

Members of the Sac and Fox Nation participate during Cultural Night at the Annual NCAI Conference in Tulsa, OK

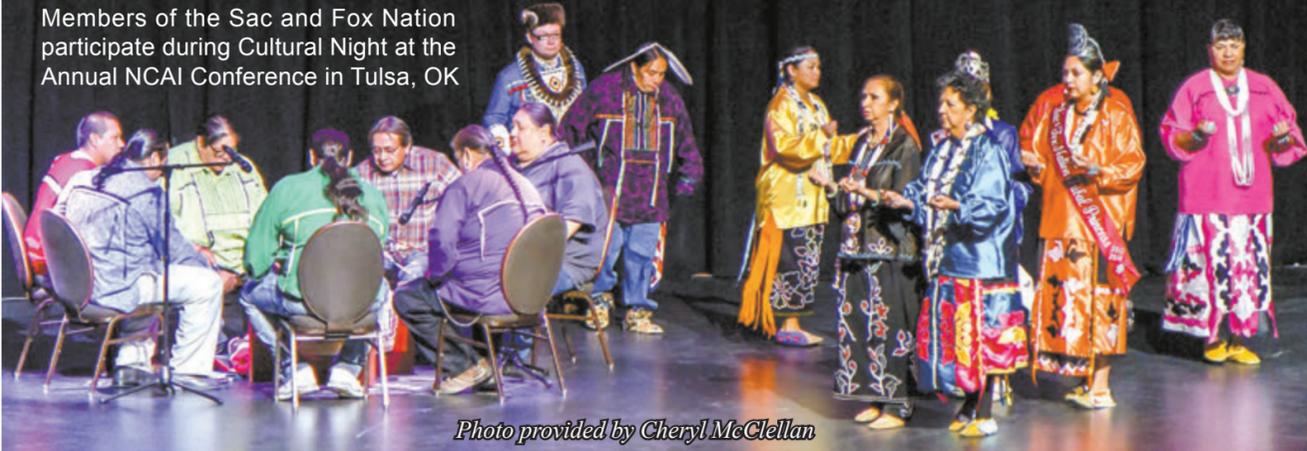


Photo provided by Cheryl McClellan



RAP COUNCIL
November 16
Sac and Fox Nation
Gymnasium
10:00 AM

Phone: 918-968-3526 • 920883 S Hwy 99 Bldg A • Stroud, OK 74079 • Vol.34 No. 11 • November 2013

Play about Jim Thorpe case to Educate American Public

by Sandra Massey Historical Preservation Officer

Jim Thorpe has always attracted international attention and been a part of history. History = his story. When he played football at Carlisle, historians note, he played against Dwight D. Eisenhower, who would later become President of the United States. Thorpe himself later became the President of the American Professional Football Association, which evolved into the National Football League; the Professional Football Hall of Fame features a bust of Jim Thorpe for this reason. Today's best defensive back in college football wins the Jim Thorpe Award.

Jim Thorpe's sports fame extends beyond football; he ran track, played baseball and basketball, and he is best known nationally for his 1912 Olympic accomplishments: winning gold medals for the decathlon and pentathlon.

He is a member of ten sports Halls of Fame: the College Football Hall of Fame, National Indian Hall of Fame, Pennsylvania Hall of Fame, Professional Football Hall of Fame, American Indian Athletic Hall of Fame, National Track and Field Hall of Fame, United States Olympic Hall of Fame, Oklahoma Sports Hall of Fame, Helms Professional Football Hall of Fame, and the American Football Kicking Hall of Fame.

Jim Thorpe died in 1953, six decades ago, but his name still makes headlines. In 2013 his sons William and Richard Thorpe, in a case originally brought by John "Jack" Thorpe, and the Sac and Fox Nation won the lawsuit filed under the Native American Graves Protection and Repatriation Act (NAGPRA) for the right to repatriate his remains and rebury him within tribal lands in Oklahoma, as he had requested. That case is currently in the appeals process.

One of the issues is that a borough in the hill country of Pennsylvania believes that it has more right to Jim Thorpe than his own sons and tribe and even over his own wishes. Thorpe requested of his brothers a traditional Sac and Fox funeral ceremony and burial in tribal ground, where his family rests. His fame appeared to mean to his non-native widow that he had no right to his own body and its treatment, and he ended up in a place he had never visited and that is far away from his children and his people.

He wanted to one day return to Oklahoma permanently. He died in California, but during his lifetime he continuously returned to Oklahoma for family visits, hunting opportunities, and even took his children to tribal activities. At times, in the Sauk way, he lived with family members. While he may not have lived at the core of the tribal community, he was still a familiar part of it.

Fame has two sides. Had Jim Thorpe not been famous, a sports legend, he would be buried in Sac and Fox territory in Oklahoma today.

Today his fame also brings hope – it brings attention to a matter that affects all of Indian Country, the civil right of tribal people to make their own decisions about their own funerals and burials. The case bearing his name can strengthen NAGPRA. A win in the case of Sac and Fox Jim Thorpe is a win for Indian nations everywhere.

The story of that hope to bring him back to Oklahoma has now been made into a 15-page play, still a work in progress, titled *My Father's Bones* by playwrights Suzan Shown Harjo, enrolled with the Cheyenne and Arapaho Tribes of Oklahoma and also of Hodulgee Muscogee heritage, and Mary Kathryn Nagle, Cherokee Nation of Oklahoma. The play won the Native Voices at the Autry short play contest and is one of six to be presented on November 10, 2013 in Los Angeles by Native Voices at the Autry in its "Legal Briefs: Lawmakers and Activists" program held during the Autry National Center annual American Indian Arts Marketplace Short Play Festival.

Native Voices at the Autry is a theater company that exists to produce work by playwrights of Native American, Alaska Native, and First Nations heritage.

It sponsored a competition in which it, according to its website, "challenged Native American playwrights from across the nation to explore how the American legal system, the law, and our daily lives are shaped by Native American identity and culture and the lawmakers and activists it has given us. How do Native Americans uphold and honor, question and investigate, or create and change law within our society?"

Harjo and Nagle responded to the challenge.

Harjo said, "I saw the playwriting-contest notice from the Autry and contacted Mary, proposing that we jointly write on repatriation. She had an old piece on Jim Thorpe and suggested we focus on the case against the Pennsylvania town."

Nagle added, "When Suzan contacted me and suggested



Mary Kathryn Nagle and Suzan Shown Harjo, playwrights (photo by Sandra Massey)

that we write a piece together on repatriation, my mind turned immediately to the case against the Pennsylvania town. Suzan is one of the architects of NAGPRA, and I thought no play could be more appropriate to work on with her than a play about one of the Act's most important applications."

Both women have a unique understanding about the case, the story behind it, and repatriation.

Harjo is a champion of In-

dian rights and the development of laws to protect them, including but not limited to NAGPRA, the American Indian Religious Freedom Act of 1978, the National Museum of the American Indian Act of 1989, and the Executive Order of Indian Sacred Sites in 1996. She has been the President of the Morning Star Institute since it was founded in 1984; the national nonprofit advocates for Native American traditional (Continued on Page 3)

Chief's Address To The Nation

Greetings,

I want to address our students at this time, from elementary to graduate school. I hope you are having a successful year as the football, softball, cross country, volleyball, and other sports seasons are winding down for many of our tribal youth, and basketball season is looming before us, but remember that foremost are academics and the accomplishments that you have had in the classroom. Remember that someday your athletic days will come to an end but what you learn in the classroom will benefit you the rest of your lives. Enjoy life, thank God for the abilities He has given you, and give Him the praise for your success.



Chief George Thurman

Local News Parking Lots

Work on the expansion of the new parking area for the Justice Center (Courthouse) has begun and as soon as this is completed then the expansion of the parking area for our Community Building will begin; both projects are to be completed by February, 2014.

Rodeo Grounds

Work on the new rodeo grounds concession building has been completed by the contractor. Work has begun on the new elevated aluminum bleachers that will seat 300 plus spectators in addition to the existing

wooden bleachers, bringing a total seating capacity of approximately 600 fans.

John Thorpe et al. v. Borough of Jim Thorpe et al., No. 13-2446 (3d Cir.); John Thorpe et al. v. Borough of Jim Thorpe et al., No. 13-2451 (3d Cir.).

Stephen R. Ward and Daniel E. Gomez Connor & Winters, LLP, Tulsa, OK have filed an appellees' response brief on behalf of John Thorpe; Sac and Fox Nation of Oklahoma; William Thorpe; and Richard Thorpe; Plaintiffs-Appellees/Cross-Appellants In The United States Court of Appeals for the Third Circuit On Appeal from an Order Entered by the Honorable A. Richard Caputo, United States District Judge, Middle District of Pennsylvania, No. 3:10-cv-1317-ARC.

A copy of our letter requesting assistance from NCAI and NARF:

John H. Dossett, General Counsel

National Congress of American Indians
4685 S.W. Flower Place
Portland, Oregon 97221

Re: John Thorpe et al. v. Borough of Jim Thorpe et al., No. 13-2446 (3'd Cir.); John Thorpe et al. v. Borough of Jim Thorpe et al., No 13-2451(3d Cir.).

Dear John:

I am writing to make a formal request that the National Congress of American Indians provide support, as an amicus curiae, for the Sac and Fox Nation's positions as appellee in the above-referenced appeal. This case involves the application of the Native American Graves Protection and Repatriation Act to the remains of Jim Thorpe, an enrolled member of the Sac and Fox Nation, and involves issues under the statute that are important across-the-board in Indian country. We (Continued on Page 3)



Rodeo Grounds Project: New bleachers and a new concession facility were recently constructed at the rodeo grounds. (SFN photo)



Court House Project: A new parking lot is in the process of being constructed at the Sac and Fox Nation Court House. (SFN photo)

Upcoming Events 2013

November 11
Veterans' Day
Gourd Dance

November 12, 5 pm
Sac & Fox Nation
Veterans' Meeting
Elders Bldg Stroud

November 13
Elders Advisory
Committee Meeting
Stroud
10:00 Potluck

December 7
Sac and Fox Elders
Annual Winter Dance
Community Building

December 11
Sac and Fox Elders
Christmas Dinner
Multi-Purpose
Shawnee
11:30 - 3pm

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

Mailing address:

Sac and Fox Nation
Administration Building
920883 S Hwy 99 Bldg A
Stroud, OK 74079
Phone: 918-968-3526
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The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the December issue is Wednesday, November 20, 2013 at 4:30 p.m. Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail: newspaper@sacandfoxnation-nsn.gov.

Address corrections & changes are accepted by The Business Committee at the address listed below.

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Visit us on the web @
sacandfoxnation.com
click news

Obituaries

Kenneth Snake

Kenneth Snake, resident of Ponca City, passed away Tuesday, Sept. 24, 2013. He was 67 years of age. He was a member of the Sac and Fox Nation and had the Indian name of Tay'nu'-gah-shay. He was also a member of the Ponca Nation Indian Tribe.

Kenneth was born July 1, 1946 at White Eagle, the son of Andrew Snake Sr. and Pauline McClellan Snake. He was a graduate of Fort Sill Indian School and attended Okmulgee Vo-Tech. Kenneth had worked at one time as a parts man with Chick Norton Buick of Tulsa. His enjoyments were attending pow-wows, selling Indian arts and crafts and going to casinos.

He is survived by his two sons, Kendall Snake of Pawnee, and Michael Snake of Muskogee; one brother, Sammy Snake of Tulsa; one adopted brother, Tyrone Poore; one grandchild, Kendall Dale Snake; a great-nephew, Derek Whitehorn; and other extended family. He was preceded in death by his parents; one sister, Celeste Snake; one brother, Andrew Snake Jr.; and two half-brothers, Moran Bible Sr. and Kenneth McClellan.

A prayer service was held at 7 p.m. Thursday, Sept. 26, at the Ponca Indian Methodist Church. A noon meal was served Friday, Sept. 27, at the church with funeral services following at 2 p.m. Bro. Jimmy White was the presiding minister. Burial followed in the Ponca Tribal Cemetery under the direction of Grace Memorial Chapel.

Casket bearers were Kendall Snake, Michael Snake, Joseph Pratt, Houston Primeaux III, Gabriel Rhodd and Garren Primeaux. Honorary casket bearers were Sammy Snake, Tyrone Poore, Dean Russell, Johnny Poore, Hayley Tah, Kendall Dale Snake and Sandra Howell.



Kenneth Snake

NOTICE NOTICE NOTICE
RAP COUNCIL WILL BE November 16, 2013
10:00 A.M.
SAC AND FOX GYMNASIUM

PLEASE NOTIFY



Secretary Mary F. McCormick
Of Any Change In Your Address

This is the **ONLY CONTACT**
we have with you



3rd Annual All Indian
JOSH WILLIAMSON MEMORIAL
Men's Basketball Tournament

MVP & TOP GUN AWARDS



1st-Jackets
2nd-Hoodies
3rd-Tshirts

November 23, 2013
STROUD 66 COLLISIUM
Stroud, Oklahoma

Robert Williamson (918) 290-0554
sankdaddy@yahoo.com
Mason Williamson (918) 290-0625
mason.williamson@sacandfoxnation-nsn.gov
R.Sam Spang (405) 650-0129
rspang@sacandfoxnation-nsn.gov

\$150.00 entry fee
(no refund)
10 man roster
Double elimination

Not responsible for thefts or accidents

Play About Jim Thorpe Case

From Page 1

and cultural property rights, Native arts, and works to eradicate sports teams' use of Native names and images as mascots.

She is also a writer, poet, and columnist for Indian Country Today. In 2004 she stated in her online post in an article titled *Stealing Bodies, Stealing History*, "The main policy achievement of the repatriation laws is the recognition that Native Americans are human beings and no longer archaeological resources."

Nagle is an attorney as well as a playwright. She worked on the Baby Veronica case and wrote a play about the Violence Against Women Act which was presented at the 2013 National Congress of American Indians in Tulsa. She has written many plays and won recognition as a playwright. One play in particular is *Waaxe's Law* about the trial of Chief Standing Bear of the Ponca Tribe, for whom she is now an honorary tribal member. *Waaxe's Law* has been performed at the

Smithsonian National Museum of the American Indian, United States District Court in Nebraska, Creighton Law School in Omaha, the annual Chief Standing Bear celebration in Lincoln, the Great Plains Theater Conference, and the Ponca Pow Wow.

She saw a similarity between the case of Chief Standing Bear, who went to court for the right to be recognized as a human being and to bury his son in his homelands, and that of Jim Thorpe, whose sons fight to bury their father in tribal ground.

The theater made a good venue for telling this story. "I have a strong background in theater," said Harjo, "and Mary as been writing and staging plays recently. It was a natural."

Nagle said, "It was Suzan's idea to shape this story into a play, and to me it immediately made sense. Suzan has been using theater for social change for decades, and I think it is one of the more powerful tools we have for making sure Native voices

are heard in this country."

She commented through plays and performances by Native people about Native issues, Native people can "take back the storytelling tradition. Whatever this play becomes, we want it to be a tool to educate the American public."

Included in the story of the Jim Thorpe case is the removal of his body during his traditional funeral ceremonies, a story little known until the case went to court.

"The lawsuit was how I first heard about this story. I could NOT believe I had never heard this story before," said Nagle. "But then again, I could believe it. So many of our stories have been silenced-- but this one is important. Very important."

"The more I learn, the more disgusted and appalled I become about the lack of respect for Jim Thorpe, his extended family and tribal traditions," said Harjo. "The basic lack of respect and decency on the part of the town is stunning."

They hope the play will teach "something about respect and that Jim Thorpe and his people have a humanity the townsfolk seem to have missed thus far," Harjo said.

Nagle commented, "I think Jack Thorpe said it best when he said: 'Some things are not for sale.' Everywhere you look in the United States now, you see examples of non-Natives thinking they can 'buy' Native identity, land, culture, and even our bodies. I hope this play will help educate the American public that Native identity, lands, cul-

ture, and bodies are 'not for sale.'"

In the Sauk tradition, telling a story has kept alive the tribal identity and customs. From the sacred stories that could be told only by certain persons and only in winter to the stories told by mothers to their children, stories kept a culture alive.

Attorneys, activists, playwrights, journalists, lecturers, tribal leaders, and tribal representatives are the modern day storytellers. The nucleus of the story about the Jim Thorpe case is that his sons want to honor their father's wishes for a Sac and Fox funeral and burial, but the story being revealed is one that contributes to the larger stories that become the foundations of the laws that recognize tribes' rights to think for themselves.

"I am glad to have a part in educating more people about this terrible situation," said Harjo. "I hope that, once edified, the fair-minded people will join in the effort for the outcome we all desire."

Nagle said, "No tribe should have to sue to have one of its members returned to its cemetery, nor should sons have to ask that a court return the body of their father so he can be buried with their family. I really admire Chief Jack Thorpe and his brothers Richard and Bill-- as well as all of the members of the Sac and Fox Nation who have supported this lawsuit. Bringing a lawsuit like this is a very difficult and challenging task, but by doing so, you all are securing the rights of all Native Americans in the United States."

Chief's Address to the Nation

From Page 1

believe that NCAI is in a unique position to address the United States Court of Appeals for the Third Circuit on the positions the Nation has taken in the case, and that it's filing an amicus brief would be extremely helpful. Thank you for your consideration.

Sincerely

George Thurman,
Principal Chief
Sac and Fox Nation

GT/
cc:

Matthew Campbell,
Staff Attorney,
Native American Rights Fund
Sandra Kaye Massey, Director, Historic Preservation Department, Sac and Fox Nation
Stephen R. Ward, Esq.

Steve Ward commented, "The Sac and Fox Nation is to be congratulated for sponsoring this litigation, which not only is the right thing to do but which is also making a contribution to the law under NAGPRA on the benefit of all Indian people and tribes. The Nation's NAGPRA program is a leader nationally in an area that is very important to tribes and American Indians. I would like to thank Bill and Richard Thorpe and Sandra Massey for their dedication to this case and for their hard work. They have been actively involved and have assisted us at every step, and this has made a difference and it has helped make this ruling possible."

Our Business Committee has been interviewing for the new position(s) of Chief Financial Officer and Economic Development Director and I will have some news on these positions in next month's article. The Policy Analyst position is being advertised at this time and I believe that we will have this position filled soon.

State News

Negotiations on our Tobacco Compact with the State of Oklahoma.

We have received good news regarding the Tobacco Compact. The state has accepted nearly all the changes that Nation has requested. The Governor's office has requested a few final changes which are outlined below:

(1) The Effective Date in both the Introduction and Paragraph 23 have been changed to January 1 (they originally had September and the Nation requested March)—for ease of administration, the State strongly prefers everything to run on a calendar year; in considering this request, the Business Committee has considered the following factors:

a. We did get the language that allows the Retailers to sell all inventory in their possession when the new Compact takes effect to lessen the impact on them and protect them during the early transition months.

b. The Nation has an economic incentive to implement new Compact—the Nation actually negotiated the state into a lesser percentage than the current State tax burden for the first 4 years. The current State tax burden on tobacco within the Nation is about 50% of the State tax rate. Under the proposal we have negotiated, the State's burden will go to 35% for the first 2 years and 45% for years 3 and 4 and then return to 50% for remainder of the time. The Nation is free to use this

difference as the Nation sees fit.

The Governor's office informed our attorney, John Williams, that no Tribe requested as many changes as the Nation, but also that they were very impressed by the thoughtfulness of the Nation's comments and were actually very much in favor of several of the concepts the Nation put forward.

National News

National Congress of American Indians (NCAI) 70th Annual Convention and Marketplace.

The National Congress of American Indians (NCAI) held its 70th Annual Convention and Marketplace in Tulsa, OK on October 13-18.

This was an election year for NCAI. The entire NCAI membership elects the Executive Committee: the President, First Vice President, Recording Secretary, and Treasurer. Each respective region elects the twelve Regional Vice Presidents. Each officer is a member of the NCAI board and serves a two-year term to begin Friday, October 18, 2013.

President: Brian Cladoosby, Chairman, Swinomish Indian Tribal Community

First Vice President: Michael Finley, Chairman, Colville Tribes

Recording Secretary: Robert Shepard, Sisseton Wahpeton Oyate

Treasurer: Dennis Welsh, Jr., Tribal Council Member, Colorado River Indian Tribes

Southern Plains Area Vice-President: Steven Smith, Kiowa Committeeman

Alternate: Elaine Huch, Kaw Tribal Council Secretary

Two-term President Jefferson Keel stepped down Friday, October 18th. President Keel honored NCAI with his leadership, elevated the role of the organization, and served tribal nations well. He remains a valued and respected leader within NCAI and throughout Indian Country.

Our Sac & Fox Nation was well represented throughout the event by Second Chief Orvena Gregory, Treasurer Jared King, and Committeemember Stella Nulake, the Juvenile Detention Center, who had a booth, as well as the tribal members who participated in Cultural Night: Singers Forrest Walker, Jeff Wilson, J. Paul Wilson, Mason Williamson, Joshua Williamson, Robert Williamson, and R. Sam Spang; Men dancers performing the Pipe dance: Russell Saunders and Bryce Bailey; Women dancers performing the Swan dance: Meagan Lucero, Sac and Fox Nation Tribal Princess, Regan Hill, Sac and Fox Honor Guard Princess, Muriel Patterson, Linda Standing, Cheryl McClellan, Ursula Hill, and Shayla Miller. Tribal member Jerri McClellan organized our participation.

Short Takes

* Revenue Allocation Plan (RAP) Council has been scheduled for November 16th at 10:00 a.m. in the Youth Activity Center (Gymnasium).

* I will be traveling to Washington D.C. to attend the 2013 White House Tribal Nations Conference in November.

I thank you again for allowing me the privilege of serving as Chief of our great Sac and Fox Nation. May God Bless.

Sincerely,

George Thurman, Principal Chief

NOTICE

Merle Boyd Center Exercise Facility

Will be Open

Mondays Thru Thursdays Until 6:00 p.m.

Must have referral from

Black Hawk Health Center to use exercise room

Beginning level Sauk language classes
will begin November 4th

Classes will be on Mondays and Wednesdays
4:45 - 6:00 in the classroom
at the Cultural Center.

Potluck or refreshments

Hope to see you there!

Sac and Fox Elders Advisory Committee

Annual Winter Dance

&

Big Ticket Raffle

Saturday, December 7, 2013

Sac & Fox Reservation

5.5 miles south of Stroud

2:00 p.m. till ????

Head Staff

Head Gourd Dancer	Greg Morris
Head Man Dancer	Henry Hunter
Head Lady Dancer	Dorothy "Dottie" Tigere
Head Singer	Scott George
MC	Francis Grant

Raffle Items

Work Chair	\$50 Gift Card	\$100 CASH
\$25 Cash	\$25 Cash	Hot Plate
Electric Grill	\$25 Cash	\$50 CASH
\$50 Cash	Ceramic Bowl	Rod & Reel
\$25 Cash	\$25 CASH	Large Pottery
Pendleton	Beverage Disp.	\$50 Cash
\$100 CASH	Camp Set	Canister Set
\$50 Cash	70" Vizio Flat Screen TV	

Not Responsible for Theft or Accident



SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.

November 2013 Word Scramble

Pwhôeînity!incêh _____

emt aen!oda C _____

wpî!hehenîKatin _____

tst la'eLe _____

whtaihinttîwi hâeTka?êtp _____

utea gn hteDsesl hi?v ooa _____

cNheoepîkh. _____

m l.ufîl' _____

emNonâttha.ekho _____

h. tm enIocē vutao'e _____

khw!cinâpPehyîomêi _____

ua nCastmo i tnw oheid! n e _____

aêNh! _____

ed? 'a oetLsygR! _____

iikNaîkwhaâ.hskh _____

tl'ly iul b. _____

mAhâkmatk.awioi _____

eei'xot t vs.sîpneo _____

kwen.wakioiMma _____

ci tsda g/eiro.rI'af po _____

Nwtpâêatiaw.a _____

ols e tlf.ra's _____

November 2013 Word List

Pakamêha
Striking Moon

Pyêchiwîtheninô!	Come and eat!
Kîhwîthenipena!	Let's eat!
Têpitathwi thîwehtâkani?	Does it have enough salt?
Nekîhpoche.	I'm full.
Netathâmehkono.	I've eaten too much.
Pyêchiwîhpominâke!	Come on in and eat with us!
Nahê!	Ready? Let's go!
Nîhkashkihâwaki.	I'll buy it.
Athâmakimowaki.	It's too expensive.
Menwakimowaki.	It's a fair/good price.
Natawatâwêpi.	It's for sale.



November 2013 Word Match

Pyêchiwîtheninô!	Does it have enough salt?
Kîhwîthenipena!	It's for sale.
Têpitathwi thîwehtâkani?	Come and eat!
Nekîhpoche.	It's a fair/good price.
Netathâmehkono.	Let's eat!
Pyêchiwîhpominâke!	I'm full.
Nahê!	Ready? Let's go!
Nîhkashkihâwaki.	Come on in and eat with us!
Athâmakimowaki.	I'll buy it.
Menwakimowaki.	It's too expensive.
Natawatâwêpi.	I've eaten too much.

Sauk Language Classes
Beginning Level

NOVEMBER 4, 2013



Mondays and Wednesdays 4:45-6:00
Sac and Fox Cultural Center

Potluck and refreshments are welcome

For more information, please call Katie Grant
919-968-0070

SAUK LANGUAGE DEPARTMENT NEWS

November 2013

SAUK LANGUAGE CLASSES ARE ABOUT TO BEGIN IN STROUD!
NOVEMBER 4, 2013
MONDAYS & WEDNESDAYS 4:45-6:00
Sac and Fox Cultural Center
Potluck and refreshments are welcome
For more information, please call Katie Grant
919-968-0070

JUST IN!!!
THE 2013 SAC AND FOX NATION POW-WOW
TRADITIONAL NIGHT DVD IS HERE!!

Call or come by the Language Department to pick up your copy.
918-968-0070
language@sacandfoxnation-nsn.gov



Have a Happy and Safe Thanksgiving

Interview with Elvis Ellis Sac and Fox Nation Veteran

In honor of our Sac and Fox Veterans, Commander Norwood Masquat has been featuring different ones throughout the past few months. Elvis Ellis recently visited the Sac and Fox News and set down and shared some of his experiences while serving this great country.

"I joined the army to get money to buy school clothes," Elvis Ellis said in a recent interview. "All I wanted was some money to buy some school clothes, so I enlisted. Shortly thereafter, Truman mobilized the 40th and 45th divisions to go to Korea.

"I was off to Fort Polk, Louisiana for training and then to Hokkaido, Japan for AOJ training. After spending four years in Japan, my tour of duty was over and I was sent home with the men coming back from Korea, to get our discharges at Fort Sill.

"With work being scarce back in the states, I re-enlisted and ended up at Vance Air Force Base in Enid, Oklahoma, as an assistant Crew Chief on the T-6's. During my time as an Airman at Vance, I trained for twelve weeks at Cheyenne, Wyoming for NCO Supply School Special Projects. I also attended Fuel Accounting School at Harrisburg, Pennsylvania for three months.

"After training in Fuel Accounting, I was sent to San Pablo, Spain for three years and three months. After Spain, I volunteered for Laughlin Air Base in Del Rio, Texas to work with the U2's.

"Other places that I was sent were Australia, Fiji, Hawaii, Alaska, Panama Canal and the Philippines. During this time I was the NCIC boss on spy planes. A lot of the supplies I dealt with were guarded as top secrets and we had to take an oath not to talk about it to anyone.

"After finishing up in the Philippines, I went back to Del Rio, Texas and from there to Tucson, Arizona at David Mountain to work with the Titan missiles. Before volunteering to go to Viet Nam, I went to Vandenberg to fire the first Titan missile.

"While at Korat Air Base in Thailand, I worked in supply with the aircraft 'Thunderchiefs' for one year.

"I finished up my enlisted time at Altus Air Force Base with the 4th MOB (a communication group). While there we trained in escape and evasion for two weeks in the Wichita Mountains. The training took place at a location dubbed as Parachute City, which was very cold in the winter."

Elvis shared some memorable experiences that he had during his time in the service. He said some of the scariest times were on three occasions which they lost engines on planes.

Once they lost an engine in flight and had to land on Johnson Island. The island was so small that the landing strip went from water to water and once they touched down, the remaining engine had to be reversed so they wouldn't end up in the ocean.

On another occasion while landing in Australia the engine blew up on the runway.

"We saw so many awesome places it's hard to name them all. Once while on R & R at Bangkok, we went up the river and saw Tower Dawn and the floating markets. The Thai shows at night, with their sword fights and dancing were really interesting.

"I enjoyed the shows in Timland also. Timland was kind of like a zoo; all the houses were built above the water, with crocodiles and king cobras in 15 foot pits.

"Fiji was a beautiful places; tropical, with all kinds of fruit everywhere. Fiji was a stopping point on the way to New Zealand. The thing that impressed me was how friendly the people were.

"I recall when in Tansierra, Spain, we had our own taxi for two days for only eight dollars and one of the fanciest hotels in the country for twelve dollars a night!

"From seeing bear, moose and the North Lights in Alaska, to North Tangera



Landing in North Island Hokkaido, Japan 1951 (Photos provided by Elvis Ellis)

Africa, all across Australia to the bull fights in Spain, it was an amazing journey.

"Little did I know that a quest to get some school clothes would send me on

one of life's greatest adventures, across many seas to stop foot on some of the most interesting and awesome places on earth!"



November 2013 Wordsearch

Pakameha (Striking Moon) Use all of the words in November 2013 Word List

?	â	t	n	!	k	!	ê	.	h	a	o	n	l	î	i	w	c	m
t	t	â	i	.	e	e	t	i	n	a	a	.	'	t	ê	t	o	v
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.	p	y	ê	c	h	i	w	î	h	p	o	m	i	n	â	k	e	!
t	y	h	a	f	o	'	i	h	y	r	s	e	î	t	s	m	o	'
e	o	a	î	â	a	v	m	!	o	!	v	v	o	s	y	a	n	w
.	o	n	o	k	h	e	m	â	h	t	a	t	e	n	a	a	i	o
.	e	v	i	s	n	e	p	x	e	o	o	t	s	'	t	i	n	n
e	u	e	.	i	k	a	w	o	m	i	k	a	m	â	h	t	a	!
c	a	e	d	i	u	t	i	i	i	i	a	a	â	k	h	t	n	e
i	s	n	c	o	m	e	a	n	d	e	a	t	!	i	a	s	d	i
r	!	k	h	n	h	n	l	n	h	i	o	f	o	w	i	!	e	t
p	?	l	s	î	i	t	'	s	f	o	r	s	a	l	e	.	a	k
d	â	ê	h	h	r	o	ê	!	!	l	e	t	'	s	e	a	t	!
o	t	w	h	k	r	o	!	k	ê	?	â	n	t	?	a	h	w	a
o	i	ê	a	a	!	m	'	k	!	w	n	h	b	i	o	o	i	e
g	d	!	c	s	p	u	a	n	ê	n	e	c	n	n	k	a	t	i
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f	c	â	o	â	s	î	v	'	a	t	w	h	l	h	f	h	o	e
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e	c	i	n	!	h	e	a	s	i	w	i	m	!	a	â	k	a	t
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â	e	e	.	y	i	a	a	k	i	i	d	h	e	i	m	e	r	n
a	h	.	o	h	s	!	d	c	y	h	b	!	c	p	?	a	o	t
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.	i	k	a	w	o	m	i	k	a	w	n	e	m	t	y	n	k	p

From The Merle Boyd Center

Here is a Reason To Come Exercise!

by Anthony Ramirez

Exercise Spcialist MBC



Anthony Ramirez

Beginning this month in the Merle W. Boyd Center exercise room, come in and exercise three times a week and receive a duffel bag.

Work out beginning Monday, November 9 through Friday, December 20, three times a week for a half an hour each workout, and you will earn yourself a durable gym bag to hopefully be used for your future visits back to the exercise room here!

If you have any questions please contact:

Anthony.Ramirez@ihs.gov or 918-968-9531 ext 3039

Healthy Eating, Being Active

Lifestyle Balance Program

The Diabetes Prevention Program created the Lifestyle Balance curriculum to help prevent diabetes among those who are at high risk. The program meets once a week for sixteen weeks and focuses on weight loss, healthy eating, and staying active.

Sac and Fox Nation Special Diabetes Program

Brittany Crawford, RD/LD
Phone: 918-968-9531
E-mail: brittany.crawford@ihs.gov

Tentative meeting times will be Mondays at noon at the Merle W Boyd Center starting in October.

There will be ten spots available, please contact Brittany Crawford by September 30, 2013 if interested in participating.



Don't Forget The November Cooking Classes

November 12

12:00 - 1:00

November 14

11:00-12:00



Brittany Crawford, Registered Dietitian MBC

Brown Family Reunion

Calling all heirs and descendants of Fryor and Margaret Brown! We will be having our 2014 family reunion June 6-8, 2014 at Stroud Lake.

If interested in attending, helping out and for more info, please call:

Glenda (Brown) Fuller @ 405 962-5732,

Ronnie Lauderdale @ 405 765-2700,

Twiggy (Wilson) Gregory, John Soap Jr. @ 405-585-9268,

Sissy Franklin @405 567-9254 and Margaret Franklin @ 405 481-5820

Thanks!

Myths Versus Facts About Diabetes

Submitted by LaDona Johnson, CHR Coordinator



a healthy meal plan, but portion size is the key. Whole grain breads, cereals, pasta, rice and starchy vegetables like potatoes, yams, peas and corn can be included in your meals and snacks. Wondering how much carbohydrate you can have? A place to start is about 45-60 grams of carbohydrate per meal, or 3-4 servings of carbohydrate-containing foods. However, you may need more or less carbohydrate at meals depending on how you manage your diabetes. You and your health care team can figure out the right amount for you. Once you know how much carb to eat at a meal, choose your food and the portion size to match.

Myth: People with diabetes can't eat sweets or chocolate

Fact: If eaten as part of a healthy meal plan, or combined with exercise, sweets and desserts can be eaten by people with diabetes. They are no more "off limits" to people with diabetes than they are to people without diabetes. The key to sweets is to have a very small portion and save them to special occasions so you focus your meal on more healthful foods.

Myth: You can catch diabetes from someone else

Fact: No. Although we don't know exactly why some people develop diabetes, we know diabetes is not contagious. It can't be caught like a cold or flu. There seems to be some genetic link in diabetes, particularly type 2 diabetes. Lifestyle factors also play a part.

Myth: People with diabetes are more likely to get colds and other illnesses

Fact: You are no more likely to get a cold or another illness if you have diabetes. However, people with diabetes are advised to get flu shots. This is because any illness can make diabetes more difficult to control, and people with diabetes who do get the flu are more likely than others to go on to develop serious complications.

Myth: If you have type 2 diabetes and your doctor says you need to start using insulin, it means you're failing to take care of your diabetes properly

Fact: For most people, type 2 diabetes is a progressive disease. When first diagnosed, many people with type 2 diabetes can keep their blood glucose at a healthy level with oral medications. But over time, the body gradually produces less and less of its own insulin, and eventually oral medications may not be enough to keep blood glucose levels normal. Using insulin to get blood glucose levels to a healthy level is a good thing, not a bad one.

Myth: Fruit is a healthy food. Therefore, it is ok to eat as much of it as you wish

Fact: Fruit is a healthy food. It contains fiber and lots of vitamins and minerals. Because fruits contain carbohydrates, they need to be included in your meal plan. Talk your dietitian about the amount, frequency and types of fruits you should eat.

Get the facts about diabetes and learn how you can stop diabetes myths and misconceptions.

Information from American Diabetes Association

Well fall is here and it seems to just get better and better! I just love this time of year!

The leaves are just gorgeous with all the different colors; the Creator seems to have the artist palette out and changing the colors each and every day.

Since this is National Diabetes Month, I thought we'd better devote this article to this disease. I also thought instead of a lot of stats, we would go with Myths and Facts about diabetes.

There are many myths about diabetes that make it difficult for people to believe some of the hard facts—such as diabetes is a serious and potentially deadly disease. These myths can create a picture of diabetes that is not accurate and full of stereotypes and stigma.

Here are a few myths and facts:

Myth: Diabetes is not that serious of a disease

Fact: If you manage your diabetes properly, you can prevent or delay diabetes complications. However, diabetes causes more deaths a year than breast cancer and AIDS combined. Two out of three people with diabetes die from heart disease or stroke.

Myth: If you are overweight or obese, you will eventually develop type 2 diabetes

Fact: Being overweight is a risk factor for developing this disease, but other risk factors such as family history, ethnicity and age also play a role. Unfortunately, too many people disregard the other risk factors for diabetes and think that weight is the only risk factor for type 2 diabetes. Most overweight people never develop type 2 diabetes, and many people with type 2 diabetes are at a normal weight or only moderately overweight.

Myth: Eating too much sugar causes diabetes

Fact: The answer is not so simple. Type 1 diabetes is caused by genetics and unknown factors that trigger the onset of the disease; type 2 diabetes is caused by genetics and lifestyle factors. Being overweight does increase your risk for developing type 2 diabetes, and a diet high in calories from any source contributes to weight gain. Research has shown that drinking sugary drinks is linked to type 2 diabetes.

Myth: People with diabetes should eat special diabetic foods

Fact: A healthy meal plan for people with diabetes is generally the same as a healthy diet for anyone-low in fat (especially saturated and trans fat), moderate in salt and sugar, with meals based on whole grain foods, vegetables and fruit. Diabetic and "dietetic" food generally offer no special benefit. Most of them still raise blood glucose levels, are usually more expensive and can also have a laxative effect if they contain sugar alcohols.

Myth: If you have diabetes, you should only eat small amounts of starchy foods, such as bread, potatoes and pasta

Fact: Starchy foods can be part of

3 STEPS To HEALTHY EATING

You can help your family members eat healthy by taking these 3 steps:

1. Use smaller plates.
2. Divide the plates into 4 equal portions of vegetables, fruits, grains, and meats/poultry/fish.
3. Watch portion sizes by stacking food no higher than 1 to 1½ inches.

To print out *My Native Plate* placemats showing these steps, go to:

www.diabetes.ihs.gov.

Click on *Printable Materials*, *Nutrition*, then *My Native Plate*.



Produced by IHS Division of Diabetes Treatment and Prevention, www.diabetes.ihs.gov

November 2013 Black Hawk Health Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Warm up for winter!
4 11:15 - Lunch Tone 12:15 -exercise dvd Beginner's weight training class 4:45	5 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	6 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	7 Closed 12-4:30 for In-service Training 4:45 Cardio/core training	8 Come exercise
11 CLOSED FOR VETERAN'S DAY	12 11:15 - YOGA 12:15 - CIRCUIT TRAIN 12-1 Cooking Demonstration 4:45 Low impact aerobics	13 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	14 11:15 - YOGA 12:15 - CIRCUIT TRAIN 11-12 Cooking Demonstration 4:45 Cardio/core training	15 enjoy your lunch and exercise
18 11:15 - Lunch Tone 12:15 -exercise dvd Beginner's weight training class 4:45	19 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	20 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	21 Closed 12-4:30 for In-service Training 4:45 Cardio/core training	22 Lunch Dance Pick a game on the Kinect
25 11:15 - Lunch Tone 12:15 -exercise dvd Beginner's weight training class 4:45	26 11:15 - YOGA 12:15 - CIRCUIT TRAIN 4:45 Low impact aerobics	27 11:15 - Lunch Tone 12:15 -exercise dvd 4:45 Circuit training	28 Closed for Thanksgiving	29 Closed for Thanksgiving
<p>11:15 and 12:15 Lunch classes Monday - Thursday 4:45-6 P.M. after work classes. Class vote toning/weight training, low impact aerobics, core/cardio training MONDAY thru Thursday OPEN TIL 6 PM!!</p>				

Business Committee Meeting Minutes

Regular Business Committee Meeting Mini-Minutes September 26, 2013

Please be advised that the following official actions were taken by the Business Committee in a Regular Meeting held on the 26th day of September 2013 and they are to be followed up by the appropriate department/personnel:

(1) Special Business Committee Meeting Minutes August 30, 2013

Committee Member Nullake made a motion to accept the August 30, 2013 Special Business Committee Meeting Minutes with corrections. Second Chief Gregory seconded.

VOTE: Orvena Gregory - Yes, Mary F. McCormick - No, Jared A. King - Yes, Stella Nullake - Yes, and George Thurman - Yes. Motion carried.

(2) Special Business Committee Meeting Minutes September 13, 2013

Second Chief Gregory made a motion to approve the Special Business Committee Meeting Minutes dated September 13, 2013 with corrections. Treasurer King seconded.

VOTE: Mary F. McCormick - Abstain, Jared A. King - Yes, Stella Nullake - Abstain, George Thurman - Yes, and Orvena Gregory - Yes. Motion carried.

(3) Amendment No.4 To Professional Services Agreement

Committee Member Nullake made a motion to approve Amendment No. 4 To Professional Services Agreement per Contract #2012-08-07d with Carol Watkins, Title IV E Consultant. Second Chief Gregory seconded.

VOTE: Jared A. King - Yes, Stella Nullake - Yes, George Thurman - Yes, Orvena Gregory - Yes, and Mary F. McCormick - Abstain. Motion carried.

(4) Rodeo Grounds Form

Committee Member Nullake made a motion to approve the Sac and Fox Nation Form for Use of the Rodeo Grounds with corrections. Second Chief Gregory seconded.

Committee Member Nullake withdrew her motion. Second Chief Gregory withdrew her Second.

TABLED this item to be worked on and brought back to the next meeting.

(5) RESOLUTION SF-13-248, Authorizing and Approving an Agreement between the Sac and Fox Nation Black Hawk Health Center and Custom Dental of Sapulpa Principal Chief Thurman asked, "Do we have a motion on the floor?"

Secretary McCormick said, "I would so move". Committee Member Nullake seconded.

VOTE: George Thurman - Yes, Orvena Gregory- Yes, Mary F. McCormick- Yes, Jared A. King-Yes, and Stella Nullake-Yes. Motion carried.

(6) RESOLUTIONS F-13-249, Authorizing and Approving the Agreement between the Sac and Fox Nation and Windstream Communications (for USDA food distribution program) Secretary McCormick said, Let's move approval of it Chief.

Secretary McCormick said, "I would so move". Committee Member Nullake seconded so moved.

VOTE: Orvena Gregory - Yes, Mary F. McCormick- Yes, Jared A. King -Yes, Stella Nullake- Yes, and George Thurman-Yes. Motion carried.

(7) Consent for One Time Use Permit Secretary McCormick said, "I would so move approval". Committee Member Nullake seconded.

VOTE: Mary F. McCormick - Yes, Jared A. King- Abstain, Stella Nullake - Yes, George Thurman - Yes, and Orvena Gregory - Yes. Motion carried.

(8) 2013-2014 Insurance Proposal Secretary McCormick said, "I would so move, Chief, including property coverage". Committee Member Nullake seconded.

VOTE: Mary F. McCormick- Yes,

Jared A. King - Yes, Stella Nullake - Yes, and George Thurman - Yes, and Orvena Gregory -Yes. Motion carried.

(9) 2013-2014 Tribal Hunting Regulations for Approval

Committee Member made a motion to approve the 2013 Hunting Regulations as presented by the Realty Directors memo dated September 9, 2013, for (Archery) DEER SEASON ONLY October 1, 2013 thru January 15, 2014. Second Chief Gregory seconded.

VOTE: Jared A. King- Yes, Stella Nullake- Yes, George Thurman - Yes, Orvena Gregory- Yes, and Mary F. McCormick - Yes. Motion carried.

(10) Services Agreement for Jeffrey Stephen Yanchick with Sac and Fox Nation Black Hawk Health Center Pharmacy (Renewal #2010-07-21b) (#2010-07-21c)

Secretary McCormick said I so move approval. Committee Member Nullake seconded.

VOTE: Stella Nullake - Yes, George Thurman - Yes, Orvena Gregory - Yes, Mary F. McCormick- Yes, and Jared A. King -Yes. Motion carried.

(11) Services Agreement for R.Ph.S., Inc. With the Sac and Fox Nation Black Hawk Health Center Pharmacy (Renewal/ #2009-08-10c (#2009-08-10d)

Secretary McCormick said, I so move. Committee Member Nullake seconded.

VOTE: George Thurman - Yes, Orvena Gregory- Yes, Mary F. McCormick- Yes, Jared A. King -Yes, and Stella Nullake - Yes. Motion carried.

(12) Approval of the Workers Compensation Proposal

Secretary McCormick said, I so move. Committee Member Nullake seconded.

VOTE: Orvena Gregory - Yes, Mary F. McCormick - Yes, Jared A. King - Yes, Stella Nullake - Yes, and George Thurman - Yes. Motion carried.

(13) RESOLUTION SF-13-250, Adding Fifteen (15) People to the Membership of the Sac and Fox Nation Principal Chief Thurman said, I'll entertain a motion to add fifteen (15) people by resolution.

Secretary McCormick asked, May I read the names Chief? Answer, Yes, that's how we always do it.

The fifteen (15) people seeking enrollment is: Angelina Leona Alarcon, Kylee Ann Brown, Rylee Ann Domney, Arabella Raven Eidson, Aria Lynn Renee Gonzales, Hazel Lauryn Grant, Madelyn Lily McEntire, Lexie Lynne Mead, Charlie Deann Milligan, Stephanie Lynn Misner, Lory Faith Moore, Stella Phenie Marie Rueben, Jeffrey Troy Walker, Jr., Addalyn Grace Walker-Olivares, and Samuel John Wilson.

Principal Chief Thurman said, that's by Resolution SF-13-250.

Principal Chief Thurman said, we need a "who so moved".

Committee Member Nullake said, "So moved". Second Chief Gregory seconded.

VOTE: Marry F. McCormick - Yes, Jared A. King - Yes, Stella Nullake - Yes, and George Thurman - Yes, and Orvena Gregory - Yes. Motion carried.

Dual Enrollment

Gwen McCormick said, I guess I'll have to ask that those be struck from the agenda at this time. I don't have all the letters and resolutions ready.

Discussion was regarding two (2) tribal members who need to be removed from the Sac and Fox Nation Membership Role.

Secretary McCormick said, I will be, as Secretary, we're gonna put everyone on Notice Chief that Dual Enrollment is unacceptable with the Sac and Fox Nation. We're going to warn them in the paper.

A Notification to the enrolled tribal member that he will be removed

from membership will be sent by the Enrollment Clerk.

(14) Ratifying the Straw Poll, Ratification of Variance from Contingency-Emergency Assistance Program Guidelines for Assistance to an Eligible Tribal Member Treasurer King stated, Ratification of Variance from Contingency-Emergency Assistance Program Guidelines for assistance to an Eligible Tribal Member for payment to the City of Shawnee.

VOTE: Jared A. King- Yes, Stella Nullake- Yes, George Thurman- Yes, Orvena Gregory- Yes, and Mary F. McCormick- Yes. Vote carried.

(15) RESOLUTION SF-13-251, fiscal year 2014 Child Welfare Services Title IV-B, Subpart 1 Budget (NOT INDIAN Child Welfare Services)

Secretary McCormick stated, "I would so move approval". Committee Member seconded.

VOTE: Stella Nullake- Yes, George Thurman - Yes, Orvena Gregory- Yes, Mary F. McCormick- Yes, and Jared A. King- Yes. Motion carried.

(16) RESOLUTION SF-13-252, fiscal year 2014 Department of Interior Compact Indian Child Welfare Budget

Second Chief Gregory made a motion by Resolution SF-13-252, a resolution approving the fiscal year 2014 Department of Interior Compact Indian Child Welfare Budget in the total funding amount of One Hundred Twenty-Three Thousand Nine Hundred Forty-Nine Dollars (\$123,949.00). The funding source is identified as the fiscal year 2014 Department of Interior Self-Governance Compact Annual Funding Agreement with fiscal year 2013 Department of Interior Carryover Revenue. Committee Member Nullake seconded.

VOTE: Stella Nullake- Yes, George Thurman - Yes, Orvena Gregory - Yes, Mary F. McCormick- Yes, and Jared A. King - Yes. Motion carried.

(17) RESOLUTION SF-13-253, fiscal year 2014 Promoting Safe and Stable Families, Title IV-B, Subpart 2 Budget

Committee Member Nullake moved by Resolution SF-13-253, a resolution approving The Fiscal Year 2014 Promoting Safe and Stable Families, Title IV-B, Subpart 2 Budget in the total funding amount of Thirty-Seven Thousand Nine Hundred Sixty-Two Dollars (\$37,962.00), the funding source is identified as the Department of Health and Human Services Administration for Children and Families Promoting Safe and Stable Families; Grant #13PMOKFPSS. Secretary McCormick seconded.

VOTE: George Thurman- Yes, Orvena Gregory- Yes, Mary F. McCormick - Yes, Jared A. King - Yes, and Stella Nullake- Yes. Motion carried.

(18) RESOLUTION SF-13-254, fiscal year 2014 Indirect Cost Budget Principal Chief Thurman said, "I will entertain a motion on the IDC Budget". Secretary McCormick stated, "I would so move". Committee Member seconded.

VOTE: Orvena Gregory- Yes, Mary F. McCormick- Yes, Jared A. King - Yes,

Stella Nullake - No, and George Thurman - Yes. Motion carried.

(19) RESOLUTION SF-13-255, fiscal year 2014 Sac and Fox Nation Bright Path Program Budget Secretary McCormick said, "I would so move". Committee Member seconded.

VOTE: Orvena Gregory - Yes, Mary F. McCormick- Yes, Jared A. King- Yes, Stella Nullake -Yes, and George Thurman-Yes. Motion carried.

(20) RESOLUTION SF-13-256, fiscal year 2014 Department of Interior Compact Johnson O'Malley Budget

Committee Member Nullake moved by Resolution SF-13-256, a resolution approving the fiscal year 2014 Department of Interior Compact Johnson O'Malley Budget in the total funding amount of One Hundred Fourteen Thousand Dollars (\$114,000.00). The funding source is identified as the Fiscal year 2014 Department of Interior Self Governance Compact Annual Funding Agreement. Secretary McCormick seconded.

VOTE: Mary F. McCormick- Yes, Jared A. King- Yes, Stella Nullake- Yes, George Thurman - Yes, and Orvena Gregory - Yes. Motion carried.

(21) RESOLUTION SF-13-257, fiscal year 2014 Department of Interior Compact Higher Education Budget

Committee Member Nullake moved by Resolution SF-13-257, a resolution approving the Fiscal Year 2014 Department of Interior Compact Higher Education Budget in the total funding amount of Eighty-Four Thousand Five Hundred Eleven Dollars (\$84,511.00). The funding source is the 2014 Department of Interior Compact Annual Funding Agreement. Second Chief Gregory seconded.

VOTE: Jared A. King - Yes, Stella Nullake- Yes, George Thurman- Yes, Orvena Gregory- Yes, and Mary F. McCormick - Yes. Motion carried.

(22) RESOLUTION SF-13- 258, fiscal year 2014 Department of Interior Compact Carryover Education Budget

Committee Member Nullake moved by Resolution SF-13-258, a resolution approving the fiscal year 2014 Department of Interior Compact Carryover Education Budget in the total funding amount of Eighty-Seven Thousand Ninety-Six Dollars (\$87,096.00). The funding source is identified as the Department of Interior Compact previous year carryover. Second Chief Gregory seconded.

VOTE: Stella Nullake- Yes, George Thurman - Yes, Orvena Gregory- Yes, Mary F. McCormick- Yes, and Jared A. King - Yes. Motion carried.

(23) Contribution of Pendleton Blanket to the Prague Chamber of Commerce

Secretary McCormick said, "I would so move we give that". Committee Member seconded.

VOTE: George Thurman- Yes, Orvena Gregory- Yes, Mary F. McCormick - Yes, Jared A. King- Yes, and Stella Nullake-Yes. Motion carried.

The Agenda is concluded. By consensus we adjourned at 4:11p.m. MFM/bg

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, please utilize SoonerRide
SoonerRide's toll free phone number is

(877) 404-4500

Elders Health Fair and Olympics



Photos by
Harriett Nanaeto
Anthony Ramirez
Ken Johnson



Sac and Fox Nation Traditional Dance



Business Committee Meeting Minutes

Regular Business Committee Meeting Mini-Minutes
October 10, 2013

Please be advised that the following official actions were taken by the Business Committee in a Regular Meeting held on the 10th of October 2013 and they are to be followed-up by the appropriate department/personnel:

(1) Regular Business Committee Meeting Minutes from September 10, 2013

Second Chief Gregory made a motion to approve the Regular Business Committee Meeting Minutes from September 10, 2013 with corrections. Committee Member Nullake seconded.

VOTE: George Thurman - Yes, Orvena Gregory - Yes, Mary F. McCormick - Abstained, Jared A. King - Yes, and Stella Nullake - Yes. Motion carried.

(2) Recessed Regular Business Committee Meeting Minutes from September 11, 2013

Committee Member Nullake made a motion to approve the Recessed Regular Business Committee Meeting Minutes from September 11, 2013 with corrections. Second Chief Gregory seconded.

VOTE: Orvena Gregory - Yes, Mary F. McCormick - Abstained, Jared A. King - Yes, Stella Nullake - Yes, and George Thurman - Yes. Motion carried.

(3) Reconvened Regular Business Committee Meeting Minutes from September 12, 2013

Committee Member Nullake made a motion to approve the Reconvened Regular Business Committee Meeting Minutes from September 12, 2013 as presented. Second Chief Gregory seconded.

VOTE: Mary F. McCormick - Abstained, Jared A. King- Yes, Stella Nullake- Yes, George Thurman - Yes, and Orvena Gregory - Yes. Motion carried.

(4) Regular Business Committee Meeting Minutes from September 18, 2013

Secretary McCormick so moves that we approve the minutes of September 18, 2013 as submitted with the addition that we add Resolution SF-13-245 immediately after the paragraph of Resolution SF-13-244 on page 11. Committee Member Nullake seconded.

VOTE: Jared A. King - Yes, Stella Nullake - Yes, George Thurman - Yes, Orvena Gregory - Yes, and Mary F. McCormick - Abstained. Motion carried.

(5) Special Regular Business Committee Meeting Minutes on September 24, 2013

Secretary McCormick would move approval of the minutes with the two (2) corrections, changing Recessed Regular to Special Business Committee Meeting and to add, to keep an appointment after 10:43 a.m. Committee Member seconded.

VOTE: Stella Nullake - Yes, George Thurman - Yes, Orvena Gregory - Yes, Mary F. McCormick -Yes, and Jared A. King -Yes. Motion carried.

(6) RESOLUTION SF-14-08, A Resolution Approving Membership for Fiscal Year 2013-2014 to the National Congress of American Indians (NCAI)

Secretary McCormick motioned. Committee Member seconded.

VOTE: George Thurman- Yes, Orvena Gregory - Yes, Mary F. McCormick- Yes, Jared A. King-Yes, and Stella Nullake- Yes. Motion carried.

Recessed at 4:55 p.m. until October 11, 2013.

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF
WILL NOW BE AT
1st INDIAN BAPTIST CHURCH
CUSHING OKLAHOMA
1034 EAST WALNUT
ONCE A MONTH.

THE TAX COMMISSION WILL BE THERE
2nd THURSDAY OF EACH MONTH
WE WILL BE ABLE TO BETTER SERVE TRIBAL MEMBERS LIVING IN THE CUSHING AREA WITH MOTOR VEHICLE REGISTRATION AND ANY OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

HELP WANTED!

SAC & FOX NATION EMPLOYMENT OPPORTUNITES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH
THE SAC & FOX NATION:

- Chief of Staff
- Human Services Director (Stroud)
- Laboratory Manager (BHHC Stroud)
- Head Cook (Stroud)
- Compliance Officer (Gaming)
- Resident Advisor (Juvenile Detention Center/Stroud)
- Surveillance Technician (Shawnee)
- Surveillance Observer (Shawnee)
- Physician's Assistant
- Self Governance Specialist
- Administration Assistant (Language/PT)

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920883 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968- 3526

Sac and Fox Nation Veterans Organization Meeting

November 12, 2013
Elders Building Stroud
Always on the 2nd Tuesday of each month unless otherwise posted

Muscogee (Creek) Nation WIC Program Is All About

BREASTFEEDING!

For more information about breastfeeding and how to apply for WIC, please call:

1-800-648-2302 or
918-758-2722

This institution is an equal opportunity provider



SAC AND FOX NATION RAP ASSISTANCE APPLICATION

FAX: 918-968-0098
PH: 918-968-3526
EXT: 2000 & 2001
RAP Application Form#2011-01
BC Approved on 2/5/13

NAME _____ PHONE # (with area code) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

D.O.B. _____ SOCIAL SECURITY # (Last 4 digits) _____ SFN ROLL # _____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

Type of Assistance Requested (Please Check All That Apply)

<input type="checkbox"/> Tribal Energy	<input type="checkbox"/> Elders Lawn Care	<input type="checkbox"/> Dental
<input type="checkbox"/> Hardship	<input type="checkbox"/> Emergency Appliance	<input type="checkbox"/> Dentures
<input type="checkbox"/> Elders Handyman	<input type="checkbox"/> Vision	<input type="checkbox"/> Orthodontic
		<input type="checkbox"/> Hearing Aid

Please Provide the Following:

The bill you are requesting assistance with & proof of residence if the bill is not in your name.

****NOTE**** You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

DATE _____ RAP SPECIALIST _____ DATE _____

Grants to Farmers Markets Available

Farmers markets provide consumers with fresh, locally grown produce while supporting local communities. Currently, the Oklahoma Department of Agriculture, Food, and Forestry is accepting applications for grants that will assist existing farmers markets in promoting specialty crops. Market directors are encouraged to submit applications ranging from \$500 up to \$3,500. Grant applications are due on Dec. 13.

Grant funds may be used for signage, advertising, or marketing of specialty crops available at the markets. The 2014 Oklahoma Grown Farmers Market Specialty Crops Grant program has \$55,000 available. Applications must be received by Dec. 13 at 5:00 p.m.

For additional grant information and application forms contact Oklahoma Grown Program Coordinator Nathan Kirby at (405) 522-6194 or nathan.kirby@ag.ok.gov .

Sac and Fox Elders
Seeking Donations
Material of all Kinds
 Lots of Projects
 Coming Up
 Contact: Mary Brown
919-968-3526 Ext 2016



NCAI Conference: Sac and Fox Nation Princess, Meagan Lucero (Center) represented the Tribe at the NCAI Conference in Tulsa recently. Pictured with her on left is Grandmother Linda Standing and on the right, Stella Nullake, Business Committee Member. (photo by Berdina George)

Tickets On Sale Now for the Big Ticket Raffle

The Sac and Fox Nation Elders Advisory Committee are selling chances for the annual Big Ticket Raffle.

\$1.00 per chance

Need not be present to win

Contact Mary Brown, Elders Building Manager at 918-968-2583 for more information to purchase tickets, or for elders to sell chances. This year we have some great prizes:

70" Vizio Flat Screen TV Chief Joseph Pendleton Blanket Large Southwest Pottery Bowl 2- \$100 Cash 1- \$50 Gift Card 4-\$50 Cash 5-\$25 Cash Rod & Reel Queen-Size Bed Set	Electric Grill Hot Plate Ceramic Bowl Pendleton Blanket Enamel Canister Set Beverage Dispenser Camp Set and More!
--	--

Muscogee (Creek) Nation WIC Program

Stroud Clinic
 USDA Building 920883 S. HWY 99
 Open 1st and 3rd Wednesday of each Month
 Hours: 9:30am - 3:30pm
 Closed for Lunch 12:00pm - 1:00pm
 1-800-648-2302 or 918-968-1784 for information
 Closed last business day of each month for staff training.
 Standards for participation are the same regardless of age, race, sex, color, national origin or handicap.

earn **FREE** college tuition

it's Oklahoma's Promise

With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION

Apply online at www.okpromise.org or
 Contact the Oklahoma State Regents for Higher Education by e-mail at okpromise@osrhe.edu or by phone at 1-8-858-1840 (225-9152 in OKC)
 Get an application from your counselor

Happy November Birthday Elders!!

Martin Boyd Loa Rae Simoes Mary Jane Knaack Paul Joseph Della Calce Michael James Griggs Doris Irene Worthington Lana S. Grant Donna Darlene Longshore Catherine Joy Walker Archie Hector Rice Luana Zentner Jenell Ashbaugh Mary E. Abney Connie Sue Cobb Darrell Harvey Poodry Forrest Neil Walker Deborah Sue McElroy Cheryl Lee Crane Jeff Daniel Miles Jimmie Lee Garcia Corrine Tsoodle Georgia Lee Hancock Mary Georgie Rolette Betty L. Harmon John Patrick Butler Phyllis Faye Britt Paula Kaye Williams Gloria C. Bonifield Sharon Elaine Little Latricia Switch Colbert R. McClellan Mary Lee Brown Laveta Aldean Ashley Nelda Joyce Snodgrass Edward Abraham Longshore		Barbara Jean Rothrock-Williams Ruth Wright Julia L. Hanson Larry G. James Mark Everett Couteau Douglas Edward Gibbs Dale Wayne McCreless Dorothy J. Lawson Ronald Dean Brown Margaret Lucille Ward Donald Jerreth Thorpe Linda Joyce Morris Patricia Dean Janet Jeske Johnnie Mae Tallbear Ellis Gayle Rolette Lula Allen Eva-Kay Rice Beverly Sue Jackson David Eugene Phelps Karin Kae Wakolee John Jacob Allen Theodore Wendell Eubanks Delores Colbert Patricia Guinn Ponder Rosita Leah Duncan Melinda E. Redd Tommy Leon Masquat Kenneth Robert McKosato Sharon Gail Oszman David Leon Roubidoux Jim Dewitt Longshore Christine Barker Williamson Thomas Morris
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November 2013				
SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM				
STROUD WAREHOUSE (918) 968-3030 or 1-800-256-3398				
SHAWNEE OFFICE (405) 395-0063 or 1-866-622-2310				
Mon	Tue	Wed	Thu	Fri
				ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30
ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 5 8:30-2:30 WAREHOUSE 8:30-2:30	ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 7 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 8 8:30-2:30 WAREHOUSE 8:30-2:30
CLOSED FOR VETERANS DAY 11	SHAWNEE 12 8:30-2:30 WAREHOUSE 8:30-2:30	CLOSED FOR SHIPMENT AND INVENTORY 13	SHAWNEE 14 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 15 8:30-2:30 LITTLEAXE 10:00-12:00 WAREHOUSE
LATE NIGHT 18 WAREHOUSE 8:30-6:00 SHAWNEE 8:30-2:30	LATE NIGHT 19 SHAWNEE 12:00-6:00 WAREHOUSE	SHAWNEE 20 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 21 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 22 8:30-2:30 PERKINS 10:00-2:00 WAREHOUSE 8:30-2:30
SHAWNEE 25 8:30-2:30 WAREHOUSE 8:30-2:30	CLOSED FOR INVENTORY 26	CLOSED FOR INVENTORY 27	CLOSED 28	CLOSED FOR HOLIDAY 29

2013 PER CAPITA PAYMENT INFORMATION



Sac and Fox Nation Police Department Safety Tips from Tribal Police Chief, Bob Roberts

Carbon Monoxide Poisoning

- You must be enrolled by Monday, September 30, 2013 to be eligible for the 2013 per capita payment.
- The tribal membership roll will be certified by Monday, September 30, 2013.
- A complete Internal Revenue Service (IRS) form must be received by the Sac and Fox Nation Office of Enrollment before a check can be distributed.
- The Sac and Fox Nation Finance Department will mail the 2013 IRS form 1099 by Friday, January 31, 2014.
- No official date has been set at this time for disbursement of the per capita payment.
- All checks will be mailed, no exceptions.
- If Enrollment has a different mailing address for you, they will change their records to match what is listed on the W-9 form.

IRS Form W-9

It is critical that the IRS Form W-9 be completed correctly and thoroughly for each individual tribal member; not doing so could result in a delay of you receiving your per capita payment. The Office of Enrollment will verify all information including name, current mailing address and social security number. The form must be signed and dated. IRS Form W-9 can be found at <http://www.irs.gov>.

Required Legal Documents

Please ensure the Office of Enrollment has a copy of your social security card. The name and signature on the IRS Form W-9 must match the name on the social security card. If your name has changed due to marriage, divorce, adoption, etc., it is your responsibility to provide any legal documentation (including a social security card which reflects your new name) to the Office of Enrollment.

Minors

Parents or guardians are responsible for providing an IRS Form W-9 for minor children; not doing so could result in the minor's authorized amount of payment being deposited along with the remaining balance into the minor's trust fund account.

Contact information – Office of Enrollment

All completed IRS Form W-9s' must be submitted by mail or via facsimile only. For identity/security purposes, e-mailed forms will not be accepted. Contact information:

Sac and Fox Nation
Office of Enrollment
920883 S. Hwy 99, Bldg. A
Stroud, Oklahoma 74079

Direct fax: 918-968-9636

If you have any questions, please contact the Office of Enrollment staff by phone at 918-968-3526 or 800-259-3970.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives **\$600 or more in 1 calendar year** from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.

1. Have your home heating systems (including chimneys and vents) inspected and serviced annually by a trained service technician.
2. Never use portable generators inside homes or garages, even if doors and windows are open. Use generators outside only, far away from the home.
3. Never bring a charcoal grill into the house for heating or cooking. Do not barbecue in the garage.
4. Never use a gas range or oven for heating.
5. Open the fireplace damper before lighting a fire and keep it open until the ashes are cool. An open damper may help prevent build-up of poisonous gases inside the home.
6. Install battery-operated CO alarms or CO alarms with battery backup in your home outside separate sleeping areas.
7. Know the symptoms of carbon

monoxide poisoning: headache, dizziness, weakness, nausea, vomiting, sleepiness, and confusion. If you suspect CO poisoning, get outside to fresh air immediately, and then call 911.

Know the Symptoms of CO Poisoning

Because CO is odorless, colorless, and otherwise undetectable to the human senses, people may not know that they are being exposed. The initial symptoms of low to moderate CO poisoning are similar to the flu (but without the fever). High-level CO poisoning results in progressively more severe symptoms, including:

1. Mental confusion
2. Vomiting
3. Loss of Muscular coordination
4. Loss of consciousness
5. Ultimately death

Information gathered from Consumer Product Safety Commission.

Deadline For December Paper is Wednesday, November 20

Beginning level Sauk language classes will begin November 4th
Classes will be on Mondays and Wednesdays
4:45 - 6:00 in the classroom at the Cultural Center.
Potluck or refreshments
Hope to see you there!

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

<p>Form W-9 (Rev. December 2011) Department of the Treasury Internal Revenue Service</p>		<p>2013 PER CAPITA W-9 Request for Taxpayer Identification Number and Certification</p>		<p>Give Form to the requester. Do not send to the IRS.</p>
<p>Name (as shown on your income tax return) X</p>		<p>Business name/disregarded entity name, if different from above</p>		<p>ROLL # X</p>
<p>Check appropriate box for federal tax classification:</p> <p><input type="checkbox"/> Individual/sole proprietor <input type="checkbox"/> C Corporation <input type="checkbox"/> S Corporation <input type="checkbox"/> Partnership <input type="checkbox"/> Trust/estate</p> <p><input type="checkbox"/> Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶</p> <p><input type="checkbox"/> Other (see instructions) ▶</p>				
<p>Address (number, street, and apt. or suite no.) X</p> <p>City, state, and ZIP code X</p> <p>List account number(s) here (optional)</p>		<p>Requester's name and address (optional) SAC AND FOX NATION 920883 S. HIGHWAY 99 BLDG. "A" STROUD, OKLAHOMA, 74079</p>		
<p>Part I Taxpayer Identification Number (TIN)</p> <p>Enter your TIN in the appropriate box. The TIN provided must match the name given on the "Name" line to avoid backup withholding. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see <i>How to get a TIN</i> on page 3.</p> <p>Note. If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.</p>				
<p>Part II Certification</p> <p>Under penalties of perjury, I certify that:</p> <ol style="list-style-type: none"> 1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and 2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and 3. I am a U.S. citizen or other U.S. person (defined below). <p>Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 4.</p>		<p>Social security number</p> <p>X [] - [] - []</p> <p>Employer identification number</p> <p>[] - [] [] [] [] [] [] [] []</p>		
<p>Sign Here</p> <p>Signature of U.S. person ▶ X</p>		<p>Date ▶ X</p>		
<p>General Instructions</p> <p>Section references are to the Internal Revenue Code unless otherwise noted.</p> <p>Purpose of Form</p> <p>A person who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, real estate transactions, mortgage interest of debt, or contributions you made to an IRA.</p> <p>Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:</p> <ol style="list-style-type: none"> 1. Certify that the TIN you are giving is correct (or you are waiting for a number to be issued), 2. Certify that you are not subject to backup withholding, or 3. Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income. 				
<p>Note. If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.</p> <p>Definition of a U.S. person. For federal tax purposes, you are considered a U.S. person if you are:</p> <ul style="list-style-type: none"> • An individual who is a U.S. citizen or U.S. resident alien, • A partnership, corporation, company, or association created or organized in the United States or under the laws of the United States, • An estate (other than a foreign estate), or • A domestic trust (as defined in Regulations section 301.7701-7). <p>Special rules for partnerships. Partnerships that conduct a trade or business in the United States are generally required to pay a withholding tax on any foreign partners' share of income from such business. Further, in certain cases where a Form W-9 has not been received, a partnership is required to presume that a partner is a foreign person, and pay the withholding tax. Therefore, if you are a U.S. person that is a partner in a partnership conducting a trade or business in the United States, provide Form W-9 to the partnership to establish your U.S. status and avoid withholding on your share of partnership income.</p>				

Sac & Fox Nation UNITY Co-Ed Volleyball

\$75 per team • 8 man (max) roster • Double elimination

1 woman touch and over rule • Spiking allowed

NOT RESPONSIBLE FOR INJURY OR THEFT

Concession available

Saturday, November 16, 2013

Sac & Fox Nation Gym

(5.5 miles South of Stroud & North of Education Building)

Registration at 8:30 A.M. - Games start at 9:00 A.M.

For registration or more information, please contact: Joshua Williamson

Phone: 918-968-9531 Email: Joshua.Williamson@ihs.gov

SPONSORED BY THE UNITED NATIONS YOUTH COUNCIL OF THE SAC AND FOX NATION



Tribal Member, Donnie Ray Gibson, was the First Place Winner in the City of McLoud's Chili Cook-off on October 19, 2013, where he received a wall plaque. On Tuesday, October 15, 2013 he entered the Kickapoo Casino's Chili Cook-off and won 1st place. The winner of the Casino Cook-off was entered in the City of McLoud's Chili Cook-off. Congratulations Donnie Ray and your Helpers!!!!

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

The Indian Health Service, Office of Environmental Health and Engineering, offers programs to install water and sewer facilities to qualified Indian Homeowners. Funding and construction of sanitation facilities, such as wells, water service lines, septic tanks and drain fields, wastewater lagoons and sewer service lines, are available.

Minimum eligibility requirements include:

- Property must be located within the local Indian Health Service jurisdiction: The greater portion of Oklahoma County; Pottawatomie County north of the North Canadian River; Cleveland County west of the Indian Meridian; Lincoln County; Logan County, and a portion of southern Payne County.
- You must be a member of a federally recognized Indian tribe, band or group;
- If renting, you must obtain a lease agreement (minimum of five years) and a copy of the landowner's deed/title and CDIB. Property owner must possess a Certified Degree of Indian Blood (CDIB).
- HUD homes must be paid in full before services can be provided.

Documentation of tribal affiliation and home ownership or long-term lease will be required with the application for services. Mobile homes must be tied down, skirted and wheels removed prior to service.

Absentee Shawnee and Citizen Potawatomi Nation tribal members must apply for services through their tribal OEH offices.

Please note that applying for service does not guarantee you will receive service. Service depends on the availability of funding.

Please call (405) 214-4200, or stop by our office at 14106 Highway 177, Shawnee, Oklahoma, for more information.

URGENT

NOTICE TO VETERANS

Men and Women especially WW1, WW2 and Korean

The Sac and Fox National Public Library
is asking for your DD 214's for their records
and **Memorial Monument Purposes**

See Cathrine Walker

1-918-968-0705

Attention Black Hawk Health Center Patients

We have a new phone system
and our extensions have changed

When you call the clinic please listen to the menus

- Press 1..... for Contract Health
- Press 2..... for Pharmacy
- Press 3..... for Medical Records
- Press 4..... for Nursing
- Press 5..... for Behavioral Health
- Press 6..... for Merle Boyd Center
- Press 7..... for Transportation
- Press 8..... for CHRs
- Press 9..... for Administration
- Press 0..... for the Operator



VETERANS' DAY GOURD DANCE

SAC AND FOX NATION COMMUNITY CENTER

5 MILES SOUTH of Stroud, Oklahoma on Hwy 99

2PM-5PM-GOURD DANCE Head Singer-Kisko Walker

5PM-6PM-HOT MEAL Head Dancer-TBA

6PM-?-GOURD DANCE Arena Directors-S&F Vets

Monday, November 11th, 2013

Sponsored by Sac and Fox Nation Veterans' Organization.

Covered Dishes are Appreciated.

Sac and Fox Veterans' Organization/Sac and Fox Nation not responsible for accidents, theft, loss of items, etc.



Sac and Fox Nation

ANNUAL HOLIDAY PARTY

December 14

6:00 p.m. to 9:00 p.m.

Sac and Fox Gym,
Stroud, Oklahoma



Gingerbread House Contest



Sac and Fox Nation Activity Committee

Not responsible for accidents or thefts.

U.S. Department Transportation Paid Internship Available

Any young people interested in a career in Transportation or are thinking about it, here is a great opportunity to get into a PAID internship program with the U. S. Department of Transportation.

The Summer 2014 STIPDG application period is now OPEN through December 31, 2013.

The United States Department of Transportation 2014 Summer Transportation Internship Program for Diverse Groups (STIPDG) Internship Period is from June 3rd - August 9th 2014.

The Summer Transportation Internship Program for Diverse Groups (STIPDG) provides a unique opportunity to gain valuable professional experience and skills that will complement your academic pursuits. This hands-on program is designed to mentor and cultivate tomorrow's leaders, strengthen their understanding of the transportation industry and prepare them for future public service opportunities.

The STIPDG is a paid internship program open to all qualified candidates without regard to their race, gender, color, religion, sexual orientation, national origin, age, physical or mental disability, veteran status, or any other characteristic prohibited by state or local law.

THE 2014 STIPDG PROGRAM OBJECTIVE

The U.S. Department of Transportation (USDOT), Federal Highway Administration (FHWA) is accepting applications for the 2014 STIPDG Internship Program. Funded by the FHWA's Office of Civil Rights' On-the-Job Training Supportive Services Program, the objective of the STIPDG is to provide college/university students with hands-on experience and on-the-job training while working on current transportation-related topics and issues. The STIPDG is open to all qualified applicants but is designed to provide qualified women, persons with disabilities, and members of diverse groups with summer opportunities in transportation where these groups have been under-represented.

THE 2014 STIPDG ELIGIBILITY REQUIREMENTS

1. Applicants must be U.S. Citizens.
2. Applicants must be currently enrolled in degree-granting programs of study at accredited U.S. institutions of higher education recognized by the U.S. Department of Education.
3. Undergraduate applicants must be juniors or seniors for the fall of 2014. Undergraduate applicants from Junior, Tribal, or Community Colleges must have completed their first year.
4. Law Applicants must be entering their second or third year of law school in the fall of 2014.
5. Applicants who are scheduled to graduate during the spring or summer semesters of 2014 are not eligible for consideration for the STIPDG unless: (1) they have been accepted for graduate school enrollment; (2) they have been accepted for enrollment at an institution of higher education; or (3) their acceptance is pending. In all instances, the applicant must submit with their completed application, all required documentation (with the school's logo) reflecting their status. (There will be no exceptions.)

6. Former STIPDG interns may apply but will not necessarily receive preferential consideration.

7. Applicants will be evaluated based on the "completeness" of the application and the Required Documents listed below. Priority will be given to those with GPA's of 3.0 or better (for the Major and/or Cumulative).

8. Applicants must be available and able to participate through the duration of the 10-week program including closing ceremonies.

9. Applicants must submit a completed application, to the webpage listed above, no later than the December 31, 2013 deadline.

HOW TO APPLY FOR THE 2014 STIPDG/APPLICATION REQUIREMENTS

To receive full consideration and review, applicants must complete and submit all required information and documents requested online at www.fhwa.dot.gov/education/stipdg.cfm



Sac and Fox Nation Behavioral Health recently hosted a booth recognizing Red Ribbon Week. (From Left) Josh Williamson and Laura Guest. (photo by Harriett Nanaeto)

SAC AND FOX TAX COMMISSION REVENUE

September 2013

Tobacco Tax.....	\$24,849.60
Wholesale Tobacco Tax.....	\$43,657.68
Beer/Liquor.....	\$293.91
Motor Vehicle.....	\$3,127.75
Sales Tax.....	\$13,211.25
Treasury.....	\$165.00
Oil & Gas.....	\$763.85
Gaming.....	\$140,195.10
TOTAL.....	\$226,264.14

Thank You

The Activity Committee would like to say thank you to all those who helped make our Halloween event a success: Leah Carver, Merle Boyd Centern Diabetes Program; Terry Compton, Blackhawk Casino; the Nullake Family; Meeker Unity Group; and Amanda and Anthony Ramirez. We genuinely appreciate all the help. Thank you to everyone who came out to the event. If we forgot anyone, please know we are thankful.

Sincerely,
The Activity Committee

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF WILL NOW BE AT THE SHAWNEE MULTIPURPOSE CENTER TWICE A MONTH.

THE TAX COMMISSION WILL BE THERE ON THE FIRST (1ST) AND THIRD (3RD) THURSDAYS OF EACH MONTH.

WE WILL BE ABLE TO BETTER SERVE TRIBAL MEMBERS LIVING IN THE SHAWNEE AREA WITH MOTOR VEHICLE REGISTRATION AND ANY OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

ELDERS CRAFT CLASSES

Every Tuesday in November (November 5th, 12th, 19th, 26th)

Sac and Fox Nation Elders Building
Stroud, Okla.
10:00am to 2:00pm

Bring your sewing items!
We will be making:
Christmas Ornaments
plastic canvas items
Christmas wreaths
and other items.

Lunch will be provided.

For more information contact Mary Brown,
918-968-2583

Oklahoma Tobacco Helpline

1 800 QUIT NOW

Cooking Classes at Elders Building

Mary Brown, Elders Building Manager, will be holding cooking Classes in November at the Elders Building in Stroud. All elders and interested persons are encouraged to attend these classes to learn how to make these delectable dishes and enjoy the company of other elders. We will be making some great holiday treats - just in time for Thanksgiving and Christmas. Come on out and get involved.

For more information or questions, contact Mary Lee Brown, Building Manager
918-969-2583 Monday-Friday 9:00am - 2:00pm

Thursday, November 7

Peanut Brittle

Thursday, November 14

Fried Pies (Raisin, Cherry, Peach)

Thursday, November 20

Fudge (Peanut Butter, Milk Chocolate)

Sac and Fox Elders "TABLOID"

This 4-page colored newsprint is filled with photos of elders old and new!
Sure to bring back some fond memories and good times!

\$1.00 per copy

Tabloids are available now at the Elders Building. If you are interested in purchasing one or more copies, contact Mary Brown, Building Manager at 918-968-3583.

Interior Releases Valuation Plan for Land Buy-Back Program; Reviewed, Strengthened by The Appraisal Foundation

WASHINGTON, D.C. – As part of President Obama’s commitment to help strengthen American Indian communities, the Department of the Interior today released its revised Land Buy-Back Program Valuation Plan. The Appraisal Foundation (TAF), the nation’s foremost authority on appraisal standards and qualifications, performed a comprehensive review of the draft Plan, which was revised to incorporate all of TAF’s recommendations.

“There is no greater authority for establishing standards for appraisals and qualifications for appraisers than The Appraisal Foundation,” said Kevin Washburn, Assistant Secretary for Indian Affairs. “TAF’s independent analysis confirms that the steps we are taking to determine fair market value for offers to landowners are cost-effective and conform to the best practices for valuation. We are grateful for their comprehensive review and have incorporated their recommendations into the Valuation Plan we will use in the months and years ahead as we work through a transparent process to provide fair market value to tribal landowners.”

The Valuation Plan will guide the methods Interior uses to determine the value of fractional lands held by Indian landowners to ensure that willing sellers are offered fair market value for their land interests. The Land Buy-Back Program for Tribal Nations (Buy-Back Program) implements the land consolidation component of the Cobell

Settlement, which made \$1.9 billion available to purchase fractionated interests in trust or restricted land from willing sellers within 10 years. Upon purchase, interests will be held in trust for tribal governments for their beneficial use.

TAF, a non-profit, non-partisan organization authorized by Congress to issue national appraiser standards and qualifications and guidance on valuation methods, found the Department’s Valuation Plan a sound approach to meeting the appraisal demands required of the Buy-Back Program.

“We are honored to participate in this historic project and to lend our expertise to the Department of the Interior and its mission to provide Indian landowners with a fair market price for their fractional lands,” said David S. Bunton, President of The Appraisal Foundation. “The Land Buy-Back Program is a massive undertaking deserving the highest quality in appraisal standards and techniques. We are pleased that the Department has incorporated all of our recommendations and we are confident that these will greatly benefit landholders for years to come.”

The Buy-Back Program has the potential to unlock millions of acres of fractionated lands for the benefit of tribal communities. Interior holds about 56 million acres in trust for American Indians. More than 10 million acres are held for individual American Indians and nearly 46 million acres are held for In-

dian tribes. The Department holds this land in more than 200,000 tracts, of which about 93,500 (on approximately 150 reservations) contain fractional ownership interests subject to purchase by the Buy-Back Program.

Because of the large number of properties involved, the Buy-Back Program plans to use mass appraisal techniques in which values are assessed simultaneously for many properties within a particular geographic area. TAF specifically analyzed and concurred with the Program’s determination that mass appraisals are the most efficient and cost-effective means to appraise similar, non-complex, vacant lands that have

comparable land sales available. At the same time, recognizing that mass appraisals may not be appropriate for all tracts, TAF also reviewed the other appraisal methodologies identified in the Plan for such instances, including project appraisals and property-specific appraisals.

The Buy Back Program Valuation Plan was developed by the Office of Appraisal Services in the Office of the Special Trustee for American Indians.

The revised Valuation Plan, TAF’s analysis, and the Department’s response to specific recommendations, are available at: www.doi.gov/buybackprogram/appraisals.

Sac and Fox Elder’s Activities

NOVEMBER 13, 2013 – WEDNESDAY

The monthly **Elders Advisory Committee Meeting** will be held on **Wednesday, November 13th** at the Elders Building in **Stroud**. The meeting will begin at 10am. Potluck lunch, all elders attending the meeting are encouraged to bring a covered dish.

NOVEMBER 22, 2013 – Friday

The elders will be hosting their **Annual Thanks-giving Dinner on Friday, November 22nd** at the **SFN Gymnasium**. All elders are asked to bring a covered dish or dessert and a bingo prize. We will be extending an invitation to the Sac and Fox Employees and elders from local tribes to be our guests. Mark your calendar to come out and enjoy the day with other elders.

DECEMBER 7, 2013 – SATURDAY

Annual Winter Dance and Big Ticket Raffle will be held on **Saturday, December 7th** (at the SFN Gym or Community Building-dependent on construction completion). We will be serving a traditional turkey dinner. Elders are asked to bring side dishes, concession and cake walk donations.

December 11, 2013 – WEDNESDAY

In lieu of the elders monthly Elders Advisory Committee Meeting – we will be hosting the **Annual Christmas Dinner and Gift Exchange** at the **S&F Multi-Purpose Center in Shawnee, 11:30pm – 3pm**. This event will be a catered meal (menu to be decided at November’s meeting). SFN Employees in the Shawnee area and elders from the local tribes will be our guests. We are sure to have some fun and holiday cheer at this event. Bring yourself and a bingo prize so we can have even more fun! See you there!!



MONTH of NOVEMBER 2013

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Tomato Soup Grilled Cheese Green Beans Pear Cup
4 Beef Pot Pie Tomato Slices Peach Cup	5 Chicken Broccoli Rice Casserole Crackers Fruit Cocktail	6 Tamales Pinto Beans Chips & Salsa Pear Cup	7 Spaghetti Carrots Salad Cookie	8 Biscuit/Gravy Bacon Boiled Egg Applesauce
11 Veteran’s Day OFFICES CLOSED Veterans Dance at the gym	12 Fish Cole Slaw French Fries Fruit Cocktail	13 Liver & Onions Mac & Tomatoes Salad Pineapple Cup	14 Pinto Beans Cabbage Cornbread Banana	15 Meatloaf Baby Carrots Bread Mandarin Orange
18 Baked Ham Green Beans Sweet Potatoes Mandarin Orange	19 Salisbury Steak Mashed Potato Mixed Veggies Jello w/fruit	20 Northern Beans Carrots Macaroni salad Peaches	21 Fried Chicken Potato Salad Broccoli Pear Cup	22 Pancake Sausage Patty Boiled Egg Juice (Elders Dinner)
25 Chicken & Dumplings Pickled Beets Fruit Cocktail	26 Indian Tacos Fresh Veggies Pear Cup	27 Tuna Salad Cottage Cheese Crackers Applesauce	28 OFFICES CLOSED	29 OFFICES CLOSED

Food Distribution Program Updates



Regional Vendor Distribution Model Pilot: New Food Package

New food items from our OKC based vendor MDV Nash-Finch include Peter Pan peanut butter, Campbell’s Soups, Hungry Jack mashed potatoes, etc., no more generic Black & White labeled items of the past. Holiday Hams will be in soon!

FDPIR Income Guidelines:

New Deductions Expected to Boost Participation Nationwide

With our increased FY14 Net Monthly Income Standards, new income deduction rules were also approved in the CFR. Households that pay rent or utilities, regardless of amount, are now allowed a Standard \$300 Deduction of their Net Monthly Income that is measured against the USDA Net Monthly Income Standards. For elderly or disabled household members there is now a Medical Expense Deduction that can be claimed for all out of pocket medical expenses with no limit regarding the amount. Also there is a new Meal Deduction that can be claimed should a household member require the full time services of a home health worker.

For more information on these deductions or to see if you qualify please call **(866) 622-2310 Shawnee Office** or **(800) 256-3398 Stroud Office**.

Sac and Fox Nation Food Distribution Program

CALL TODAY TO SEE IF YOU QUALIFY!!!

STROUD OFFICE
(800) 256-3398

SHAWNEE OFFICE
(866) 622-2310

If at least one member of your household is Native American, you reside within our service area, and you meet our income guidelines...
You May Qualify. Call Today!!!



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Senator Ron Sharp, Regional Food Bank of Oklahoma, and Seminole Nation Tribal Leaders visit SFN Food Distribution Program *By Sam Spang*

"1 in 8 people worldwide do not get enough food to lead active, healthy lives." (1). Based on information from the U.N. World Food Programme, there are 842 million undernourished people in the world today. Furthermore... "Oklahoma is one of the hungriest states in the nation. 1 in 6 Oklahomans struggles with hunger." (2). To generate potential strategies to combat hunger in the greater Shawnee-area, on October 4, 2013 a diversified group representing various organizations collaborated while touring the Sac and Fox Nation Food & Nutrition Center in Shawnee, OK. The assembled group included Senator Ron Sharp (R-Shawnee Dist. 17), Chief George Thurman (SFN Principal Chief), Cari Ogden – Vice President of Community Initiatives (Regional Food Bank of Oklahoma), John Bobb-Semple – Project Manager (Regional Food Bank of Oklahoma), Alex Springer – Council Representative (Seminole Nation), Patricia Kisketon – Council Representative (Seminole Nation), Peggy Garrett – Executive Director (The Urban Mission-OKC), and tour host Sam Spang (SFN FDPIR Director). Alex Springer contacted the Sac and Fox Nation Food Distribution Program and expressed his interest in bringing a special group to tour the Shawnee Food & Nutrition Center. While touring the facility, the group was informed about the Sac and Fox Nation's Food Distribution Program and current operations which cover a five tribe service area that

includes the historical boundaries of the Absentee Shawnee Tribe, the Kickapoo Tribe, the Iowa Tribe and the Citizen Potawatomi Nation. To further combat hunger across a united front in this area of Oklahoma, in partnership with the State of Oklahoma, the Seminole Nation, and the Sac and Fox Nation, John Bobb-Semple addressed the group to not only present the need, but also to facilitate the hopes of possibly developing an equivalent facility in the Shawnee-area to utilize as a Food Resource Center, affiliated with the Regional Food Bank of Oklahoma, to further assist some of the more than 675,000 Oklahomans that are at risk of going hungry every day. Many people that do not qualify for services under the OKDHS Supplemental Nutrition Assistance Program (SNAP) or tribal Food Distribution Programs (FDPIR) fall thru the cracks of program guidelines and policy, the Regional Food Bank of Oklahoma is able to catch and assist these families as well as the households that are able to be served thru SNAP & FDPIR. Should a new Food Resource Center similar to that of the Urban Mission in Oklahoma City, affiliated with the Regional Food Bank of Oklahoma, be established in the Shawnee-area... it would be a win-win for all. For more info & to learn how you can get involved in the fight against hunger, please see the following websites: <http://www.regionalfoodbank.org/>, <http://www.wfp.org/>, <http://urbanmissionokc.org/>.



Picture (L-R): Sam Spang – SFN FDPIR Director; Peggy Garrett – Exec. Director (The Urban Mission, OKC); Cari Ogden – V.P. of Community Initiatives (Regional Food Bank of Oklahoma); George Thurman – SFN Principal Chief; Senator Ron Sharp (R-Shawnee Dist. 17); Patricia Kishketon – Council Rep. (Seminole Nation); Alex Springer – Council Rep. (Seminole Nation); and John Bobb-Semple – Project Manager (Regional Food Bank of Oklahoma)



Marketing Booth: The Sac and Fox Nation Juvenile Detention Center hosted a booth at the NCAI Conference to make aware the services they provide. Seated on the right is Mariah Funk, JDC Receptionist/Secretary. (photo by Berdina George)

NOTICE

The Veteran's Administration is partnering with the Pawnee Indian Health Center to enroll all Native American and non-Indian Veterans for health care benefits the third Thursday of every month from 10:30 am to 1:00pm. Veterans will be able to get questions answered about their benefits without traveling to Tulsa, Muskogee or Oklahoma City. The Pawnee Service Unit is located on the Pawnee Nation Tribal Reserve, 1201 Heritage Circle, in Pawnee, Oklahoma 74058, for more information call (918) 762-6724.

NEEDED A.S.A.P.

Open Hearts, Open Homes and Open Arms!

Contact Indian Child Welfare for complete details to make a positive change in Children's Lives.

Contact: Vicki Wood ext. 1713 or Juan York ext. 1711

Stroud Office

1 - 918 - 968 - 1481

Work Will Begin
on the new
Parking Lot
at the SFN
Community Building
First of October
Most Activities Through
the rest of the year
will be held at the
Gymnasium

URGENT NOTICE TO VETERANS

Men and Women especially WW1, WW2 and Korean The Sac and Fox National Public Library is asking for your DD 214's for their records and **Memorial Monument Purposes**
See Cathrine Walker
1-918-968-0705



SAC AND FOX NATION
920883 S Hwy. 99 Building A • Stroud, Oklahoma 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last) ROLL NUMBER

SIGNATURE DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT) DATE OF BIRTH

MAILING ADDRESS

<u>OLD</u>	<u>NEW</u>
_____ ADDRESS	_____ ADDRESS
_____ CITY STATE ZIP	_____ CITY STATE ZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

<u>OLD</u>	<u>NEW</u>
_____ STREET ADDRESS	_____ STREET ADDRESS
_____ CITY STATE ZIP	_____ CITY STATE ZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

_____ Date Electronic File Was Updated	_____ Date Sac and Fox News Was Notified	_____ Staff Initials
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Gabriella Big Soldier Scouted to Attend Exclusive Event

To all my friends, their friends & family, and my family...

Our daughter Gabriella Big Soldier, was scouted by the Model & Talent Expo for an audition to attend an exclusive event held on November 20, 2013 in Dallas, TX.

Out of hundreds of auditions in the OKC-Tulsa area. Gabriella is the ONLY NATIVE from Oklahoma in her age group (4-7) to be chosen to attend the Expo, so you can see we are all very proud of her!! Gabriella is so excited to have been given this opportunity at her young age, so we are asking for help.

To make things easier on the talents to attend. The Expo, is providing items to be raffled (iPad, Nikon Camera, 55 in. T.V. and a variety of gift cards)

Tickets are \$5 each and the drawing will be held one month before the Expo in Dallas. (around October 20th)

Winners will be notified by email and prizes will be shipped to address given. Please message me for tickets I have 27 at this time and will be receiving more.

All monies received, collected, donated, or sponsored will go directly to Gabriella for her registration fees and hotel accommodations.

Please visit www.conventionexpo.com and enter the information below to help support Gabriella.

•member only:



GABRIELLA BIG SOLDIER

•password:
expo
•click make payment
easy as 123

We Thank You All in advance from the Denny/Big Soldier Family :)
Gene & Mary Big Soldier
Everett & Melissa Denny
Great Grams Mary Ann Butler

SAC AND FOX NATION HUNTING REGULATIONS

Hunting will be permitted for DEER ARCHERY SEASON ONLY in accordance with Tribal, Federal and State Hunting Regulations. All hunters are REQUIRED to obtain a permit from the Sac and Fox Nation Realty Department and check in with the Sac and Fox Nation Police Department.

SEASON OPEN.

Archery: October 1, 2013 THRU January 15, 2014

DESIGNATED AREAS: (Map can be obtained when you check in)
Approximately 320 acres is described as follows:

Tract #1: S/2, NW/4 of Section 15-T14N-R06E.I.M., containing 80 acres
Tract #2: SW/4 of Section 15-T14N-R06E.I.M., containing 160 acres
Tract #3: E/2 SE/4 of Section 16-T14N-R06E.I.M., containing 80 acres

Only two (if hunting together) hunters are permitted in the designated hunting areas at one time, otherwise only one permitted in each area at one time.

REQUIREMENTS ARE:

1. Sac and Fox tribal members will be given preference. (Must show CDIB).
2. Must be 16 years of age or older.
3. State Hunting License is required.
4. One (1) guest allowed. Must be 16 year or older and have a valid State Hunting License and Deer Tags.

10 QUESTIONS About Enrolling in Health Insurance Exchange Plans

1. HOW WILL I BENEFIT FROM HAVING HEALTH INSURANCE?

Contract Health Services (CHS) does not have enough money to meet all the needs, so there is a priority list and sometimes CHS runs out of money. If you have health insurance, you can get the health services you need even if it is not high on the CHS priority list and even if CHS is out of money. Health insurance will pay for things that your Tribal or IHS program does not provide, such as medical specialists, tests, emergency room visits, and hospital care.

2. IF I ENROLL IN AN EXCHANGE PLAN, WILL I HAVE TO GET MY HEALTH CARE FROM A CLINIC FAR AWAY FROM WHERE I LIVE?

No. You can continue to use your Tribal or IHS clinic. Let them know that you have insurance so that they can receive payment for services they provide to you.

3. WILL THERE BE A COST TO ME TO ENROLL IN A HEALTH INSURANCE PLAN?

When you use the Health Insurance Exchange website, you will find out if you qualify for programs that pay all or a portion of the costs of health insurance. Your Tribe may be able to help with any additional costs.

4. I AM ELIGIBLE FOR INDIAN HEALTH SERVICE SO WHY DO I NEED TO HAVE HEALTH INSURANCE?

The Indian Health Service is funded at only about half the level of need, and Tribes only get about half the funding they need from the Indian Health Service. Your Indian health clinic must get the other half of funding from other sources, such as billing insurance. Health insurance is optional for American Indians and Alaska Natives. There is no penalty if you choose not to enroll in an Exchange plan.

5. WHAT ABOUT THE FEDERAL TRUST RESPONSIBILITY? SHOULDN'T THE FEDERAL GOVERNMENT PAY FOR ALL OF MY HEALTH CARE?

The Federal government is paying for Indian health care through many programs in addition to the Indian Health Service. In the new Health Insurance Exchanges, the Federal government is paying a portion of the cost of insurance. Also, there are special provisions for the Federal government to pay the co-pays and deductibles for American Indians and Alaska Natives enrolled in Exchange plans.

6. ISN'T IT "DOUBLE DIPPING" FOR IHS OR MY TRIBAL CLINIC TO RECEIVE FUNDING FROM CONGRESS AND ALSO BILL MY INSURANCE?

Congress expects IHS and Tribes to bill other insurance. The funding for Indian health care comes from many sources. The money is needed to provide services for everyone in our Tribal communities.

7. WHAT IF I ALREADY HAVE HEALTH INSURANCE?

If you already have health insurance through your job, you will not be eligible for the Health Insurance Exchange. If you are eligible for Medicaid, Medicare or the State Child Health Insurance Program (SCHIP), you will not be able to enroll in an Exchange plan. Tell your Indian health clinic about your health insurance.

8. HOW CAN I GET HELP TO ENROLL IN EXCHANGE PLANS?

Your Indian health clinic can help you find out if you are eligible to enroll in an Exchange plan. Starting in 2013, there will be a new website that simplifies the eligibility and enrollment process. Your privacy will be protected by federal law and the information you provide will be treated confidentially.

9. WHAT ABOUT ALL THE PAPERWORK FROM HEALTH INSURANCE COMPANIES?

You can ask that the paperwork be sent to your Indian health clinic instead of your home. Your clinic can monitor the paperwork and let you know when there's something you need to do.

10. WHAT SHOULD I DO NEXT?

Go to your Indian health clinic and ask for help to see if you qualify for an Exchange plan. Bring your Social Security card. You have a choice. If you decide to enroll in a health insurance plan, you will be helping yourself, your family and your community!

Sac and Fox Nation Women's Auxiliary

The Sac and Fox Nation Women's Auxiliary meet the 3rd Thursday every month at 6:00 p.m. We have a pot luck dinner at every meeting. Our meeting locations alternate from the Stroud-Elder's Building to the Shawnee-Multi Purpose Building. If anyone needs information, they can contact Shawna Spoon by phone at 405-275-2581 or by e-mail at shawnaspoon@att.net.

What Tribal Members Need to Know About HEALTH INSURANCE EXCHANGES

WHAT IS HEALTH INSURANCE?

Health insurance is a little like car insurance. For car insurance, you pay a premium to the insurance company and they pay a portion of the costs if your car is wrecked. If you have health insurance, the insurance plan will pay for a portion of the costs of your visit to the doctor, emergency room and hospital stays, your medical tests, and your prescription drugs. Health insurance companies offer several types of plans that cover different health services.

HEALTH INSURANCE EXCHANGES ALLOW PEOPLE TO PURCHASE HEALTH INSURANCE PLANS.

A Health Insurance Exchange is a computer website where individuals can buy health insurance for themselves and their family, small businesses can buy health insurance for their employees, and Tribes can buy health insurance for their members. Starting January 1, 2014, there will be an Exchange in each state operated by state or federal government.

THE COST FOR HEALTH INSURANCE DEPENDS ON YOUR INCOME.

The **premium** is a monthly amount that is paid to the insurance company. The federal government pays a portion of the premiums for low and middle income people who purchase insurance through Exchanges. Sometimes Tribes or other organizations will pay for the rest of the premium cost. Check with your Tribal clinic to see what they recommend.

AMERICAN INDIANS AND ALASKA NATIVES WHO ENROLL IN HEALTH INSURANCE EXCHANGE PLANS DO NOT HAVE COST SHARING.

Cost sharing is the term used for both the deductible and co-pay. A **deductible** is the amount most consumers pay each year before the insurance company pays for health services. A **co-pay** is the amount most consumers pay at each visit. For American Indians and Alaska Natives with health insurance, there is never any cost sharing when you get your services from your Tribal or IHS clinic. The rules for cost sharing for services provided outside Indian health clinics can be complicated, but your Tribal clinic will know how to help so that you never have to pay cost sharing.

HEALTH INSURANCE EXCHANGE HAS A WEBSITE.

- People at your Tribal or IHS clinic can help you access the Exchange website.
- You will be asked a few questions and the information will be entered into the computer.
- The website will determine if you are eligible for Exchange plans or other programs, such as Medicaid and State Child Health Insurance Program (SCHIP).
- Information from your federal income tax will be used to determine whether you qualify for programs that reduce or eliminate the cost of health insurance.
- After you see what programs are available, you can decide whether you want to enroll. Enrollment can be done on the website.
- For information call the Black Hawk Health Center 918-968-9531

Sac and Fox Nation Halloween Party 2013

