

Letter to the Editor March 11, 2015

We are very proud and thankful to be members of Sac and Fox. The Tribe has done wonderful things for our family.

Our dad had heart surgery three years ago in April. Since then, he was placed in a nursing home and can't walk anymore. He has been neglected, abused and mal-nourished. We love our dad and feel helpless.

Native Americans are provided medications and treatment at clinics, but when family are forced to put a loved one in a nursing home, there are no programs available to keep them in their home or no Native American Nursing Homes to help care for our loved ones. Tribes offer many great programs but we wish a nursing home operated by Native Americans was a priority. We pray none of you go through what we have.

Another thing that troubles us is "Jurisdiction". Long ago our ancestors were

forced to stay within restricted boundaries. No more. We can't help where we grew up as children and couldn't live within the jurisdiction of our Tribe, but regardless of where we live, we have the same Sac and Fox blood running through our veins.

We pray for these changes and for every member of the tribe to benefit from all programs offered to us no matter where we live.

Our parents have been married for 61 years in May. They spent their honeymoon at the "Harris Home Place" to them known as "Toad Hill".

Sincerely,
Rose Bean, Roll No. 57
Delores Barada, Roll No. 55
Howard R. Barada, Roll No. 56
918-855-8754
2619 Hickory Bluff Road
Sapulpa, OK 74066

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

Please call (405) 214-4200, or stop by our office at 14106 Highway 177, Shawnee, Oklahoma, for more information.



"Veterans helping Veterans"

SAC & FOX NATION VETERAN'S WOMEN'S AUXILIARY
HONOR GUARD PRINCESS SELECTION

The Sac and Fox Nation Veteran's Women's Auxiliary will be selecting the Sac and Fox Veteran's Honor Guard 2015-2016 Princess. We are now accepting Biographies from all interested young ladies who meet the following criteria. The princess will be announced and crowned at the annual Sac and Fox Veteran's Memorial Day Pow-Wow.

Candidates are required to meet the following criteria:

1. Candidate must be of Sac & Fox descent
2. Age limit: 13-19 years of age
3. Have a family member(s) who is a veteran (living or deceased) or is currently serving in the military
4. Submit a typewritten, detailed biography about them. Biography should show applicant's knowledge of their Sac & Fox heritage, veteran background and all accomplishments.
5. Dancing ability
6. All candidates must be in full regalia and be present at the time of selection
7. Reside in Oklahoma
8. No cohabitation
9. No children

Please include address and telephone number. All biographies need to be submitted to the Sac & Fox Veteran's Women's Auxiliary, 920883 S. Hwy. 99 Building A, Stroud, Oklahoma 74079 or e-mailed to the Auxiliary Secretary, Shawna Spoon at shawnaspoon@att.net. Deadline for submission is May 9, 2015. Please contact Clarissa Littlehead, Auxiliary Chairperson, at 405-240-0082 or Shawna Spoon at 405-275-2581 for further information.

2nd Annual Southern Hoops Basketball Tournament

Sac and Fox Nation Gym

5.5 miles South of Stroud & North of Education Building

All Men's Tournament 18 & up (10 team max)

10 Man Roster - \$130 Entry Fee (No Refund)

Double Elimination

Saturday, April 11, 2015

9:00 AM- Registration

10:00 AM - Games Start

Prizes for 1st, 2nd, 3rd Place



Contact: Mrs. Bemo (404) 788-5191 ext. 305
Joyce Paningsoro (405) 213-7014

NOT RESPONSIBLE FOR INJURY OR THEFT

SPONSORED BY UNITED NATIONS YOUTH COUNCIL OF THE SAC AND FOX NATION

April Menu 2015

Monday	Tuesday	Wednesday	Thursday	Friday
Don't Forget EAC Mothers Day Pow-wow May 9, 2015 Comm. Bldg.		1 Polish Sausage & Sauerkraut Green Peas Bread Peaches	2 Chicken Fried Steak/gravy Mashed Potato Corn Pears	3 Ham GB Casserole Dressing Carrot Cake
6 Hamburger Pork & Beans Chips Fresh Veggies Pineapple	7 Chicken Pot Pie Broccoli Vanilla Pudding	8 Chili & Beans Mex. Cornbread Green Salad Fruit Cocktail	9 Pork & Potatoes Squash & Corn Frybread Jello w/fruit	10 Breakfast Casserole Hash Brown Orange Juice
13 Salisbury Steak Mashed Pots Green Beans Applesauce	14 Fish w/Tartar Sauce Coleslaw Corn on Cob Peaches	15 Meatloaf Potato Salad Zucchini Pears	16 Chef Salad w/diced Chicken Crackers Plain Cake	17 Pulled Pork Sandwich Beets Chips Pineapple
20 Hamb. Gravy Mashed Pots Corn Mand. Oranges	21 Lima Beans w/Ham Fried Cabbage Cornbread Pudding	22 Spaghetti Green Salad Green Beans Tropical Fruit	23 Chicken & Rice Casserole Mixed Veggies Jello w/fruit	24 Dry Cereal Bacon Fried Egg Milk
27 Fried Chicken Scalloped Pots Carrots Peaches	28 Liver & Onions w/gravy Baby Carrots Fries Pears	20 Tuna Salad Carrot Salad Chips Tropical Fruit	30 Indian Taco Fresh Veggies Sour Cream & Salsa Fruit Cocktail	

ATTENTION

TRIBAL MEMBERS

Sr. Man and Sr. Woman
Nominations Due

April 13, 2015

I, _____, Roll # _____ hereby

nominate the following Man: _____

He should be the Sac and Fox Nation Sr. Man because:

I, _____, Roll # _____ hereby

nominate the following Woman: _____

She should be the Sac and Fox Nation Sr. Woman because:

APPLICATION

Sac and Fox Nation

Miss, Jr. Miss, and Little Miss Sac and Fox Nation

Application Due April 30, 2015

Name: _____

Date of Birth: _____

TRIBAL MEMBER

Sac and Fox Roll No.: _____

DESCENDANT

If not an enrolled tribal member, please describe Sac and Fox lineage:

Parent(s) Name & Tribe: _____

Maternal Grandparents Name & Tribe: _____

Paternal Grandparents Name & Tribe: _____

Haskell Alumni Association of Oklahoma

Benefit Gourd Dance



Sac and Fox Community Building

Stroud, Oklahoma

Saturday 2 PM

April 11, 2015

Head Staff

CY Ahtone _____ EMCC Kiowa
Tom Spotted Horse _____ Head Singer Kiowa
Butch McIntosh _____ Arena Director Creek

PROGRAM

Gourd Dance _____ 2PM
Supper _____ 5 PM
Round Dances _____ 6:30 PM
Gourd Dances _____ 7 PM

* Raffles and 50/50 drawing will be held during the dance

Invitation to Gourd dance groups and former Haskell students of all years

Vendors Welcomed \$25 Donation to set up can pay at the door For Information Call 405-822-2815