Afghanistan and Iraq.

- Disproportionately high rates of Native juveniles dying from alcohol abuse, suicide, and violate crime contribute to an average life expectancy for Native American males in the United States of just 56 years – a rate that averages in the early 40s in many of the Native communities the Commission visited.

- Federal criminal law and judicial proceedings result in systematically longer and more severe sentences of incar-

ceration for Native juveniles for offenses on Tribal lands as compared to the same or similar crimes off-Reservation.

Reforming Juvenile Justice

- Instead of automatically transferring Native juveniles to Federal custody in cases involving felonies, as has been mandated since 1938, Tribes should be free to assert jurisdiction over juvenile offenders so long as they respect the Federal Constitutional rights.

- Tribes that choose to exit P.L. 83-280 State criminal jurisdiction should have this same freedom to develop and enforce their own juvenile justice laws, institutions and programs, just as State and local governments do elsewhere in our country.

- Parole is unavailable to juveniles in Federal detention; secondary education is not provided; opportunities for incentivized rehabilitation – wellness and diversion programs, for instance – are practically non-existent.

Recommendations

- The Commission recommends requiring Tribal consent to Federal prosecutions of juveniles, including whether to charge younger Native offenders as adults.

- Federal funding should follow victims and offenders, so that Tribes can more effectively address local priorities.

- The Federal government and States should notify Tribes at all key stages of juvenile justice proceedings involving Tribal citizens, and data/information systems should be configured accordingly.

- Federal courts hearing Indian country juvenile matters ought to be required to establish pretrial diversion programs for such cases that allow sentencing in Tribal courts.

- The Indian Child Welfare Act should be amended to provide that when a State court initiates any delinquency proceeding involving an Indian child for acts that took place on the reservation, all the notice, intervention and transfer provisions of ICWA will apply. For all other Native children in State delinquency proceedings, ICWA should be expanded to require notice to the Tribe and a right to intervene.

Conclusion

- “The Commission finds that the

public safety crisis in Native America is emphatically not an intractable problem.... We see breathtaking possibilities for safer, strong Native communities achieved through home-grown, Tribally based systems that respect the civil rights of all U.S. citizens and reject outmoded Federal command-and-control policies in favor of increased local control, accountability and transparency.”

Legislative Alert: House & Senate Introduced Legislation

Resolutions. S Res 305. Sponsor: Cantwell, Maria (D-Wash.)

Official Title: A resolution recognizing National Native American Heritage Month and celebrating the heritages and cultures of Native Americans and the contributions of Native Americans to the United States.

Cosponsors: 24 Total (18 Democrats, 6 Republicans)

Last Major Action: Nov. 20, 2013 — Resolution agreed to in the Senate by unanimous consent.

The Native American Caucus of our Oklahoma Legislature have had several requests this past year about authoring legislation to establish an American Indian Heritage Day. Information about what already exists in statute and to discuss the legislative options with tribal leaders will be added to the United Indian Nations of Oklahoma, Kansas, and Texas (UINOKT) agenda soon.

Short Take

- * The new parking lot/area at the Judicial Building (Court House) is scheduled to be finished at the end of November and then the Community Building parking lot/area will begin the first part of December. Both areas provide much needed expansions with more handicap and regular parking spaces and better lighting.

We extend an apology to everyone that may have or may be affected during the construction of these new projects, but, when they are completed, then they will certainly have been worth the inconvenience.

It has been a pleasure and honor to have served as your Chief during 2013 and my prayers are with our Nation for 2014.

Sincerely,
George Thurman, Principal Chief

URGENT

NOTICE TO VETERANS

Men and Women especially WW1, WW2 and Korean

The Sac and Fox National Public Library

is asking for your DD 214's for their records

and **Memorial Monument Purposes**

See Cathrine Walker

1-918-968-0705

Attention Black Hawk Health Center Patients

We have a new phone system

and our extensions have changed

When you call the clinic please listen to the menus

- Press 1..... for Contract Health
- Press 2..... for Pharmacy
- Press 3..... for Medical Records
- Press 4..... for Nursing
- Press 5..... for Behavioral Health
- Press 6..... for Merle Boyd Center
- Press 7..... for Transportation
- Press 8..... for CHR's
- Press 9..... for Administration
- Press 0..... for the Operator

From The Merle Boyd Center

New In Shawnee! by Anthony Ramirez Exercise Specialist MBC



Anthony Ramirez

Beginning Tuesday January 7, 2014 at 8AM, the Sac and Fox Multi-Purpose Building in Shawnee will have an exercise room open for any person with a referral from Black Hawk Health Center! The room will be across the hall from the computer room and will be equipped with a treadmill, stationary bicycle, row machine and dumbbells.

The room will be open every Tuesday from 8AM-4:30PM with exercise specialist Anthony Ramirez available

to answer questions, lead instructional classes, and give one-on-one counseling. As mentioned before, this room is available for individuals that have an up-to-date referral to exercise from the Black Hawk Health Center in Stroud AND for employees of the Sac and Fox Nation that have a doctor's release stating they are healthy to exercise.

For employees that do not have a CDIB card, please contact Anthony Ramirez, Anthony.Ramirez@ihs.gov, 918-968-9531 Ext. 3039, to have a waiver form emailed or faxed to you to have completed by your primary care physician.

This is an attempt to have a service available to those in Shawnee that are unable to travel to Stroud to exercise, and we would love to have the room full of people.

Please act fast to make plans to travel to Stroud for a new referral or to renew your past exercise referral if you would like to enjoy exercising, participating in step and also step aerobics classes in Shawnee once a week!

Healthy Eating, Being Active

Lifestyle Balance Program

The Diabetes Prevention Program created the Lifestyle Balance curriculum to help prevent diabetes among those who are at high risk. The program meets once a week for sixteen weeks and focuses on weight loss, healthy eating, and staying active.

**Sac and Fox Nation
Special Diabetes Program**

Brittany Crawford, RD/LD
Phone: 918-968-9531
E-mail: brittany.crawford@ihs.gov

Tentative meeting times will be Mondays at noon at the Merle W Boyd Center starting in October.

There will be ten spots available, please contact Brittany Crawford by September 30, 2013 if interested in participating.



8 Rules of Christmas: Healthy Holiday Eating Tips

Submitted by LaDona Johnson, CHR Coordinator



First of all, before anything else is said, let's agree on a couple of things.

Sharing good times with friends and family is part of what the holiday season is all about. When these groups get together, it is often in the presence of delicious, scrumptious food. This food tends to be available for snacking all day. Personally, I would immediately call and nominate anyone for sainthood that could truly enjoy all the festivities, while ignoring the lavish plates of goodies and walking around munching on a stick of celery.

Oh yeah! You're going to sample Aunt Millie's pecan pie; Uncle Bob's specially prepared fried turkey, and probably a glass of Alka-Seltzer or something similar.

Unfortunately, I am here to remind you of a few things; you are on a diet, you want to lose weight, all that stuff that is so tempting is fattening, and this is the hardest time of the year to be good. So, let's just pick up on a few rules to help you get through the season.

8 Rules for Healthy Holiday Eating:

Before we get started, I want you to get comfortable, so put some turkey on your plate, get some of that great dressing (don't forget the cranberry sauce), fight Cousin Johnny for some of that green bean casserole, and tell Grandma to save a piece of pie for you. Have a seat, relax, enjoy your meal (while balancing a soggy paper plate on your knee) and I will give you the rules to help you survive the season.

1. Forgive yourself in advance and give yourself permission to have a good time:

Look, this stuff isn't poison! You didn't take 10 years off your life just because you ate more than you should have . . . and then went back for seconds. You are only human, and you are here to have a good time! One of the reasons you want to lose weight, or keep it down, is so that you can enjoy life, and this is one of the most enjoyable times of the year. So, as they say, live a little. Whatever happens over the next few days will not kill you, and whatever damage you do, can be rectified.

2. It's just a couple of days:

Okay, for some families, it may be a couple of weeks . . . twice . . . Thanksgiving and Christmas. Whatever it is for you, it is finite, it WILL end, and it is mainly limited to a certain time of the year. Who you are in terms of health, fitness, and weight loss is determined by the overall accomplishments of the year, not by a few weeks in the fall.

3. Stay with your program:

You will definitely minimize the effects of all the dinners, cookies, and snacks if you can still get in your walks, aerobics, weight training, or whatever else you have been doing. During the holiday season, it can be difficult to get everything done the same as in the rest of the year, but two days of exercise

Thanksgiving week, while not as good as three or five, is still better than none. Simply knowing you have not abandoned your plan will help you get over any depression you might have because of your holiday eating, and will help reduce any negative effects from all the delicious, gooey calories you have "accidentally" consumed. If you cannot stay on a formal program, squeeze in a walk, even if it is a high-speed shopping trip through the mall.

4. Remain in touch with reality:

You will hear people speak of "mindful eating". Be aware of what you are doing. Have you ever heard someone say, "It's so good, I have to have some more"? Of course, YOU and I never say things like that! Well the truth is that you DON'T have to eat some more right now. Just because the food is there right now doesn't mean it has to be eaten right this moment. One piece of pie is not going to kill you or destroy your weight loss resolution, but do you have to eat the whole pie? Why not take a piece home with you and have it as a treat later.

5. Food is not love:

Many people tend to equate food and eating with love. You cannot change the others, but you change your own attitude. Just because you don't want seconds of Grandma's turkey, does not mean you don't love her. If she is hurt because you normally stuff yourself and this year you're not doing her "justice", just say that you are full right now but will have more later. Take control of YOUR life. Others will have to take control of theirs.

6. If you are the cook:

Choose healthy dishes prepared in a healthy manner. If you have found a new diet-friendly food that you enjoy, share that with others. This will give you one healthier dish to select your own meal from.

7. Alcohol:

If you enjoy wine, beer, eggnog or other drinks containing alcohol, just slow down and cut back. Try a glass of water between drinks. Drinks containing alcohol are sneaky calories. They do nothing for you nutritionally, but they do contain calories. A few drinks with friends can give you more calories than a Big Mac . . . and you probably have these drinks while snacking before a meal! Oh well! At least if you are a beer drinker, you can try some light beers.

8. Be happy to be where you are, doing what you are doing, with the people you love:

If you fall head over heels off the diet wagon, have fun. What you do throughout the year will have more effect on your weight and health than what happens between Thanksgiving and New Year's.

Have a lot of fun this holiday season. Enjoy all the events you need to attend. Most of all enjoy the time spent with family and friends.

Donovan Baldwin
Adlandpro Community

Don't Forget The December Cooking Classes

December 17
12:00 - 1:00

December 19
12:00 - 1:00

Brittany Crawford,
Registered Dietitian MBC

3 STEPS To HEALTHY EATING

You can help your family members eat healthy by taking these 3 steps:

1. Use smaller plates.
2. Divide the plates into 4 equal portions of vegetables, fruits, grains, and meats/poultry/fish.
3. Watch portion sizes by stacking food no higher than 1 to 1½ inches.

To print out *My Native Plate* placemats showing these steps, go to:
www.diabetes.ihs.gov.

Click on *Printable Materials, Nutrition*, then *My Native Plate*.

Produced by IHS Division of Diabetes Treatment and Prevention,
www.diabetes.ihs.gov

December 2013

Black Hawk Health Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
2 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Cardio/core training	3 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	4 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	5 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Circuit Training	6 Prepare for the New Year!
9 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Cardio/core training	10 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	11 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	12 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Circuit Training	13 Increase your flexibility to keep your balance!
16 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Cardio/core training	17 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Cooking Demonstration 4:45 Low impact aerobics	18 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	19 Closed 12-4:30 for In-service Training 12-1 Cooking Demo 4:45 Circuit training	20 Work out in prep. for the Holiday meals!
23 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Cardio/core training	24 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	25 Closed 	26 for 	27 Christmas
30 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Cardio/core training	31 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics			

11:15 and 12:15 Lunch classes Monday - Thursday
4:45-6 P.M. after work classes.
Toning/weight training, low impact aerobics, core/cardio training, circuit training
MONDAY thru Thursday OPEN TIL 6 PM!!

Greetings From The Sac and Fox Nation Education Director

Dear Tribal Members,

I would like to introduce myself. I'm Liz Manatowa-Mastel, your Education Director for the Sac & Fox Nation. I'm excited to be joining part of the team to further the educational goals of the people of the Sac & Fox Nation. My responsibilities will be to administer and manage the Nation's Johnson O'Malley, Adult Vocational Training, Higher Education and Youth Activity programs.



Liz Manatowa-Mastel

For those of you who don't know me; I was raised in Scott City, Kansas and spent my summers with my grandparents, Grace and Elmer Manatowa on their farm south of Cushing. My parents were teachers. During my elementary school years we moved to Redding, California and continued to return to Oklahoma every summer. After high school graduation I attended the University of New Mexico and graduated with a BA in Anthropology from Chico State University. Later on in my career, I attended Simpson College for graduate courses in

Education and a Teaching Credential.

My work experience has been in a variety of areas.

- I taught at the Oak Grove and Cushing School Districts.

Previously I taught for seven years on the Hoopa and Karuk Indian Reservation in California.

- I was Director of Literacy for Del Norte Human Services.

Part of this job involved working with the Native American population, at Pelican Bay Prison, a maximum security facility in Northern California.

- I managed the Employment and Career Training Center on the Hoopa Reservation.

- As an Archeologist, I worked seasonally for many years protecting Native American sites. I also helped develop a program to protect basket materials for California Basket Weavers.

I am married to Art Mastel, who is an enrolled member of the Karuk/Shasta Tribe of Northern California. Art is a Vietnam Veteran and a lifetime member of the VFW. We are both artists. I work with crafts and Art is a painter. Between the two of us, we have five children and two grandchildren. My son, Jacob Manatowa-Bailey, works with the Sac & Fox Language Department. My other son, Ben Manatowa-Bailey, lives in Oregon, working for the Oregon Shakespearean Theatre.

I look forward to working with you and looking for ways to improve the success rate of the elementary and college students of the Sac & Fox Nation.

Isna-la-wica said, "I have seen that in any great undertaking it is not enough for a man to depend simply upon himself." So I count on many shoulders, especially those that have passed on, to accomplish our educational goals for the Sac & Fox Nation.

Sincerely, Liz Manatowa-Mastel

Business Committee Meeting Minutes

Reconvened Special Business Committee Meeting
October 25, 2013

Please be advised that the following are official actions taken by the Business Committee in a Reconvened Special Business Committee Meeting held on October 25, 2013 at the Multi Purpose Building in Shawnee Oklahoma. These actions are to be followed up by the appropriate departments.

(1) Mary F. McCormick motion to accept the Job Description Revisions Inventory Manager & Program Support Specialist as presented. Stella Nullake-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(2) Approved Resolution SF-14-25, a resolution approving the Fiscal Year 2014 Employee Committee Budget in the total amount of \$15,443.00, the funding source is identified as carryover from prior years. Orvena Gregory-motion, Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(3) Approved Resolution SF-14-26, a resolution approving the Native Employment Works Program (New Budget in the total amount of \$10,063.00, the funding source is identified as the Department of Health and Human Services, Administration for Children and Families, Grant #G 101EOKNEWP. Stella Nullake-motion, Mary F. McCormick-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(4) Approved Resolution SF-14-27, a resolution approving the Administration For Native Americans Sauk Language Program Budget in the total amount of \$207,261.00, the funding source is identified as the DHHS, Administration for Native Americans Grant #90NL0564-01-00. Stella Nullake-motion, Orvena Gregory 2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes. Motion carried.

(5) Mary F. McCormick motion to accept the renewal contract #2012-04-03b Consultant Agreement with the Sauk Language Department. Stella Nullake-2nd. Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes. Motion carried.

(6) (Tabled) Resolution SF-14_ a resolution approving the Administration for Native Americans Sauk Language Program In-Kind Match Budget.

(7) Mary F. McCormick motion to accept the proposal agreement between Sac and Fox Nation and Friction Motor Sports to use Tanger Parking Lot on November 2, 2013 and November 30, 2013.

Stella Nullake-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella Nullake-Yes. Motion carried.

(8) Mary F. McCormick motion to approve the Tanger Fee to Trust Case to progress on. Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(9) Orvena Gregory motion to accept the Indirect Cost Programs with Fal-mouth Institute 2014 Indirect Cost Proposal performed under this agreement for the Sac and Fox Nation as presented. Stella Nullake-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(10) Approved Resolution SF-14-28, a resolution authorizing and approving the Tobacco Tax Compact between the State of Oklahoma and the Sac and Fox Nation. Mary F. McCormick-Motion, Stella Nullake-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(11) Approved Resolution SF-14-29, a resolution approving the fiscal year 2014 Department of Interior Compact Carry-over Economic Development Budget in the total funding amount of \$139,292.00, the funding source is identified as the approved Resolution SF-13-34 Department of Interior Compact Carryover Budget. From October 1, 2013 thru March 31, 2014, with corrections. Stella Nullake-motion, Jared-2nd. VOTE: Stella-Yes, George-Yes, Orvena-Abstain, Mary-Yes, and Jared-Yes. Motion carried.

(12) Approved Resolution SF-14-30, a resolution approving the Fiscal Year 2014 Sac and Fox Nation Pow-Wow Committee Budget in the total amount of \$22,204.00, the funding source is identified as previous year's revenue carryover. Orvena Gregory-motion, Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

EXECUTIVE SESSION:

In executive session at 4:24 p.m.

George Thurman called the Business Committee in Executives Session at 4:24 p.m. to discuss and consider the evaluation and evaluation date of said employee stated in a memo dated October 21, 2013. Principal Chief George Thurman reported that the matter was turned over to the Chief of Staff Sam Caruso to check into and get back with the Business Committee.

Adjourned: Executive Session at 4:59 p.m.

SAC AND FOX TAX COMMISSION REVENUE

October 2013

Tobacco Tax.....	\$25,444.80
Wholesale Tobacco Tax.....	\$47,070.64
Beer/Liquor.....	\$148.60
Motor Vehicle.....	\$3,022.00
Sales Tax.....	\$11,700.50
Treasury.....	\$40.00
Oil & Gas.....	\$4,070.60
Gaming.....	\$135,272.22
TOTAL.....	\$226,769.36

Pepôwi Nîmiweni

"Winter Dance"

December 21, 2013
2:00 p.m. to 10:00 p.m.
Sac and Fox Nation Gymnasium

All singers and dancers are invited!

Master of ceremonies: Russell Saunders, Sr.
Head singer: Lloyd Gwin
Arena directors: SFN Powwow Comm

2pm Gourd dance
5pm – 6pm supper break
(covered dishes are appreciated!!!)

6pm – 7pm gourd dance

7pm – 10pm evening program of traditional dancing

Sac and Fox Nation Powwow Committee and/or Sac and Fox Nation, is not responsible for accidents, theft, or loss of items, etc.
Alcohol or drugs are not permitted...

Contact info: Robert Williamson, 918-698-0554
Russell Saunders, Sr. 405-395-7765



Oklahoma Tobacco Helpline

1

800

QUIT

NOW

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, please utilize SoonerRide
SoonerRide's toll free phone number is

(877) 404-4500

"Not Your Normal Office Attire"



URGENT NOTICE TO VETERANS

Men and Women especially WW1, WW2 and Korean
The Sac and Fox National Public Library is asking for your DD 214's for their records and

Memorial Monument Purposes

See Cathrine Walker
1-918-968-0705



SAC AND FOX NATION
920883 S Hwy. 99 Building A • Stroud, Oklahoma 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last) ROLL NUMBER

SIGNATURE DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT) DATE OF BIRTH

MAILING ADDRESS

<u>OLD</u>	<u>NEW</u>
_____ ADDRESS	_____ ADDRESS
CITY STATE ZIP	CITY STATE ZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

<u>OLD</u>	<u>NEW</u>
_____ STREET ADDRESS	_____ STREET ADDRESS
CITY STATE ZIP	CITY STATE ZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated Date Sac and Fox News Was Notified Staff Initials

Gonzaga University's MBA in American Indian Entrepreneurship Program is recruiting for Cohort X - Summer 2014!

Gonzaga University's Graduate School of Business is actively recruiting for the MBA in American Indian Entrepreneurship (MBA-AIE) Summer 2014 Cohort. We currently have one student admitted for this cohort and are looking to fill the remaining five spots. If you or anyone you know might be interested in learning more about our MBA-AIE program, please forward this email and attached document to them.

Gonzaga's Graduate School of Business is dedicated to continuing the MBA-AIE program. In the past, the only exam accepted was the GMAT. Students now have a choice of taking the GRE or GMAT exams.

As a BONUS, students completing the application process by February 28, 2014 (including the GMAT or GRE) are eligible for a GMAT/GRE scholarship.

I am happy to answer any questions regarding this program, the application process and how to get started for Summer 2014. I look forward to hearing from you.

Best regards, Stacey

Stacey N. Chatman, MBA
 Assistant Director of Admissions/
 AIE Program Manager
 Graduate School of Business 502 E.
 Boone Ave.
 Spokane, WA 99258
 509-313-4622
<http://www.gonzaga.edu/mba>

**Recessed Special
 RAP Governing
 Council
 December 14
 Sac and Fox Nation
 Gymnasium
 10:00 AM**

**Sac and Fox Nation
 Veterans Organization
 Meeting
 December 10, 2013
 Elders Building Stroud
 Always on the 2nd Tuesday of each month
 unless otherwise posted**

**Muscogee (Creek) Nation
 WIC Program
 Is All About
 BREASTFEEDING!
 For more information about
 breastfeeding
 and how to apply for WIC,
 please call:
 1-800-648-2302 or
 918-758-2722
 This institution is an equal
 opportunity provider**



"Happy Holidays" From Black Hawk Health Center and Merle Boyd Center

United National Tribal Youth, Inc. Receives \$850K Grant from Office of Juvenile Justice and Delinquency Prevention

Chandler, Arizona--United National Tribal Youth, Inc. (UNITY) has entered into a four-year cooperative agreement with the US Department of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention (OJJDP) to plan and implement the National Intertribal Youth Leadership Development Initiative. The Initiative's goal is to offer opportunities for Native American youth to, "Reduce risk factors and enhance protective factors in youth, schools, communities, and families." To accomplish this goal, the Initiative will conduct a series of national and regional Intertribal Youth Leadership Development gatherings and a range of related youth leadership development opportunities for Native American and Alaska Native youth.

UNITY, Inc. is a national network organization promoting personal development, citizenship, and leadership among Native youth between the ages of 14 - 24. UNITY affiliated youth councils that make up the National UNITY Council will have an opportunity to put the training their youth members receive through the Initiative to good use within their communities as the youth themselves learn by doing. The training will enable the youth to plan, organize, and carry out service projects within their respective communities. These youth led projects will benefit tribal communities while providing valuable real world leadership

experiences that will better prepare the involved youth to assume and succeed in their future leadership roles. UNITY and a team of technical assistance providers will offer guidance and support to engaged youth and their adult advisors throughout the project to help ensure the successful completion of the service projects.

"The Initiative provides welcome resources that will help make it possible for UNITY to continue the important work that it has performed for the past 37 years. The UNITY staff, members of the Council of Trustees, and the youth leaders of the National UNITY Council are looking forward to working with the OJJDP staff and its team of consultants and trainers to provide our Native American youth with the added opportunities for personal development the Initiative makes possible. I personally encourage Native youth and youth-serving programs throughout Native America to take part in this important Initiative," said Mary Kim Titla, UNITY Executive Director.

UNITY staff, OJJDP staff, trainers and technical assistance providers will

collaboratively develop and adopt specific project objectives along with a plan for accomplishing the Initiative's overall goals. The schedule for all project activities and events is expected to be completed and announced on the UNITY website (www.unityinc.org) as well as through other media outlets shortly after the start of the New Year.

UNITY's mission is to foster the spiritual, mental, physical and social development of American Indian and Alaska Native Youth and to help build a strong, unified, and self-reliant Native America through greater youth involvement. UNITY's network currently includes 132 affiliated youth councils in 35 states. Youth Councils are sponsored by Tribes, Alaska Native villages, high schools, colleges, urban centers, and others. To learn more about UNITY, visit the website at www.unityinc.org.

Contact:
 Mary Kim Titla, Executive Director
 UNITY, Inc.
 Phone: (602) 339-2641
mk.titla@unityinc.org
<http://www.unityinc.org>

Oklahoma Tobacco Helpline
1 800 QUIT NOW

**SAC AND FOX NATION
 RAP ASSISTANCE APPLICATION**

FAX: 918-968-0098
 PH: 918-968-3526
 EXT: 2000 & 2001
 RAP Application
 Form#2011-01
 BC Approved on
 2/5/13

NAME _____ PHONE # (with area code) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

D.O.B. _____ SOCIAL SECURITY # (Last 4 digits) _____ SFN ROLL # _____
Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

Type of Assistance Requested (Please Check All That Apply)

<input type="checkbox"/> Tribal Energy	<input type="checkbox"/> Elders Lawn Care	<input type="checkbox"/> Dental
<input type="checkbox"/> Hardship	<input type="checkbox"/> Emergency Appliance	<input type="checkbox"/> Dentures
<input type="checkbox"/> Elders Handyman	<input type="checkbox"/> Vision	<input type="checkbox"/> Orthodontic
		<input type="checkbox"/> Hearing Aid

Please Provide the Following:
 The bill you are requesting assistance with & proof of residence if the bill is not in your name.

****NOTE**** You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

DATE _____ RAP SPECIALIST _____ DATE _____

Breast Cancer Awareness Day



Photos by
Angel Early CHR
Ken Johnson SFN



Sac and Fox Elders

Seeking Donations

Material of all Kinds

Lots of Projects

Coming Up

Contact: Mary Brown
919-968-3526 Ext 2016

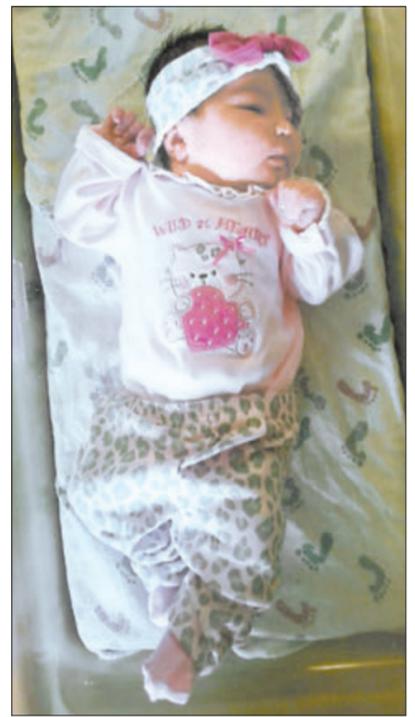
Layla Ann Powell Arrives October 29

Daniel Powell and Cassidy Toland would like to announce the arrival of Layla Ann Powell.

Layla was born at the Stillwater Medical Center October 29, 2013 at 11:57 pm. She weighed 9 lbs. and was 21 1/2 inches.

She is the granddaughter of Anita and Chris Toland of Cushing, Rosemary Blic of Cushing and Randy Powell of Drumright.

She is the Great Granddaughter of Mary Butler and the late Larry Butler and Brenda and Vernon Nicholas.



Tickets On Sale Now for the Big Ticket Raffle

The Sac and Fox Nation Elders Advisory Committee are selling chances for the annual Big Ticket Raffle.

\$1.00 per chance

Need not be present to win

Contact Mary Brown, Elders Building Manager at 918-968-2583 for more information to purchase tickets, or for elders to sell chances. This year we have some great prizes:

70" Vizio Flat Screen TV	Electric Grill
Chief Joseph Pendleton Blanket	Hot Plate
Large Southwest Pottery Bowl	Ceramic Bowl
2- \$100 Cash	Pendleton Blanket
1- \$50 Gift Card	Enamel Canister Set
4-\$50 Cash	Beverage Dispenser
5-\$25 Cash	Camp Set
Rod & Reel	and More!
Queen-Size Bed Set	

Oklahoma Tobacco Helpline
1 800 QUIT NOW

Muscogee (Creek) Nation WIC Program

Stroud Clinic

USDA Building 920883 S. HWY 99
Open 1st and 3rd Wednesday of each Month
Hours: 9:30am - 3:30pm
Closed for Lunch 12:00pm - 1:00pm
1-800-648-2302 or 918-968-1784 for information
Closed last business day of each month for staff training.
Standards for participation are the same regardless of age, race, sex, color, national origin or handicap.

Happy December Birthday Elders!!

<p>David Nelson Pennock Thomas Houston Carter Lasagna Sue Copeland Anthony Mack Marvine Walker Boswell Tawana E. Gutierrez Georgette Eileen Capshaw Sherman Wayne Brown Raymond H. Price Mary Alice Wood Mary Elizabeth Harjo Bert Wiley Gibbs Gwendolynn Wilburn Micky Longshore Howard Mike Barada Anna Rosa Tully Marsha C. McLain Lee Roy Longshore Vicky Lucinda Weems Mary Nancy Floyd Gary Marshall Ward Dennis R. Jennings Marcella A. Blossom Dusty Diane Demmer Donald Lee Tynner Dorothy A. Hammons George Henry Gibbs Lydia Fannie McConnell Geneva F. Detwiler Charles Vincent Dellacalce Barry Dan McAllister Kimberly Frances Witt Michael Wayne Harris William Roland Harris Arlene Rosetta Bush Loretta D. Bigbow John David Logan Helen Jane Littleton Frances Jo Topaum James John Spoon Mary Alice Laverne Payne Clarene Spaid Bettina Gayle Standish Thomas Raymond Cummins Yvonne Louise Gallagher Sharis Jean Myers Richard Allen Thorpe</p>	<p>Shirley Ruth Wakole James McDaniel Gokey Ginger Arlene Woodall Pamela Ann McClelland Nancy L. Nullake Lawrence Oliver Kahbeah Regina Carlene Hughes Barbara Lou Reeves Teresa Lynn Chambers Sunny Hope Erickson Sharon Bernice Saulsberry Samuel Grass Peggy Ann Ellis Linda E. Ellermann Michael E. Jennings Curtis Wakolee Emma Natoma Huffman Laura Ann Redmon Anna Marie Jefferson Mary Louise Carter Dara Jean Turner Cheryl Lee Nurdyke Linda Mae Slick Penny Lois Louise Failes Donna Louise Merrell James Leon Walker John Edward Jones Barbara J. Fields Ricky Longshore Richard C. Clark James E. Allen Deborah Lee Primeaux Ronald Jasper Lauderdale Robert Dale Gokey Mable C. Walton Malvina Georgette Myers Carroll A. Hahn Donna K. McAllister Clyde Benjamin Davis Jeffery Glenn Irons Thomas G. Allen Shirley Ann Whittington Lawrence Oliver Kahbeah Michael Eugene O`Brien Delores Byford Candace Patricia Howard Letha Diane Moats</p>
---	---

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With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION

Apply online at www.okpromise.org or
Contact the Oklahoma State Regents for Higher Education by e-mail at okpromise@osrhe.edu or by phone at 1-8-858-1840 (225-9152 in OKC)
Get an application from your counselor

DECEMBER 2013 SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM				
STROUD WAREHOUSE (918) 968-3030		1-800-256-3398		
SHAWNEE OFFICE (405) 395-0063		1-866-622-2310		
Mon	Tue	Wed	Thu	Fri
ELDERS ONLY 2 SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	ELDERS ONLY 3 SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 4 8:30-2:30 WAREHOUSE 8:30-2:30	ELDERS ONLY 5 SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 6 8:30-2:30 WAREHOUSE 8:30-2:30
SHAWNEE 9 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 10 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 11 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 12 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 13 8:30-2:30 LITTLEAXE 10:00-12:00 WAREHOUSE 8:30-2:30
LATE NIGHT 16 WAREHOUSE 8:30-6:30 SHAWNEE 8:30-2:30	LATE NIGHT 17 SHAWNEE 12:00-6:00 WAREHOUSE 8:30-2:30	CLOSED FOR SHIPMENT AND INVENTORY 18	SHAWNEE 19 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 20 8:30-2:30 PERKINS 10:00-12:00 WAREHOUSE 8:30-2:30
SHAWNEE 23 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 24 8:30-2:30 WAREHOUSE 8:30-2:30	25 	26 CLOSED FOR HOLIDAY	27 CLOSED FOR HOLIDAY
CLOSED FOR INVENTORY 30	CLOSED FOR INVENTORY 31			

SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.



Talk Sauk. SAUK LANGUAGE DEPARTMENT

Nyânanwi Chakeshihêhîchiki Nêtonamâshîhaki Êhnîmêthahowâchi Ahkwichi Nepâkanek

(Five Little Monkeys Jumping on the Bed)

EILEEN CRISTELOW



Clarion Books
New York

1



Âkwi nepâwâcheni nyânanwi
chakeshihêhîchiki nêtonamâshîhaki
taminîmêthahowaki nepâkaneki!

5

(They didn't sleep...five little monkeys jumped n the bed!)



Nyânanwi chakeshihêhîchiki nêtonamâshîhaki
pîthekamowâch nepêshekîtâkani.

2

(Five little monkeys put on their pajamas.)

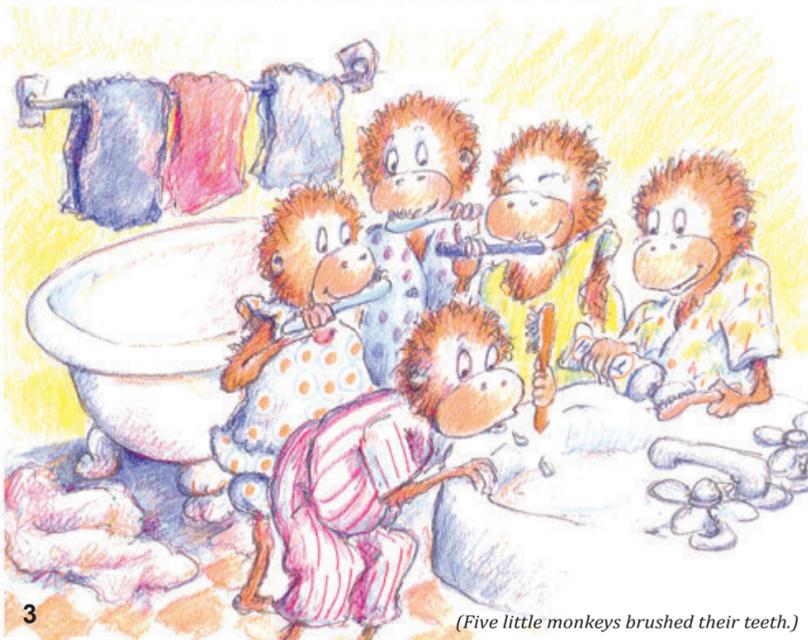


Nekoti kîpithêwa ôni pahkâkwitewêwa.

6

(One fell off and bumped his head.)

Nyânanwi chakeshihêhîchiki
nêtonamâshîhaki kokâpîthowaki.



3

(Five little monkeys brushed their teeth.)



Êhkîpithâchi okyêni pyâpekwhîhâchimohêwa
mashishkînenîha. Mashishkînenîha ketowa,

7

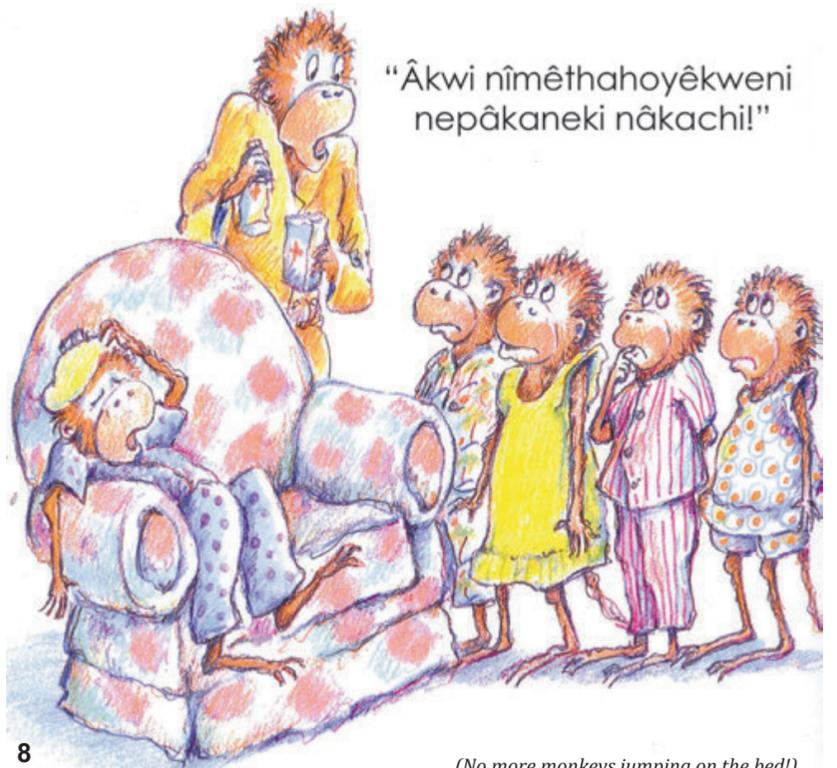
(The mama called the doctor. The doctor said....)



Nyânanwi chakeshihêhîchiki nêtonamâshîhaki
okyênwani âchimohêwa "Kîmenwinepâpwa!"

4

(Their mother told them to sleep good.)



"Âkwi nîmêthahoyêkweni
nepâkaneki nâkachi!"

8

(No more monkeys jumping on the bed!)

SAUK LANGUAGE DEPARTMENT



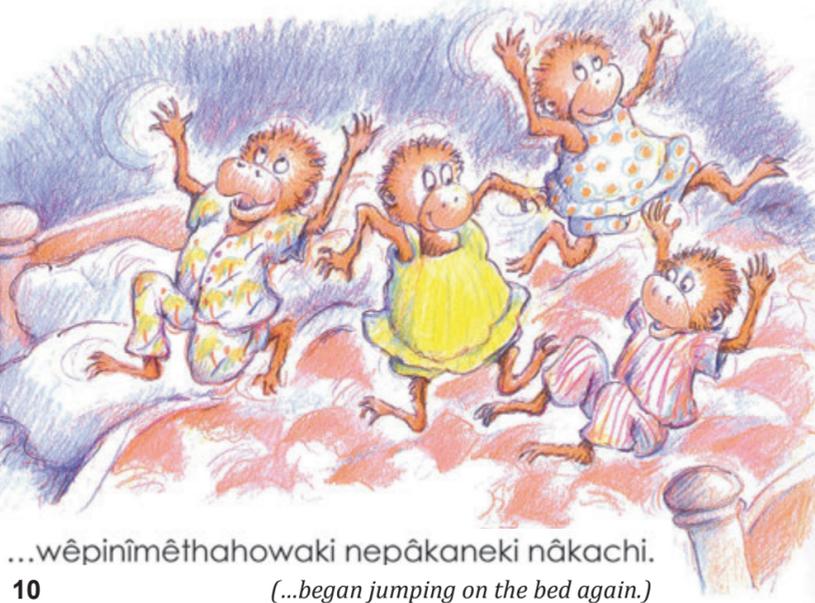
Ôni îni nyêwi
chakesihêhîchiki
nêtonamâshîhaki...

9 (So four little monkeys...)



Ôni îni nethwi chakesihêhîchiki nêtonamâshîhaki
wêpinîmêthahowaiki nepâkaneki nâkachi.

14 (So, three little monkeys jumped on the bed.)



...wêpinîmêthahowaki nepâkaneki nâkachi.

10 (...began jumping on the bed again.)



Nekoti kîpithêwa ôni pahkâkwitepêwa.

15 (One fell off and bumped her head.)



Nekoti kîpithêwa ôni pahkâkwitepêwa.

11 (One fell off and bumped his head.)



Êhkîpithâchi okyêni
pyâpekwi hâchimohêwa
mashishkineîha.

Mashishkineîha
ketowa,

(The mama called the doctor. The doctor said...)



Êhkîpithâchi okyêni
pyâpekwi hâchimohêwa
mashishkineîha.

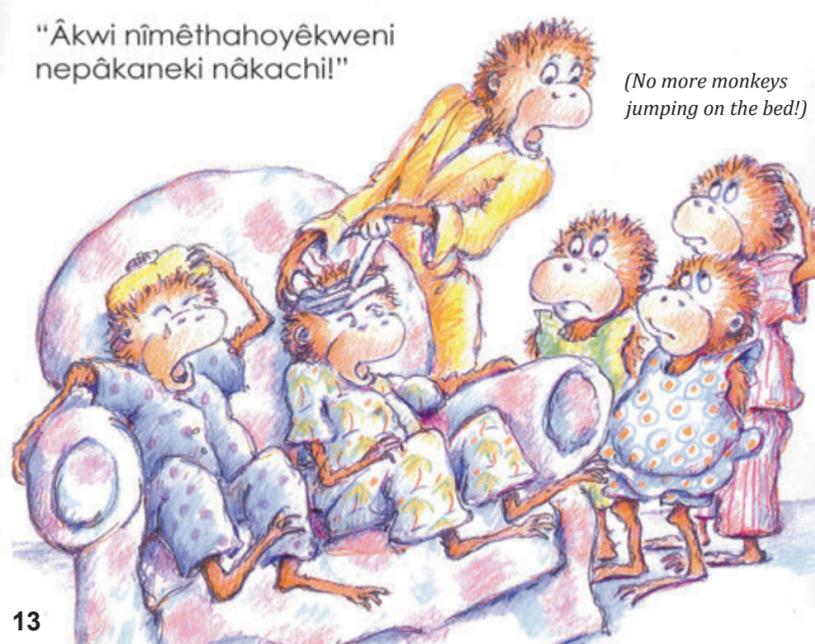
Mashishkineîha
ketowa,

12 (The mama called the doctor. The doctor said...)



"Âkwi nîmêthahoyêkweni
nepâkaneki nâkachi!"

17 (No more monkeys jumping on the bed!)



"Âkwi nîmêthahoyêkweni
nepâkaneki nâkachi!"

(No more monkeys
jumping on the bed!)

13



Ôni îni nîshwi chakesihêhîchiki nêtonamâshîhaki
wêpinîmêthahowaiki nepâkaneki nâkachi.

18 (So two little monkeys jumped on the bed.)



(One fell off and bumped his head.)

19 Nekoti kîpithêwa ôni pahkâkwitepêwa.



20

Êhkîpithâchi okyêni pyâpekwiâchimohêwa -mashishkineîha.



Mashishkineîha ketowa,

(The mama called the doctor. The doctor said...)

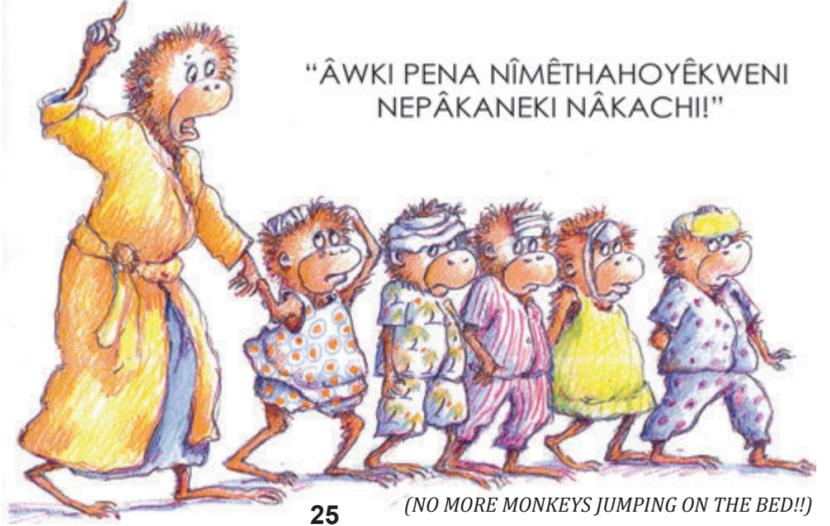


Êhkîpithâchi okyêni pyâpekwiâchimohêwa mashishkineîha.

24

Mashishkineîha ketowa,

(The mama called the doctor. The doctor said...)



"ÂWKI PENA NÎMÊTHAHOYÊKWENI NEPÂKANENKI NÂKACHI!"

25

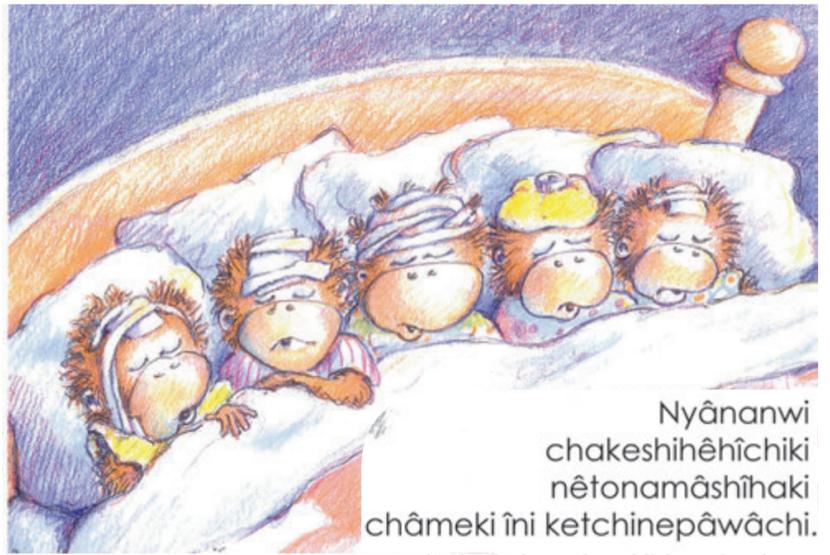
(NO MORE MONKEYS JUMPING ON THE BED!!)

"Âkwi pena nîmêthahoyêkweni nepâkaneki nâkachi!"



21

(No more monkeys jumping on the bed!)



26

Nyânanwi chakeshihêhîchiki nêtonamâshîhaki châmeki îni ketchinepâwâchi.

(So five little monkeys fell fast asleep.)



22

Ôni îni nekoti nêtonamâshîha wêpinîmêthahowa nepâkaneki nâkachi. (So one little monkey jumped on the bed.)



27

"Netêpethi!" ketowa okyênwâni.

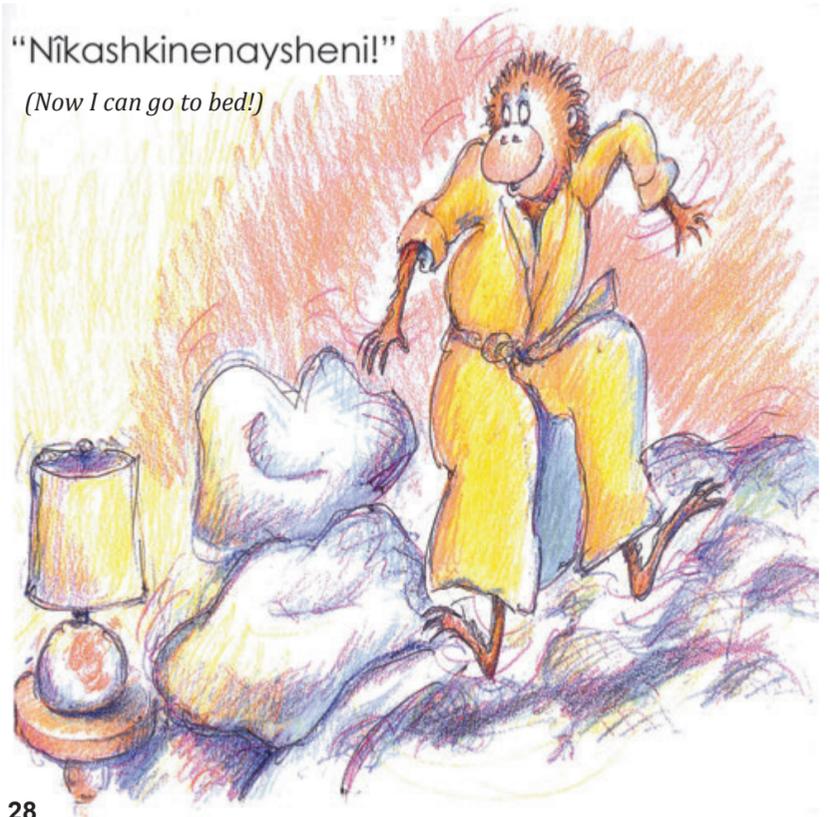
(Thank goodness, said mama.)



23

Kîpithêwa ôni pahkâkwitepêwa.

(She fell off and bumped her head.)



28

"Nîkashkineaysheni!"

(Now I can go to bed!)

SAUK LANGUAGE DEPARTMENT

Sauk Language Department Hosts Inter-tribal Language Workshop

On October 25th, the Sauk Language Department hosted an inter-tribal language workshop under the direction of Department Director Jacob Manatowa-Bailey. This workshop was titled Establishing a Mas-

ter Apprentice Program for Youth and Young Adults. The focus of the workshop was a description of the Sauk Language Master Apprentice Program, and the methods utilized by the Sauk Language Master Appren-

tice Program that can be successfully replicated by other tribal language programs wanting to develop conversationally fluent young people within their own tribes.

The workshop was well attend-

ed, with 81 individuals representing nine regional tribal language organizations, as well as the University of Oklahoma's Linguistics Department and Northeastern State University's Cherokee Language Program.



(Photos by Harriet Nanaeto)



MERRY CHRISTMAS FROM THE STAFF OF THE SAUK LANGUAGE DEPARTMENT

DECEMBER 2013
Kehchimakwa
 (Great Bear Moon)

**SAUK LANGUAGE CLASSES IN STROUD!
 MONDAYS & WEDNESDAYS 4:45-6:00
 Sac and Fox Cultural Center
 Potluck and refreshments are welcome
 For more information, please call Katie Grant
 919-968-0070**

THE 2013 SAC AND FOX NATION POW-WOW TRADITIONAL NIGHT DVD IS HERE!!
 Call or come by the Language Department to pick up your copy.
 918-968-0070
language@sacandfoxnation-nsn.gov



November was Diabetes Month: November was National Diabetes Month! In an effort to raise diabetes awareness, there was an information table set up in the Black Hawk Health Center lobby from 8:00 am until 12:00 pm on November 14, 2013. The purpose of the informational table was to learn more about this disease and how to prevent/manage it. From left: Leah Carver, Special Projects Manager MBC; Anthony Ramirez, Exercise Specialist MBC and Clarissa Littlehead, Health Director BHHC.

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

The Indian Health Service, Office of Environmental Health and Engineering, offers programs to install water and sewer facilities to qualified Indian Homeowners. Funding and construction of sanitation facilities, such as wells, water service lines, septic tanks and drain fields, wastewater lagoons and sewer service lines, are available.

Minimum eligibility requirements include:

- Property must be located within the local Indian Health Service jurisdiction: The greater portion of Oklahoma County; Pottawatomie County north of the North Canadian River; Cleveland County west of the Indian Meridian; Lincoln County; Logan County, and a portion of southern Payne County.
- You must be a member of a federally recognized Indian tribe, band or group;
- If renting, you must obtain a lease agreement (minimum of five years) and a copy of the landowner's deed/title and CDIB. Property owner must possess a Certified Degree of Indian Blood (CDIB).
- HUD homes must be paid in full before services can be provided.

Documentation of tribal affiliation and home ownership or long-term lease will be required with the application for services. Mobile homes must be tied down, skirted and wheels removed prior to service.

Absentee Shawnee and Citizen Potawatomi Nation tribal members must apply for services through their tribal OEH offices.

Please note that applying for service does not guarantee you will receive service. Service depends on the availability of funding.

Please call (405) 214-4200, or stop by our office at 14106 Highway 177, Shawnee, Oklahoma, for more information.

Sac and Fox Elders Activities

Wednesday - December 11

In lieu of the Elders monthly Elders Advisory Committee Meeting – we will be hosting the **Annual Christmas Dinner and Gift Exchange** at the S&F Multi-Purpose Center in Shawnee, 11:00 am – 3 pm. This event will be a catered meal. SFN Employees in the Shawnee area and elders from the local tribes will be our guests. We are sure to have some fun and holiday cheer at this event. Bring yourself and a bingo prize so we can have even more fun! See you there!

December 10 & 17

Craft Classes at the Elders Building in Stroud 10:00 am

Thursday – December 12

Cooking Class at the Elders Building in Stroud 10:00 am
Olive Penguins and Church Mouse

Thursday – December 19

Decorating Sugar Cookies at the Elders Building in Stroud
10:00 am

Sunday - December 22

Special Cook Day at the Elders Building in Stroud 1:00 pm
Baking Cinnamon Rolls for delivery meals on the 23rd

Food Distribution Program Updates



Regional Vendor Distribution Model Pilot: New Food Package

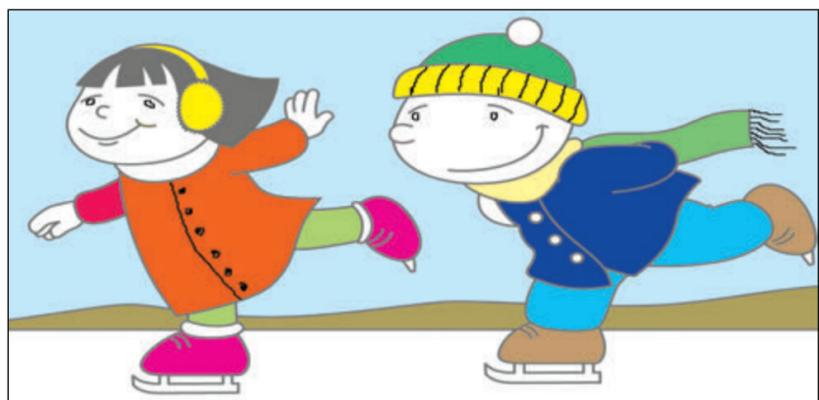
New food items from our OKC based vendor MDV Nash-Finch include Peter Pan peanut butter, Campbell's Soups, Hungry Jack mashed potatoes, etc., no more generic Black & White labeled items of the past. Holiday Hams will be in soon!

FDPIR Income Guidelines:

New Deductions Expected to Boost Participation Nationwide

With our increased FY14 Net Monthly Income Standards, new income deduction rules were also approved in the CFR. Households that pay rent or utilities, regardless of amount, are now allowed a Standard \$300 Deduction of their Net Monthly Income that is measured against the USDA Net Monthly Income Standards. For elderly or disabled household members there is now a Medical Expense Deduction that can be claimed for all out of pocket medical expenses with no limit regarding the amount. Also there is a new Meal Deduction that can be claimed should a household member require the full time services of a home health worker.

For more information on these deductions or to see if you qualify please call (866) 622-2310 Shawnee Office or (800) 256-3398 Stroud Office.



MONTH of DECEMBER 2013

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spaghetti Carrot Salad Garlic Toast Pears	3 Chicken Pot Pie Salad Jello w/fruit	4 BBQ Pork Potato Salad Peaches	5 Tater-Tot Casserole Green Beans Pineapple	6 Oatmeal w/ Raisins Sausage Toast Juice
9 Beef Tips Hominy Rice Applesauce	10 Fish Coleslaw Hush Puppies Fries Mixed Fruit	11 Chicken Baked Beans Scalloped Pot Peaches	12 Hamburger Veggies Chips Mac Salad Pears	13 Veg. Soup Okra Combread Van. Pudding
16 Sauerkraut & Polish Sau. Green Beans Mixed Fruit	17 Pork/Potatoes Squash/Corn Fry Bread Peaches	18 Enchilada Casserole Refried Beans Salad Applesauce	19 Chicken/Rice Corn Crackers Tropical Fruit	20 French Toast Bacon Boiled Egg Milk
23 Baked Ham Sweet Potato Green Beans Roll/Bread Pears	24 Pizza Mixed Veggies Cookie	25 CHRISTMAS OFFICES CLOSED	26 OFFICES CLOSED	27 OFFICES CLOSED
30 Meatloaf Scalloped Pot Zucchini Applesauce	31 Tuna Noodle Casserole Peas/Carrots Pineapple			

Sac and Fox Nation Food Distribution Program

← CALL TODAY TO SEE IF YOU QUALIFY!!! →

STROUD OFFICE
(800) 256-3398

★ ★ ★ ★

SHAWNEE OFFICE
(866) 622-2310

If at least one member of your household is Native American, you reside within our service area, and you meet our income guidelines...
You May Qualify. Call Today!!!

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Administration, 1400 Independence Avenue, S.W., Washington, D.C. 20259-8110, or call toll free (866) 632-9922 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-3339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

**Recessed
Special RAP Governing Council
December 14
Sac and Fox Nation
Gymnasium
10:00 AM**

Brown Family Reunion

Calling all heirs and descendants of Fryor and Margaret Brown!
We will be having our 2014 family reunion
June 6-8, 2014 at Stroud Lake.
If interested in attending, helping out and for more info, please call:
Glenda (Brown) Fuller @ 405 962-5732
Ronnie Lauderdale @ 405 765-2700
Twiggy (Wilson) Gregory @ 405- 434-9136
John Soap Jr. @ 405-585-968
Sissy Franklin @ 405 567-9254 and Margaret Franklin @ 405 481-5820
Thanks!

NOTICE

The Veteran's Administration is partnering with the Pawnee Indian Health Center to enroll all Native American and non-Indian Veterans for health care benefits the third Thursday of every month from 10:30 am to 1:00pm. Veterans will be able to get questions answered about their benefits without traveling to Tulsa, Muskogee or Oklahoma City. The Pawnee Service Unit is located on the Pawnee Nation Tribal Reserve, 1201 Heritage Circle, in Pawnee, Oklahoma 74058, for more information call (918) 762-6724.

Sac and Fox Nation Women's Auxiliary

The Sac and Fox Nation Women's Auxiliary meet the 3rd Thursday every month at 6:00 p.m. We have a pot luck dinner at every meeting. Our meeting locations alternate from the Stroud-Elder's Building to the Shawnee-Multi Purpose Building. If anyone needs information, they can contact Shawna Spoon by phone at 405-275-2581 or by e-mail at shawnaspoon@att.net.

NEEDED A.S.A.P.

Open Hearts, Open Homes and Open Arms!

**Contact Indian Child Welfare for complete details
to make a positive change in Children's Lives.**

**Contact: Vicki Wood ext. 1713 or
Juan York ext. 1711**

Stroud Office

1 - 918 - 968 - 1481

Sac & Fox Native American Church Annual Benefit

February 8, 2014

Selling Raffle Tickets: 20-22 feet Teepee!

\$5.00/ticket

Do not need to be present to win!

Name _____
Address _____
City-State-Zip _____
Phone # _____
Email Address _____

If you have questions you can contact:

Edith Hart 918-306-9142 edith.denny@yahoo.com

Mary BigSoldier 918-399-1996 bigsoldiermary@yahoo.com

SAC AND FOX NATION HUNTING REGULATIONS

Hunting will be permitted for DEER ARCHERY SEASON ONLY in accordance with Tribal, Federal and State Hunting Regulations. All hunters are REQUIRED to obtain a permit from the Sac and Fox Nation Realty Department and check in with the Sac and Fox Nation Police Department.

SEASON OPEN.

Archery: October 1, 2013 THRU January 15, 2014

DESIGNATED AREAS: (Map can be obtained when you check in)
Approximately 320 acres is described as follows:

Tract #1: S/2, NW/4 of Section 15-T14N-R06E.I.M., containing 80 acres
Tract #2: SW/4 of Section 15-T14N-R06E.I.M., containing 160 acres
Tract #3: E/2 SE/4 of Section 16-T14N-R06E.I.M., containing 80 acres

Only two (if hunting together) hunters are permitted in the designated hunting areas at one time, otherwise only one permitted in each area at one time.

REQUIREMENTS ARE:

1. Sac and Fox tribal members will be given preference. (Must show CDIB).
2. Must be 16 years of age or older.
3. State Hunting License is required.
4. One (1) guest allowed. Must be 16 year or older and have a valid State Hunting License and Deer Tags.

2014 HOLIDAYS DATE OF OBSERVANCE

NEW YEAR'S DAY	WEDNESDAY, JANUARY 1, 2014
PRESIDENT'S DAY	MONDAY, FEBRUARY 17, 2014
SAC & FOX VICTORY DAY	FRIDAY, MAY 16, 2014
MEMORIAL DAY	MONDAY, MAY 26, 2014
INDEPENDENCE DAY	FRIDAY, JULY 4, 2014
NATIVE AMERICAN DAY	MONDAY, JULY 14, 2014
LABOR DAY	MONDAY, SEPTEMBER 1, 2014
VETERAN'S DAY	TUESDAY, NOVEMBER 11, 2014
THANKSGIVING DAY	THURSDAY, NOVEMBER 27, 2014
DAY AFTER THANKSGIVING (SUBSTITUTED FOR MLK'S BIRTHDAY)	FRIDAY, NOVEMBER 28, 2014
(SUBSTITUTED FOR COLUMBUS DAY)	WEDNESDAY, DECEMBER 24, 2014
CHRISTMAS DAY	THURSDAY, DECEMBER 25, 2014
SFN APPRECIATION DAY	FRIDAY, DECEMBER 26, 2014



Absentee Shawnee Tribe of Oklahoma Domestic Violence Program

Mission Statement

The Absentee Shawnee Tribe of Oklahoma's Domestic Violence mission is to eliminate violence in Native Country and to strengthen Native families to end the cycle of violence. Absentee Shawnee Tribe Domestic Violence program serves Native American families and Non-Native families by providing advocacy in the areas of Domestic Violence, Sexual Assault, Stalking, and Dating Violence.



The Domestic Violence Department provides services to:

Victims of Domestic Violence, Sexual Assault (on call 24 hours per day), Stalking, and/or Dating Violence. We serve Native and non-Native victims as well as their children, as these problems affect everyone in our community. When a victim flees the situation they often leave behind all of their belongings, that's where we step in, offering a hand up to the victim. We offer advocacy for the victim, through the process of court, counseling, housing and utility assistance, referrals as needed (for services ASTDV does not provide), shelter, and transitional housing. We have four transitional houses fully furnished, where victims will be provided the opportunity to get an education and obtain job skills. Emergency transportation can be provided as well. For questions regarding necessary paperwork in order to receive assistance please contact the AST Domestic Violence Office.

Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801
Phone: (405) 275-4030 Fax: (405) 273-1192
National Domestic Violence Hotline: 1-800-799-7233
National Sexual Assault Hotline: 1-800-656-4673

Sac and Fox Nation Veterans Dance 2013



AT
A

W
ME
OTH

Josh Williamson Memorial Tournament Winners



1st place- Chatticks si Chatticks; Pawnee, Oklahoma



2nd place- Chiefs; Oklahoma City, Oklahoma



3rd place- Stack n Grind; Oklahoma City, Oklahoma



Top Gun, left, was with the 2nd place team and the MVP was with the Champion Team. (Photos by Mason Williamson)

LIHEAP Funds Available

Liheap funds are available for tribal members (all federally recognized tribes) that live within the jurisdiction and are within the income guidelines. The Tribal Energy guidelines state that Liheap is to be used first if people are eligible and funds are available. There are copies of the Tribal Energy guidelines available at the Sac and Fox Nation Social Services Building and also at Shawnee Housing Center.

918-968-3526 Ext. 2001 & 2011

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF WILL NOW BE AT THE SHAWNEE MULTIPURPOSE CENTER TWICE A MONTH.

THE TAX COMMISSION WILL BE THERE ON THE FIRST (1ST) AND THIRD (3RD) THURSDAYS OF EACH MONTH.

WE WILL BE ABLE TO BETTER SERVE TRIBAL MEMBERS LIVING IN THE SHAWNEE AREA WITH MOTOR VEHICLE REGISTRATION AND ANY OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

HELP WANTED!

SAC & FOX NATION EMPLOYMENT OPPORTUNITIES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH THE SAC & FOX NATION:

Laboratory Manager (BHHC Stroud)
Open Until Filled

Executive Assistant (Office of Government/Stroud)
Closing Date End of Business Day December 16, 2013

Resident Advisor (Juvenile Detention Center/Stroud)
Open Continuously

Physician's Assistant
Open Until Filled

Administration Assistant (Language/PT)
Closing Date End of Business Day December 16, 2013

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920883 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968- 3526

Sac and Fox Veterans Memorial Conference

January 25, 2014
10:00 am - 2:00 pm
Sac and Fox Gymnasium

Lunch Provided

Come Share Your

- Ideas
- Suggestions
- Input

For the Sac and Fox Veterans Memorial

For Information Contact:
Commander Norwood Masquat Jr.
@ 918-225-2214
Secretary Dennis Jennings
@ 405-395-7426



11/12/12

Dear Veteran,

First of all god bless you and your families for sacrificing your life for our freedom even though you were away from your family and friends to do your duties. We Americans give great thanks to you and all veterans. Thank you for doing those good things like ~~go to war~~ protecting our freedom.

By Lola Nanaeto
Granddaughter of
Austin and Vera Grant

Yours Truly,
LOIA

Business Committee Meeting Minutes

Special Business Committee Meeting Mini-Minutes October 1, 2013

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting 2014 Budgets held on October 1, 2013. These actions are to be followed up by the appropriate departments.

(1) Approved Resolution SF-14-01, a resolution approving the Fiscal Year 2013 Revenue Allocation Plan Elders Advisory Committee Budget Modification #4 in the total funding amount of \$60,000.00, the funding source is identified as the approved Governing Council Fiscal Year 2013 RAP Budget, line 14 and the Fiscal Year 2011 Unexpended Carryover Budget, line 14. Failed due to lack of a motion. (Discussion on the table with the Business Committee and it was brought back to the table). Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: George-Yes, Orvena-Abstain, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(2) Approved Resolution SF-14-02, a resolution approving the fiscal year 2013 Elders Advisory Committee Budget Modification #1 in the total amount of \$8,681.00, for the period October 1, 2012 through September 30, 2013. Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

Break at 10:58 a.m.
Back from break at 1:41 p.m.

(3) Approved Resolution SF-14-03, a resolution certifying the current membership rolls of the Sac and Fox Nation in accordance with the Constitution and Laws of the Sac and Fox Nation that count being 3,975. Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(4) Stella Nullake motion for the Chief of Staff, Sam Caruso to oversee, instruct and manage our Finance Department until a Chief Financial Officer is hired, in addition to his current position. Effective immediately. Orvena Gregory-2nd. VOTE: Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes. Motion carried.

(5) Approved Resolution SF-14-04, a resolution approving the fiscal year 2014 Indian Health Services Compact Budget in the total amount of \$8,045,986.00, the funding source is identified as the Indian Health Services Compact Fiscal Year 2014 Annual Funding Agreement. Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes. Motion carried.

(6) Approved Resolution SF-14-05, a resolution approving the fiscal year 2014

Gaming Commission Budget in the total amount of \$1,927,037.00, the funding source is identified as Treasury Appropriations. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: George-Yes, Orvena-Yes, Mary-No, Jared-Yes, Stella-Yes. Motion carried.

(7) Approved Resolution SF-14-06, a resolution approving the Fiscal Year 2014 Department of Interior Compact Carryover Sauk Language Budget in the total funding amount of \$358,873.00, the funding source is identified as the Department of Interior Compact Carryover and Reimbursement to this budget from the Administration for Children and Families Grant. Orvena Gregory-motion, Jared A. King-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

Break at 3:37 p.m.

Back from break at 3:50 p.m.

(8) Approved Resolution SF-14-07, a resolution approving the Indirect Cost Budget Modification #1 \$6000.00 for contractual services coming from accounting consultant. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Mary-Abstain, Jared-Absent, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(9) Stella Nullake motion to approve contract #2013-10-03 Contractual Ser-

vices between the Business Committee and Gwen Wilburn effective October 1, 2013 through December 13, 2013, 12 weeks, funding source is identified as 2014 Indirect Cost. Orvena Gregory-2nd. VOTE: Jared - Absent, Stella-Yes, George-Yes, Orvena-Yes, Mary-Abstain. Motion carried.

(10) Orvena Gregory motion to approve the renewal of contract #2009-03-0SF for the period of October 1, 2013 to September 30, 2014, the funding source is identified as DOI Compact Carryover Funds. Mary F. McCormick-2nd. VOTE: Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes, Jared-Absent. Motion carried.

(11) Orvena Gregory motion to approve the renewal of contract #2009-03-08c for the period of October 1, 2013 to Sept 30, 2014, the funding source is identified as the DOI Compact Carryover. Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Abstain, Jared-Absent, Stella-Yes, George-Yes. Motion carried.

(12) Orvena Gregory motion to approve renewal contract #2009-03-06c for the period of October 1, 2013 to September 30, 2014, the funding source is identified as DOI Compact Carryover. Stella Nullake-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Absent, Stella-Yes. Motion carried.

Adjourned: at 4:04 p.m.

Regular Business Committee Meeting Mini-Minutes October 11, 2013

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee Meeting held on October 11, 2013. These actions are to be followed up by the appropriate departments.

(1) Approved Resolution SF-14-09, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and BlueCross and BlueShield of Okla-

homa per contract #2013-09-06. Stella Nullake-motion, Jared A. King-2nd. VOTE: George-Yes, Orvena-Absent, Mary-Absent, Jared-Yes, Stella-Yes. Motion carried.

(2) Approved Resolution SF-14-10. A resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Dental Designs of Stroud/Or. Brett Frances to provide Dental Services per contract #2013-10-08. The funding

source is identified as the fiscal year 2014 Indian Health Services Compact Budget. Stella Nullake-motion, Jared A. King-2nd. VOTE: Orvena-Absent, Mary-Absent, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(3) Approved Resolution SF-14-11, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Envision RX Options to provide Pharmacy Services per contract #2013-

10-02. Stella Nullake-motion, Jared A. King-2nd. VOTE: Mary-Absent, Jared-Yes, Stella-Yes, George-Yes, Orvena-Absent. Motion carried.

(4) Stella Nullake motion for renewal of contract #2011-01-06b for BeneCard which stands for "Prescription Benefit Facilitator" as presented. Jared A. King-2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Absent, Mary-Absent. Motion carried.

Adjourned: at 4:40 p.m.

Special Business Committee Meeting Mini-Minutes October 24, 2013

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting held on October 24, 2013. These actions are to be followed up by the appropriate departments.

(1) Stella Nullake motion to accept the Special Business Committee Meeting minutes with corrections. Orvena Gregory-2nd. VOTE: George-Yes, Orvena-Yes, Mary-No, Jared-Yes, Stella-Yes. Motion carried.

(2) Approved Resolution SF-14-12. A resolution approving the fiscal year 2013 Indian Health Services Compact Carryover Budget Modification #1 in the total funding amount of \$632,692.00, the funding source is identified as the Indian Health Services Compact previous years carry-over. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Orvena-Abstain, Mary-Abstain, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(3) Stella Nullake motion for lease notification memo dated September 24, 2013 from the Realty Director for Lease #14-20-0208-17615 be denied. Orvena Gregory-2nd. VOTE: Jared-Abstain, George-Yes, Orvena-Yes, Mary-Yes, Stella-Yes. Motion carried.

Break at 1:13 p.m.
Back from break at 2:55 p.m.

(4) Mary F. McCormick motion approval for the Secretary to send Kenneth George a certified letter to remove him from Sac and Fox Enrollment due to dual enrollment. Stella Nullake-2nd. Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(5) Mary McCormick motion to accept the straw poll vote, the extension of the Amendment to Tobacco Tax Compact between the State of Oklahoma and the Sac and Fox Nation. Stella Nullake-2nd. VOTE: Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes. Motion carried.

(6) Approved Resolution SF-14-13, a resolution authorizing and approving an

agreement between the Sac and Fox Nation Black Hawk Health Center and Vista Imaging Software per contract #2013-09-05. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(7) Mary F. McCormick motion to approve the renewal of contract #2011-02-02b between the Sac and Fox Nation Black Hawk Health Center and Staff Care. Stella Nullake-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(8) Approved Resolution SF-14-14, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Chris R. Bugg, D.D.S. to provide Dental Services, per contract #2013-10-04. Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(9) Approved Resolution SF-14-15, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Jerry W. Dickson, D.D.S. to provide Dental Services, per contract #2013-10-05. Orvena Gregory-motion, Stella Nullake-2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes. Motion carried.

(10) Approved Resolution SF-14-16, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Bristow Medical Center/Fred J. Crapse, D.O. to provide Medical Services, per contract #2013-10-06. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes. Motion carried.

(11) Approved Resolution SF-14-17, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Philip Bryan, MD to provide Medical Services, per contract #2013-10-07.

Stella Nullake-motion, Orvena Gregory-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(12) Approved Resolution SF-14-18, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Dental Designs of Stroud/Or. Brett Frances to provide Dental Services, per contract #2013-10-08. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: George-Yes, Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(13) Approved Resolution SF-14-19, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Rebecca L. Davis, D.D.S. to provide Dental Services, per contract #2013-10-09. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(14) Approved Resolution SF-14-20, a resolution approving the fiscal year 2014 Indian Health Services Compact Carryover Budgets in the total amount of \$1,708,458.00. Orvena Gregory-Motion, Mary F. McCormick-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(15) Approved Resolution SF-14-21, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Dorothy Lett, DPH to provide Relief Pharmacy Services, per contract #2013-10-10. Mary F. McCormick-motion, Stella Nullake-2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes, Mary-Yes. Motion carried.

(16) Orvena Gregory motion to accept the proposal to implement exercise classes from the Black Hawk Health Center held at the Shawnee Multi Purpose Center. Mary F. McCormick-2nd. VOTE: Stella-Yes, George-Absent, Orvena-Yes, Mary-Yes, Jared-Yes. Motion

carried.

(17) Mary F. McCormick motion to approve the request for the approval of the addition of Sauk Language Department Administrative Assistant Position. Stella Nullake-2nd. VOTE: George-Yes, Orvena-Abstain, Mary-Yes, Jared-Yes, Stella-Yes. Motion carried.

(18) Approved Resolution SF-14-22, a resolution authorizing and approving the Detention Service Agreement between the Sac and Fox Nation Juvenile Detention Center and Pontotoc County of Oklahoma, per contract #2013-10-01. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Yes, Stella-Yes, George-Yes. Motion carried.

(19) Orvena Gregory motion to approve the request to implement guidelines for Promoting Safe and Stable Families Title IV, Part B subpart 2. Stella Nullake-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

(20) Orvena Gregory motion to approve the Self-Governance Specialist job description as presented. Stella Nullake-2nd. VOTE: Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes, and Mary-Yes. Motion carried.

(21) Orvena Gregory motion by Resolution SF-14-23 to rescind Resolution SF-13-232. Mary F. McCormick - 2nd. VOTE: Orvena-Yes, Mary-Yes, Jared-Abstain, Stella-Abstain, George-No. Motion failed.

(22) Approved Resolution SF-14-24, a resolution approving the fiscal year 2014 Department of Interior Compact Human Services Budget in the total amount of \$119,108.00, the funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Stella Nullake-motion, Orvena Gregory-2nd. VOTE: Mary-Yes, Jared-Yes, Stella-Yes, George-Yes, Orvena-Yes. Motion carried.

Recessed meeting at 4:45 p.m.

2013 PER CAPITA PAYMENT INFORMATION



Sac and Fox Nation Police Department Safety Tips from Tribal Police Chief, Bob Roberts

- You must be enrolled by Monday, September 30, 2013 to be eligible for the 2013 per capita payment.
- The tribal membership roll will be certified by Monday, September 30, 2013.
- A complete Internal Revenue Service (IRS) form must be received by the Sac and Fox Nation Office of Enrollment before a check can be distributed.
- The Sac and Fox Nation Finance Department will mail the 2013 IRS form 1099 by Friday, January 31, 2014.
- No official date has been set at this time for disbursement of the per capita payment.
- All checks will be mailed, no exceptions.
- If Enrollment has a different mailing address for you, they will change their records to match what is listed on the W-9 form.

IRS Form W-9

It is critical that the IRS Form W-9 be completed correctly and thoroughly for each individual tribal member; not doing so could result in a delay of you receiving your per capita payment. The Office of Enrollment will verify all information including name, current mailing address and social security number. The form must be signed and dated. IRS Form W-9 can be found at <http://www.irs.gov>.

Required Legal Documents

Please ensure the Office of Enrollment has a copy of your social security card. The name and signature on the IRS Form W-9 must match the name on the social security card. If your name has changed due to marriage, divorce, adoption, etc., it is your responsibility to provide any legal documentation (including a social security card which reflects your new name) to the Office of Enrollment.

Minors

Parents or guardians are responsible for providing an IRS Form W-9 for minor children; not doing so could result in the minor's authorized amount of payment being deposited along with the remaining balance into the minor's trust fund account.

Contact information – Office of Enrollment

All completed IRS Form W-9s' must be submitted by mail or via facsimile only. For identity/security purposes, e-mailed forms will not be accepted. Contact information:

Sac and Fox Nation
Office of Enrollment
920883 S. Hwy 99, Bldg. A
Stroud, Oklahoma 74079

Direct fax: 918-968-9636

If you have any questions, please contact the Office of Enrollment staff by phone at 918-968-3526 or 800-259-3970.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives **\$600 or more in 1 calendar year** from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.

We live in a world where bad things happen in the workplace. Recently shots were fired near the White House and less recently a lone gunman created havoc at the Navy Shipyards. As much as we fear the acts and despise the perpetrators, the reality is that these events have become common place. In addition to these acts of terror, the safety of employees can be at risk due to natural disasters and other unexpected events. Yet few people ever really think it will happen to them.

1. Come to terms with reality. It can happen in our workplace. A perpetrator can be someone you know or a complete stranger. Living in denial is the riskiest strategy of all. Post-tragedy interviews prove the point: "I could never imagine it happening here," you'll often hear.
2. By paying closer attention to un-

usual or suspicious behavior and challenging it, you can reconfigure the odds. Don't be afraid to inquire or report, be polite but assertive in challenging anyone acting unusual.

3. Every employee should understand what needs to happen should there be a crisis. Sac and Fox Nation Tribal Police Officers are willing to offer suggestions and safety courses. As your Tribal Police Chief it is my goal to make sure that all employees of the Sac and Fox Nation understand a plan of action whether by a violence or a natural disaster.

In conclusion, in the future approximately ever quarter or at least every six months with the permission of Principle Chief Thurman drills will be practiced so people know what to do and where to go in case of specific emergencies.

Deadline For January Paper is Friday, December 20

Beginning level Sauk language classes will begin November 4th

Classes will be on Mondays and Wednesdays
4:45 - 6:00 in the classroom
at the Cultural Center.

Potluck or refreshments

Hope to see you there!

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

Form W-9
(Rev. December 2011)
Department of the Treasury
Internal Revenue Service

2013 PER CAPITA W-9

**Request for Taxpayer
Identification Number and Certification**

**Give Form to the
requester. Do not
send to the IRS.**

Name (as shown on your income tax return) ROLL #

Business name/disregarded entity name, if different from above

Check appropriate box for federal tax classification:

Individual/sole proprietor C Corporation S Corporation Partnership Trust/estate

Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ Exempt payee

Other (see instructions) ▶

Address (number, street, and apt. or suite no.) Requester's name and address (optional)

City, state, and ZIP code SAC AND FOX NATION
920883 S. HIGHWAY 99 BLDG. "A"
STROUD, OKLAHOMA, 74079

List account number(s) here (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on the "Name" line to avoid backup withholding. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

Note. If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.

Social security number

- -

Employer identification number

-

Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
3. I am a U.S. citizen or other U.S. person (defined below).

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 4.

Sign Here Signature of U.S. person ▶ Date ▶

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

Purpose of Form

A person who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:

1. Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
2. Certify that you are not subject to backup withholding, or
3. Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income.

Note. If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

Definition of a U.S. person. For federal tax purposes, you are considered a U.S. person if you are:

- An individual who is a U.S. citizen or U.S. resident alien,
- A partnership, corporation, company, or association created or organized in the United States or under the laws of the United States,
- An estate (other than a foreign estate), or
- A domestic trust (as defined in Regulations section 301.7701-7).

Special rules for partnerships. Partnerships that conduct a trade or business in the United States are generally required to pay a withholding tax on any foreign partners' share of income from such business. Further, in certain cases where a Form W-9 has not been received, a partnership is required to presume that a partner is a foreign person, and pay the withholding tax. Therefore, if you are a U.S. person that is a partner in a partnership conducting a trade or business in the United States, provide Form W-9 to the partnership to establish your U.S. status and avoid withholding on your share of partnership income.

Merrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmas

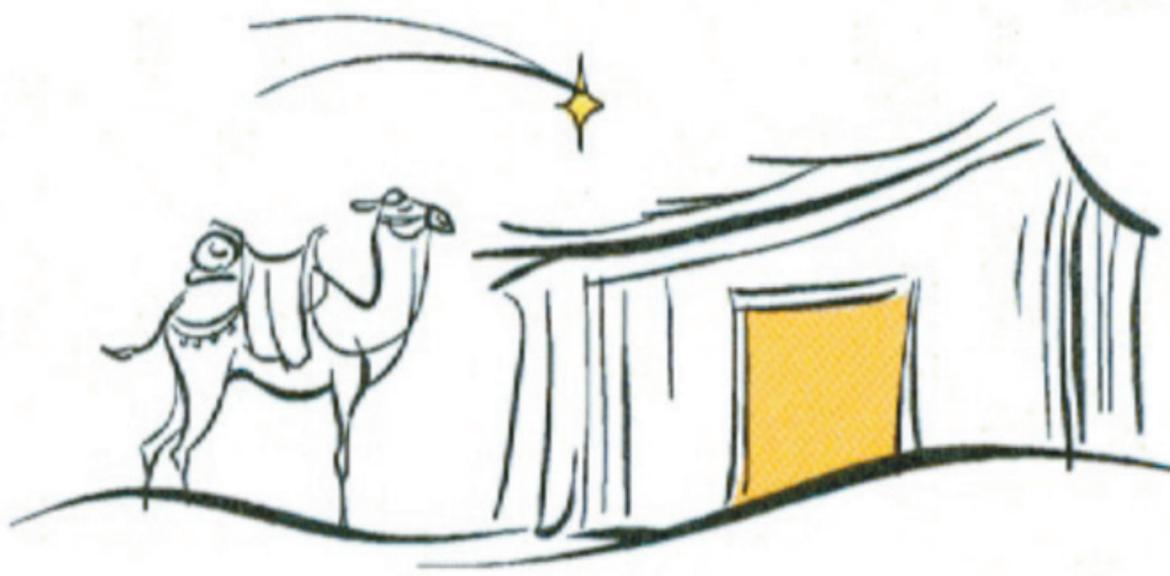
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Merry Christmas



*The Sac and Fox Nation Business Committee Wishes You
A Very Merry Christmas and A Happy New Year*



Happy New Year

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Sac and Fox Elders Advisory Committee

Annual Winter Dance & Big Ticket Raffle

Saturday, December 7, 2013

Sac & Fox Reservation
5.5 miles south of Stroud
2:00 p.m. till ????

Head Staff

Head Gourd Dancer	Greg Morris
Head Man Dancer	Henry Hunter
Head Lady Dancer	Dorothy "Dottie" Tigere
Head Singer	Scott George
MC	Francis Grant

Raffle Items

Work Chair	\$50 Gift Card	\$100 CASH
\$25 Cash	\$25 Cash	Hot Plate
Electric Grill	\$25 Cash	\$50 CASH
\$50 Cash	Ceramic Bowl	Rod & Reel
\$25 Cash	\$25 CASH	Large Pottery
Pendleton	Beverage Disp.	\$50 Cash
\$100 CASH	Camp Set	Canister Set
\$50 Cash	70" Vizio Flat Screen TV	

Not Responsible for Theft or Accident



Sac and Fox Nation

ANNUAL HOLIDAY PARTY

December 14

6:00 p.m. to 9:00 p.m.

Sac and Fox Gym,
Stroud, Oklahoma



Gingerbread House Contest



Sac and Fox Nation Activity Committee

Not responsible for accidents or thefts.