



Brian Jackson the "I Believe Guy" (left) recently visited the SFN Juvenile Detention Center at the invite of Juan York, Substance Abuse Counselor (right). (SFNews)

## Guinness World Record Holder Visits Sac and Fox Nation DC

Brian Jackson: The "I Believe Guy," is an 11-time Guinness World Record Holder. He has traveled to countries like Spain, China, Japan, and Italy to display his talents in bursting hot water bottles (made of rubber) with his breath, while even lifting a car weighing 3500 pounds with his breath.

Brian has been on notorious TV shows like Americas Got Talent, Stan

Lee's Super Humans, and tru TV's Guinness Book World Record Challenge.

Mr. Jackson has traveled to over 100 schools to not just demonstrate his talent, but share his program "I Believe," which he shares his story of his addiction to drugs as a youth and motivates youth to believe in themselves.

Mr. Jackson is originally from Seminole, Oklahoma.

## Sac and Fox Nation Police Department From Chief Roberts (A Dad)



I truly believe that one of the most difficult assignments we face in life is that of being a parent.

All of a sudden this is becoming newsworthy as we hear about Adrian Peterson and his troubles with being a parent. One day Adrian Peterson will be entered into the National Football Hall of Fame, so it is obvious he has become a success within his profession. What about his performance as a parent?

We all remember Adrian from his days at O.U. and what a nice guy he truly was and I believe still is. Adrian was using the discipline his father used on him as a child growing up. Was his father's discipline correct? Did Adrian go a little too far with his corrective action? I believe he had the child's welfare at heart, he cared enough to get involved, even though it was a little excessive.

One of my most memorial memories growing up was any attention that I might have received from my dad. When I was playing high school football and I knew my dad was in the stands that was a big deal.

Time spent with your children is so very important it does not matter if it is sports, or band or FFA. Whatever it might be, the attention you give to your children is what shapes their lives. In this day of high tech cellphones, video games, etc, etc, etc, it makes the job of parenting more difficult than it ever has been.

In my youth my mother was the one

using the switch not my dad, the reason I believe was that my dad a big 200 plus pounder who worked in the oil field would have inflicted serious damage to my back side. My dad's way of discipline was to give me that look of disapproval which hurt me worse than any whipping I ever received from my mother.

The most important issue with raising our children I believe is to spend time with them, know what they are doing, who they are doing it with, what they are watching on T.V., what they are doing on face book and how much time is being spend on cell-phone texting. It is up to the parents to shape the minds of their children, not the school teachers, not law-enforcement but you the parents. Certainly teachers, coaches and law-enforcement can contribute to the welfare and helping your children make good choices.

During my many years in law-enforcement and dealing with juveniles the common denominator I found to be true with delinquents was their parent paid little or no attention to them. The last thing we as parents want to see is our children making bad choices and end up hindering their chances to have a happy and fruitful life. So spend time with your children know what is going on with them and when necessary implement good positive discipline. They may not realize it now but later in life they will appreciate the fact that you cared enough to get involved.

**Sac and Fox Nation Veterans Organization Meeting**  
**October 14, 2014 Cultural Center**  
 Always on the 2nd Tuesday of each month unless otherwise posted

**Information Needed to Find a Person's DD214**

- ✓ Veteran's Name
- ✓ Date and place of birth
- ✓ Branch of service
- ✓ Time and term of service
- ✓ Service number if available
- ✓ Social Security number, if available

With this information we can track down an individual's DD214, enabling us to see his or her service record  
**See Cathrine Walker 1-918-968-0705**

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 Get an application from your counselor

**Sac and Fox Casino Snack Bar Menu**  
 Stroud 918-968-2540  
 Monday - Friday 10:00 am to 11:00 pm  
 Saturday 11:00 am to 11:00 pm • Sunday 12:00 - 6:00 pm

Hamburger \$4.50	Grilled Chicken Sandwich \$4.00
Cheeseburger \$5.00	Crispy Chicken Sandwich \$4.00
Bacon Cheeseburger \$5.50	BLT \$3.00
Taco Burger \$4.00	(These items served with Chips)

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Hot Dog \$3.00	Grilled Chicken Wrap \$3.00
Chili Cheese Dog \$4.00	Crispy Chicken Wrap \$3.00
Polish Dog \$3.00	BLT Wrap \$3.00
Hot Link \$3.00	Bowl-O-Chili (w/crackers) \$3.00

(These items served with Chips)

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**Salads**

Green Salad \$4.00	Side Salad \$2.00
Grilled Chicken Salad \$5.50	Crispy Chicken Salad \$5.50
Taco Salad \$5.00	

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Fajita \$3.00	Nachos \$3.00
Soft Taco \$2.00	Loaded Nachos \$5.00
Crispy Taco \$1.00	Frito Chili Pie \$3.50

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Chicken Noodle Soup \$2.50 • Pretzel \$2.00

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**Candy \$1.00**

M & Ms Plain & Peanut • Kit Kat - Skittles • Milky Way • Twix • Snickers  
 • Reeses Peanut Butter Cups

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**Grandma's Cookies \$1.00**

Chocolate Chip • Chocolate Brownie • Peanut Butter • Vanilla Cream Mini

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**Kettle Cooked Chips (Cheddar Jalapeno • BBQ • or Sea Salt) \$1.00**

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**Extras: .50**  
 bacon, chili, cheese, dressing & sour cream, taco meat, Jalapeno pepper

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**Daily Specials**  
 Tuesday - Taco Tue • Wednesday - Hot Dog Day • Thursday - Sandwich Day  
 • Friday - Bacon Cheese Burger

**Native Employment Works (NEW)**

**Native Employment Works Funds Available Now**

The Sac and Fox Nation Human Services Department is currently taking applications for Native Employment Works. NEW is a federally funded program that helps low-income households with expenses while attending school or if underemployed. We encourage you to apply at our office in Stroud or at the Shawnee Multi-Purpose Center. Please call us at the number on the bottom of this article, if you have any questions.

To qualify for NEW, you must be an enrolled member of the Sac and Fox Nation and reside within the Sac and Fox Nation jurisdictional boundaries.

The NEW program eligibility includes teen parents, unemployed parent(s) if attending school, underemployed parent(s), and other tribal members if they have one or more Sac and Fox children.

**PLEASE BE PREPARED TO PROVIDE THE FOLLOWING:**

- Tribal enrollment cards for all household members
- (Birth certificates for those without a tribal enrollment card)
- Driver's license if over 18 and not enrolled.
- Driver's license or photo ID for applicant.
- Social Security cards for all household members.
- School enrollment verification or employment verification.
- Proof of income – including paycheck stubs, Social Security or disability benefits, unemployment compensation, pension or retirement funds, etc. for all household members 18 years of age or older.

*Other documents may be required based on your situation.*

**Sac and Fox Nation Human Services**  
 920883 S. Hwy 99 Building A Stroud, Oklahoma 74079  
 Phone: 918-968-3526 • Extensions 2010 & 2011  
 Toll Free: 800-259-3970 • Fax: 918-968-0142



Marlena and Kathy say come check out Halloween at the Sac and Fox Public Library