



Photo provided by Cheryl McClellan

Phone: 918-968-3526 • 920883 S Hwy 99 Bldg A • Stroud, OK 74079 • Vol.35 No. 4 • April 2014

Tribal Member Teresa Runnels Wins National Recognition

Tribal member Teresa Runnels won national recognition in March as one of the Library Journal's Movers and Shakers for 2014, an honor awarded to only 50 individuals per year.

This is the national publication's 13th year to recognize outstanding persons in the library field, naming 50 Movers and Shakers as Advocates, Change Agents, Community Builders, Innovators, Marketers, and Tech Leaders. Runnels won as an Advocate. She is the third Oklahoman so honored by the Library Journal but the first for the Tulsa City-County Library (TCCL).

The Movers and Shakers are the "emerging leaders in the library world", according to the Library Journal website, the "up-and-coming individuals from around the world who are innovative, creative, and making a difference."

"I was very surprised," said Runnels, the coordinator for the American Indian Resource Center (AIRC), housed at the Zarrow Regional Library of the Tulsa City-County Library. "I didn't know I had been nominated."

Gary Shaffer, CEO for TCCL, nominated her.

"(Teresa) has an amazing can-do attitude," said Shaffer. "Nothing is impossible in Teresa's mind."

The Library Journal received 225 nominations for the 2014 honors but selects only 50. "They are considered the

50 people shaping the future of libraries," Shaffer said. "With over 100,000 libraries in the United States, the competition is very tough."

Only 650 people have been named as Movers and Shakers since the Library Journal began its recognition, including Shaffer, named in 2006 when an Administrative Librarian at the County of Los Angeles Public Library.

Shaffer stated, "Teresa's #1 attribute is her role as a community builder for the American Indian Nations. She brings the Nations and individual tribes together to celebrate their languages, their history, and their diversity."

"My parents and grandparents would tell me to do the best job that I could, no matter what it was," said Runnels about what inspires her. "I have always stuck to that."

Her job includes maintaining collections of non-fiction, fiction, periodicals, and media, overseeing two award selection committees and planning the award programs for the American Indian Writers award and the American Indian Circle of Honor award, planning the Festival of Words each March, hosting a

story time once a month, planning programs for the Teen and Children's Summer Reading Program, maintaining a webpage on the library website, and sending out a monthly newsletter.

"I try to maintain a library presence in the Indian community and maintain a presence for the AIRC at library events," said Runnels.

She accomplishes that by working with libraries within TCCL to provide cultural and native language programming, conducting outreach to tribes and tribal organizations, answering reference questions related to Indians for internal and external customers, and maintaining a tribal librarians distribution list.

"I look for ways to include native languages into the programs and projects that I work on," she said.

She started a series of "READ" posters that feature native people and a word in their tribal language that translates into "read" or activities related to reading. (She selected Sac and Fox tribal member Henrietta Massey for one of the 2012 posters.)

A new project she is working on is a native comic book series



Pictured (left to right): Judy Randle, Tulsa City-County Library Commission Chair; Mr. Wiley Washington (Teresa's father); Teresa Runnels American Indian Resource Center Coordinator, Tulsa City-County Library; Mr. Gilbert Matthews (a close family friend), and Gary Shaffer Chief Executive Officer, Tulsa City-County Library. (Photo submitted by Tulsa City-County Library)

of programs, and she started a Cultural Garden last year.

Runnels has been recognized in the past for her work in language preservation with the Oklahoma Humanities Council "Humanities in Education" Award (for the Native Language Supplemental Packet that included the Sac and Fox language) in 2011 and the City of Tulsa Greater Tulsa Area Indian Affairs Commission Dreamkeepers Perry Aunko Indigenous Language Preservation Award in 2012.

"We are extremely proud of Teresa, as is her family," said Shaffer.

Her family consists of husband Jack Runnels and daughter Abby, father Wiley Washington (Muscogee Nation) and sister Peggy Fox. Her mother is the late Billie Washington (Sac and Fox Nation).

"The Sac and Fox Nation is proud of Teresa Runnels, and we thank and congratulate her for her work, not only on behalf of the Sac and Fox Nation but for all tribal nations," said SFN Principal Chief George Thurman. "Her efforts have brought honor not only to herself as an individual but also to her family, the Tulsa City-County Library, and the Sac and Fox Nation."

Melvil Dewey, the inventor of the Dewey decimal system, founded the Library Journal in 1876. The publication's article about Teresa Runnels can be found online at <http://lj.libraryjournal.com/2014/03/people/movers-shakers-2014/teresa-runnels-movers-shakers-2014-advocates/>. The Sac and Fox National Public Library has also posted a hard copy of the article on its bulletin board.

Chief's Address To The Nation

Tribal Members,
Our Sac and Fox Nation is noted for fighting for our inherited sovereign rights, paving ways for other tribal nations as well as ourselves to protect our sovereignty, and will continue to preserve our right to self-governance.

Tribal nations across the United States have encouraged their memberships to register to vote, to exercise that right, and are making a difference in their respective areas by having representation in city, state, and national governments.

Native Vote!

A nationwide movement has been ongoing for many years to encourage tribal members to register and vote on the local, county, state, and national levels of government; as well as in their tribal elections.

I am encouraging our tribal membership, no matter where you may reside, to register and then exercise your right to vote. Check your local telephone directory to find the local Election Board location and telephone number to help you with your voter registration. Yes, your vote matters and does count by:

(1) Allowing you a say (voice) in how any government affects your family and the way you are taxed, consulted, and represented.

(2) Combining your voice with others that have a common cause/issue that collectively can make a difference/result that is in their/your best interest.

Local News

I included in my article within the March issue of our Sac and Fox News a threatening letter from

the city of Shawnee, OK government that says we are required to collect and pay sales tax to them. In addition to their demand for payment, they passed an ordinance to criminalize the failure to report taxes due to them. They are threatening to take us to court!

The most powerful thing we have to fight this battle is our votes! 3100 people voted in the last City election, it takes only half of the votes plus one to win.

Getting all non-registered voters to register will be the first step. May 30th is the last day to register someone in time for the Shawnee City Commission elections to be held on Tuesday, June 24th. The application must be mailed and postmarked on or before May 30th.

If you live in Shawnee and are a registered voter, your vote is needed in the upcoming election. If any of your family are in Shawnee and are registered voters, we need your help in asking them to vote. If you live in Shawnee and are not registered to vote, we can help you register. Candidates for the three city wards #1, 5 and 6 are to be decided June 24th and the tribal nations will have our own candidates seeking the City Commission seats, thus needing your support by voting in this very important election. (See ward map on page 3)

Our two smoke shops and casino are located on federal Indian trust land. The casino location has been "allotted land" and there is a question as to if, when, and how the city annexed this land into the Shawnee city limits. (Continued on Page 3)

Upcoming Events

April 8

Sac and Fox Nation Veterans' Meeting
Elders Bldg Stroud

April 9

Elders Advisory Committee Meeting
Stroud 10 am

April 18

10 am - 2 pm
Elders Easter Party
Sac and Fox Elders/
Veterans Bldg
Stroud

April 19

Sac and Fox Nation
Easter Party
1 pm Community Bldg

May 10

Mothers Day Dance
Sac and Fox Gym

May 17-18

Camp Clean up
Pick up May 19 & June 23

May 31

Princess Competition
Community Bldg
6 pm



Area Tribal leaders recently met to discuss tax concerns with the City of Shawnee. From Left: Principal Chief Sac and Fox Nation, George Thurman; Honorable Edwina Butler Wolf Governor Absentee Shawnee and Chairman John Barrett Citizen Potawatomi Nation (Photo Sac and Fox News)



Principal Chief George Thurman was officially sworn in March 12 after litigation was dropped concerning the past election. From Left: Second Chief, Orvena Gregory; Chief District Judge, Darrell Dowdy; Principal Chief, George Thurman; Marilyn Thurman and Marvin Thurman. (photo by SFN)

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the May issue is Monday, April 21, 2014 at 4:30 p.m. Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail: newspaper@sacandfoxnation-nsn.gov.

Address corrections & changes are accepted by The Business Committee at the address listed below.

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Visit us on the web @

sacandfoxnation.com

click news

Phil Ellis Hired as New Chief Financial Officer

Mr. Phil Ellis began working for the Sac and Fox Nation this past February. As the Nation's chief financial officer, his area of oversight is the Finance Department, Tax Department, and the Property & Procurement Department. Mr. Ellis' professional experience is primarily in public accounting, working in both audit and tax areas. More recently he was the finance director at the Pawnee Nation of Oklahoma. He holds a BS in Accounting/Finance from Arizona State University and a MS in Taxa-

tion from The University of Tulsa. Mr. Ellis is a member of the Absentee Shawnee Tribe of Oklahoma; parents being Russell Ellis and (late) Aileen Ellis. He practices both karate and Brazilian jiu-jitsu and enjoys waterfowl hunting. He and his wife, Pamela, live in Pawnee with their daughter, Kimberly Marie. "I'm deeply grateful that the Business Committee has afforded me the opportunity to be a part of the Sac and Fox Nation and look forward to serving the Nation," said Mr. Ellis.



Phil Ellis

6th Annual TEC Public Health Conference 2014

"Celebrating Tribal Public Health" Where we have been, where we are and where we are going...

Free, Two-Day Public Health Conference featuring nationally recognized speakers on health disparities in Native American and Alaska Native populations.

The Oklahoma City Area Inter-Tribal Health Board Tribal Epidemiology Center (TEC) will be hosting the 6th Annual TEC Public Health Conference at the Grand Hotel and Casino, Shawnee, OK on April 29-30, 2014. The conference will be held in the new event center adjacent to the hotel and will feature keynote speakers: Mr. Michael Bird, MPH, MSW, is the first and only American Indian to serve as the President (2000-2001) of American Public Health Association (APHA). Jessica Rickert, DDS, is the first American Indian female dentist. Both speakers are keenly aware of public health issues impacting tribes and are nationally recognized speakers for public health matters facing American Indian and Alaska Natives.

Some of the goals of the 6th Annual TEC Public Health Conference "Celebrating Tribal Public Health" are:

- (1) Increase knowledge and awareness of public health issues of AIAN;
- (2) Provides a forum to build and extend tribal public health relationships;
- (3) Expand partnerships with Tribal/State/Federal/Local entities.

Conference attendees will have an opportunity to participate in workshops, network with exhibitors and sponsors, share information and cultural resources, attend an evening cultural event, obtain continuing education hours in public health and dentistry and can learn about current public health best practices.

Featured speakers for the two-day event are:

- Aleena Hernandez, MPH will be presenting workshops on: "Tribal Public Health Accreditation" and "Tribal Public Health Institutes". The Tribal Public Health Accreditation workshop will enlighten participants regarding accreditation readiness and quality improvement. Tribal Public Health Institute (TPHI) will inform participants how a TPHI may play a role in improving health among American Indian & Alaska Native communities. Ms. Hernandez is the Principal and Founder of Red Star Innovations, LLC and is dedicated to strengthening and supporting public health issues.
- Mr. Gortney Yarholar, LMSW workshop presentation will focus on current Suicide Prevention efforts throughout Indian country and how tribal organizations are maximizing opportunities at the community level. Mr. Yarholar works with the Suicide Prevention Resource Center as a Senior Tribal Prevention Specialist, and provides technical assistance to Garret Lee Smith suicide prevention grantees. He has served on numerous committees and task forces addressing a variety of public health and behavioral health interests.

Commander David Gahn, MD, MPH plans to present his work on preventing Childhood Obesity in Cherokee Nation and how an improved coordination effort will tackle chronic disease associated with childhood obesity. Dr. Gahn in 2008 was selected to lead a team of medical professionals from Indian Health Service to rebuild a

maternity hospital in Kabul, Afghanistan. After 16 deployments to Kabul, Dr. Gahn completed his MPH and rejoined Cherokee Nation as the Surveillance Coordinator. As Surveillance Coordinator, Dr. Gahn focuses on the prevalence and incidence of chronic diseases and cancer in the 14 County Cherokee Nation Tribal Jurisdictional Service Area. He continues to see patients at W.W. Hastings Hospital.

Registration and exhibit booths information are online at <http://www.ocaithb.org>. Hotel arrangements and information can be made through the Grand Casino Hotel at <http://www.GrandShawnee.com> or calling (405) 964-7777. The physical address of the hotel: 777 Grand Casino Blvd., Shawnee, OK 74804

The mission of the OCAITHB is to improve the health and quality of life of American Indian communities in the Oklahoma City Area through advocacy and education with federal, state and local entities while maintaining tribal sovereign rights.

Contact: Patricia Yarholar
Phone Number: (405) 652-9214
E-mail: pyarholar@ocaithb.org



Uniting for One Cause

Sac & Fox Nation

Easter

Saturday April 19, 2014

Dinner **Games**

1:00 pm

Community Bldg.

5 1/2 miles S. Stroud

Easter Bonnet Contest **Egg Hunt** **Easter Basket Contest**

Chief's Address To The Nation

From Page 1

City officials met with the four tribal nations, Sac & Fox Nation, Citizen Potawatomi Nation, Absentee Shawnee Tribe, and Kickapoo Tribe of Oklahoma, on March 24th at the Heritage Center of the CPN and stated that they were not asking the tribal casinos to collect the sales tax. The question was asked why all four tribal nations were sent this letter and the answer was they wanted to treat all tribes equally!??

The key issue is the claim that the Citizen Potawatomi Nation's Firelake Discount Foods has collected sales tax and that they want 3% of this sales tax paid to the city of Shawnee even though the land where the grocery store is located is considered "trust" property.

The law firms representing the four tribal nations believe that there is another motive behind this issue, possibly supported by the State of Oklahoma which is attacking the sovereignty of all tribes in Oklahoma, depending on the outcome of this battle. Tribal Nations across the United States are closely watching this attack on our sovereignty.

I include the body of Mayor Wes Mainord's letter of response to the four tribal nations:

"Dear Tribal Leaders:

"In response to Chairman Barrett's request for the City's explanation for court rulings providing the authority for the City to force a federally recognized Tribal Na-

tion to collect sales taxes, we provide the following preliminary authorities setting forth (1) the duty to collect. Account, and pay, and (2) the City's ability to enforce the duty.

"The Tribes have a duty under federal law to collect, account for, and pay City sales tax:

"Federal common law permits states and cities to "require that Indian retailers on reservations collect and remit sales tax earned on sales made to non-Indians or to Indians who are not members of the tribe governing the reservation. "Kaul v. Stephan, 83 F.3d 1 208, 121 3 (10th Cir. 1996). The United States Supreme Court established this rule in a number of cases, including one involving the Citizen Potawatomi Nation. Moe v. Salish & Kootenai Tribes, 425 U.S. 463 (1976), Washington v. Confederated Tribes of Colville Indian Reservation. 447 U.S. 134. 138 (1980). Oklahoma Tax Commission v. Citizen Band Potawatomi Indian Tribe of Oklahoma. 498 U.S. 505, 507 (1991). Department of Taxation & Finance of New York v. Milhelm Attea & Brothers. Inc. 512 U.S. 61 (1994), and Wagnon v. Prairie Band Potawatomi Nation. 546 U.S. 95, 114 (2005). The Court has rejected the argument that tribal sovereign immunity precludes collecting and remitting taxes, stating, "[a]lthough the doctrine of tribal sovereign immunity applies to the Potawatomi's, that doctrine does not excuse a tribe from all obligations to assist in the collection of validly imposed state sales taxes: Citizen Band Potawatomi, 498 U.S. at 512; see also Colville. 447 U.S. at 156 (rejecting the argument that state taxation "infringe (d) the right of reservation Indians to 'make their own laws and be ruled by them' merely because the result of imposing its taxes will be to deprive the Tribes of revenues which they currently are receiving.").

"The Supreme Court has confirmed that the burden imposed on tribal businesses "to aid in collecting and enforcing" a sales tax does not violate tribal sovereignty. Colville. 447 U.S. at 159. The permissible burdens include "keep[ing] detailed records of both taxable and nontaxable transactions ... [and] record[ing] the number and dollar volume of taxable sales to

nonmembers of the Tribe." Id. The Tenth Circuit recognizes that federal law does not prohibit recording burdens on tribal entities. See Muscogee (Creek) Nation v. Pruitt, 669 F.3d 1159, 1176 (10th Cir. 2012) (upholding state taxation. and stating that the state tax law would not violate tribal sovereignty even if tribal retailers were required to "purchase and affix the tax and tax-free stamps, maintain detailed records, and precollect some taxes..).

"The City can enforce the Tribes' duty, if we cannot reach agreement:

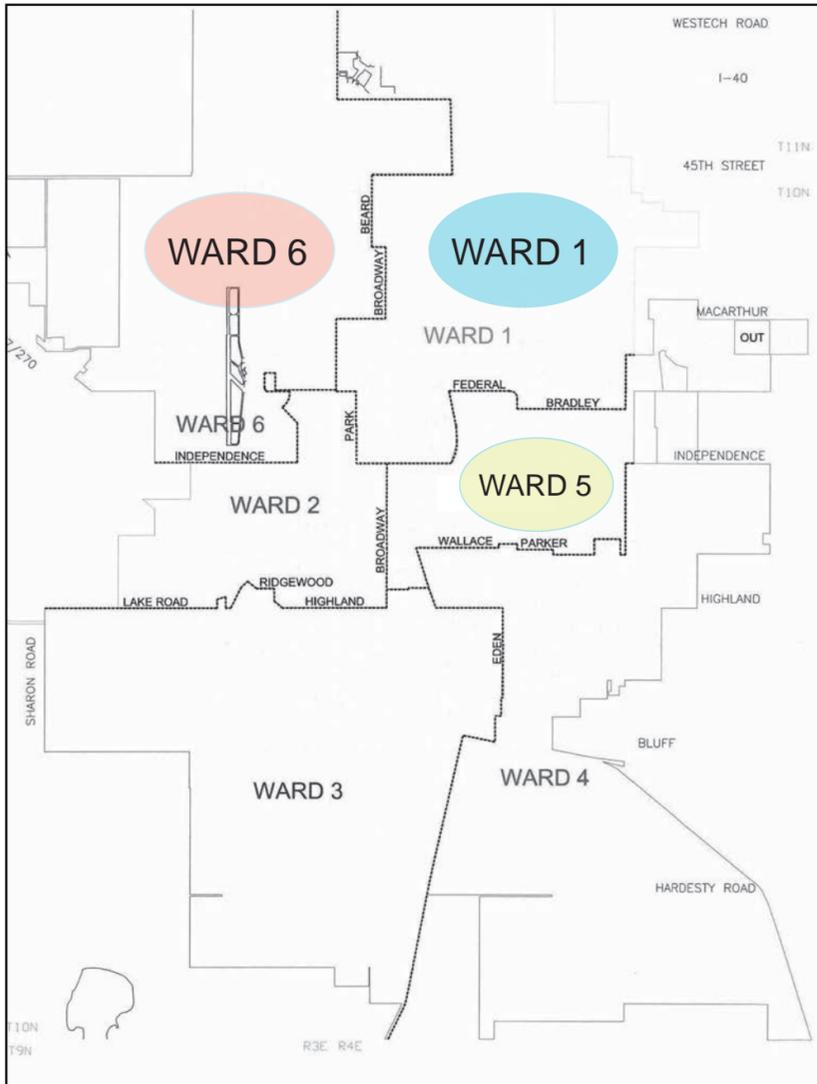
"While Tribal sovereign immunity may prevent a lawsuit against a tribe to collect back taxes, a suit against tribal officials for "prospective" relief, to require the Tribe to pay future taxes is permissible under Supreme Court law that allows an injunction to prevent a future violation of federal law. See Citizen Band Potawatomi, 498 U.S. at 514 (citing Exparte Young, 209 U.S. 123 (1908)); see also Crowe & Dunlevy. P.C. v. Stidham, 640 F.3d 1140, 1154 (10th Cir. 2011) ("Exparte Young as an exception not just to state sovereign immunity but also to tribal sovereign immunity.").

"Sovereign immunity does not excuse compliance with an injunctive order of the court issued against government officials. See Cooper v. Aaron, 358 U.S. 1, 4 (1958) (state of Arkansas). A federal court may fashion a remedy to enforce a duty required under federal law. Including requiring submission to audits. When injunctive relief has been awarded. See Cabell v. Norton. 392 F.3d 461.474 (D.C. Cir. 2004) (United States Department of the Interior); Del. Valley Citizens' Council for Clean Air v. Com. of Pa., 674 F.2d 976. 985 (3d Cir. 1982) (Commonwealth of Delaware); United States v. Gov't of Guam, CIV. 02-00022, 2008 WL 4682183 (D. Guam Oct. 22, 2008) (Government of Guam).

"We hope this information gives the Tribal Nations a better opportunity to evaluate the City's position."

I once again thank you for allowing me to represent you as Chief of our Sac and Fox Nation. Remember to register to vote and exercise your right by voting in all elections.

Sincerely,
George Thurman, Principal Chief





SAC AND FOX NATION

920883 S Hwy. 99 Building A • Stroud, Oklahoma 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last)

SIGNATURE

PLEASE LIST PREVIOUS NAME (PRINT)

ROLL NUMBER

DATE

DATE OF BIRTH

MAILING ADDRESS

<u>OLD</u>	<u>NEW</u>
_____ ADDRESS	_____ ADDRESS
_____ CITY STATE ZIP	_____ CITY STATE ZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

<u>OLD</u>	<u>NEW</u>
_____ STREET ADDRESS	_____ STREET ADDRESS
_____ CITY STATE ZIP	_____ CITY STATE ZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

_____ Date Electronic File Was Updated	_____ Date Sac and Fox News Was Notified	_____ Staff Initials
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UPCOMING ELDERS EVENTS

April 4 - Indain Taco Sale
Shawnee Multi-Purpose

April 9 - Elders Advisory meeting,
Shawnee 10:00 a.m.

April 18 - Elders Easter Party
Sac and Fox Elders/Veterans Building
Hwy 99 Stroud
North of JB's Smoke Shop

URGENT NOTICE TO VETERANS

Men and Women
especially WW1,
WW2 and Korean

The Sac and Fox
National Public Library
is asking for your
DD 214's for their records
and

**Memorial Monument
Purposes**

See Cathrine Walker
1-918-968-0705

SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within hearts.



April 2014 Native American Quotes

“You’ve got to know your language to understand your culture.”

Beatrice Taylor, Ojibwe

“Our language is what holds us. It is a part of who we are. This is what my father told me.”

Dakota Littlecrow, Salish

“Language is the vehicle for transmitting culture”

Ryan Mackey-Cherokee

“I think you’re fighting for something that is so important. If you don’t have language, the culture disappears.”

Sen. Tom Udall, D-N.M.

(<http://www.Nativevillage.org>)



Pamela Sage

Pamela Sage New Language Administrative Assistant

Aho! My name is Pamela Sage from Stroud, Oklahoma.

I am really excited to be working in the Sauk Language Department as the new Administrative Assistant.

My interest in the department began when my son entered into the Sauk immersion class in 2010.

I will be looking forward to be working with other tribal members who need any language resources from the Sauk Language Department.

April 2014 Sauk Word List

Pâpahkwâha

(Bark-Peeling Moon)

Menôhkamîwi	It’s Spring
Meshwêha	Rabbit
Owâwani	Egg
Shîshîpa	Duck
Kîhwîthenipena!	Let’s Eat!
Kîkênoweni	Clan Feast
Hay, Wêpithenyêkô!	Go on! Start Eating!
Nekîhpoche	I’m full
Pyêtenamawino Pemitêwetêhi	Pass me the frybread
Patahkâpyêhikanani	Forks
Êmehkwânani	Spoons
Nepôpinâkanani	Soup Bowls

OKLAHOMA NATIVE AMERICAN YOUTH LANGUAGE FAIR

April 8, 2014 - 8:45 am

Sam Noble Museum

Norman, Oklahoma

April 2014 Word Scramble

iaôkewîhmMn	_____
îeeKphhniaî!tnw	_____
nkîênwoeiK	_____
aehêhMws	_____
,i nôhêpê!eyWaktyH	_____
kcehpîeNoh	_____
wâiwnaO	_____
PêaPnoêmewtewit têhiemainy	_____
êkanitkaPhahnpiâya	_____
hhpîaîsS	_____
Êmnewknaihâ	_____
eôapaiâknpiNnn	_____

KÎHTHÂKÎWÂTOWÊPENNA!

(Let’s All Talk Sauk!)

April 2014
TAKWANÎHA
(Snow Crust Moon)

Join Us Online!

Come join us online at www.talksauk.com to see what all we have to offer: games, Pictionary, videos, etc. Visit our Facebook page where you can post your comments, and see what the latest classes and activities are ongoing:

Sac and Fox language department



Log onto <http://www.youtube.com/user/Nativepolyglot> to see the latest in fun and educational Sauk videos!

We have 2013 Traditional Night DVDs available! Come by the office, call #918-968-0070 or send us an email at language@sacandfoxnation-nsn.gov

Menôhkamîwi! (It’s Spring!)



April 2014 Sauk Word Match

Match the Sauk word to the English Phrase
(Use Sauk Words from Word Search)

Menôhkamîwi	It’s Spring
Meshwêha	Rabbit
Owâwani	Egg
Shîshîpa	Duck
Kîhwîthenipena!	Let’s Eat!
Kîkênoweni	Clan Feast
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Êmehkwânani	Spoons
Nepôpinâkanani	Soup Bowls

Sac and Fox National Public Library Spring Break Activities



April 2014 Wordsearch

Feeling The Last Of Winter Blues Use word List (English Words Not in Puzzle)

w	i	ê	a	k	h	o	i	i	k	p	p	i	a	w	h	i	ê	w	k	p	p	k	h	k
w	ê	h	s	o	a	w	!	w	s	w	n	ê	e	n	p	n	î	e	ô	t	i	h	i	!
t	n	s	e	e	î	n	h	p	î	e	â	w	m	i	a	a	p	k	n	w	k	t	a	n
h	i	y	k	t	t	ê	s	h	n	i	î	a	î	e	e	n	î	s	w	n	î	h	p	h
k	m	î	a	î	n	e	n	w	m	e	s	h	w	ê	h	a	e	k	h	a	k	y	a	o
i	p	ê	h	,	h	h	a	h	â	m	ê	h	a	p	c	k	o	e	e	s	ê	i	a	n
î	a	ê	p	a	i	w	m	î	i	â	a	o	a	a	o	i	w	a	i	h	n	o	k	e
î	n	a	t	y	ê	â	î	ê	h	i	e	â	ê	m	p	h	s	â	t	a	o	m	k	s
p	,	o	h	e	m	n	ê	t	i	â	p	n	e	i	h	ê	â	i	n	a	w	â	w	o
t	i	,	â	o	î	k	i	î	h	t	n	n	t	h	î	y	i	a	y	a	e	k	a	k
î	h	a	a	w	k	n	a	n	a	e	ô	n	m	i	k	p	k	t	m	î	n	i	n	y
t	p	p	k	,	a	k	î	e	n	h	n	k	i	h	e	â	o	a	a	o	i	i	!	k
e	n	e	â	ê	ê	ê	ê	i	a	k	e	w	i	e	o	n	k	n	â	e	i	a	w	â
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t	w	n	o	p	a	w	m	!	e	t	w	n	p	e	e	a	k	h	ê	ê	p	i	w	e
k	!	p	ê	h	n	î	a	k	e	p	h	ô	n	n	n	t	a	î	h	î	i	y	a	â
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From The Merle Boyd Center

Sac and Fox Nation Health Fair

Thursday July 10th from 10 AM-2 PM

Health information, diabetes and cancer awareness, health screenings, OBI blood mobile, door prizes, raffle drawings, and much more!



Any questions please contact
Anthony Ramirez 918-968-9531, ext 3039;
Anthony.Ramirez@ihs.gov

Located at the Sac and Fox Gymnasium
by the Black Hawk Health Center, 7
miles south of Stroud

April 2014 Black Hawk Health Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
	1 open 8-4:30 Anthony in Shawnee	2 11:15 - Sweatin to the Oldies 12:15 -exercise dvd beginner's weight training class 4:45	3 11:15 - YOGA 12:15 -CIRCUIT TRAIN 4:45 Circuit Training	4 11:15 Sweatin to the Oldies 12:15 exercise dvd
7 11:15 - Sweatin to the Oldies 12:15 -exercise dvd 5:00 Cardio/core training	8 open 8-4:30 Anthony in Shawnee	9 11:15 - Sweatin to the Oldies 12:15 -exercise dvd beginner's weight training class 4:45	10 11:15 - YOGA 12:15 -CIRCUIT TRAIN 4:45 Circuit Training	11 11:15 Sweatin to the Oldies 12:15 exercise dvd
14 11:15 - Sweatin to the Oldies 12:15 -exercise dvd 5:00 Cardio/core training	15 Demo dates are Tentative open 8-4:30 Anthony in Shawnee Brittany Cooking Demo @ 11 am	16 11:15 - Sweatin to the Oldies 12:15 -exercise dvd beginner's weight training class 4:45	17 Closed 12-4:30 for In-service Training Brittany Cooking Demo @ 12 noon 4:45 Circuit training	18 11:15 Sweatin to the Oldies 12:15 exercise dvd
21 11:15 - Sweatin to the Oldies 12:15 -exercise dvd 5:00 Cardio/core training	22 open 8-4:30 Anthony in Shawnee	23 11:15 - Sweatin to the Oldies 12:15 -exercise dvd beginner's weight training class 4:45	24 11:15 - YOGA 12:15 -CIRCUIT TRAIN 4:45 Circuit Training	25 11:15 Sweatin to the Oldies 12:15 exercise dvd
28 11:15 - Sweatin to the Oldies 12:15 -exercise dvd 5:00 Cardio/core training	29 open 8-4:30 Anthony in Shawnee	30 11:15 - Sweatin to the Oldies 12:15 -exercise dvd beginner's weight training class 4:45		

Ready to make a healthy change?

- Tuesdays at the Shawnee Multi-Purpose Building
- Exercise on brand new equipment
- Learn the correct posture, balance and coordination needed
- **Have fun and be healthy!!**

Anthony Ramirez
Exercise Specialist MBC

BENEFITS OF EXERCISE

- Lower Resting Heart Rate
- Increased vascularity and better oxygen delivery to muscles
- Increased tolerance to intense exercise
- Better body shape
- Better sleeping patterns
- Less stress
- Increased self esteem



General Wellbeing

- Weight management
- Increased energy levels
- Reduction in stress levels
- Improved heart & lungs (cardiovascular)
- Improved strength & endurance
- Increased flexibility
- Enhanced bone and muscle

Helps to manage existing conditions

- Obesity
- Anxiety
- High blood pressure (hypertension)
- Stroke
- Coronary Heart Disease
- Type 2 Diabetes

Reduces the risk of medical conditions

- Obesity
- Coronary Heart Disease
- Stroke
- Type 2 Diabetes
- Bone and joint problems e.g. Osteoporosis
- Back problems
- Certain types of Cancer



Physical Fitness

The ability to function effectively in physical work, training and other activities and still have enough energy left over to handle any emergencies which may arise.

Lightning Safety Tips

LaDona Johnson, CHR Coordinator



Well, we think winter is over, right? It's spring! I love so many things about spring: warmer weather, gardens, beautiful flowers, children's playground activities, baseball games, fishing, and the list goes on and on.

One thing I do not like about spring is stormy weather. Yes, I like distant thundering, rains, the smell of spring; something I do not like is crashing lightning!

Lightning is one of the leading causes of weather-related fatalities. But the odds of being struck by lightning in a given year are only about 1 in 500,000. However, some factors can put you at greater risk of being struck.

You can protect yourself and your family if you know what to do when you see lightning or when you hear thunder as a warning. Lightning strikes the earth more than 8 million times per day. The risk of being struck is low but the consequences of lightning strike injuries are serious.

Here are some outdoor and indoor safety tips:

Outdoor Safety Tips

The best defense is to avoid lightning. Here are some outdoor safety tips that can help you avoid being struck:

Do

*Be aware – Check the weather forecast before participating in outdoor activities. If the forecast calls for thunderstorms, postpone your trip or activity, or make sure adequate safe shelter is readily available.

*Go Indoors – Remember the phrase, "When thunder roars, go indoors." Find a safe, enclosed shelter when you hear thunder. Safe shelters include homes, offices, shopping center, and hard-top vehicles with the windows rolled up.

*Crouch close to the ground and separate – If you are caught in an open area, crouch down in a ball-like position (feet and knees together) with your head tucked and hands over your ears so that you are down low with minimal contact with the ground. Do NOT lie down. Lightning causes electric current along the top of the ground that can be deadly over 100 feet away. Crouching down is the best combination of being low and touching the ground as little as possible.

*Separate – If you are in a group during a thunderstorm, separate from each other. This will reduce the number of injuries if lightning strikes the ground.

*Remember the 30-30-rule – The main lightning safety guide is the 30-30

rule. After you see lightning, start counting to 30. If you hear thunder before you reach 30, go indoors. Suspend activities for at least 30 minutes after the last clap of thunder.

Don't

*Stay in open vehicles, structures, and spaces – During a thunderstorm, avoid open vehicles such as convertibles, motorcycles, and golf carts. Be sure to avoid open structures such as porches, gazebos, baseball dugouts, and sports arenas. Stay away from open spaces such as golf courses, parks, playgrounds, ponds, lakes, swimming pools, and beaches.

*Stay near tall structures – Do NOT lie on concrete floors during a thunderstorm. Also, avoid leaning on concrete walls. Lightning can travel through any metal wires or bars in concrete walls or flooring.

Indoor Safety Tips

Even though your home is a safe shelter during a lightning storm, you may still be at risk. About one-third of lightning-strike injuries occur indoors. Here are some tips to keep safe and reduce your risk of being struck by lightning while indoors.

*Avoid water – Do NOT bathe, shower, wash dishes, or have any other contact with water during a thunderstorm because lightning can travel through a building's plumbing.

*Avoid electronic equipment – Do NOT use your computers, laptops, game systems, washers, dryers, stoves, or anything connected to an electrical outlet. Lightning can travel through electrical systems, radio and television reception systems, and any metal wires or bars in concrete walls or flooring. Equip homes with whole-house surge protectors to protect appliances.

*Avoid corded phones – Corded phones are NOT safe to use during a thunderstorm. Do NOT use them. However, it is safe to use cordless or cellular phones during a storm.

*Avoid windows, doors, porches, and concrete – Do NOT lie on concrete floors during a thunderstorm. Also, avoid leaning on concrete walls. Lightning can travel through any metal wires or bars in concrete walls or flooring.

Spring is a time for friends, family, fellowship and fun!! Enjoy this time of year, but please be safety aware. Remember, in Oklahoma, we can go from 70 degrees to an ice storm, in the same week. The same is true with clear weather to thunderstorms.

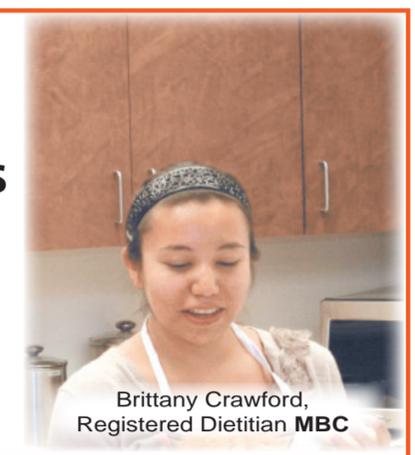
Please be weather aware, be safe, and enjoy Spring!!!!

Information provided by CDC
800-232-4636

Don't Forget The April Cooking Demos

April 15
11:00 am
April 17
12:00 noon

Dates are Tentative



Brittany Crawford,
Registered Dietitian MBC

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, please utilize SoonerRide
SoonerRide's toll free phone number is

(877) 404-4500

EDUCATION SPOTLIGHT

Tribal Member Harriett Nanaeto Attends University of Oklahoma

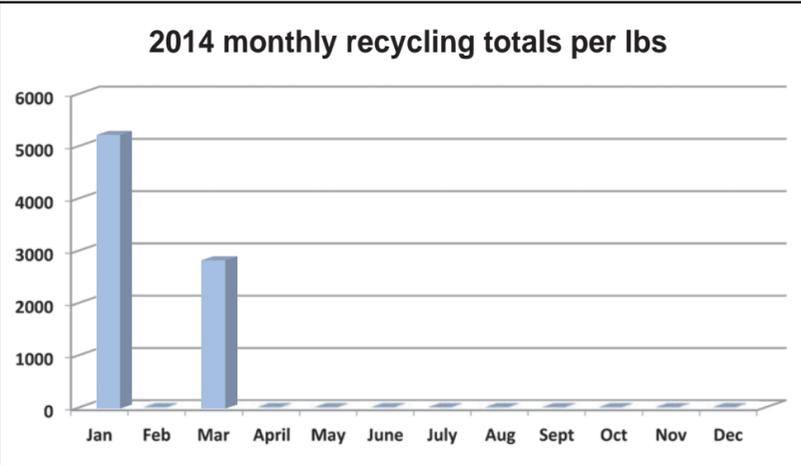


Harriett Nanaeto

Harriett Nanaeto is an enrolled Sac and Fox tribal member. She is attending the University of Oklahoma. Life is about experiences. College was and still is an experience for me. I started out right after high school but life threw some curves that caused me to falter. It has been over ten years since I first started and quit but I have come to a point in my life where I want to prove that I can finish my degree. I am a working, single mother of two children.

I am currently taking online courses at the University of Oklahoma, working towards my Bachelors of Arts in Administrative Leadership. The reason I chose to finish college now is I want to be able to provide a better life for my children. The jobs I have held over the years kept our heads above water but I want better than just barely surviving. At the age of 30, I am still growing as a person. I am an adult but I still look up to my parents, my brothers, sisters and cousins for help and inspiration. That is what I want to be for my kids, I want to be an inspiration for them when times are hard. I have made many mistakes throughout the years but nobody is perfect. It is what you learn from your mistakes that help you on your journey through life. You never stop learning or growing as a person. I wanted to prove to myself that I can do this. I wanted to show that finishing my degree while being a single, working mother is possible with the right dedication. It does get hard, I won't lie. I just have to look at my kids and realize that the end result will be worth the fight.

Office of Environmental Services



The Shawl Circle- Hoktvke Yekce

MAMA Knows, Inc. will be hosting a Shawl Circle Train the Trainer April 10th & 11th, 2014 in Ardmore at the Southern Oklahoma Vo-tech Center.

The Shawl Circle is a community-level HIV/AIDS, breast and cervical cancer prevention program designed for American Indian women and girls. The program uses community health advocates to educate American Indian women and girls within their communities and social networks.

Respectful of our American Indian communities sovereignty and understanding that department staff may be viewed with fear and distrust when taking educational and preventive messages to the community, this project brings together respected women from tribes, bands and/or clans to provide them with the education and materials needed to present the information in the correct

cultural and traditional context for their community. As each woman completes the program, she is presented with a specially-designed shawl. The shawl serves as a visual symbol of her commitment to keep herself healthy and strong

This hands-on training is designed to provide participants who work with American Indian women and girls the skills needed to creatively capture their attention and encourage behavior change. After completion, each participant will have the tools (including curriculum) needed to implement their very own Shawl Circle within their community.

Registration fee is \$25.00. Contact our office at (580)226-4238 or via email, winterstar@mamaknowsinc.org.

MAMA Knows, Inc.

PO Box 2292, 10 West Main, Suite 420 Ardmore, Ok 73402

NOTICE

The Veteran's Administration is partnering with the Pawnee Indian Health Center to enroll all Native American and non-Indian Veterans for health care benefits the third Thursday of every month from 10:30 am to 1:00 pm. Veterans will be able to get questions answered about their benefits without traveling to Tulsa, Muskogee or Oklahoma City. The Pawnee Service Unit is located on the Pawnee Nation Tribal Reserve, 1201 Heritage Circle, in Pawnee, Oklahoma 74058, for more information call: (918) 762-6724

Business Committee Meeting Minutes

are now accessible on the Website and Facebook

sacandfoxnation-nsn.gov

NOTICE

The Rap Department is Taking Requests For Lawn Care Assistance For Elders And The Handicapped 1-800-259-3970 RAP Department

SAC AND FOX TAX COMMISSION

REVENUE

February 2014

Wholesale Tobacco Tax	\$2,045.67
State Tobacco Rebate	\$182,226.27
Motor Vehicle	\$1,759.00
Sales Tax	\$13,552.48
Treasury	\$180.00
Oil & Gas	\$766.72
Gaming	\$111,321.30
TOTAL	\$311,851.44

APRIL MENU 2014

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Salad Pears	2 Chicken Pot Pie Cracker Applesauce	3 Burrito Spanish Rice Beans Pineapple	4 Fish Fries Corn on Cob Peaches
7 Polish Sausage Potato Wedge w/veggies Carrots Pears	8 Pork Chop Green Bean Casserole Salad Jello w/fruit	9 Hamburger Fries Fresh Veggies Pork & Beans Fruit Cocktail	10 Fried Chicken Scalloped Pots Green Beans Peaches	11 BB Pancake Sausage Boiled Egg Orange Juice
14 Tuna Fish Sand. Beets Chips Vanilla Pudding	15 Chicken Cass. Salad Squash Mandarin Orange	16 Goulash Garlic Bread Corn Pears	17 Black-eyed Peas Spinach Cornbread Fruit Cocktail	18 Ham Yams Baked Beans Salad Vanilla Pudding
21 Corn Soup Frybread Squash Peaches	22 Meatloaf Mashed Potatoes Green Beans Pears	23 BBQ Pork Sand Potato Salad Chips Cookie	24 Hot dog Fries Celery & Carrots Tropical Fruit	25 Biscuit & Gravy Bacon Hashbrown Applesauce
28 Salisbury Steak Scalloped Pots Green Beans Peaches	29 Chicken & Rice w/veggies Cornbread Mandarin Orange	30 Hamburger Gravy Mashed Potatoes Carrots Fruit Cocktail		



Clifford Farrell Monday

Kenneth Ray Wano

Richard W. Rice

Barbara (T) Mc Ilvaine Smith

Eva Jordan

Jessie Lee Walker

Carol Ann Holmes

Francis Leroy Grant

Ruby Mae Vandever

Robert Jackson Pennock

Elizabeth Ahkeahbo

Sharon Lee Ebbinga

Donn Whistler

Tina Jean Blackburn

Marvin Warren Thurman

Wanda Yvonne Brown

Annabell Wiseman

Gerald Dean Bushyhead

Raymond Lee Harris

Aaron Fryor Wilson

Leva Marlene Ellis

Charles Dewayne Lasley

William Scott McCoy

Earnest L. Hocker

Rose Marie Bean

Merlin Dean McClellan

Phillip Joseph Manatowa

Vonda Joyce Bryce

Lawanna Jean Sugar

Galle Rae Kennedy

Edith Lucille Harjo

Michael Harry Deer

Leo Elmer Gokey

Ruby Irene Harris

Rudy Keo

Annette Miles

Scott Eugene Harshberger

Wallace H. Allen

David Allan Edmonson

Ronnie Eugene Wano

Jimmy Kent Waller

Beverly Sue Gibson

Ralph Maurice Hamblin

Harriett Oresa Rice

Katherine Margaret Wilson

John Grass

Ramona Nadine Rico

Donald Chad Monday

Dorene Katherine Keo

Robert V. Hocker

Rose Marie Thompson

Thelma Mae Coker

Tommy Ray Moore

Dianna Sue McCaulla

Wallace Buster McClellan

Charles A. Poitras

Kenneth E. Hocker

Deborah Kay Givens

Naomi D. McCoy-Shognosh

David Jan Whistler



Alma Faye Northrup

Library to Mark 26 Years of Service

Kathy Platt, Library Director

The Library staff is hoping for better weather this year to celebrate the 26th anniversary of the Sac and Fox National Public Library. Last year's event was marred by cold and rainy weather as the Library celebrated its 25th anniversary in conjunction with the grand opening of the Cultural Center.

This year's festivities will be held on Wednesday, April 23rd. Hamburgers and hot dogs will be served from 11 a.m. to 1 p.m.

Since the first of the year, the Library has purchased more than 100 new DVDs. In addition, a rather large donation increased our video collection. The Library owns more than

1,300 DVDs that can be checked out by its patrons.

We haven't forgotten books either! We also have added the Captain Underpants series to our juvenile collection. They are sure to gross out parents and delight children. We also own the Harry Potter series as well as the Wimpy Kid book.

Books were also added to the adult section, particularly fiction.

Applications are available in the library if you don't have a library card.

Visit the library's online catalog at <https://sacandfox.biblionix.com/atoz/catalog/>.

Come and check us out!



The Sac and Fox Nation Indian Child Welfare continue the quest for foster parents.

For more information, please contact:
918-968-3526 ext. 1713

**BE THE REASON....THEY FEEL LOVED,
THEY HAVE HOPE, IT GETS BETTER!**

Muscogee (Creek) Nation

WIC Program

Stroud Clinic

USDA Building 920883 S. HWY 99

Open 1st and 3rd Wednesday of each Month

Hours: 9:30am - 3:30pm

Closed for Lunch 12:00pm - 1:00pm

1-800-648-2302 or 918-968-1784 for information

Closed last business day of each month for staff training.

Standards for participation are the same regardless of age, race, sex, color, national origin or handicap.

Native Employment Works (NEW)

Native Employment Works Funds Available Now

The Sac and Fox Nation Human Services Department is currently taking applications for Native Employment Works. NEW is a federally funded program that helps low-income households with expenses while attending school or if underemployed. We encourage you to apply at our office in Stroud or at the Shawnee Multi-Purpose Center. Please call us at the number on the bottom of this article, if you have any questions.

To qualify for NEW, you must be an enrolled member of the Sac and Fox Nation and reside within the Sac and Fox Nation jurisdictional boundaries.

The NEW program eligibility includes teen parents, unemployed parent(s) if attending school, underemployed parent(s), and other tribal members if they have one or more Sac and Fox children.

PLEASE BE PREPARED TO PROVIDE THE FOLLOWING:

- Tribal enrollment cards for all household members
 - (Birth certificates for those without a tribal enrollment card)
 - Driver's license if over 18 and not enrolled.
 - Driver's license or photo ID for applicant.
 - Social Security cards for all household members.
 - School enrollment verification or employment verification.
 - Proof of income – including paycheck stubs, Social Security or disability benefits, unemployment compensation, pension or retirement funds, etc. for all household members 18 years of age or older.
- Other documents may be required based on your situation.*

Sac and Fox Nation Human Services
920883 S. Hwy 99 Building A Stroud, Oklahoma 74079
Phone: 918-968-3526 • Extensions 2010 & 2011
Toll Free: 800-259-3970 • Fax: 918-968-0142

Sac and Fox Nation Women's Auxiliary

The Sac and Fox Nation Women's Auxiliary meet the 3rd Thursday every month at 6:00 p.m. We have a pot luck dinner at every meeting. Our meeting locations alternate from the Stroud-Elder's Building to the Shawnee-Multi Purpose Building. If anyone needs information, they can contact Shawna Spoon by phone at 405-275-2581 or by e-mail at shawnaspoon@att.net.

Brown Family Reunion

If you plan on attending please call one of the people listed below to RSVP by May 1. We are trying to get a count on how many plan to make it. Also if you would be interested in Tee shirts let us know that too. Thanks!

Please Call:

Glenda (Brown) Fuller @ 405 962-5732

Ronnie Lauderdale @ 405 765-2700

Twiggy (Wilson) Gregory @ 405- 434-9136

John Soap Jr. @ 405-585-968

Sissy Franklin @ 405 567-9254



SAC & FOX NATIONAL PUBLIC LIBRARY
OPEN HOUSE

11 a.m. to 2 p.m.
OPEN TO THE PUBLIC

COME EAT, CELEBRATE, TAKE A TOUR & ENJOY

SIGN UP FOR A LIBRARY CARD (Must have an ID & proof of residency)

April 23, 2014



Absentee Shawnee Tribe of Oklahoma Domestic Violence Program

Mission Statement
The Absentee Shawnee Tribe of Oklahoma's Domestic Violence mission is to eliminate violence in Native Country and to strengthen Native families to end the cycle of violence. Absentee Shawnee Tribe Domestic Violence program serves Native American families and Non-Native families by providing advocacy in the areas of Domestic Violence, Sexual Assault, Stalking, and Dating Violence.



The Domestic Violence Department provides services to:

Victims of Domestic Violence, Sexual Assault (on call 24 hours per day), Stalking, and/or Dating Violence. We serve Native and non-Native victims as well as their children, as these problems affect everyone in our community. When a victim flees the situation they often leave behind all of their belongings, that's where we step in, offering a hand up to the victim. We offer advocacy for the victim, through the process of court, counseling, housing and utility assistance, referrals as needed (for services ASTDV does not provide), shelter, and transitional housing. We have four transitional houses fully furnished, where victims will be provided the opportunity to get an education and obtain job skills. Emergency transportation can be provided as well. For questions regarding necessary paperwork in order to receive assistance please contact the AST Domestic Violence Office.

Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801
Phone: (405) 275-4030 Fax: (405) 273-1192
National Domestic Violence Hotline: 1-800-799-7233
National Sexual Assault Hotline: 1-800-656-4673

Eggs-tra Care for Spring Celebrations

Submitted by Tina Morris HRD

It's spring -- the season to enjoy the great outdoors and celebrate special occasions, like Easter, Passover, and graduation! While eggs are used all year 'round, they are especially important for many spring and summertime activities. They are used for cooking festive delights and for decorating and hiding just before the big Easter egg hunt.

Like meat, poultry, seafood and produce, eggs are perishable and need to be handled properly to prevent foodborne illness. Occasionally, eggs with clean, uncracked shells can be contaminated with bacteria, specifically Salmonella Enteritidis. Here's what YOU can do to have a safe and egg-cellent spring!

Clean Up, Clean Up...

* Clean hands are key! Always wash hands with warm water and soap for 20 seconds before and after food handling.

* Beware of cross-contamination. Foodborne illness can occur when kitchen equipment is not thoroughly washed between uses. Always wash food contact surfaces and cooking equipment, including blenders, in hot water and soap.

Cook and Keep Cool...

* Bacteria love to grow in moist, protein-rich foods. Refrigeration slows bacterial growth, so it's important to refrigerate eggs and egg-containing foods. Your refrigerator should be at 40 °F or below. Use a thermometer to monitor.

* Remember the 2-Hour Rule: Don't leave perishables out at room temperature for more than two hours.

* Whether you like your breakfast eggs scrambled or fried, always cook eggs until the yolks and whites are firm.

* Tasting is tempting, but licking a spoon or tasting raw cookie dough from a mixing bowl can be risky. Bacteria could be lurking in the raw eggs.

* Cook cheesecakes, lasagna, baked pasta and egg dishes to an internal tem-

perature of 160 °F. Use a food thermometer.

Easter Egg Hunt Know-How

* Only use eggs that have been refrigerated, and discard eggs that are cracked or dirty.

* When cooking, place a single layer of eggs in a saucepan. Add water to at least one inch above the eggs. Cover the pan, bring the water to a boil, and carefully remove the pan from the heat. Let the eggs stand (18 minutes for extra large eggs, 15 minutes for large, 12 minutes for medium). Immediately run cold water over the eggs. When the eggs are cool enough to handle, place them in an uncovered container in the refrigerator where they can air-dry.

* When decorating, be sure to use food-grade dyes. It is safe to use commercial egg dyes, liquid food coloring, and fruit-drink powders. When handling eggs, be careful not to crack them. Otherwise, bacteria could enter the egg through the cracks in the shell.

* Keep hard-cooked Easter eggs chilled on a shelf inside the refrigerator, not in the refrigerator door.

* Hide the eggs in places that are protected from dirt, pets and other potential sources of bacteria.

* Remember the two hour rule, and make sure the "found" eggs are back in the refrigerator or consumed within two hours.

* Remember that hard-boiled eggs are only safe to eat for one week after cooking.

Source: www.FightBAC.org

If you have any questions or concerns about food safety, contact:
Farrel Smith, RPS, MS
District Environmental Health Officer
Phone: 405-214-4217,
Email: farrel.smith@ihs.gov

Sac and Fox Nation Police Department Safety Tips from Tribal Police Chief, Bob Roberts



It is time again to prepare for the possibility of severe weather and be as prepared as we possibly can be. It is always good to be proactive instead of reacting to a situation.

Tornadoes are one of nature's most powerful and destructive forces. Here's some tips on how to prepare for a tornado and what to do if you are caught in a twister's path.

1. Prepare for tornadoes by gathering emergency supplies including food, water, medications, batteries, flashlights, important documents, road maps, and a full tank of gasoline.

2. When a tornado approaches, anyone in its path should take shelter

indoors-preferably in a basement or an interior first-floor room or hallway.

3. Avoid windows and seek additional protection by getting underneath large, solid pieces of furniture.

4. Avoid automobiles and mobile homes, which provide almost no protection from tornadoes.

5. If you are caught outside you need to lie flat in a depression or on other low ground and wait for the storm to pass.

Most tornadoes are 400 to 600 feet wide, travel four or five miles and last just a few minutes. We know in Oklahoma how destructive tornadoes can be, please be prepared.

Princess Competition

Will Be

Sunday, May 31, 2014

Sac and Fox Nation
Community Building

6:00 P.M.

APPLICATION

Sac and Fox Nation

Miss, Jr. Miss, and Little Miss Sac and Fox Nation
Application Due April 30, 2014

Name: _____

Date of Birth: _____

TRIBAL MEMBER

Sac and Fox Roll No.: _____

DESCENDANT

If not an enrolled tribal member, please describe Sac and Fox lineage:

Parent(s) Name & Tribe: _____

Maternal Grandparents Name & Tribe: _____

Paternal Grandparents Name & Tribe: _____

Grass Family Reunion
Sac and Fox Community Building
May 3, 2014
Come one - Come all
For Information Call
918-290-0602

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF
WILL NOW BE AT
THE SHAWNEE MULTIPURPOSE CENTER
TWICE A MONTH.

THE TAX COMMISSION WILL BE THERE ON
THE FIRST (1ST) AND THIRD (3RD)
THURSDAYS OF EACH MONTH.

WE WILL BE ABLE TO BETTER SERVE TRIBAL
MEMBERS LIVING IN THE SHAWNEE AREA WITH
MOTOR VEHICLE REGISTRATION AND ANY
OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

earn FREE college tuition
it's Oklahoma's Promise

With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION

Apply online at www.okpromise.org or

Contact the Oklahoma State Regents for Higher Education by e-mail at okpromise@osrhe.edu or by phone at 1-8-858-1840 (225-9152 in OKC)

Get an application from your counselor

ATTENTION TRIBAL MEMBERS



**Sr. Man and Sr. Woman
Nominations Due**

April 18, 2014

I, _____, Roll # _____ hereby

nominate the following Man: _____

He should be the Sac and Fox Nation Sr. Man because: _____

I, _____, Roll # _____ hereby

nominate the following Woman: _____

She should be the Sac and Fox Nation Sr. Woman because: _____



The American Indian Library Association (AILA) did an informal survey among Tribal Librarian and came up with a list of the Top 10 Native American novels. The Sac and Fox National Public Library currently owns 6 of the 10 novels and plans to order the rest. Visit the Library to check out your copy today.

Art with a Cause Urban Indian 5 Association

Art With A Cause is the mantra taken up by a group of five American Indian artists. The group known as the Urban Indian 5 (UI 5) have banded together to inspire wellness among indigenous people. The artists include Gerald Cournoyer, Oglala Lakota, Shan Goshorn, Eastern Band Cherokee, Brent Greenwood, Chickasaw/Ponca, Thomas Poolaw, Kiowa/Delaware, and Holly Wilson, Delaware/Cherokee.

American Indians suffer from diabetes, heart disease, cancer and suicide at alarmingly high rates. With their art the UI 5 hope to create an innovative approach to improve the health and well being of native peoples across the world. Successful in their own right, these art-

ists are offering prints of their work at no profit to themselves to be displayed permanently in Indian and non-Indian health centers.

In addition to the art project a documentary about the Urban Indian 5 entitled "I Said I Would Never Paint This Way Again;" has recently finished principal shooting. The film is undergoing a final edit and will soon be available for screenings in local communities.

For more information on sponsorship of Art With A Cause and the Urban Indian 5 Association contact Steve Barse, Executive Director UI 5 Association 405.556.1665 or s.j.barse@outlook.com. Also go to www.urbanindian5.com or Facebook/Art with a Cause

Honoring Our Sac and Fox Veterans Stephen Walter Pendleton

Stephen Walter Pendleton joined the Air Force in 2009 after graduating from Memorial High School in Tulsa, Oklahoma.

After completing basic training at Langley Air Force in San Antonio, Texas, Stephen graduated at the top of his class.

After basic training he was stationed at Nellis Air Force Base in Las Vegas, Nevada where he worked as a MP First Class Airman.

He completed several more training sessions for his first Iraq tour in 2011.

After completing his tour in Iraq he returned back home to Nellis Air Force Base for a little over a year. He also received additional Special Force Training at Fort Hood, Texas from January through April ranking him as a Senior Airman E4.



Stephen Walter Pendleton

His 2nd tour of duty began in Afghanistan, April 2013.

He is now stationed at Bagram Air Base in Afghanistan where he conducts outside the wire patrols to maintain Security of Bagram Airfield. He is also part of a Perimeter Response Force and patrols Tower Watch.

He has recently been promoted to Staff Sergeant and received several medals including; Iraq Campaign Metal, Afghanistan Campaign Metal, Afghanistan Outstanding Unit award and Airforce Achievement award.

Stephen Walter Pendleton, an enrolled member of the Miami Tribe, is the son of Patty York-Pendleton (Sac and Fox) of Cushing, Oklahoma and Walter B. Pendleton, Dallas Texas; brother of Kyle Pendleton, Tulsa, Oklahoma and the grandnephew of Norwood (Sonny Masquat Jr., Viet-Nam U.S. Army, now serving as Commander of the Sac and Fox Nation Color Guard. Other relatives who served include Beloved Grandmother Virginia Harris-York (Sac and Fox) U.S. Marine Corp, who during

the Korean War was promoted to CPL stationed at MCRDEP, Parris Island, S.C. 3rd Bn.; Beloved Grandfather, Robert L. York, U.S. Army; Beloved Great Uncle Ruffis Harris, Korea, U.S. Army (Sac and Fox); Beloved Great Grandpa Norwood Masquat Sr., WWII, U.S. Army (Sac and Fox) and beloved Great Grandpa Clyde York, WWII U.S. Army.

**Sac and Fox
Nation
Veterans
Meeting**
April 8, 2014
Elders Bldg
Stroud 5 pm

NOTICE CAMP CLEAN-UP

In preparation for Pow-Wow there will be two camp clean-up days
May 17 and June 21
Pickup is May 19 & June 23

- Place big items next to road for pickup
 - Small items should be placed in the dumpsters
- Any questions call: 918-968-4271

Your Home for Aquatic Therapy in Green Country

Decreases joint pain | Reduces swelling in lower extremities | Improves circulation

DRUMRIGHT
115 E Broadway
918-352-3838



STROUD
323 West. Main St.
918-987-0608

Low impact recovery for high impact results.

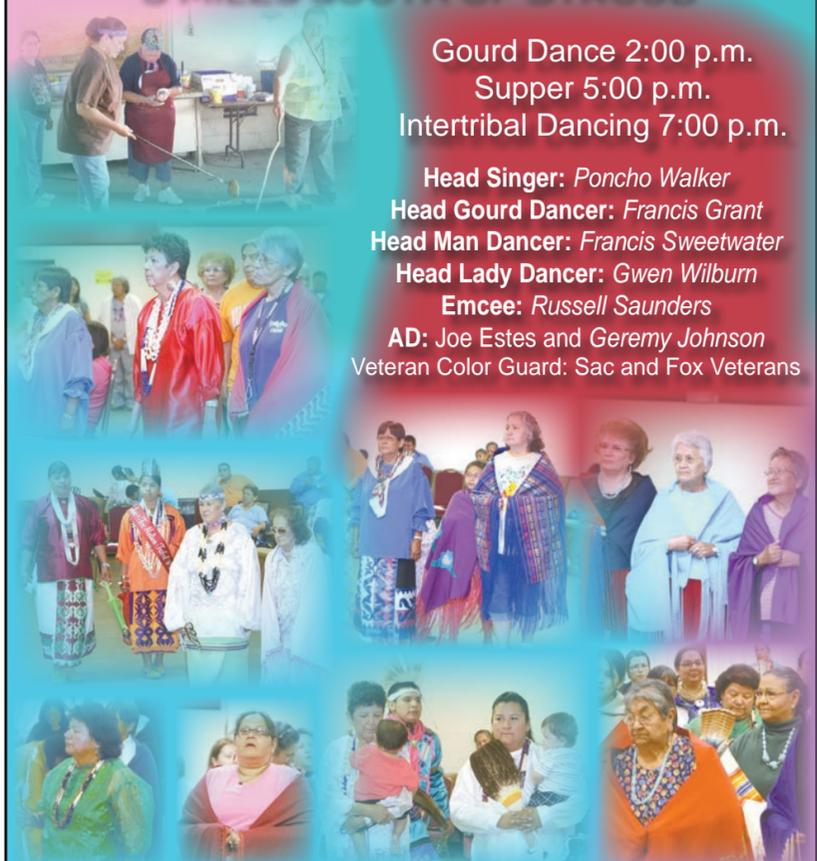
www.greencountrypt.com — most insurance plans accepted — call today!

Sac and Fox Elders Mother's Day Dance

MAY 10, 2014
SAC AND FOX COMMUNITY BUILDING
5 MILES SOUTH OF STROUD

Gourd Dance 2:00 p.m.
Supper 5:00 p.m.
Intertribal Dancing 7:00 p.m.

Head Singer: Poncho Walker
Head Gourd Dancer: Francis Grant
Head Man Dancer: Francis Sweetwater
Head Lady Dancer: Gwen Wilburn
Emcee: Russell Saunders
AD: Joe Estes and Jeremy Johnson
Veteran Color Guard: Sac and Fox Veterans



Not Responsible for Accidents or Theft

Norwood Masquat, Jr., Commander of Sac and Fox Nation Veterans' Organization

"No new DD214's have come in. We need 214's for our next monuments. We want to complete the four monuments for WWI, WWII, Korea and the Women's monuments by the fall of 2014.

Information Needed to Find a Person's DD214

- ✓ Veteran's Name
- ✓ Date and place of birth
- ✓ Branch of service
- ✓ Time and term of service
- ✓ Service number if available
- ✓ Social Security number, if available

With this information we can track down an individual's DD214, enabling us to see his or her service record.

See Cathrine Walker 1-918-968-0705

Sac and Fox Nation Housing Authority Expanding Service

The Housing Authority of the Sac and Fox Nation is expanding our service to assist our housing participants in getting rent delinquencies paid, getting in compliance with Housing policies and assist with other concerns

Two locations are listed for your convenience.

Where: Cushing Chamber of Commerce

When: 1st and 3rd Wednesday

Time: 9:00 am to 1:00 pm

Second location

Where: Sac and Fox Education Bldg.

When: 2nd and 4th Wednesday

Time: 9:00 am to 3:00 pm

If you should have any questions feel free to contact;

Erica Masquat,
Tenant Accounts Specialist
@ 1-800-831-7515

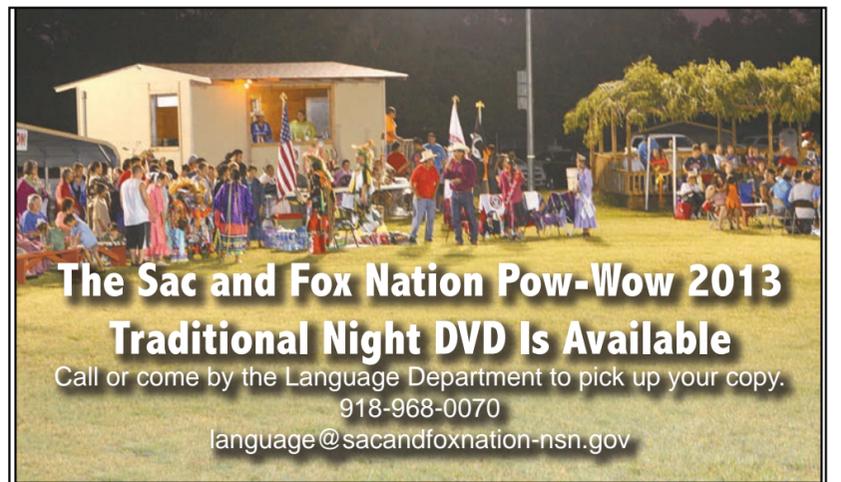


Members of the Sac and Fox Nation Honor Guard and Womens Auxillary held a conference on March 22 to discuss plans for four new monuments and landscaping at the Veterans' Memorial Park. (SFN Photo)

LIHEAP Funds Available

Liheap funds are available for tribal members (all federally recognized tribes) that live within the jurisdiction and are within the income guidelines. The Tribal Energy guidelines state that Liheap is to be used first if people are eligible and funds are available. There are copies of the Tribal Energy guidelines available at the Sac and Fox Nation Social Services Building and also at Shawnee Housing Center.

918-968-3526 Ext. 2001 & 2011



The Sac and Fox Nation Pow-Wow 2013 Traditional Night DVD Is Available

Call or come by the Language Department to pick up your copy.

918-968-0070

language@sacandfoxnation-nsn.gov

ATTENTION TRIBAL MEMBERS

**A MEMBER OF THE TAX COMMISSION STAFF
WILL NOW BE AT
1st INDIAN BAPTIST CHURCH
CUSHING OKLAHOMA
1034 EAST WALNUT
ONCE A MONTH.**

**THE TAX COMMISSION WILL BE THERE
2nd THURSDAY OF EACH MONTH
WE WILL BE ABLE TO BETTER SERVE TRIBAL
MEMBERS LIVING IN THE CUSHING AREA WITH
MOTOR VEHICLE REGISTRATION AND ANY
OTHER SERVICE THAT WE CAN ASSIST YOU WITH.**

Elders Easter Party!

Friday, April 18, 2014

Sac and Fox Elders/Veterans Building
on Hwy 99 in Stroud (north of JB's Smoke Shop)

10am –
2:00pm

+ Door Prizes + Lunch Served +
Contests for: Prettiest Bonnet
Most Eggs Found
Most Decorative Basket

The Sac and Fox National Public Library Summer Reading Program...

...is a fun way to include reading and related activities during the summer. It helps children maintain and improve reading skills.

One great way to keep your children reading is to have them join the Fizz, Boom, Read! Summer Reading Program at Sac and Fox National Public Library

**When:
June 3, 2014 –
to
July 25, 2014**

Reading expert Stephen Krashen says:
• Children read more when they listen to and discuss books.
• Reading skills grow by reading.
• Reading helps improve children's writing



Jim Thorpe
Native American Games
Venue Locations
June 8-14, 2014



- OPENING CEREMONY – Firelake Arena (Sunday, June 8th)
- Stickball Exhibition – Firelake Pow Wow Grounds (Sunday, June 8th)
- Softball – Ballfields at Firelake (Monday – Tuesday, June 9-10th)
- Golf – Firelake Golf Course (Monday – Tuesday, June 9 -10th)
- Cross Country – Gordon Cooper Vo-Tech (Monday, June 9th)
- Wrestling – Shawnee High School (Monday, June 9th)
- Basketball – OBU & St. Gregory's (Tuesday – Thursday, June 10-12)
- Track & Field – OBU (Tuesday, June 10th)
- Beach Volleyball – OBU (Saturday, June 14th)
- Tennis – OBU (Friday & Saturday, June 13-14th)
- Martial Arts – OBU (Saturday, June 14th)
- All Star Football Game – OBU (Practices – Tues. – Thurs., June 10-12; Game – Fri., June 13th)
- Lacrosse Exhibition – OBU (Friday, June 13th)

Applications are due May 1, 2014

They can be accessed online (sacandfoxnation-nsn.gov)

Picked up at the Shawnee Multi-purpose Building
or contact Carolyn Fite @ 918-968-3526 Ext. 1008



"Veterans helping Veterans"

SAC & FOX NATION VETERAN'S WOMEN'S AUXILIARY
HONOR GUARD PRINCESS SELECTION

The Sac and Fox Nation Veteran's Women's Auxiliary will be selecting the Sac and Fox Veteran's Honor Guard 2014-2015 Princess. We are now accepting Biographies from all interested young ladies who meet the following criteria. The princess will be announced and crowned at the annual Sac and Fox Veteran's Memorial Day Pow-Wow, May 24, 2014.

Candidates are required to meet the following criteria:

1. Candidate must be of Sac & Fox descent
2. Age limit: 13-19 years of age
3. Have a family member(s) who is a veteran (living or deceased) or is currently serving in the military
4. Submit a typewritten, detailed biography about them. Biography should show applicant's knowledge of their Sac & Fox heritage, veteran background and all accomplishments.
5. Dancing ability
6. All candidates must be in full regalia and be present at the time of selection
7. Reside in Oklahoma
8. No cohabitation
9. No children

Please include address and telephone number. All biographies need to be submitted to the Sac & Fox Veteran's Women's Auxiliary, 920883 S. Hwy. 99 Building A, Stroud, Oklahoma 74079 or e-mailed to the Auxiliary Secretary, Shawna Spoon, at shawnaspoon@att.net. Deadline for submission is May 10, 2014. Please contact Clarissa Littlehead, Auxiliary Chairperson, at 405-240-0082 or Shawna Spoon at 405-275-2581 for further information.

Business Committee Meeting Minutes

Regular Business Committee Meeting Mini-Minutes February 13 And Recessed February 19, 2014

Please be advised that the following official actions were taken by the Business Committee in the Regular Meeting held on the 13th day of February 2014 and the Recessed Regular Meeting held on the 19th day of February 2014 and these actions are to be followed-up by the appropriate department/personnel:

(1) Approval of Resolution SF-14-86, Fiscal Year 2014 Revenue Allocation Plan Grievance Committee Budget

Second Chief Gregory made a motion by Resolution SF-14-86, a resolution approving the Fiscal Year 2014 Revenue Allocation Plan Grievance Committee Budget in the total amount of Twenty Thousand Dollars (\$20,000.00). The funding source is identified as the approved Governing Council Resolution SF/GC-14-06, line 16. Treasurer King seconded.

VOTE: Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(2) Approval of Resolution SF-14-87, Fiscal Year 2014 Veteran's Memorial Reserve Fund Budget

Second Chief Gregory made a motion by Resolution SF-14-87, a resolution approving the Fiscal Year 2014 Veteran's Memorial Reserve Fund Budget in the total amount of One Hundred Fifty-One Thousand Seven Hundred Twenty-Six Dollars (\$151,726.00). The funding source is identified as the Revenue Allocation Plan Veteran's Memorial Reserve Fund started in Fiscal Year 2006. Committee Member Nullake seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(3) Approval of Resolution SF-14-88, Fiscal Year 2014 Revenue Allocation Plan Veteran's Honor Guard Budget Modification #1

Committee Member Nullake moved by Resolution SF-14-88, a resolution approving the Fiscal Year 2014 Revenue Allocation Plan Veteran's Honor Guard Budget Modification #1 in the total amount of Twenty Thousand Dollars (\$20,000.00). The funding source is identified as the Governing Council approved Resolutions SF/GC-14-04 and SF/GC-14-06, line 20. Second Chief Gregory seconded.

VOTE: Secretary – Yes, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Yes. Motion carried.

(4) Approval of Resolution SF-14-89, Fiscal Year 2014 Department of the Interior Office of Self-Governance Budget Modification #1

Second Chief Gregory made a motion by Resolution SF-14-89, a resolution approving the Fiscal Year 2014 Department of the Interior Office of Self-Governance Budget Modification #1 in the total amount of One Hundred One Thousand One Hundred Twelve Dollars (\$101,112.00). The funding source is identified as the Department of the Interior Compact Annual Funding Agreement. Committee Member Nullake seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, and Secretary – Yes. Motion carried.

(5) Approval of Resolution SF-14-90, Fiscal Year 2014 Indian Health Services Office of Self-Governance Budget Modification #1

Second Chief Gregory made a motion by Resolution SF-14-90, a resolution approving the Fiscal Year 2014 Indian Health Services Office of Self-Governance Budget Modification #1 in the total amount of One Hundred One Thousand One Hundred Twelve Dollars (\$101,112.00). The funding source is identified as the Indian Health Services Compact Annual Funding Agreement and previous year's carryover. Committee Member Nullake seconded.

VOTE: Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, and Treasurer – Yes. Motion carried.

(6) Approval of Resolution SF-14-91,

An Agreement Between the Sac and Fox Nation and Windstream Communications for the Education Department

Second Chief Gregory made a motion by Resolution SF-14-91, a resolution authorizing and approving the Agreement between the Sac and Fox Nation and Windstream Communications. The funding source is identified as the Fiscal Year 2014 Revenue Allocation Plan Education Budget. Committee Member Nullake seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(7) Approval of Resolution SF-14-92, An Agreement Between the Sac and Fox Nation Black Hawk Health Center and the National Archives and Records Administration's (NARA'S) Federal Records Center, Contract #2014-01-03.

Second Chief Gregory made a motion by Resolution SF-14-92, a resolution authorizing and approving an Agreement between the Sac and Fox Nation Black Hawk Health Center and The National Archives and Records Administration's (NARA'S) Federal Records Center, Contract #2014-01-03, to provide secure storage of Records. The funding source is identified as the Fiscal Year 2014 Indian Health Services Compact Budget. Committee Member Nullake seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(8) Renewal Contract #2012-08-08a Between the Sac and Fox Nation Black Hawk Health Center and Sumit K. Nanda Second Chief Gregory made a motion to approve Contract #2012-08-08a, a renewal between the Sac and Fox Nation Black Hawk Health Center and Sumit K. Nanda. Committee Member Nullake seconded.

VOTE: Secretary – Yes, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Yes. Motion carried.

(9) Renewal Contract #2012-09-06a Between the Sac and Fox Nation Black Hawk Health Center and Darin Haivala, MD

Second Chief Gregory made a motion to approve Contract #2012-09-06a, a renewal between the Sac and Fox Nation Black Hawk Health Center and Darin Haivala, MD. Treasurer King seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, and Secretary – Yes. Motion carried.

(10) Renewal Contract #2012-09-05a Between the Sac and Fox Nation Black Hawk Health Center and Donald P. Maxwell, Jr., MD

Second Chief Gregory made a motion to approve Contract #2012-09-05a, a renewal between the Sac and Fox Nation Black Hawk Health Center and Donald P. Maxwell, Jr., MD. Committee Member Nullake seconded.

VOTE: Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, and Treasurer – Yes. Motion carried.

(11) Renewal Contract #2012-09-04a Between the Sac and Fox Nation Black Hawk Health Center and F.C. Lawrence, MD

Second Chief Gregory made a motion to approve Contract #2012-09-04a, a renewal between the Sac and Fox Nation Black Hawk Health Center and F.C. Lawrence, MD. Committee Member Nullake seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(12) Renewal Contract #2009-12-02a Between the Sac and Fox Nation Black Hawk Health Center and Harry C. Fisher, D.O.,P.C.

Second Chief Gregory made a motion to approve Contract #2009-12-02a, a renewal between the Sac and Fox Nation Black Hawk Health Center and Harry C. Fisher, D.O.,P.C. Committee Member Nullake seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(13) Relinquishment Paperwork Requested by the Business Committee

The Business Committee acknowledges that the Enrollment Department has received the letter of tribal members finalized Relinquishment of Navajo Nation Membership. The letter is dated February 04, 2014 and received from Alisia Milford, Vital Statistics Technician, Navajo Nation; therefore, Business Committee states, we do hereby accept the Relinquishment Letter received from the Navajo Nation and according to his form received, Relinquishment of Navajo Nation Membership signed November 26, 2013, the tribal member wishes to remain a member of the Sac and Fox Nation.

(14) Approval of Agreement Between the Sac and Fox Nation and Friction Motor Sports

Second Chief Gregory made a motion to permit Friction Motor Sports to use the Tanger Parking Lot on March 15, 2014; the proposed rental is \$800.00. Committee Member Nullake seconded.

VOTE: Secretary – Yes, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Yes. Motion carried.

(15) Oklahoma Law Enforcements Tele-Communication System (OLETS), Registration of Car Tags

Secretary McCormick so moves that we participate. Treasurer King seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – No, and Secretary – Yes. Motion carried.

(16) Approval of Resolution SF-14-93 Fiscal Year 2014 Indirect Cost Budget Modification #2

Second Chief Gregory moves by Resolution SF-14-93, a resolution approving the Fiscal Year 2014 Indirect Cost Budget Modification #2 in the total budget amount of Three Million Sixty-Two Thousand Three Hundred Thirty-Five Dollars (\$3,062,335.00). The funding

sources are identified as all programs paying direct wages through an approved indirect cost allocation plan and prior year carryover. Treasurer King seconded.

VOTE: Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, and Treasurer – Yes. Motion carried.

(17) Request to Apply for a Grant from the Preservation Assistance Grants for Archival Collections

Secretary McCormick said, I say we go ahead and approve it Chief and then let her do what she can with it. Committee Member Nullake seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(18) Violation Notice and Recommendation (Meeker Smoke Shop)

Second Chief said Secretary will be sending out a letter to the City of Meeker. Principal Chief said, ask Realty if they would draft a letter for someone's signature saying that we're addressing the problem, we just need time to get an estimate and to actually do the repairs.

TABLED the following items, to be brought back to the next meeting of February 27, 2014:

1. Resolution SF-14-___ Authorizing and Approving an Agreement Between the SFN BHHC and Reserve Nation, LLC, (Contract #2014-01-01 Revision #2)
2. Renewal Contract Between SFN BH and Sharpe 65hHC and Sharpe 655, Inc.
3. Recommendation from the Gaming Commissioners for Appointment.
4. Archives Policy and Procedures Manual (SFN Library).
5. SENSE Contract.

TABLED the following items, to be brought back on February 19, 2014:

1. DONATIONS: Charitable Local Government

The Business Committee Recessed at 4:35 p.m. to Wednesday February 19, 2014 to begin at 9:30 a.m.

Recessed Regular Business Committee Meeting February 19, 2014

Start with Resolution SF-14-94

Please be advised that the following actions were taken by the Business Committee in a Recessed Regular Business Committee Meeting held on the 19th day of February 2014 and they are to be followed-up by the appropriate department/personnel:

(1) Approval of Resolution SF-14-94 Fiscal Year 2014 Revenue Allocation Plan Elders Advisory Committee Budget Modification #1

Committee Member Nullake moved by Resolution SF-14-94, a resolution approving the Fiscal Year 2014 Revenue Allocation Plan Elders Advisory Committee Budget Modification #1 in the total funding amount of Twenty Thousand Dollars (\$20,000.00). The funding source is identified as the Governing Council Resolution SF/GC-14-04 and SF/GC-14-06. Secretary McCormick seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(2) Contract #2013-03-01b between the Sac and Fox Nation and Mary Lee Brown

Committee Member Nullake made a motion to approve Contract #2013-03-01b between the Sac and Fox Nation Elders Advisory Committee and Mary Lee Brown effective today. Secretary McCormick seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(3) Approval of Resolution SF-14-95 Fiscal Year 2014 Second Chance Act Adult and Juvenile Reentry Program Budget

Committee Member Nullake moved by Resolution SF-14-95, a resolution approving the Fiscal Year 2014 Second Chance Act Adult and Juvenile Reentry Program Budget in the total amount of Four Hundred Ninety-Three Thousand Nine Hundred Two Dollars (\$493,902.00). The funding source is identified as the Department of Justice Office of Juvenile Justice and Delinquency Prevention Grant #2010-CZ-BX-0069. Secretary McCormick seconded.

VOTE: Secretary – Yes, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Abstained. Motion carried.

(4) Approval of New Position and Job Description for the Reentry Program Specialist and the Reentry Program Assistant.

Committee Member Nullake made a motion to approve the request of two positions and job descriptions that go with the Reentry Program Specialist and Reentry Program Assistant, per the request January 21, 2014, as presented. Both positions will be funded from the Second Chance Grant. Second Chief Gregory seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, and Secretary – Yes. Motion carried.

(5) CHARITABLE DONATIONS:
Second Chief Gregory made a motion to approve the donation requests from Charitable Donations in the amount of \$6,700.00, those requests being from:

- Big Brothers/Big Sisters \$750.00
 - Shield of Faith Church in Catoosa, OK \$1,000.00
- (Continued on Page 13)

Business Committee Meeting Minutes

Reconvened Regular Business Committee Meeting Mini-Minutes
February 19, 2014
(Continued from page 12)

Sac and Fox Chapter	Davenport Public Schools
Native American Church	\$500.00
\$1,000.00	Stroud Little League Baseball
Twin Lakes Volunteer Fire Department	\$500.00
\$250.00	Ripley High School
Special Olympics	\$500.00
\$500.00	Seminole State College Ed Foundation
Oklahoma City National Memorial	\$1,000.00
\$500.00	College Horizons
Murrow Indian Children	\$1,000.00
\$500.00	Catching the Dream
Lincoln County Sheriff's Department	\$1,000.00
\$1,000.00	Shawnee Public Schools
The Knights Auto Club	Indian Education Program
\$200.00	\$600.00
Oklahoma Federation of Indian Women	Paden FFA
\$1,000.00	\$250.00
TOTAL \$6,700.00	TOTAL \$8,100.00

the funding source is identified as Charitable Donations approved by the Governing Council RAP Resolution SF/GC-14-06, lines 36 and 37. Committee Member Nullake seconded.

VOTE: Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, Secretary – No, and Treasurer – Yes. Motion carried.

(6) LOCAL GOVERNMENT DONATIONS:

Second Chief Gregory made a motion to approve the donation requests from the Local Government Donations, those requests being from:

Shawnee Athletics	\$1,500.00
Agra Athletics	\$250.00
Oak Grove School	\$500.00
Stroud Public Schools	\$500.00

in the total amount of \$8,100.00, the funding source is identified as Governing Council RAP Resolution SF/GC-14-06, lines 36 and 37 under Local Government. Committee Member Nullake seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – No, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(7) Second Chief stated she added c. to the Executive Session and is withdrawing that item until the next meeting.

(8) HRP#2014-02
Chief of Staff will do a further study on this item.
(9) Salary
Inquiry, Chief of Staff will bring back after further study at the Business Committee's directive.

The Recessed meeting adjourned at 4:24 p.m.

April is National Child Abuse Prevention Month

This month and throughout the year, The Sac and Fox Nation Indian Child Welfare encourages all individuals and organizations to play a role in making The Sac and Fox Nation Reservation a better place for children and families. By ensuring that parents have the knowledge, skills, and resources they need to care for their children, we can help promote children's social and emotional well-being and prevent child maltreatment within families and communities.

Research shows that when parents possess six protective factors, the risk for neglect and abuse diminish and optimal outcomes for children, youth, and families are promoted.

The six protective factors are:

- Nurturing and attachment
- Knowledge of parenting and of child and youth development
- Parental resilience
- Social connections
- Concrete supports for parents
- Social and emotional developmental well-being

April is a time to celebrate the important role that communities play in protecting children, Everyone's participation is critical. Focusing on ways to build and promote the protective factors, in every interaction with children and families, is the best thing our community can do to prevent child maltreatment and promote optimal child development.

The theme for this year's National Child Abuse Prevention Month and the 19th National Conference on Child Abuse and Neglect is "Making Meaningful Connections." When we make meaningful connections with the children, youth, and families in our communities, we can help parents build the knowledge and skills and access the resources necessary to raise happy and healthy children.

Everyone can play a role in preventing child abuse and neglect and promoting child and family well-being. This section provides information on getting involved to strengthen your community and the families in your community.

Get involved to strengthen your community!

Baby steps

- Meet and greet your neighbors
- Go to a parents meeting at your child's school

- Participate in an activity at your local library or community center

Small steps

- Set up a playgroup in your community at homes or local park (consider inviting people who may not have children at home, like local seniors)

- Organize a community babysitting co-op

- Volunteer at your child's school through the school's administration or the parent's organization

- Encourage local service providers to produce a directory of available services that are easy to find in the community

Big steps

- Organize a community event (a block party, father/daughter dance, parent support group)

- Run for an office in the parent organization at your child's school

- Attend local government meetings (city council or school board meetings) and let them know how important resources are in your community. Let them know how parks, strong schools, and accessible services help to strengthen your family and other families.

Vicki Rutledge
Director, Sac and Fox Nation
Indian Child Welfare
918-968-3526 ext. 1713

Urgent Need For Foster Families Within Sac and Fox Nation

Currently, there is an urgent shortage of foster families capable and willing to foster infants, teenagers and sibling groups within the Sac and Fox Nation. If you have love in your heart, a warm home, and want to make a difference in the life of a child, please contact the Sac and Fox Nation Indian Child Welfare department. 918-968-3526 ext. 1713.

Bringing a child or children into your home and effectively raising them requires an incredible amount of time and effort on the part of foster families. Why choose to do this? Choose this path and give a child a second chance at a happy, healthy, and safe childhood.

Acts 20:35 In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus him-

self said: 'It is more blessed to give than to receive.'



Yuan York
Child Welfare Specialist II
918-968-3526 ext. 1713

Deadline For May Paper is Monday, April 21



INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS

The Sac and Fox Nation's Business Committee will be appointed people to fill vacancies, as they occur, on various Committees, Commissions, and Board. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form to the Tribal Secretary.

NAME: _____ Roll Number: _____

Address _____ Telephone: _____

CITY: _____ State: _____ Zip Code: _____

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:

Priority #1: _____

Priority #2: _____

Priority #3: _____

Submitted by: _____ Date: _____

HELP WANTED!

SAC & FOX NATION EMPLOYMENT OPPORTUNITIES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH THE SAC & FOX NATION:

Resident Advisor (Juvenile Detention Center/Stroud)
Open Continuously

Human Services Director (Stroud)
Open Continuously

Surveillance Observer (Gaming)
Open until filled

Director of Health Services (BHHC Stroud)
Seeking Immediate Placement

Compliance Officer (Gaming)
Seeking Immediate Placement

Surveillance Technician (Gaming)
Seeking Immediate Placement

Laboratory Manager (BHHC Stroud)
Open Until Filled

Medical Director (BHHC Stroud)
Seeking Immediate Placement

Substance Abuse Counselor (JDC/Stroud)
Seeking Immediate Placement

Re-Entry Program Specialist (JDC/Stroud)
Seeking Immediate Placement

Re-Entry Program Specialist Assistant (JDC/Stroud)
Seeking Immediate Placement

Laboratory Manager (BHHC Stroud)
Open Until Filled

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920883 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968- 3526

Business Committee Meeting Minutes

Regular Business Committee Meeting Mini-Minutes March 13, 2014

Please be advised that the following official actions were taken by the Business Committee in a Regular Business Committee Meeting held on the 13th day of March 2014 and they are to be followed-up by the appropriate department/personnel:

(1) Regular Business Committee Meeting Minutes of February 13, 2014

Second Chief made a motion to approve the minutes of February 13, 2014 with the correction and addition. Committee Member seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(2) Reconvened Regular Business Committee Meeting Minutes of February 19, 2014

Second Chief made a motion to approve the minutes of February 19, 2014. Committee Member seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(3) Resolution SF-14-99, Approving the Native Employment Works Program (NEW) Budget Modification #1

Second Chief made a motion by Resolution SF-14-99 a resolution approving the Native Employment Works Program (NEW) budget modification #1 in the total amount of Thirty-Nine Thousand Two Hundred Eighty-Nine Dollars (\$39,289.00). The funding sources are identified as the Department of Health and Human Services, Administration for Children and Families, Grants #G-10IEOKNEWP, G-11IEOKNEWP, G-12IEOKNEWP, and G-13IEOKNEWP. Committee Member seconded.

VOTE: Secretary – No, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief. Motion carried.

(4) Resolution SF-14-100, Approving the Native Voices Endowment Endangered Language Fund Budget

Second Chief made a motion by Resolution SF-14-100 a resolution approving the Native Voices Endowment Endangered Language Fund Budget in the total

amount of Thirteen Thousand Five Hundred Ninety-Eight Dollars (\$13,598.00). The funding source is identified as revenue received from the Endangered Language Fund. Committee Member seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, and Secretary – Yes. Motion carried.

(5) Contract #2008-06-04d Outpatient Clinic Funding Agreement – Tribal Health Services Providers (OHCA)

Second Chief made a motion to approve Contract #2008-06-04d with Sooner Care American Indian/Alaska Native Tribal Health Services Providers. Committee Member seconded.

VOTE: Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, and Treasurer – Yes. Motion carried.

(6) Resolution SF-14-101, Adding Four (4) Persons to the Membership Roll of the Sac and Fox Nation

Secretary said, I would so move. (to approve Resolution Sf-14-101 adding four (4) persons to the Membership Roll of the Sac and Fox Nation in accordance with the Constitution and Laws of the Sac and Fox Nation). Committee Member seconded.

VOTE: Principal Chief – Yes, Second Chief – Yes, Secretary – Yes, Treasurer – Yes, and Committee Member – Yes. Motion carried.

(7) Resolution SF-14-102, Acknowledging Receipt of a Conditional Relinquishment

Secretary said, I would so move approval as he requested, by Resolution SF-14-102. Committee Member seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(8) Library Director Requests to Reopen the Library Gallery to Sell Items

Secretary said, I would so move with her request. Second Chief seconded.

VOTE: Secretary – Yes, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Yes.

Motion carried.

(9) Approve Changes to the Administrative Assistant Job Description
TABLED for further discussion.

(10) Request to Purchase Two (2) Sac and Fox Nation Tribal Flags

Second Chief made a motion to approve the request to purchase two (2) Sac and Fox Nation Tribal Flags. Committee Member seconded.

VOTE: Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, Second Chief – Yes and Secretary – Yes. Motion carried.

(11) Relocate Indian Child Welfare Office back to the Shawnee Multi-Purpose Building

Secretary moves approval. (Relocate Indian Child Welfare Office back to the Shawnee Multi-Purpose Building). Committee Member seconded.

VOTE: Second Chief – Yes, Secretary – Yes, Treasurer – Yes, Committee Member – Yes, and Principal Chief – Yes. Motion carried.

(12) Resolution SF-14-103, Approving the Fiscal Year 2014 Revenue Allocation Plan Activity Committee Budget

Modification #1

Second Chief made a motion by Resolution SF-14-103 a resolution approving the Fiscal year 2014 Revenue Allocation Plan Activity Committee Budget Modification #1 in the total funding amount of Twenty Thousand Dollars (\$20,000.00). The funding sources are identified as the Governing Council approved Resolutions SF-GC-14-04 and SF/GC-14-06, line 13. Committee Member seconded.

VOTE: Secretary – No, Treasurer – Yes, Committee Member – Yes, Principal Chief – Yes, and Second Chief – Yes. Motion carried.

(13) Approve a Title Change from Facility Administrator to Facility Director

Secretary said, I would move that we approve the action requested, a title change from Facility Administrator to Facility Director to comply with the requirements of the law that was cited. Second Chief seconded.

VOTE: Treasurer – Yes, Committee Member – Absent, Principal Chief – Yes, Second Chief – Yes, and Secretary – Yes. Motion carried.

The agenda is concluded. It is the consensus of the Business Committee to adjourn at 1:58 p.m.

Oklahoma Tobacco Helpline
1 800 QUIT NOW

Thank You

James L. Wilson 72 passed away on March 3rd, at home. He was not a Sac and Fox tribal member, he was an Absentee Shawnee. He lived in the Sac and Fox area for 43 years; He enjoyed being with the people and was always ready to help.

We celebrate his life by remembering the things he enjoyed doing while he was here, he enjoyed growing traditional foods, he spent a lot of time making wooden spoons and loved to cook, we remember his sense of humor, He said his Indian Name was Shawnee Jim, he like to make people laugh.

Jim and Stella have been married for 49 years, and had 3 sons, Jeffery Wilson, JJ. Wilson and wife Pam, Jason Wilson and wife Shelly, and 3 grandchildren, Hunter, Raylin and Gabriel Wilson.

The family would like to thank everyone for their support and appreciate the prayers and monetary gifts and food, also, thank you to the greatest cooks, Anita and Mary and their helpers, The Maintenance Dept. Shirley and everyone else, you all were there when we needed you.

Thank You very much

Sac and Fox Nation Veterans Organization Meeting

April 8, 2014
Elders Building Stroud

Always on the 2nd Tuesday of each month unless otherwise posted

Muscogee (Creek) Nation WIC Program Is All About BREASTFEEDING!

For more information about breastfeeding and how to apply for WIC, please call:

1-800-648-2302 or 918-758-2722

This institution is an equal opportunity provider

SAC AND FOX NATION
RAP ASSISTANCE APPLICATION

FAX: 918-968-0098
PH: 918-968-3526
EXT: 2000 & 2001
RAP Application Form#2011-01
BC Approved on 2/5/13

NAME _____ PHONE # (with area code) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

D.O.B. ____-____-____ SOCIAL SECURITY # (Last 4 digits) _____ SFN ROLL # _____
Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

Type of Assistance Requested (Please Check All That Apply)

<input type="checkbox"/> Tribal Energy	<input type="checkbox"/> Elders Lawn Care	<input type="checkbox"/> Dental
<input type="checkbox"/> Hardship	<input type="checkbox"/> Emergency Appliance	<input type="checkbox"/> Dentures
<input type="checkbox"/> Elders Handyman	<input type="checkbox"/> Vision	<input type="checkbox"/> Orthodontic
		<input type="checkbox"/> Hearing Aid

Please Provide the Following:
The bill you are requesting assistance with & proof of residence if the bill is not in your name.

****NOTE**** You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____	SIGNATURE OF APPLICANT OR GUARDIAN _____	GUARDIAN FOR _____
	PERSON ASSISTING WITH APPLICATION _____	RELATIONSHIP TO APPLICANT _____
DATE _____	RAP SPECIALIST _____	DATE _____



The parking lot at the Sac and Fox Nation Community Center and Maintenance Shop is moving along. The parking area has been striped, landscaping and installation of lights will be the next phase.

President Requests \$139 Million for Office of the Special Trustee for American Indians in FY 2015

Washington, D.C. — The President's fiscal year 2015 budget request for the Department of the Interior's Office of the Special Trustee for American Indians (OST) is \$139 million, slightly less than the FY 2014 enacted level. The request ensures OST will be able to continue improvements to trust services programs and fully carry out its responsibilities to Indian trust beneficiaries in FY 2015.

"OST is the premiere public service organization dedicated to the Indian Fiduciary Trust," said Principal Deputy Special Trustee Michele F. Singer. "The President's carefully crafted budget will allow us to continue our cost efficiency and program strengthening initiatives and provide consistent and effective service to Indian trust beneficiaries."

The FY 2015 discretionary budget request of \$139 million includes a reduction of \$1.6 million in Business Management reflecting a cost savings due to the transition of the printing and mailing of trust fund statements from OST to the U.S. Department of the Treasury. The budget fully funds fixed costs changes of \$974,000.

Key program funding levels proposed in the President's FY 2015 budget request include \$9.9 million for Trust Records, \$4.9 million for Trust Review and Audit, \$24.9 million for Field Operations, \$10.8 million for Appraisal Services, \$29.0 million for Trust Services, \$23.1 million for Historical Trust Ac-

counting, and \$33.6 million for Business Management, including \$12.0 million to fund trust related activities in the Office of Hearings and Appeals and the Indian Trust Litigation Office.

OST's operational responsibilities for financial trust fund management include the receipt, investment and disbursement of Indian trust funds and real estate appraisals on Indian trust lands. OST manages nearly \$4.6 billion held in over 3,000 trust accounts for more than 250 Indian tribes and 393,000 open Individual Indian Money accounts.

During FY 2013, OST prepared its FY 2014-2018 Strategic Plan, which charts a path of continuous improvement through effective planning, implementation and follow-through over the next five years. OST's Strategic Plan aligns with the Department's Strategic Plan and will generate cost savings and efficiency improvements over its five-year timeframe. Progress on the action items in the plan will be tracked and the overall plan will be updated as tasks are completed.

In support of the Administration's real property cost savings efforts, OST captured \$1 million in property savings by moving personnel from commercial space into Department of the Interior space and reducing staff and contractor space. Beginning in FY 2014, OST is reducing lease space in Albuquerque, N.M. by 50 percent, to save another \$1 million.

PARALEGAL SERVICES NOW AVAILABLE

The Sac and Fox Nation Tribal Court is pleased to announce that paralegal services are now being offered at the Sac and Fox Nation Justice Center. This service is to help alleviate the pressure placed on the prose litigants, litigants who may not be able to afford the luxury to hire legal assistance. Without the aid of legal expertise, litigants often enter the judicial system unprepared for the complicated process and may leave dismayed by the results. In recognition of this problem, the Sac and Fox Nation Tribal Court and Oklahoma Indian Legal Services have been in collaboration to provide the tribal members with a paralegal to offer

assistance to prose litigants in preparing their legal documents and understanding the judicial process.

The paralegal provided through Oklahoma Indian Legal Services is on-site three (3) times a month to assist enrolled tribal members with preparation of legal documents, help in understanding the judicial process, assisting court administration in issuing Orders and Decrees, directing litigants to outside organizations for further assistance, preparation of wills and referrals for further legal advice.

Contact the Court Clerk's Office at 918-968-2031 for dates and times.

Business Committee Meeting Minutes are now accessible on the Website and Facebook
sacandfoxnation-nsn.gov

Deadline For May Paper is Monday, April 21

Notice From The Editor

Due to the printing schedule of the Sac and Fox News any event or public notice of meetings that is going to take place during the first week of the month needs to be **published in the previous months newspaper**. It is our aim at the Sac and Fox News to keep the Nation informed of every event possible.

Ken Johnson,
 Editor Sac and Fox News

OKLAHOMA INDIAN LEGAL SERVICES, INC. (OILS)

Attorneys from Oklahoma Indian Legal Services will provide free will preparation services for eligible tribal members who own interest in Indian Trust or Restricted Land.

WILL PREPARATION CLINIC

DATE: MAY 2, 2014

9:00 a.m. - 3:00 p.m.

SAC AND FOX NATION TRIBAL COURT

356159 EAST 926 ROAD

STROUD, OKLAHOMA 74079

Please call Norma (M-F 8:00 am - 3:00 pm) to register
 1-800-658-1497

You must have an appointment to talk to an attorney

Oklahoma Indian Legal Services, Inc. is a non profit law firm funded principally by the Legal Services Corp. For additional information regarding other legal services, please call Oklahoma Indian Legal Services, Inc. 1-800-658-1497.

Sac and Fox Elders

Seeking Donations

Material of all Kinds

Lots of Projects

Coming Up

Contact: Mary Brown

919-968-3526 Ext 2016

Save The Date

April 29-30th, 2014

6th Annual Tribal Epidemiology Center Public Health Conference



For online participant registration info. Please visit OCAITHB.org.
 Registration is FREE!

Celebrating Tribal Public Health

Where we have been, where we are and where we are going...

Where: Firelake Grand Casino

777 Grand Casino Boulevard, Shawnee, OK 74804

*To reserve a hotel room call (405) 964-7777



Easter April 2014 **Easter**
SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM
 STROUD WAREHOUSE (918) 968-3030 1-800-256-3398
 SHAWNEE OFFICE (405) 395-0063 1-866-622-2310

Mon	Tue	Wed	Thu	Fri
	ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 2 8:30-2:30 WAREHOUSE 8:30-2:30	ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30	ELDERS ONLY SHAWNEE 8:30-2:30 WAREHOUSE 8:30-2:30
SHAWNEE 7 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 8 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 9 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 10 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 11 8:30-2:30 LITTLEAXE 10:00-12:00 WAREHOUSE 8:30-2:30
SHAWNEE 14 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 15 8:30-2:30 WAREHOUSE 8:30-2:30	CLOSED FOR SHIPMENT AND INVENTORY 16	SHAWNEE 17 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 18 8:30-2:30 WAREHOUSE 8:30-2:30
LATE NIGHT 21 8:30-6:00 SHAWNEE 8:30-2:30	LATE NIGHT 22 SHAWNEE 12:00-6:00 WAREHOUSE 8:30-2:30	SHAWNEE 23 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 24 8:30-2:30 WAREHOUSE 8:30-2:30	SHAWNEE 25 8:30-2:30 PERKINS 10:00-2:00 WAREHOUSE 8:30-2:30
SHAWNEE 28 8:30-2:30 WAREHOUSE 8:30-2:30	CLOSED FOR INVENTORY 29	CLOSED FOR INVENTORY 30		

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

The Indian Health Service, Office of Environmental Health and Engineering, offers programs to install water and sewer facilities to qualified Indian Homeowners. Funding and construction of sanitation facilities, such as wells, water service lines, septic tanks and drain fields, wastewater lagoons and sewer service lines, are available.

Minimum eligibility requirements include:

- Property must be located within the local Indian Health Service jurisdiction: The greater portion of Oklahoma County; Pottawatomie County north of the North Canadian River; Cleveland County west of the Indian Meridian; Lincoln County; Logan County, and a portion of southern Payne County.
- You must be a member of a federally recognized Indian tribe, band or group;
- If renting, you must obtain a lease agreement (minimum of five years) and a copy of the landowner's deed/title and CDIB. Property owner must possess a Certified Degree of Indian Blood (CDIB).
- HUD homes must be paid in full before services can be provided.

Documentation of tribal affiliation and home ownership or long-term lease will be required with the application for services. Mobile homes must be tied down, skirted and wheels removed prior to service.

Absentee Shawnee and Citizen Potawatomi Nation tribal members must apply for services through their tribal OEH offices.

Please note that applying for service does not guarantee you will receive service. Service depends on the availability of funding.

Please call (405) 214-4200, or stop by our office at 14106 Highway 177, Shawnee, Oklahoma, for more information.

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPPIR) NET MONTHLY INCOME STANDARDS (Effective October 1, 2013)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPPIR Net Monthly Income Standard
1	\$958	+	\$152	=	\$1,110
2	\$1,293	+	\$152	=	\$1,445
3	\$1,628	+	\$152	=	\$1,780
4	\$1,963	+	\$163	=	\$2,126
5	\$2,298	+	\$191	=	\$2,489
6	\$2,633	+	\$219	=	\$2,852
7	\$2,968	+	\$219	=	\$3,187
8	\$3,303	+	\$219	=	\$3,522
each additional member					+ \$335

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPPIR Net Monthly Income Standard
1	\$1,196	+	\$260	=	\$1,456
2	\$1,615	+	\$260	=	\$1,875
3	\$2,035	+	\$260	=	\$2,295
4	\$2,454	+	\$260	=	\$2,714
5	\$2,873	+	\$260	=	\$3,133
6	\$3,292	+	\$274	=	\$3,566
7	\$3,711	+	\$274	=	\$3,985
8	\$4,130	+	\$274	=	\$4,404
each additional member					+ \$420

FDPPIR Income Deductions (see 7 CFR 253.6(e)):

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. In Fiscal Year 2014, the amounts are as follows: 48 Contiguous U.S. States <ul style="list-style-type: none"> • October 1, 2013 – October 31, 2013 = \$200 • November 1, 2013 – September 30, 2014 = \$189 For Alaska, please select appropriate link below. <ul style="list-style-type: none"> • October 1, 2013 – October 31, 2013 • November 1, 2013 – September 30, 2014 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

**FY 2014 FDPPIR Standard Shelter/Utility Expense Deductions
Baseline by Region***

Region	States Currently with FDPPIR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$300
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$400
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$350

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

Food Distribution Program Updates



Regional Vendor Distribution Model Pilot: New Food Package

New food items from our OKC based vendor MDV Nash-Finch include Peter Pan peanut butter, Campbell's Soups, Hungry Jack mashed potatoes, etc., no more generic Black & White labeled items of the past. Holiday Hams will be in soon!

FDPIR Income Guidelines:

New Deductions Expected to Boost Participation Nationwide

With our increased FY14 Net Monthly Income Standards, new income deduction rules were also approved in the CFR. Households that pay rent or utilities, regardless of amount, are now allowed a Standard \$300 Deduction of their Net Monthly Income that is measured against the USDA Net Monthly Income Standards. For elderly or disabled household members there is now a Medical Expense Deduction that can be claimed for all out of pocket medical expenses with no limit regarding the amount. Also there is a new Meal Deduction that can be claimed should a household member require the full time services of a home health worker.

For more information on these deductions or to see if you qualify please call **(866) 622-2310 Shawnee Office** or **(800) 256-3398 Stroud Office**.

WHERE

Sac & Fox Nation Gym

Stroud, Oklahoma
5.5 miles South of Stroud & North of Education Bldg.

Southern Hoops Basketball Tournament

All Men's Tournament 18 & up (14 teams max)
10 Man Roster - \$125.00 Entry Fee (No Refund)
Double Elimination

Friday, April 18, 2014
5:00pm - Registration
6:00pm - Games Start

Prizes for 1st, 2nd, and 3rd Place
Concession Available

DATE

April 18 & 19, 2014

RSVP

Contact: Sonny Johnson (405) 240-8616
Mrs. Bemo (405) 788-4540

NOT RESPONSIBLE FOR INJURY OR THEFT
Sponsored by
The United Nations Youth Council of the Sac & Fox Nation and
The Kickapoo Tribe of Oklahoma Tribal Youth Council

Our Service Area includes all or part of Lincoln, Pottawatomie, Payne, Logan, Oklahoma, & Cleveland Counties.

Sac and Fox Nation Food Distribution Program

CALL TODAY TO SEE IF YOU QUALIFY!!!

STROUD OFFICE
(800) 256-3398

★★★★

SHAWNEE OFFICE
(866) 622-2310

If at least one member of your household is Native American, you reside within our service area, and you meet our income guidelines...
You May Qualify. Call Today!!!

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