

Sac and Fox Nation Housing Authority Expanding Service

The Housing Authority of the Sac and Fox Nation is expanding our service to assist our housing participants in getting rent delinquencies paid, getting in compliance with Housing policies and assist with other concerns.

Two locations are listed for your convenience:

Where: Cushing Chamber of Commerce

When: 1st and 3rd Wednesdays

Time: 9:00 am to 1:00 pm

Second location

Where: Sac and Fox Education Bldg.

When: 2nd and 4th Wednesdays

Time: 9:00 am to 3:00 pm

If you should have any questions feel free to contact:

Erica Masquat,
Tenant Accounts Specialist
@ 1-800-831-7515

A letter submitted by tribal member
Dora S. Young
Information courtesy of
Traditional Values Coalition

Dear Sac and Fox Council Member,

This letter is in regard to the (EMP) Electromagnetic Pulse that IF there is ever an attack by our enemies, foreign or domestic, on America's power grids located at strategic places throughout the country, it can be a disaster to us! Please read and heed the information I recently received from Traditional Values Coalition, along with a EMP Survival Checklist.

WATER Stockpiling both single-serve and gallon bottles of water is important. Also consider buying a "gravity fed" or "drip" filter (that doesn't need water pressure to operate) that can purify rain water or water taken from rivers, streams, and lakes. A few drops of plain chlorine bleach, not scented, can kill dangerous germs in contaminated water.

FOOD Start putting aside canned goods and other non-perishables like pasta and rice. Canned meats, such as tuna and chicken, provide needed protein during an emergency. Don't forget freeze-dried fruits and vegetables (with a shelf life of up to 25 years) that can be reconstituted just by adding water. If you have a baby in the house, be sure to put aside food for her, too! All food must be rotated so it doesn't expire.

GARDEN SUPPLIES This is an integral part of your food supply. While a large garden supplying fruits and vegetables for much of the year is ideal, even those living in small homes or apartments can grow fresh, nutritious food. Sprouting kits are very inexpensive and can produce a year-round supply of healthy sprouts in a variety of flavors. And many herbs with culinary and medicinal properties, like parsley, can easily be grown on a kitchen windowsill.

FIRST AID SUPPLIES, MEDICINES, AND TOILETRIES Be sure to put aside a good store of bandages, hydrogen peroxide, rubbing alcohol, antiseptic cream, and other "first aid" items. And be sure you have a supply of any medications you or your family need (ask your doctor to write a prescription enabling you to do this). Remember to pick up soap, shampoo, hair conditioner, toothpaste, toothbrushes, razors, and other needed items. Don't forget toilet paper! And like food, make sure you rotate your medicine, first aid supplies, and toiletries.

CASH This is probably one of the most overlooked emergency supplies you should have on hand. Following an EMP, banks will be closed and ATMs will not work. Your debit or credit card will be useless in this situation. Try to have at least several hundred dollars in cash available to make purchases.

HEAT If an EMP occurs in the winter in the northern half of the country, you will freeze without some source of heat. Woodstoves, where practical, can be a lifesaver. Another option is a generator big enough to run your heating system, but this requires stockpiling the needed fuel to run it. Make use of passive solar heat by letting the sunshine in through your south facing windows. Never burn wood or other combustibles inside your house without proper ventilation! Heavy blankets, sweaters, and hats all help keep you warm.

Other items to consider are protection/defense (which begins with a quality deadbolt lock on all your doors) and communication (with no phones or Internet, how will you stay in contact with family and friends?).

LIHEAP Funds Available

Liheap funds are available for tribal members (all federally recognized tribes) that live within the jurisdiction and are within the income guidelines. The Tribal Energy guidelines state that Liheap is to be used first if people are eligible and funds are available. There are copies of the Tribal Energy guidelines available at the Sac and Fox Nation Social Services Building and also at Shawnee Housing Center.

918-968-3526 Ext. 2001 & 2011

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF
WILL NOW BE AT
1st INDIAN BAPTIST CHURCH
CUSHING OKLAHOMA
1034 EAST WALNUT
ONCE A MONTH.

THE TAX COMMISSION WILL BE THERE
2nd THURSDAY OF EACH MONTH
WE WILL BE ABLE TO BETTER SERVE TRIBAL
MEMBERS LIVING IN THE CUSHING AREA WITH
MOTOR VEHICLE REGISTRATION AND ANY
OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

SHIELD AMERICA FROM A DISASTROUS AND DEADLY EMP

U.S. Rep. James Lankford
228 Cannon House Office Building
Washington, DC 20515-3605

Dear Rep. Lankford:

It's not a matter of IF an electromagnetic pulse (EMP) will destroy part or all of the United States' electrical grid, it's a matter of when! And time is running out!

A thousand hijacked airliners, delivered squarely on target, wouldn't inflict nearly the horrific catastrophe on America as one electromagnetic pulse missile, which would short out circuit boards and cause everything electronic to stop working. In addition to the fact that a solar flare is capable of causing horrendous damage at any moment (and we are in the midst of a major solar storm right now!), our nation's avowed enemies already have the technology and ability to launch an attack that will, in effect, end the United States of America!

Before it's too late; I ask that you support Rep. Franks' "SHIELD Act" - H.R.2417 - which will "harden" our nation's existing infrastructure to protect America's electric grid from an EMP attack. And don't worry about the cost -It's estimated at only \$1 a month to electric customers - a very small price to pay, considering the alternative! I want you to know that I am willing to voluntarily .pay that amount rather than have government raise my taxes.

Think of it: a nuclear warhead detonated 300 miles above our continent would wipe out the entire electric grid - coast to coast- in a matter of seconds! With North Korea possessing nuclear capabilities and Iran on the verge, we can no longer to choose to ignore this threat! And now Russian warships are anchoring in Havana, Cuba-just 90 miles from America's coast!

No food, no water, no TV or radio, no transportation, no medicine, no emergency services, no relief - that's the impact of an EM.P strike. It'd be the end of the United States!

DO NOT stand by and allow terrorists to zap our nation back to the Stone Age with a weapon that inflicts not only mass panic, disorder and disease but ultimately death to nine in 10 Americans.

Not only that, but Washington D.C., New York City, LA and U.S. coastal cities are vulnerable to an EMP device carried aloft by a short-range missile launched by terrorists from the deck of a cargo ship off our coast. Iran already has conducted test launches and soon is expected to be ready to attack.

I urge you to encourage other Members of Congress to sign on as co-sponsors and support the SHIELD Act, H.R. 2417, with the full influence and power of your office! My family, friends and I will be watching to see how you react to this terrorist challenge to America's future.

(Signed)

Dora S. Young

3/27/14

I am requesting an update on this piece of important legislation from U.S. Congressman James Lankford and as soon as I receive it, I'll certainly share it with you. As you can see I signed a Petition to Congressman Lankford to sign Rep. Franks' Bill as a co-sponsor and support the SHIELD Act - H.R. 2417.!

The Sac and Fox National Public Library Summer Reading Program...

...is a fun way to include reading and related activities during the summer. It helps children maintain and improve reading skills.

One great way to keep your children reading is to have them join the
Fizz, Boom, Read!
Summer Reading Program
At
Sac and Fox National Public Library

When:
June 3, 2014 -
to
July 25, 2014

Reading expert Stephen Krashen says:
• Children read more when they listen to and discuss books.
• Reading skills grow by reading.
• Reading helps improve children's writing.



"Veterans helping Veterans"

SAC & FOX NATION VETERAN'S WOMEN'S AUXILIARY
HONOR GUARD PRINCESS SELECTION

The Sac and Fox Nation Veteran's Women's Auxiliary will be selecting the Sac and Fox Veteran's Honor Guard 2014-2015 Princess. We are now accepting Biographies from all interested young ladies who meet the following criteria. The princess will be announced and crowned at the annual Sac and Fox Veteran's Memorial Day Pow-Wow, May 24, 2014.

Candidates are required to meet the following criteria:

1. Candidate must be of Sac & Fox descent
2. Age limit: 13-19 years of age
3. Have a family member(s) who is a veteran (living or deceased) or is currently serving in the military
4. Submit a typewritten, detailed biography about them. Biography should show applicant's knowledge of their Sac & Fox heritage, veteran background and all accomplishments.
5. Dancing ability
6. All candidates must be in full regalia and be present at the time of selection
7. Reside in Oklahoma
8. No cohabitation
9. No children

Please include address and telephone number. All biographies need to be submitted to the Sac & Fox Veteran's Women's Auxiliary, 920883 S. Hwy. 99 Building A, Stroud, Oklahoma 74079 or e-mailed to the Auxiliary Secretary, Shawna Spoon at shawnaspoon@att.net. Deadline for submission is May 10, 2014. Please contact Clarissa Littlehead, Auxiliary Chairperson, at 405-240-0082 or Shawna Spoon at 405-275-2581 for further information.