

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

The Indian Health Service, Office of Environmental Health and Engineering, offers programs to install water and sewer facilities to qualified Indian Homeowners. Funding and construction of sanitation facilities, such as wells, water service lines, septic tanks and drain fields, wastewater lagoons and sewer service lines, are available.

Minimum eligibility requirements include:

- Property must be located within the local Indian Health Service jurisdiction: The greater portion of Oklahoma County; Pottawatomie County north of the North Canadian River; Cleveland County west of the Indian Meridian; Lincoln County; Logan County, and a portion of southern Payne County.
- You must be a member of a federally recognized Indian tribe, band or group;
- If renting, you must obtain a lease agreement (minimum of five years) and a copy of the landowner's deed/title and CDIB. Property owner must possess a Certified Degree of Indian Blood (CDIB).
- HUD homes must be paid in full before services can be provided.

Documentation of tribal affiliation and home ownership or long-term lease will be required with the application for services. Mobile homes must be tied down, skirted and wheels removed prior to service.

Absentee Shawnee and Citizen Potawatomi Nation tribal members must apply for services through their tribal OEH offices.

Please note that applying for service does not guarantee you will receive service. Service depends on the availability of funding.

Please call (405) 214-4200, or stop by our office at 14106 Highway 177, Shawnee, Oklahoma, for more information.

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPİR) NET MONTHLY INCOME STANDARDS (Effective October 1, 2013)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPİR Net Monthly Income Standard
1	\$958	+	\$152	=	\$1,110
2	\$1,293	+	\$152	=	\$1,445
3	\$1,628	+	\$152	=	\$1,780
4	\$1,963	+	\$163	=	\$2,126
5	\$2,298	+	\$191	=	\$2,489
6	\$2,633	+	\$219	=	\$2,852
7	\$2,968	+	\$219	=	\$3,187
8	\$3,303	+	\$219	=	\$3,522
each additional member					+ \$335

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPİR Net Monthly Income Standard
1	\$1,196	+	\$260	=	\$1,456
2	\$1,615	+	\$260	=	\$1,875
3	\$2,035	+	\$260	=	\$2,295
4	\$2,454	+	\$260	=	\$2,714
5	\$2,873	+	\$260	=	\$3,133
6	\$3,292	+	\$274	=	\$3,566
7	\$3,711	+	\$274	=	\$3,985
8	\$4,130	+	\$274	=	\$4,404
each additional member					+ \$420

FDPİR Income Deductions (see 7 CFR 253.6(e)):

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. In Fiscal Year 2014, the amounts are as follows: 48 Contiguous U.S. States <ul style="list-style-type: none"> • October 1, 2013 – October 31, 2013 = \$200 • November 1, 2013 – September 30, 2014 = \$189 For Alaska, please select appropriate link below. <ul style="list-style-type: none"> • October 1, 2013 – October 31, 2013 • November 1, 2013 – September 30, 2014 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

**FY 2014 FDPİR Standard Shelter/Utility Expense Deductions
Baseline by Region***

Region	States Currently with FDPİR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$300
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$400
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$350

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

Office of Environmental Services

Think: "Water-Smart" By: *Jeremy Fincher* Interim Environmental Director

Spring has sprung and now we are going to start entering the hot dry summer months. With most of the state still experiencing severe drought conditions it's everyone's responsibility to value and appreciate the water we use on a daily basis. There are several ways to conserve water in daily lives. The following is just a few examples to think about while maintaining your yards and gardens.

When starting a landscaping project, plan ahead and make the project water efficient.

You can plant low water using plants and native plants that will require little watering beyond normal rainfall and minimum fertilizer. Group plants according to their water needs. Grouping plants with similar water needs together will allow for more efficient watering. It is also best to minimize steep slopes when possible. Steep slopes have a higher potential for erosion and runoff.

Appropriate soil management can also have a tremendous positive influence on water retention. It is always a good idea to test your soil before planting so proper soil management is possible. Soil should always be tested before applying fertilizers to prevent excessive nutrient loading. Runoff from soils with excessive nutrients can pollute nearby water bodies. Try to minimize or eliminate the use of fertilizers where possible. Fertilizer encourages thirsty new growth which will increase the amount of water needed to maintain healthy plants. If fertilizer is needed try to use products that contain "natural organic" or "slow-release" ingredients that feed plants slowly and evenly. To learn more about soil sampling and testing you can visit <http://soiltesting.okstate.edu/>,

contact the Oklahoma Cooperative Extension Service, or contact Sac and Fox Nation's Office of Environmental Services.

Healthy soils effectively cycle nutrients, minimize runoff, retain water, and absorb excess nutrients, sediments, and pollutants. Aerating your soil with a simple lawn aerator can increase the amount of water that infiltrates into the ground. This will improve the water flow to the plant's root zone and helps reduce runoff. Worms do this naturally as they move through the soil. To help reduce evaporation, inhibit weed growth, moderate soil temperature and prevent erosion you can use mulch around shrubs and garden plants. When mowing, instead of bagging the grass clippings save your back and leave the grass clippings on the ground. They will quickly decompose and release valuable nutrients back into the soil. Also while mowing it helps to raise the height of the mower blade. Longer grass promotes deeper root growth, minimizes weed growth, and reduces evaporation.

As I mentioned these are just a few examples of how to conserve water. WaterSense is a partnership program by the U.S. EPA that seeks to protect the future of our Nation's water supply by offering people a simple way to use less water with water-efficient products, new homes, and services. WaterSense seeks to help consumers make smart water choices that save money and maintain high environmental standards without compromising performance. To find more examples on water conservation and what you can do to help make every drop count please visit <http://www.epa.gov/watersense>.

Oklahoma Tobacco Helpline
1 800 QUIT NOW

Update on the RAP Programs

We are currently out of funds in the following programs, Hardship, Emergency Appliances, Vision, Dental, Denture, Orthodontic and Hearing Aids.

There is \$19,546.11 left in Tribal Energy and the department can accept 2 more applications for the Lawn program.

Please be sure to submit a copy of your membership card with all applications.

Sac and Fox Nation

Office of Environmental Services
In Partnership with
the ODWC

Date: 06/19/2014
Time: 9:00am – 11:00am

Family Fishing Day

Veteran's Lake

COME ON OUT TO THE PAVILION AT VETERAN'S LAKE * AND BRING THE FAMILY FOR A FUN AND EDUCATIONAL EVENT! ALL AGES WELCOME!!! WE WILL START AT 9:00AM, WHERE WE WILL HAVE HANDS-ON WORKSHOPS, DISCUSSIONS ON ENVIRONMENTAL STEWARDSHIP, OUTDOOR SAFETY, AND FAMILY FISHING.

Highlights

- Rod and reels PROVIDED
- Bait is PROVIDED
- NO fishing license needed
- It's all FREE
- It's going to be FUN

Sac and Fox Nation Office of Environmental Services
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Contact person: Jeremy Fincher 918-968-0046 Fax: 918-968-0049
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* Veteran's Lake entrance is just North of the Casino on the East Side of Hwy 99