

EDUCATION SPOTLIGHT

Tribal Member Harriett Nanaeto Attends University of Oklahoma

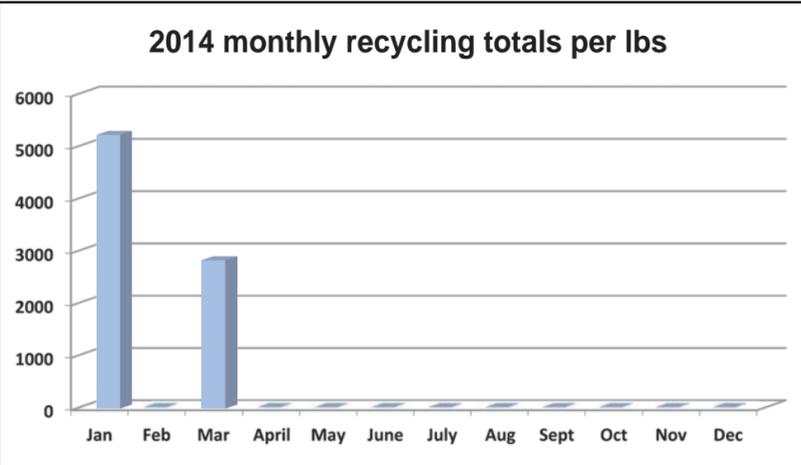


Harriett Nanaeto

Harriett Nanaeto is an enrolled Sac and Fox tribal member. She is attending the University of Oklahoma. Life is about experiences. College was and still is an experience for me. I started out right after high school but life threw some curves that caused me to falter. It has been over ten years since I first started and quit but I have come to a point in my life where I want to prove that I can finish my degree. I am a working, single mother of two children.

I am currently taking online courses at the University of Oklahoma, working towards my Bachelors of Arts in Administrative Leadership. The reason I chose to finish college now is I want to be able to provide a better life for my children. The jobs I have held over the years kept our heads above water but I want better than just barely surviving. At the age of 30, I am still growing as a person. I am an adult but I still look up to my parents, my brothers, sisters and cousins for help and inspiration. That is what I want to be for my kids, I want to be an inspiration for them when times are hard. I have made many mistakes throughout the years but nobody is perfect. It is what you learn from your mistakes that help you on your journey through life. You never stop learning or growing as a person. I wanted to prove to myself that I can do this. I wanted to show that finishing my degree while being a single, working mother is possible with the right dedication. It does get hard, I won't lie. I just have to look at my kids and realize that the end result will be worth the fight.

Office of Environmental Services



The Shawl Circle- Hoktvke Yekce

MAMA Knows, Inc. will be hosting a Shawl Circle Train the Trainer April 10th & 11th, 2014 in Ardmore at the Southern Oklahoma Vo-tech Center.

The Shawl Circle is a community-level HIV/AIDS, breast and cervical cancer prevention program designed for American Indian women and girls. The program uses community health advocates to educate American Indian women and girls within their communities and social networks.

Respectful of our American Indian communities sovereignty and understanding that department staff may be viewed with fear and distrust when taking educational and preventive messages to the community, this project brings together respected women from tribes, bands and/or clans to provide them with the education and materials needed to present the information in the correct

cultural and traditional context for their community. As each woman completes the program, she is presented with a specially-designed shawl. The shawl serves as a visual symbol of her commitment to keep herself healthy and strong

This hands-on training is designed to provide participants who work with American Indian women and girls the skills needed to creatively capture their attention and encourage behavior change. After completion, each participant will have the tools (including curriculum) needed to implement their very own Shawl Circle within their community.

Registration fee is \$25.00. Contact our office at (580)226-4238 or via email, winterstar@mamaknowsinc.org.

MAMA Knows, Inc.

PO Box 2292, 10 West Main, Suite 420 Ardmore, Ok 73402

NOTICE

The Veteran's Administration is partnering with the Pawnee Indian Health Center to enroll all Native American and non-Indian Veterans for health care benefits the third Thursday of every month from 10:30 am to 1:00 pm. Veterans will be able to get questions answered about their benefits without traveling to Tulsa, Muskogee or Oklahoma City. The Pawnee Service Unit is located on the Pawnee Nation Tribal Reserve, 1201 Heritage Circle, in Pawnee, Oklahoma 74058, for more information call: (918) 762-6724

Business Committee Meeting Minutes

are now accessible on the Website and Facebook

sacandfoxnation-nsn.gov

NOTICE

The Rap Department is Taking Requests For Lawn Care Assistance For Elders And The Handicapped 1-800-259-3970 RAP Department

SAC AND FOX TAX COMMISSION

REVENUE

February 2014

Wholesale Tobacco Tax	\$2,045.67
State Tobacco Rebate	\$182,226.27
Motor Vehicle	\$1,759.00
Sales Tax	\$13,552.48
Treasury	\$180.00
Oil & Gas	\$766.72
Gaming	\$111,321.30
TOTAL	\$311,851.44

APRIL MENU 2014

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Salad Pears	2 Chicken Pot Pie Cracker Applesauce	3 Burrito Spanish Rice Beans Pineapple	4 Fish Fries Corn on Cob Peaches
7 Polish Sausage Potato Wedge w/veggies Carrots Pears	8 Pork Chop Green Bean Casserole Salad Jello w/fruit	9 Hamburger Fries Fresh Veggies Pork & Beans Fruit Cocktail	10 Fried Chicken Scalloped Pots Green Beans Peaches	11 BB Pancake Sausage Boiled Egg Orange Juice
14 Tuna Fish Sand. Beets Chips Vanilla Pudding	15 Chicken Cass. Salad Squash Mandarin Orange	16 Goulash Garlic Bread Corn Pears	17 Black-eyed Peas Spinach Cornbread Fruit Cocktail	18 Ham Yams Baked Beans Salad Vanilla Pudding
21 Corn Soup Frybread Squash Peaches	22 Meatloaf Mashed Potatoes Green Beans Pears	23 BBQ Pork Sand Potato Salad Chips Cookie	24 Hot dog Fries Celery & Carrots Tropical Fruit	25 Biscuit & Gravy Bacon Hashbrown Applesauce
28 Salisbury Steak Scalloped Pots Green Beans Peaches	29 Chicken & Rice w/veggies Cornbread Mandarin Orange	30 Hamburger Gravy Mashed Potatoes Carrots Fruit Cocktail		



Clifford Farrell Monday

Kenneth Ray Wano

Richard W. Rice

Barbara (T) Mc Ilvaine Smith

Eva Jordan

Jessie Lee Walker

Carol Ann Holmes

Francis Leroy Grant

Ruby Mae Vandever

Robert Jackson Pennock

Elizabeth Ahkeahbo

Sharon Lee Ebbinga

Donn Whistler

Tina Jean Blackburn

Marvin Warren Thurman

Wanda Yvonne Brown

Annabell Wiseman

Gerald Dean Bushyhead

Raymond Lee Harris

Aaron Fryor Wilson

Leva Marlene Ellis

Charles Dewayne Lasley

William Scott McCoy

Earnest L. Hocker

Rose Marie Bean

Merlin Dean McClellan

Phillip Joseph Manatowa

Vonda Joyce Bryce

Lawanna Jean Sugar

Galle Rae Kennedy

Edith Lucille Harjo

Michael Harry Deer

Leo Elmer Gokey

Ruby Irene Harris

Rudy Keo

Annette Miles

Scott Eugene Harshberger

Wallace H. Allen

David Allan Edmonson

Ronnie Eugene Wano

Jimmy Kent Waller

Beverly Sue Gibson

Ralph Maurice Hamblin

Harriett Oresa Rice

Katherine Margaret Wilson

John Grass

Ramona Nadine Rico

Donald Chad Monday

Dorene Katherine Keo

Robert V. Hocker

Rose Marie Thompson

Thelma Mae Coker

Tommy Ray Moore

Dianna Sue McCaulla

Wallace Buster McClellan

Charles A. Poitras

Kenneth E. Hocker

Deborah Kay Givens

Naomi D. McCoy-Shognosh

David Jan Whistler



Alma Faye Northrup