

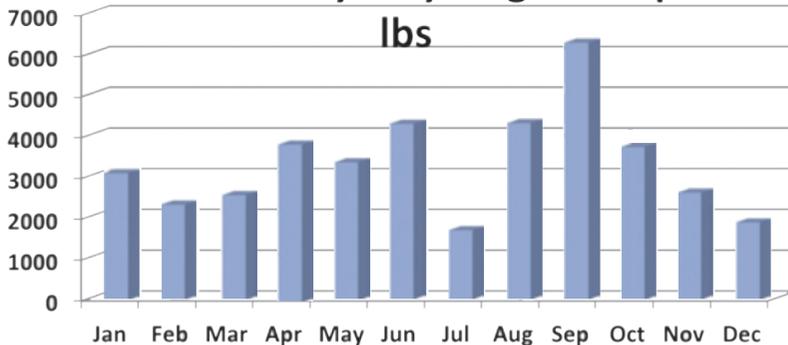
# Office of Environmental Services

Hô, nihkânetike!

I need to apologize first of all, for not writing this article sooner. A few of you have stopped me around the Nation, and have asked me if I had reached my quota.

Back in November I had set a goal for us to reach. That goal was to collect 45,000 pounds of recyclable material by the end of the 2012 year. I say 'US' because I recycle and bring mine from Shawnee to help in our efforts as well. As far as reaching 'the quota', there is good news and there is bad news. The 'bad' news is we didn't reach 45,000 pounds. We were 4,910 pounds short. We were gaining momentum through the whole year (with the exception of July), and then the last few months we had a steep drop.

## 2012 monthly recycling totals per



My first thought was this could be contributed to the holidays, but in the last two years these were our busiest months. I may not be able to offer an answer, but I can offer some good news. The 'good' news is my original goal to match or continue a steady climb from previous years, was met. From 2009 to 2010 we increased in our recyclable materials around 10,000 pounds. From 2010 to 2011 we increased around 11,000 pounds. So, for 2012, I set a personal goal that I had hoped to reach and that was to, at least, match our recycling efforts of 2011 and collect 11,000 pounds. At the end of 2012 the difference in totals from that of 2011 was 12,710 lbs. We almost passed the goal by 3,000 lbs. That is awesome news!

This year is a brand new start. We've already collected almost 3000 pounds in the first month. That is 3000 pounds that won't end up in open site dumps, along country roads, creeks/rivers or in city landfills. You might think that our numbers are small sometimes, but 3000 pounds could dam up a creek, or block a road way. The way we like to look at it is, this is 3000 pounds that can be reprocessed and reused, creating less pollution for future generations. If we keep at it, our land will become more beautiful and natural.

We may not think about it too often, but this land represents us and we represent this land. If you've never recycled or have thought about it but keep putting it off, now is a great time to start. There are recycling bins in each building at the Sac and Fox Nation. Also, there is a recycling trailer outside the OES building (directly west of the juvenile center and east of the Sac and Fox Casino). We collect paper, plastic, cardboard, and aluminum/tin. If you have other items that you have questions about, please don't hesitate to call us. We will do all that we can to help you.

Thank you, Andy Anderson Environmental Technician

## NOTICE

### FROM SAC AND FOX NEWS

Due to postal rate increases beginning March 2013 you will be receiving the Sac and Fox News mailed in an envelope

Ken Johnson Editor Sac and Fox News

## Black Hawk Health Center Contract Health Services Eye and Dental Program/Diabetic Eye and Dental program

Just a friendly reminder, routine eye exam and frames, lenses, or contact lenses are a service provided every two years. Patients are eligible for \$200.00 towards eye exam and frames, lenses or contacts. In the instance of broken or lost frames, lenses or contact lenses which may occur before the patient is eligible again, CHS will not be responsible for replacement.

The Dental program runs on a fiscal year; the fiscal year begins on October 1st and ends September 30th. Patients are eligible for \$1200.00 per fiscal year. Dentures and partials are eligible for replacement every two years.

The Diabetic eye program runs on a calendar year, the calendar year begins January 1st and ends December 31st. Diabetic patients are eligible for a diabetic

eye exam every year, but are allowed glasses every two years. Patients are eligible for \$250.00 towards frames, lenses or contact lenses.

The Diabetic dental program runs on a calendar year; the calendar year begins January 1st and ends December 31st. Diabetic patients are eligible for \$1200.00 per calendar year. Dentures and partials are eligible for replacement every two years.

ALL programs require patients to have an approved referral prior to receiving services.

Please be sure to call me with any follow up appointments you may have and if you have any questions please call me at 918-968-9531 ext 170.

Rosalita

## Needed - Johnson O'Malley Indian Education Committee Members

The Sac and Fox Nation is seeking persons interested in serving on the Indian Education Committee which administers the Nation's Johnson O'Malley Program. One (1) representative from each of the following districts is needed:

District #1: Agra, Cushing, Ripley, Oak Grove

District #2: Chandler, Meeker, Daventport, Prague, Stroud

District #3: Shawnee, Pleasant Grove, Grove, North Rock Creek

Representatives can be a parent, grandparent or legal guardian of a Native American student enrolled in the Johnson O'Malley Program, a person acting for or on behalf of the best interests of Native American children in the community, or an interested and concerned Native American community member who is familiar with education and has demonstrated leadership and involvement in the community. Representatives will be expected to be actively involved with school personnel in order to understand and ad-

vocate for the needs of the students.

The purpose of the Committee is to:

- 1) Promote the welfare of Indian children and youth in home, school, community and Tribe;
  - 2) Raise the standards of school achievement of Indian children; and
  - 3) Bring into closer relationship the home and the school so that parents and teachers may cooperate intelligently in the education of Indian children and youth.
- Representatives will provide positive input and advocate progressive, innovative ideas to promote the betterment of the Johnson O'Malley Program purposes and will attend meetings on a regular basis.

This is a fresh start for the committee and all persons interested in serving are encouraged to submit a letter of interest to serve to the Tribal Secretary at the following address:

Attention: Tribal Secretary  
Sac and Fox Nation  
920883 S. Highway 99  
Stroud, OK 74079

## Muscogee (Creek) Nation WIC Program Is All About

### BREASTFEEDING!

For more information about breastfeeding and how to apply for WIC, please call:

**1-800-648-2302 or 918-758-2722**

This institution is an equal opportunity provider

# BRIGHT PATH GONA

April 5th, 6th, 7th, 2013

Gathering Of Native Americans

**Preventing Youth Violence, Suicide, and Bullying**

Friday, April 5th 10am-5pm

### Day 1 Belonging:

"Building & strengthening the sense of team, family, and community"

Featuring J.R. Pratt, presentation of Eagles by Gray Snow Eagle House and musical performance by Native Hip-Hop Rap artist Lil'Mike and Funnybone.



Saturday, April 6th 10am-5pm

### Day 2 Mastery:

"Gaining mastery & healing from what holds us back"

Featuring presentations by Brian Frejo. Entertainment to be announced.



Sunday, April 7th 12pm-4pm

### Day 3 Interdependence:

"Working together interdependently for positive change"



Additional Entertainment and Presenters to be announced at later date.

Education, Music, Food, Fun, Crafts and Fellowship

Sac and Fox Community Building  
For information contact  
Joshua Williamson at  
(918)-968-9531 ext. 224



Now available at the Sauk Language Department office for a limited time.  
Price is \$15.00.  
Sorry, but we are not able to mail out these CDs.  
To order by mail, please see instructions below.

### ALBUM SALES

Meskwaki Love Songs  
Meskwaki Lullabies  
Meskwaki Moccasin Game Songs  
plus Contemporary bonus tracks

Album on sale now \$15.00  
Purchase at the Language office: Public Works building upstairs. (1632 305th St., Tama, IA) CASH or MONEY  
ORDER ONLY payable to Sac & Fox Tribe.

To order by mail: Send check or money order for \$20 (includes shipping) to: Meskwaki Language Dept CD Orders; 349 Meskwaki Rd; Tama, IA 52339. Make check payable to Sac & Fox Tribe. 3 weeks for delivery.

Find us on Facebook Search: "Meskwaki Language Department"

## NATIVE YOUTH PREVENTING DIABETES 2013

June 10-14, 2013

- 5 days/ 4 nights
- Outdoor Activities
- Health Classes
- Native American Cultural Activities

For more information call: **Brittany Crawford (918) 968-9531 ext. 210.**