



Merry Christmas

Nemishâtenemo êhthâkiwiyâni

Phone: 918-968-3526 • 920883 S Hwy 99 Bldg A • Stroud, OK 74079 • Vol.36 No. 12 • December 2015

Chief Kay Rhoads Address To The Nation



Elizabeth Kay Rhoads
Principal Chief
Sac and Fox Nation

This month I was fortunate to be invited to attend the White House Tribal Nations Conference. This had to be one of the most informative conferences I have ever attended. For the past seven years President Obama has held the “White House Tribal Nations Conference” to meet with the tribal leaders. He is the first president to truly recognize the tribes as sovereign nations and meet with the leaders on a “Nation to Nation” basis. He has required his Cabinet to consult with tribal leaders to discuss tribal issues, challenges, priorities, successes, aspirations and recommendations to impact key legislative priorities and changes.

The Obama Administration has taken numerous actions to advance our nation-to-nation relationship that affects our tribal sovereignty in areas of education, health care, public safety, police and fire protection, domestic relations, housing, land use, environmental and natural resource management, economic development, and regulations of trade and commerce.

Through consultations, passage of critical legislation was enacted which includes the Tribal Law and Order Act, Indian Health Care Improvement Act, Stafford Act Amendments, Violence Against Women Act

2013 and Tribal General Welfare Exclusion Act. The President issued an Executive Order improving educational opportunities and strengthening tribal colleges and universities, developed guidance for full implementation of the Indian Child Welfare Act, created the White House Council on Native American Affairs, supporting the UN Declaration of the Rights of Indigenous Peoples and developed sacred places policy are a few of the issues identified by tribal nations and acted on by the President, his Cabinet and Congress.

Tribes urges prompt action to settle claims which resulted in the settlements of the Cobell Settlement and Land Buy Back Program for \$3.4 billion, Tribal Trust Settlements over \$1.7 billion, Water Settlements for 9 tribes for \$2 billion, Keepseagle Settlement for \$780 million and Ramah v. Jewell Contract Support Settlement for \$940 million. Many of our own tribal members have received part of these settlements and the Nation was a recipient of the Contract Support Settlement and is also eligible for the Land Buy Back Program.

The top priorities for the final year of the Obama Administration is to: (1) achieve taking 500,000 acres of tribal land into trust by streamlining the process to get land into trust; (2) address dual taxation through Indian Trader Laws; (3) Finalize the D.O.I. regulations for state courts and agencies in child custody proceeding; (4) require federal agencies to follow tribal employment right laws; (5) exempt tribal employers from the ACE employer shared responsibility mandate; (6) ensure the safety of Native Women and Children; (7) increase capacity of tribal education agencies; (8) address tribal arrest authority and protection and exclusion orders and (9) implement the recommendation of the task force on climate preparedness and resilience report for Indian Country. There are several other priorities that are also identified including the Generation Indigenious, an initiative designed to create the future for our youth. The President recognized the need to practice the Indian idea of preservation of our world for the next seven generations.

Tribes now have the ear of the President and his Cabinet. We can take advantage of this opportunity to discuss our needs and priorities. Each of our departments must identify the problems, needs and make the recommendations so our voice can be heard. The departments must work together to discuss issues and how the current regulations and legislations support or hinder our progress. These recommendations can then be sent to the Federal agencies for input into future legislation. The Obama Administration wants to hear the issues and try to find solutions. We must practice this same process with our own tribal government so we can hear the concerns, successes and recommendations for

(Continued on Page 3)



Miss Indian World Visits Nation: Cheyenne Dae Brady “Miss Indian World” a member of the Thunder Clan and enrolled member of the Sac & Fox Nation of Oklahoma came for a visit during the annual Thanksgiving dinner held on November 24, 2015. From Left: Second Chief Don Abney, Chief Kay Rhoads, Treasurer Jared King, Miss Indian World Cheyenne Dae Brady, Secretary Mary F. McCormick and BC Member Robert Williamson (SFNews Photo)

Sac and Fox Nation Tribal Police Officer Instrumental In Changing Of Texting Law In Oklahoma

Chief Roberts, Since becoming employed with Sac and Fox Nation Police Department, I have had the opportunity to involve myself in many community building activities that I believe strengthen the bond between the public and law enforcement as well as educate students, teachers and administrators on dangers our youth face daily.

I have partnered with members of the Dees family to start an organization called Nick’s Promise. The non-profit group was founded after the tragedy that occurred on 1/31/2015 involving the death of Trooper Nick Dees and the serious injury of Trooper Keith Burch.

I arrived on scene a short time after the wreck and was friends with both troopers prior to the wreck. Myself along with members of the Dees family and other key people started this organization to speak with students, primarily driving age kids, about the dangers of distracted driving. The investigation in to the wreck revealed the driver of the car that killed Nick and injured Keith had an incoming or outgoing message every

42-43 seconds, as well as many other social media apps, from the time he left Ft. Smith until the scene, located on 1-40, Mile Marker 195.

We started off speaking with small groups in little schools and it has become a major event with some schools reaching 500 kids or more. We have been to schools in McAllister, Broken Bow, Altus, Prague, Calvin, Canute, Hammon, Weatherford, Stillwater and many more. We estimate we have reached near 20,000 kids this school year alone. We pass out bracelets that have “Nick’s Promise No Distracted Driving” on them as a reminder that no text is worth a life.

This event has received a huge response from Oklahoma public schools and we have a waiting list currently to book dates to have us speak. Nicks Promise was instrumental in getting a law passed banning texting and driving in Oklahoma.

Along with Nick’s Promise events I have had an opportunity to speak with schools on several occasions about my k-9 partner Atticus and his role in the police

world. I have shared with kids at different elementary schools knowledge about the dangers of drugs and how to “just say no” as well as demonstrating how a police k-9 can detect the odor of narcotics.

I believe as a police department, we must be deeply rooted in the communities we serve and reach out to the younger generation. Thank you for affording me the chance to take on these opportunities to speak and educate!



K-9 Officer Travis Reynolds

Sac and Fox Nation and Lincoln County Complete Road Projects Near Agra

By Truman Carter

The South Kelly Road and Dinkerdoo Road improvement projects have been completed by Lincoln County District 1 Commissioner Ted O’Donnell. Officials of the Sac and Fox Nation and the Housing Authority of the Sac and Fox Nation partnered with Commissioner O’Donnell to improve the two connecting roads located northwest of Agra. Sac and Fox representatives contributed \$53,465.00 to help the county defray the costs of an asphalt overlay, a triple chip-and-seal overlay, and new driveway tin horns to the tribal residents. The county commissioner provided labor, equipment, and construction oversight and management.



Sac and Fox leaders and Commissioner O’Donnell gathered recently to celebrate the project’s completion. Pictured are Commissioner O’Donnell, Second Chief Don Abney, Principal Chief Kay Rhoads, Housing Commissioner Forrest Walker, Committee Member Robert Williamson, and Housing Commissioner Curtis Wakolee. For more information, contact Principal Chief Kay Rhoads at (918) 968-3526. (SFNews Photo)

Upcoming Events

December 2

Sac and Fox Nation
Elders Special Meeting
Stroud 10 am

December 5

Elders Christmas Dance
SFN Community Bldg.

December 9

Sac and Fox Nation
Elders Meeting
Stroud 10 am

December 8

Sac and Fox Nation
Veterans Meeting
Cultural Center

December 12

Governing Council
Community Building
10:00

December 17

Sac & Fox Nation
Womens Auxiliary

December 19

Annual Christmas Party
Community Building
6 pm - 9 pm

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

Mailing address:
 Sac and Fox Nation
 Administration Building
 920883 S Hwy 99 Bldg A
 Stroud, OK 74079
 Phone: 918-968-3526
 Fax: 918-968-4837

The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the January issue is Monday, December 21, 2015 at 4:30 p.m.

Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail: newspaper@sacandfoxnation-nsn.gov.

Address corrections & changes are accepted by The Business Committee at the address listed below.

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 Ken Johnson

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 Assn - Since 1988
 Member OPA

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 Visit us on the web @
 sacandfoxnation.com
 click news

Obituaries

Raymond Henry Massey

Raymond Henry Massey, a longtime Cushing resident, passed away on Friday, October 30, 2015 at the Stroud Hospital at the age of 50. Traditional services were Monday evening at the Massey home. Graveside services were held at 10:00 a.m., Tuesday, November 3, 2015 at Euchee Valley Memorial Park, Cushing, Oklahoma. Arrangements were entrusted to Palmer Marler Funeral Home, Cushing, Oklahoma.

Raymond was born on August 26, 1965 in Cushing, Oklahoma to Ray Leo and Henrietta (Scott) Massey. He grew up in Cushing/Drumright area, attending Oak Grove then continuing his education at Drumright High School, graduating in 1983. Raymond attended O.S.U. and has always been a big Cowboys fan. Afterwards he spent many years as a truck driver before finally returning to school to become a pharmacy technician. After completing school, he began his career as a Pharmacy Technician at Black Hawk Health Clinic in Stroud.

He was an enrolled Sac and Fox Tribal member and also of Choctaw Heritage. Raymond was a Traditional Speaker and The Wolf Clan Leader. Raymond enjoyed golfing, playing at casinos and visiting with his many friends and relatives. Most of all, he loved spending time with his baby girl – Rosemary.

Raymond is survived by his companion Briana Wakolee of Cushing, daughter Rosemary Celeste Massey of Cushing, mother Henrietta Massey of Drumright, sister Sandra Massey of Drumright and his adopted brothers and sisters from the Ellis Family. He was preceded in death by his father, grandparents, four uncles and two aunts.



Raymond Henry Massey

Mary Alice Sam

Mary Alice Sam, of Cushing, Oklahoma, passed away on Tuesday, November 10, 2015, at the age of 67. Although she stayed at the Grace Living Center in Stillwater for several years, the home place was in Cushing. Mary was born on March 15, 1948 in Cushing, Oklahoma. Her parents were Albert Sam Sr. and Oma Hunter Sam Patrick. She was predeceased by her brother, Albert Sam Jr., and her parents.

Due to an accident at birth, Mary was disabled her entire life, but she never tolerated bullies, and was protective of her playmates, family, and friends. From her youth she went everywhere with her mother attending conferences, meetings, and powwows. Mary also traveled to powwows and other events throughout the United States with her niece, Annette. She was especially happy to see her friends and relatives at tribal social activities and ceremonies.

She leaves her nephews Wesley Sam, and Lloyd Hunter, her brother Dennis Jennings, adopted mother Jean Ridingin, sister Sharon Noah, brother Harry George Franklin, niece Annette (Hunter) Rice, and her husband G. William Rice, nephews Henry Hunter, Warren Hunter, and nieces Rita Hunter, and Harriet Hunter. She also leaves numerous relatives from the Sac & Fox Nation, the Mesquakie Nation in Iowa, and the Nemaha Band of the Sac & Fox Indians of the Missouri in Reserve, Kansas. Traditional Services were held on Friday evening at the Sac & Fox Community building located 5 miles south of Stroud, Oklahoma. Graveside services were held at 10 a.m. Saturday, November 14, 2015 at the Hunter Family Cemetery.



Mary Alice Sam

Sac and Fox Elders

Special Meeting

December 2

2015

Stroud

10:00 am

Sac and Fox Elders

Monthly Meeting

December 9

2015

Stroud

10:00 am

Sac and Fox Veterans

Monthly Meeting

December 8

2015

Cultural Center

PUBLIC NOTICE

A REGULAR CALLED MEETING OF THE SAC AND FOX NATION BUSINESS COMMITTEE

TO BE HELD ON December 7, 2015 AT 9:30 A.M.

IN THE SMALL CONFERENCE ROOM OF THE SOCIAL SERVICES BUILDING SAC AND FOX RESERVATION STROUD, OKLAHOMA

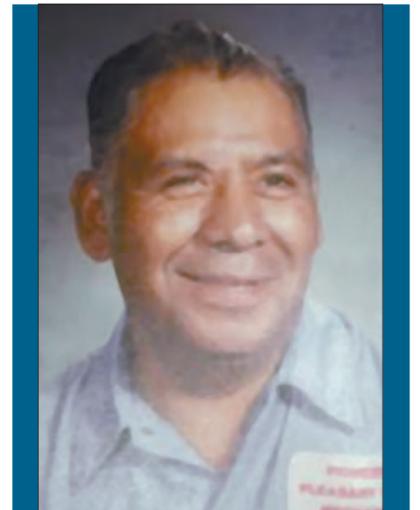
Joseph G. Perez

Joseph G. Perez age 76 of Edmond, OK passed away on November 10, 2015.

Joe was a former mechanic for Pioneer Schools. He is survived by his wife Ann; children, Tiffany Loza, Jody Perez and James Perez; 7 grandchildren and 3 great grandchildren; sisters, Christine McDonald, Gladys Boyd, Oma Lee Boyd and three brothers; Martin Boyd, George Anderson, and Samuel Anderson

Services were held at 10:00 a.m. Saturday, November 14, 2015 at Edmond Trinity Christian Church, interment followed at Gracelawn Cemetery.

Services are under the Direction of Matthews Funeral Home, Edmond, OK.



Joseph G. Perez

DEADLINE FOR JANUARY PAPER IS MONDAY, DECEMBER 21



INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS

The Sac and Fox Nation's Business Committee will be appointing people to fill vacancies, as they occur, on various Committees, Commissions, and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form and a *resume to the Tribal Secretary*

NAME: _____ Roll Number: _____

Address _____ Telephone: _____

CITY: _____ State: _____ Zip Code: _____

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:

Priority #1: _____

Priority #2: _____

Priority #3: _____

Submitted by: _____ Date: _____

Chief Kay Rhoads Address To The Nation

From Page 1

improvement of our own tribal government.

One of the major issues that came from this conference is the "Land Buy Back Program." The Bureau of Indian Affairs through the Cobell Settlement has set up a "Buy Back Program" to reduce the amount of fractionated trust land. Trust land that has more than 51 heirs listed on any parcel of land can sell their land to their tribal Nation. However, any trust land regardless of the number of heirs can qualify for the program. The intent of the program is to increase the BIA's efficiency of trust land management and to assist the tribes in facilitating economic development and increasing the Nation's land base. The Cobell settlement has set aside \$1.9 billion for tribes to buy back the fractionized land. These funds are available to each Tribal Nation throughout the United States to assist in purchasing the land. The funds have to be spent within the next 8 years or the money will return to the U.S. Treasury so the Sac and Fox Nation need to take advantage of this free money. Any land owner who wished to sell their fractioned land should contact the Sac and Fox Realty office right away so the process to purchase can be-

gin. At the local level, the Nation has set up another program for the tribal homeowners. The Nation has partnered with Amerind, an Indian owned business, to provide an option for home owner insurance. This insurance is used to protect your home against weather damage, fire or other damages that might occur to your home. If you have a tribal home through the Housing Authority, your home is insured by this agency until the home is conveyed to the homeowner. You are then responsible for your own home insurance. The insurance is available for tribal members living anywhere in Oklahoma that owns their own homes.

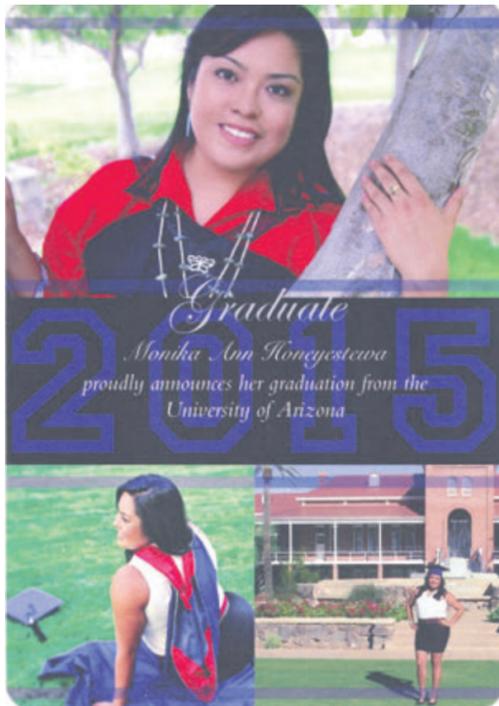
The Amerind rates for insurance should be lower than the insurance most homeowners are paying now. The Sac and Fox Housing Authority will be overseeing the project and can direct you on how to set up the insurance should you wish to check out the rates and switch insurance carriers. Check out the rates you may be surprised at the savings.

As the holiday season is here, I want to wish all of you Happy Holidays and enjoy the time you spend with family and friends.



Royalty at Thanksgiving Dinner: From Left: Second Chief Don Abney, Miss Sac and Fox Kaylen Woods, Principal Chief Kay Rhoads, Miss American Indian Oklahoma State University Autumn Onlyachief, Treasurer Jared King, Junior Miss Sac and Fox Marissa Marquez, Miss Indian World Cheyenne Dae Brady, Secretary Mary F. McCormick and BC Member Robert Williamson. (SFNews Photo)

Monika Honeyestewa Graduates from University of Arizona



You've watched me grow throughout my life and academic career. The time has passed quickly and now graduation day is here!

Thank you for believing in me throughout the process of obtaining my Master of Arts in Higher Education

It is with great privilege that I invite you to celebrate with me during my graduation ceremony:

University of Arizona
Student Union Memorial Center
Grand Ballroom
December 17, 2015 - 4:00pm

*Da'wa'eh
Asqualli
Ketepi*

With love and appreciation

Monika Honeyestewa daughter of Steve Honeyestewa and granddaughter of tribal member Carla and Wil Honeyestewa will receive her Master of Arts Degree in Higher Education on December 17, 2015 from the University of Arizona. Thanks to all family and friends who have supported Monika. We are very proud of her accomplishments.

Feel like a cup of coffee or tea?
Please join us at your
Sac and Fox National Public Library ...
and we'll put the pot on!
Or, we can share a bag of
popcorn!
Drop by!
Anytime!

Sac and Fox National Public Library • 918-968-3526 Extension 2021

SAC AND FOX NATION BIGGEST LOSER!

Contact Anthony Ramirez at the Merle W. Boyd Center, by email: Anthony.Ramirez@IHS.GOV or by phone at 918-968-9531 EXT. 3039

Program starts **December 1st, 2015** and will last until the **first full week in September 2016**. Weigh in first week of each month at the MBC on our scale.

Participants must have an active medical chart with Black Hawk Health Center

Prizes at the end of the program to be determined by percentage of **BODY FAT MASS LOST!**

HELP WANTED!
SAC & FOX NATION EMPLOYMENT OPPORTUNITIES
 THE FOLLOWING IS A LIST OF JOB VACANCIES WITH THE SAC & FOX NATION:

- Accounting Technician (Finance)**
Seeking Immediate Placement
- Resident Advisor (Juvenile Detention Center/Stroud)**
Open Continuously
- Cashier (Finance)**
Seeking Immediate Placement
- Elders Program Coordinator (Stroud)**
Seeking Immediate Placement
- Reality Specialist (Stroud)**
Seeking Immediate Placement
- Environmental Technician**
Seeking Immediate Placement
- IT Assistant (Stroud)**
Seeking Immediate Placement
- Surveillance Observer (Shawnee)**
Seeking Immediate Placement

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at: www.sacandfoxnation.com or contact Human Resources, Sac and Fox Nation, 920883 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968- 3526

IN THE DISTRICT COURT FOR THE SAC AND FOX NATION
 356159 EAST 926 ROAD, STROUD, OKLAHOMA 74079

On Behalf of: Lily White
 Jennifer Waggoner, Petitioner,
 VS.
 Patty Lynn Pendleton, Defendant.

Case No.: SFPO-15-00004

FILED IN THE DISTRICT COURT
 2015 SEP -9 P 1:03
 SAC AND FOX NATION
 CHARLOTTE CARTWRIGHT
 COURT CLERK
 BY DEPUTY

NOTICE OF HEARING AND EX PARTE EMERGENCY TEMPORARY PROTECTIVE ORDER

TO THE ABOVE-NAMED DEFENDANT:
 You have been sued by the above-named Petitioner as more clearly set forth in attached Petition.

The Petition is set for Show Cause Hearing on the **9th day of December 2015 at 10:00 o'clock a.m.** in the Sac and Fox District Court located 5 miles South and 1/4 Mile East of Stroud, Oklahoma.

This is not an order to move from your home.

This order does not affect, in any manner, title to real property, child custody, visitation, child support or division of personal property.

The filing or non-filing of criminal charges and the prosecution of the case shall not be determined by a person who is protected by this order, but shall be determined by the Attorney General. No person, including a person who is protected by this order, may give permission to anyone to ignore or violate any provision of this order. During the time in which this order is valid, every provision of this order is in full force and effect unless a Court changes the order. This order shall be valid for a period of time as stated on the order of the Court. Protective orders shall not expire unless modified, vacated or rescinded by the Court. A violation of this order is punishable by a criminal prosecution, fine and imprisonment. Possession of a firearm or ammunition by the Defendant while this order is in effect may subject the Defendant to prosecution for a violation of federal law even if this order does not specifically prohibit the Defendant from possessing a firearm or ammunition.

If you fail to appear at the Hearing, a permanent order may be issued without further notice to you.

You may seek the advice of a lawyer on any matter connected with this suit.

It is Therefore Ordered, That between now and the time the petition is heard, you, the Defendant **shall not** abuse, injure, telephone, visit, assault, molest, stalk, threaten, or harass the petitioner. You shall stay away from above-named Petitioner wherever the Petitioner may be.

Unless continued by the Court this temporary protective order shall expire on the **9th day December 2015**.
 Done this 9th day of September 2015.

IT IS SO ORDERED.
 (SEAL)

Jon D. Douthitt
 JON D. DOUTHITT
 DISTRICT JUDGE

Reading Flourishes at the Sac & Fox Detention Center

Sac & Fox Juvenile Detention Center has recently added over 1000 books to their library. The juveniles enjoy a variety of fiction and nonfiction titles all specially selected to appeal to adolescents. The library has a strong variety of classical literature that the residents need for their English classes, popular authors, as well as emerging authors. It also has a section for graphic novels, which have proved to be popular for all ages.

The new books were purchased for the new Reading Counts program that was implemented this year. This program tests each student to determine their reading level and rate. It helps them to be able to set reading goals and match books to

their interests. After the students finishes his book, he is tested on comprehension, main idea, and other important reading skills. He then will receive points based on the test grade. The residents are rewarded when they reach their goals.

The new books and the Reading Counts program have proven to be very popular. Most residents are reading an average of 10 books. The residents are encouraged to read in their rooms and can check out a new book each day, if they choose. Many of the residents finish their first book during their stay at the center. The residents are well on their way to be lifetime readers, and therefore successful learners.



Native American Month: These attendees were involved in activities for Native American Month at the Juvenile Detention Center on November 24, 2015. The residents ate a traditional Native American meal and a presentation was given by Secretary McCormick. From Left: Gene Carroll, JDC Director; Mary F. McCormick, Secretary; Katie Grant, Sauk Language and Eddie Fullbright, Sauk Language Intern. (SFNews Photo)

Business Committee Meeting Minutes are now accessible on the Website and Facebook sacandfoxnation-nsn.gov

The Sauk Language Department of the Sac and Fox Nation of Oklahoma is currently accepting resumes for part and/or full-time work for individuals experienced in working with youth and young adults. Additional experience working with multi-media technology (i.e. graphic arts, web design, etc.) is preferred, but not mandatory. Resumes with portfolios would be given preferential treatment.

This is a call for resumes and portfolios only. Scope of work, project specifications, and rate of pay negotiated on a case-by-case basis. Those interested in working with youth and young adults **must be capable of attending design meetings in Stroud, OK and working on-site at least part time.**

Please email your resume to the following:
language@sacandfoxnation-nsn.gov

NO PHONE CALLS PLEASE



OES PUBLIC NOTICE

OES has a **RECYCLE DROP OFF TRAILER** in it's parking lot most of the year

LEARN TO TALK SAUK AT SCHOOL

The new Sauk Language I and II online courses are now available for high school students who want to learn Sauk. These courses are available for World Language credit for graduation, or for elective credit.

If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

918-968-0070

Winter Stomp dance Benefit

Sponsored by Sac and Fox Honor Guard



When: Feb 6, 2016, 6PM-??
Where: Sac & Fox Community Building Highway 99 Stroud, OK MC-Oba Mack-Fish Pond Grounds
***Bring Chair**
50/50 & Raffles
Cake Walk

We Welcome
All Stomp dance grounds, leaders
Shell shakers and Vendors

*Not responsible for lost items, No Alcohol or Drugs Allowed
Contact Paul D Wolf (405)275-6587

INDIAN HEALTH SERVICE WATER AND SEWER ASSISTANCE AVAILABLE

The Indian Health Service, Office of Environmental Health and Engineering, offers programs to install water and sewer facilities to qualified Indian Homeowners. Funding and construction of sanitation facilities, such as wells, water service lines, septic tanks and drain fields, wastewater lagoons and sewer service lines, are available.

Minimum eligibility requirements include:

- Property must be located within the local Indian Health Service jurisdiction: The greater portion of Oklahoma County; Pottawatomie County north of the North Canadian River; Cleveland County west of the Indian Meridian; Lincoln County; Logan County, and a portion of southern Payne County.
- You must be a member of a federally recognized Indian tribe, band or group;
- If renting, you must obtain a lease agreement (minimum of five years) and a copy of the landowner's deed/title and CDIB. Property owner must possess a Certified Degree of Indian Blood (CDIB).
- HUD homes must be paid in full before services can be provided.

Documentation of tribal affiliation and home ownership or long-term lease will be required with the application for services. Mobile homes must be tied down, skirted and wheels removed prior to service.

Absentee Shawnee and Citizen Potawatomi Nation tribal members must apply for services through their tribal OEH offices.

Please note that applying for service does not guarantee you will receive service. Service depends on the availability of funding.

Indian Health Service OEH Field Office
703 E. Independence Street • Shawnee, Oklahoma 74804
405-214-4200 Office • 405-214-4210 Fax

Vocational Rehabilitation Transitional Services
Iowa Tribe of Oklahoma

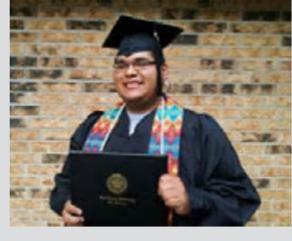
History:
The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

Services we can provide:
We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

Qualifications:
You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.

COUNTIES served by ITOVR

- KAY
- NOBLE
- PAWNEE
- PAYNE
- POTTAWATOMIE
- LINCOLN
- LOGAN

Iowa Tribe of Oklahoma Vocational Rehabilitation

P.O. Box 728
Perkins, OK 74059

Phone: 405-547-2402 ext 168
Toll free: 1-888-336-4692
Fax: 405-547-1090
E-mail: ChristaTsoataddle@iowanation.org





"See the Person, Not the Disability"

1/23/2015 CT Find us on the Web: www.bahkhoje.com

SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.



DECEMBER 2015 LANGUAGE QUOTES

“Language defines a culture, through the people who speak it and what it allows speakers to say. Words that describe a particular cultural practice or idea may not translate precisely into another language. Many endangered languages have rich oral cultures with stories, songs, and histories passed on to younger generations, but no written forms. With the extinction of a language, an entire culture is lost.”

<http://travel.nationalgeographic.com/travel/enduring-voices/>

“There are not enough words to give to tell you how important language is to our sacred traditions.”

Phil Cash, Umatilla

“You have the values that come with the language. Never trade off for something that is foreign. Your legacy should be good enough.”

Rhonda Hopkins, Chippewa

NOTICE • NOTICE

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Please email your resume to the following:



NO PHONE CALLS PLEASE

December 2015 Word List

Akôna	Snow (On the ground)
Methihkwa	Ice
Kethîyâwi	It's cold
Mehpowi	It's snowing
Meshkwâwâhkwa	Cedar (Tree)
Wâpitîtha	Reindeer
Pepôwi	It's winter
Pahkwayikâni	Winter house
Methihkwiwi	It's icy
Nekethowa	It's melting
Kehchimehpowi	It's a snowstorm
Kohkikîshekîwi	The weather's changing

December 2015 Word Scramble

aôAnk	_____
waMhetkih	_____
hyâtîKiew	_____
wMiehop	_____
hwkâewswMâkah	_____
âWhtpîtia	_____
Ppeiwô	_____
iakwkâaiPyhn	_____
ktiihihMwwe	_____
koeNewhat	_____
ohceiKhmiephw	_____
îksihiweKohkkî	_____

December 2015 Word Match

Akôna	The weather's changing
Methihkwa	It's melting
Kethîyâwi	Ice
Mehpowi	Reindeer
Meshkwâwâhkwa	It's snowing
Wâpitîtha	Cedar (Tree)
Pepôwi	Winter house
Pahkwayikâni	It's a snowstorm
Methihkwiwi	It's icy
Nekethowa	Snow (On the ground)
Kehchimehpowi	It's winter
Kohkikîshekîwi	It's cold

SAUK LANGUAGE DEPARTMENT HAPPENINGS AND NEWS

DECEMBER 2015
KEHCHIMAHKWA
(Great Bear Moon)



FROM THE SAUK LANGUAGE DEPARTMENT!

The new Sauk I and Sauk II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

The Sauk Language Department now has 3 FREE downloadable, stand alone Language Apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today, and start learning Sauk.

Don't forget about the new selection of Sauk Language T-Shirts now available for sale!! All T-Shirts \$10 While Supplies Last!

Join Us Online!

Come join us online at our UPDATED www.talksauk.com to see what new games and words we have to offer.

We always welcome suggestions and/or comments from tribal members on programs you have attended, or would like to see scheduled.
Call 918-968-0070 or 800-256-7552, or email language@sacandfoxnation-nsn.gov

The Sauk Language Department wants to hear from you!

In an effort to offer new and exciting ways to involve young members of the tribal community, the Sauk Language Department is asking for young adults, ages 18-25, who are high school graduates, to let us know if a new Sauk Language Multimedia Technology Pilot Program would be something you would be interested in attending.

What is the Sauk Language Multimedia Technology Pilot Program?

This is a pilot program designed for creative, organized young adults who want to develop skills using a broad level of current technologies.

The Sauk Language Multimedia Technology Pilot Program will focus on providing basic instruction in web design, graphic arts, digital illustration, and video production.

If you are interested in this new Pilot Program, please send the following information, either by email or regular mail, to the Sauk Language Department:

Full Name _____ Phone number _____
 Email address _____ Age _____
 Level of education completed _____ Available mornings or afternoons? _____

Sauk Language Department
 920883 S. Hwy 99
 Stroud OK 74079
language@sacandfoxnation-nsn.gov
 No phone calls please

**JUST IN TIME FOR CHRISTMAS SHOPPING
NEW SELECTION OF TSHIRTS NOW AVAILABLE AT THE
SAUK LANGUAGE DEPARTMENT**



***** LIMITED SUPPLY ***
*** WHILE SUPPLIES LAST *****



Light Blue T-Shirt Sizes S, M, XL, XXL, 3XL
Kiwi Green T-Shirt Sizes S, M, XL, XXL, 3XL

Black T-Shirt Sizes S, M, L, XL
Black Hooded Sweatshirt Sizes S, M, L, XL, XXL, 3XL
Black Ball Cap is Adjustable



All T-Shirts \$10
Hooded Sweatshirts \$45
Ball Cap \$5



**INDIAN HEALTH SERVICE
WATER AND SEWER
ASSISTANCE AVAILABLE**

Indian Health Service OEH Field Office
703 E. Independence Street • Shawnee, Oklahoma 74804
405-214-4200 Office • 405-214-4210 Fax



With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION

Apply online at www.okpromise.org or

Contact the Oklahoma State Regents for Higher Education by e-mail at okpromise@osrhe.edu or by phone at 1-8-858-1840 (225-9152 in OKC)

Get an application from your counselor

Are you a Sac and Fox artist?

Would you like to display some of your artwork in our Cultural Center?

We are limited in size, but we would love to help you show off your best work! Items will be displayed inside the exhibit showcases.

For questions and queries, please visit or call the Sac and Fox National Public Library at 918-968-3526, extension 2021.

Some restrictions will apply.



December 2015 Wordsearch

e	o	w	a	h	t	î	t	i	p	â	w	h	m
k	â	w	w	k	i	i	i	n	h	w	w	â	w
p	e	i	k	e	w	h	h	â	i	k	â	n	a
e	a	i	h	h	i	s	i	k	k	h	a	e	t
k	h	k	â	c	w	h	i	i	t	k	k	k	m
o	î	e	w	h	k	â	e	y	y	a	h	e	w
â	h	t	â	i	h	w	e	a	p	i	t	t	h
h	a	h	w	m	i	w	t	w	i	h	m	h	h
i	w	î	k	e	h	s	î	k	i	k	h	o	k
e	m	y	h	h	t	â	h	h	m	k	k	w	n
î	w	â	s	p	e	w	k	a	k	ô	n	a	m
w	m	w	e	o	m	w	i	p	e	p	ô	w	i
e	h	i	m	w	a	i	y	a	o	i	k	k	k
i	e	p	i	i	w	o	p	h	e	m	t	w	t

Sac and Fox Nation Police Department

From Sac and Fox Tribal Police Chief Bob Roberts



Sac and Fox Tribal Police Chief Bob Roberts

December Safety Tips

In 1982 my niece who was fifteen years of age, and a beautiful girl who lived in Marshall, Oklahoma was baby-sitting for her English Teacher. My niece was told that a cable service man would be coming by sometime during the evening to install cable television. It would be a natural assumption that the cable company would be sending safe workers into the home. My niece was taken out to a deserted area raped and murdered. This individual who did this terrible deed whose name does not deserve to appear here is serving a life sentence in the Corrections Department here in Oklahoma. Sadly there are many more stories out

there like this. Sue Weaver was murdered by a Florida contractor sent to work in her home in 2001. It turned out he was a twice-convicted sex offender on parole. Like so many consumers, she assumed that the company she hired would be sending safe workers into her home.

I firmly believe there needs to be federal legislation requiring proper criminal background checks, legislation that is strong and has teeth in it, and would protect consumers. Yet there is no pending federal legislation that would mandate background checks for home service workers. Many companies won't do the checks unless they're forced to, because it can get expensive. If you're having work done in your home, ask the company about their background check policy: Do they screen workers?

Also, invite a friend over and watch your kids closely when workers are at your home; that way you're not alone. If a friend can't come over, call someone in front of the worker and say that "John Doe" from such-and-such company is here. That way the worker knows someone else is aware. This article is being written for you to be aware and become safety conscience.

"OF COURSE, MOST WORKERS ARE PERFECTLY SAFE". But victims say you should never let your guard down.

"HAVE A SAFE HOLIDAY FROM THE SAC AND FOX NATION POLICE DEPARTMENT"

Sac and Fox Nation Women's Auxiliary

The Sac and Fox Nation Women's Auxiliary meet the 3rd Thursday every month at 6:00 p.m. We have a pot luck dinner at every meeting. Our meeting locations alternate from the Stroud-Elder's Building to the Shawnee-Multi Purpose Building. If anyone needs information, they can contact Shawna Spoon by phone at 405-275-2581 or by e-mail at shawnaspoon@att.net.

Muscogee (Creek) Nation WIC Program

Stroud Clinic

USDA Building 920883 S. HWY 99

Open 1st and 3rd Wednesday of each Month

Hours: 9:30am - 3:30pm

Closed for Lunch 12:00pm - 1:00pm

1-800-648-2302 or 918-968-1784 for information

Closed last business day of each month for staff training.

Standards for participation are the same regardless of age, race, sex, color, national origin or handicap.

Native Employment Works (NEW)



Native Employment Works Funds Available Now

The Sac and Fox Nation Human Services Department is currently taking applications for Native Employment Works. NEW is a federally funded program that helps low-income households with expenses while attending school or if underemployed. We encourage you to apply at our office in Stroud or at the Shawnee Multi-Purpose Center. Please call us at the number on the bottom of this article, if you have any questions.

To qualify for NEW, you must be an enrolled member of the Sac and Fox Nation and reside within the Sac and Fox Nation jurisdictional boundaries.

The NEW program eligibility includes teen parents, unemployed parent(s) if attending school, underemployed parent(s), and other tribal members if they have one or more Sac and Fox children.

PLEASE BE PREPARED TO PROVIDE THE FOLLOWING:

- Tribal enrollment cards for all household members
- (Birth certificates for those without a tribal enrollment card)
- Driver's license if over 18 and not enrolled.
- Driver's license or photo ID for applicant.
- Social Security cards for all household members.
- School enrollment verification or employment verification.
- Proof of income – including paycheck stubs, Social Security or disability benefits, unemployment compensation, pension or retirement funds, etc. for all household members 18 years of age or older.

Other documents may be required based on your situation.

Sac and Fox Nation Human Services

920883 S. Hwy 99 Building A Stroud, Oklahoma 74079

Phone: 918-968-3526 • Extensions 2010 & 2011

Toll Free: 800-259-3970 • Fax: 918-968-0142



Lawrence and Pricilla Kahbeah

Kahbeah 60th Anniversary

Lawrence and Pricilla Kahbeah have been married for 60 years as of October 19, 2015. They met downtown Okmulgee on main street 62 years ago at the intersection of 6th and Grand. The family thought it would be a good idea for them to take the photograph in the same location where they met in 1954.

Pricilla is a member of the Creek tribe in Okmulgee and was raised at what the family called, the corner house, because it was located on the southwest corner of Celia Berryhill road and 210 roads in Preston. She graduated from Sequoyah High School and later earned a teaching degree from Conner's State Collage. She worked for Randy's frozen foods, the Creek Nation Housing Authority and finished her career at the head start program where she taught for 28 years. Ms. Kahbeah said it was a pleasure teaching pre-school children, then seeing them bring their children there years later.

Lawrence is a member of the Sac and Fox tribe located in Stroud Oklahoma and was raised north of Shawnee on Moccasin Trail road. When he was 15 years old, he attended Haskell Indian School in Lawrence Kansas and graduated High School there. He was a member of the National Guard while in Kansas. Mr. Kahbeah joined the navy and fought in the Korean War and after returning home enrolled at Oklahoma State Tech where he earned an associate's degree.

Their first child Author Kahbeah died soon after being born, but they have 5 other children, 4 sons and 1 daughter. They have 11 grandchildren and 18 great-grandchildren. When asked, what makes a marriage last, they both said, trust in the Lord, forgiveness, and keep your vows.

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF

WILL NOW BE AT

1st INDIAN BAPTIST CHURCH

CUSHING OKLAHOMA

1034 EAST WALNUT

ONCE A MONTH.

THE TAX COMMISSION WILL BE THERE

2nd THURSDAY OF EACH MONTH

WE WILL BE ABLE TO BETTER SERVE TRIBAL MEMBERS LIVING IN THE CUSHING AREA WITH MOTOR VEHICLE REGISTRATION AND ANY OTHER SERVICE THAT WE CAN ASSIST YOU WITH.



Absentee Shawnee Tribe of Oklahoma Domestic Violence Program

Mission Statement

The Absentee Shawnee Tribe of Oklahoma's Domestic Violence mission is to eliminate violence in Native Country and to strengthen Native families to end the cycle of violence. Absentee Shawnee Tribe Domestic Violence program serves Native American families and Non-Native families by providing advocacy in the areas of Domestic Violence, Sexual Assault, Stalking, and Dating Violence.



The Domestic Violence Department provides services to:

Victims of Domestic Violence, Sexual Assault (on call 24 hours per day), Stalking, and/or Dating Violence. We serve Native and non-Native victims as well as their children, as these problems affect everyone in our community. When a victim flees the situation they often leave behind all of their belongings, that's where we step in, offering a hand up to the victim. We offer advocacy for the victim, through the process of court, counseling, housing and utility assistance, referrals as needed (for services ASTDV does not provide), shelter, and transitional housing. We have four transitional houses fully furnished, where victims will be provided the opportunity to get an education and obtain job skills. Emergency transportation can be provided as well. For questions regarding necessary paperwork in order to receive assistance please contact the AST Domestic Violence Office.

Absentee Shawnee Tribe of Oklahoma

2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801

Phone: (405) 275-4030 Fax: (405) 273-1192

National Domestic Violence Hotline: 1-800-799-7233

National Sexual Assault Hotline: 1-800-656-4673

Go green with your Christmas tree this year

Give yourself and your family the gift of a real Christmas tree this year. Oklahoma Forestry Services is, once again, encouraging Oklahomans to experience the many benefits of a real tree, including:

R - Recycling opportunities such as making mulch for gardening or chipping for hiking trails and playground materials.

E - Environmental benefits of a real tree include supplying oxygen, absorbing carbon and providing wildlife habitat.

A -After the holidays, you don't have to find a place to store a real tree.

L - Locally grown trees support Christmas tree farmers across the state.

T - Two or three more trees will be planted for each harvested Christmas tree.

R -Real trees give you a unique Christmas tree every year.

E - Every tree at a Christmas tree farm is planted for the purpose of becoming

someone's Christmas tree.

E - Experience a fun, family outing by visiting a Christmas tree farm to choose your tree. Many offer wreaths and greenery for sale along with free hot chocolate.

S - You can't beat the scent and beauty of a real tree!

"Consider getting a real Christmas tree this year," said State Forester George Geissler. "It's good for the environment, our local economy and it's a fun holiday experience for your family to pick out a special tree together."

For more information about where to purchase an Oklahoma-grown tree and how to care for it, visit Oklahoma Forestry Services' website at www.forestry.ok.gov/christmas-trees. Additional resources include the Oklahoma Christmas Tree Association at www.okchristmastrees.com and Christmas tree farms are listed under Specialty Crops on the Oklahoma agritourism website at www.oklahomaagritourism.com



Awesome job Employee Committee! From Left: Carrie Spang, Delores Carter, Tonya Killman, Letha Carter, Miss Indian World Cheyenne Dae Brady, Dustin Rollette and Leah Carver (SFNews Photo)



Sac & Fox Genealogy Workshop

Hosted by the Sac & Fox National Public Library and the Sauk Language Department

**Location: Shawnee Multi-Purpose
December 10, 2015
9 AM - 3:30 PM**

PLEASE COME AND JOIN US! SERVICES PROVIDED:

- o Opportunity to purchase proofs of photographs from the archives.
- o Research your family and lineage.
- o Free family vocabulary list, CD, and Sauk family tree template available.
- o Library and language staff will be available to assist in family research.

Since the Workshop will be all day, for lunch let's have a Covered Dish Meal
If the turnout is good, we will be back for another day
For any questions, please contact Catherine Walker at 918-968-3526, ext. 2022
Or, Cathrine.Walker@sacandfoxnation-nsn.gov

December 2015 SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

STROUD WAREHOUSE (918) 968-3030 1-800-256-3398
SHAWNEE OFFICE (405) 395-0063 1-866-622-2310

Mon	Tue	Wed	Thu	Fri
	ELDERS DAY WAREHOUSE 8:30-2:30 SHAWNEE	1 WAREHOUSE 8:30-2:30 SHAWNEE SHIPMENT	2 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	ELDERS DAY WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30
ELDERS DAY WAREHOUSE 8:30-2:30 SHAWNEE	7 WAREHOUSE 8:30-2:30 SHAWNEE	8 WAREHOUSE 8:30-2:30 SHAWNEE	9 WAREHOUSE 8:30-2:30 SHAWNEE	10 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30
WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	14 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	15 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30 SHIPMENT	16 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	17 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30
LATE NIGHT WAREHOUSE 8:30-6:00 SHAWNEE 8:30-2:30	LATE NIGHT SHAWNEE 12:00-6:00 WAREHOUSE 8:30-2:30	21 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	22 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	23 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30
WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	28 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	29 WAREHOUSE 8:30-2:30 SHAWNEE 8:30-2:30	30 CLOSED FOR INVENTORY	31 CLOSED FOR INVENTORY

PLEASE NOTIFY

Secretary Mary F. McCormick
Of Any Change In Your Address



This is the **ONLY CONTACT** we have with you



EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education are on the Sac and Fox Nation Web site - Click on Education for downloads.

LEARN TO TALK SAUK AT SCHOOL

The new Sauk Language I and II online courses are now available for high school students who want to learn Sauk. These courses are available for World Language credit for graduation, or for elective credit.

If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

918-968-0070

SAC AND FOX NATION ELDER'S ADVISORY COMMITTEE ANNUAL CHRISTMAS DANCE SFN COMMUNITY BUILDING 5.5 MILES SOUTH OF STROUD ON HWY 99 SATURDAY - DECEMBER 5, 2015 EVERYONE IS WELCOME



HEAD STAFF

Head Singer Gene Logan
Head Man Dancer Josh "Nami" Williamson, Jr.
Head Lady Dancer Tina Morris
M.C. Robert Williamson
A.D. Randy Tiger



2:00 PM Opening Prayer
Flag Song
Memorial Song
Gourd Dance
5:30 PM Supper
6:30 PM Round Dance
Inter-Tribal
Traditional Dances



DOOR PRIZES RAFFLES CAKE WALKS MONEY TREE

Come spend the day with the Sac and Nation Elders' Advisory Committee as we begin to prepare for the joyous time of the year. Let's come together for some good fellowship, break bread together and most of all let's laugh.

Merry Christmas

Merrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmas

Merrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnation

Merrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnation

Merry Christmas



*The Sac and Fox Nation Business Committee Wishes You
A Very Merry Christmas and A Happy New Year*



Happy New Year

Merrychristmasfromthesacandfoxnationmerrychristmasfromthesacandfoxnationmerrychristmas

NOTICE • NOTICE • NOTICE • NOTICE • NOTICE

**QUARTERLY GOVERNING COUNCIL MEETING
of the Sac and Fox Nation**



Saturday, December 12, 2015

Sac and Fox Nation Community Building

10:00 am

Josh Williamson 5th Annual Basketball Tournament



1st Place Native Thunder



2nd Place Dawgz



3rd Place M5P



MVP - Lionel Brown
Ardmore, Native thunder



Top Gun - Randy July Jr.
Tulsa, Native thunder

Muscogee (Creek) Nation WIC Program Is All About **BREASTFEEDING!**

For more information about breastfeeding
and how to apply for WIC, please call:

1-800-648-2302 or 918-758-2722

This institution is an equal
opportunity provider

Food Distribution Program Updates

**FDPIR Income Guidelines:
New Deductions Expected to Boost Participation Nationwide**

With our increased FY14 Net Monthly Income Standards, new income deduction rules were also approved in the CFR. Households that pay rent or utilities, regardless of amount, are now allowed a Standard \$300 Deduction of their Net Monthly Income that is measured against the USDA Net Monthly Income Standards. For elderly or disabled household members there is now a Medical Expense Deduction that can be claimed for all out of pocket medical expenses with no limit regarding the amount. Also there is a new Meal Deduction that can be claimed should a household member require the full time services of a home health worker.

For more information on these deductions or to see if you qualify please call **(866) 622-2310 Shawnee Office or (800) 256-3398 Stroud Office.**

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2016 NET MONTHLY INCOME STANDARDS (Effective October 1, 2015 to September 30, 2016)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction	=	FDPIR Net Monthly Income Standard
1	\$981	+	\$155	=	\$1,136
2	\$1,328	+	\$155	=	\$1,483
3	\$1,675	+	\$155	=	\$1,830
4	\$2,021	+	\$168	=	\$2,189
5	\$2,368	+	\$197	=	\$2,565
6	\$2,715	+	\$226	=	\$2,941
7	\$3,061	+	\$226	=	\$3,287
8	\$3,408	+	\$226	=	\$3,634
each additional member					+ \$347

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction	=	FDPIR Net Monthly Income Standard
1	\$1,227	+	\$265	=	\$1,492
2	\$1,660	+	\$265	=	\$1,925
3	\$2,094	+	\$265	=	\$2,359
4	\$2,527	+	\$265	=	\$2,792
5	\$2,960	+	\$265	=	\$3,225
6	\$3,394	+	\$282	=	\$3,676
7	\$3,827	+	\$282	=	\$4,109
8	\$4,260	+	\$282	=	\$4,542
each additional member					+ \$434

FY 2016 FDPIR Income Deductions (see 7 CFR 253.6(e)) Effective October 1, 2015 to September 30, 2016

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows: 48 Contiguous U.S. States = \$194 Alaska by Area Designations <ul style="list-style-type: none"> • Urban = \$237 • Rural 1 = \$302 • Rural 2 = \$368 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

FY 2016 FDPIR Standard Shelter/Utility Expense Deductions Effective October 1, 2015 to September 30, 2016

Region	States Currently with FDPIR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$300
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$400
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$350

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

Sac and Fox Nation Food Distribution Program

CALL TODAY
TO SEE IF YOU
QUALIFY!!!

STROUD OFFICE
(800) 256-3398
SHAWNEE OFFICE
(866) 622-2310

If at least one member of your household is Native American, you reside within our service area, and you meet our income guidelines...
You May Qualify. Call Today!!!

Our Service Area includes all or part of Lincoln, Pottawatomie, Payne, Logan, Oklahoma, & Cleveland Counties.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF ADJUDICATION, 1400 INDEPENDENCE AVENUE, S.W., WASHINGTON, D.C. 20250-9410, OR CALL TOLL FREE (866) 632-5952 (Voice). INDIVIDUALS WHO ARE HEARING IMPAIRED OR HAVE SPEECH DISABILITIES MAY CONTACT USDA THROUGH THE FEDERAL RELAY SERVICE AT (800) 877-8339, OR (800) 945-8136 (TDD/VOICEMAIL). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

LOGOS: ABSENTEE SHAWNEE TRIBE OF OKLAHOMA, CITIZEN POTAWATOMIE, SAC & FOX NATION, MUSCOGEE (CREEK) NATION, SHOSHONE TRIBE OF IDAHO.

PARALEGAL SERVICES NOW AVAILABLE

The Sac and Fox Nation Tribal Court is pleased to announce that paralegal services are now being offered at the Sac and Fox Nation Justice Center. This service is to help alleviate the pressure placed on the prose litigants, litigants who may not be able to afford the luxury to hire legal assistance. Without the aid of legal expertise, litigants often enter the judicial system unprepared for the complicated process and may leave dismayed by the results. In recognition of this problem, the Sac and Fox Nation Tribal Court and Oklahoma Indian Legal Services have been in collaboration to provide the tribal members with a paralegal to offer

assistance to prose litigants in preparing their legal documents and understanding the judicial process.

The paralegal provided through Oklahoma Indian Legal Services is on-site three (3) times a month to assist enrolled tribal members with preparation of legal documents, help in understanding the judicial process, assisting court administration in issuing Orders and Decrees, directing litigants to outside organizations for further assistance, preparation of wills and referrals for further legal advice.

Contact the Court Clerk's Office at 918-968-2031 for dates and times.



Tristian Salazar (Photo provided by Agnes Hiney)

Tristan Salazar Attends University of Central Oklahoma

Tristan is the 19-year-old grandson of Agnes Hiney and the son of Andrea Walker and Samuel Salazar. He is the grandson of the late Jeff Walker Sr. and the late Sybil (Cross) Walker. His great grandfather is Richard Walker. Also Tristan's great great grandmother was Katie Walker (Called her by grandma "Pat" and his great uncle is SGT Elvis E. Ellis U.S. Air Force.

While attending high school he was active in HOSA, Mini Indian Club, track,

cross-country, band, vocal, yearbook, FCCLA, Spanish club, and science club.

He has been on the Principal's rolls and was selected as a Junior Rotarian.

He enjoys singing, fishing, Netflix, PS4, reading and listening to country music.

After graduating high school Tristan enrolled at the University of Central Oklahoma where he is a ROTC Cadet and currently is working to earn a Forensics Science degree to work in DNA Analysis.

URGENT NOTICE TO VETERANS
 Men and Women especially WW1, WW2 and Korean
 The Sac and Fox National Public Library
 is asking for your
 DD 214's for their records and
Memorial Monument Purposes
 See Cathrine Walker 1-918-968-3526 Ext. 2022

Indian Child Welfare Department
 Located at
Shawnee Multi Purpose Building
 215 North Harrison Ave
 405-275-1262

ATTENTION TRIBAL MEMBERS
 A MEMBER OF THE TAX COMMISSION STAFF
 WILL NOW BE AT
THE SHAWNEE MULTIPURPOSE CENTER
 TWICE A MONTH.
 THE TAX COMMISSION WILL BE THERE ON
THE FIRST (1st) AND FOURTH (4th)
THURSDAYS DECEMBER ONLY.
 WE WILL BE ABLE TO BETTER SERVE TRIBAL
 MEMBERS LIVING IN THE SHAWNEE AREA WITH
 MOTOR VEHICLE REGISTRATION AND ANY
 OTHER SERVICE THAT WE CAN ASSIST YOU WITH.



The Sac and Fox National Public offers two computers geared toward our youngest patrons. The computers have an assortment of games and fun programs for babies through early grade school.
 (Shhh. Some games are even educational, but you don't have to tell them that!)
 Help your little ones get a leg up by calling (918-968-3526, Extension 2021) or drop by for more information.

SAC AND FOX NATION RAP ASSISTANCE APPLICATION

FAX: 918-968-4207
 PH: 918-968-3526
 EXT: 2000 & 2001
 RAP APP
 Form#2011-01

NAME _____ PHONE # (_____) _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP CODE _____
 BIRTHDATE ____/____/____ SOCIAL SECURITY # xxx-xxx-(____) SFN ROLL # _____
 Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department
 Please List Statement of Need: _____

Please Provide the Following:
 The bill you are requesting assistance with & proof of residence if the bill is not in your name.

Type of Assistance Requested (Please Check All That Apply)

<input type="checkbox"/> Tribal Energy	<input type="checkbox"/> Elders Lawn Care	<input type="checkbox"/> Dental
<input type="checkbox"/> Hardship	<input type="checkbox"/> Emergency Appliance	<input type="checkbox"/> Dentures
	<input type="checkbox"/> Vision	<input type="checkbox"/> Orthodontic
		<input type="checkbox"/> Hearing Aid

****NOTE****
 You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES
 I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive; may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

 PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

 DATE _____ RAP SPECIALIST _____

Approved by BC October 2014

SAC AND FOX NATION
 920883 S Hwy. 99 Building A • Stroud, Oklahoma 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

NAME
 PRINT CURRENT FULL NAME (First, Middle & Last) _____ ROLL NUMBER _____
 SIGNATURE _____ DATE _____

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT) _____ DATE OF BIRTH _____

MAILING ADDRESS

OLD	NEW
ADDRESS _____	ADDRESS _____
CITY _____ STATE _____ ZIP _____	CITY _____ STATE _____ ZIP _____

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

OLD	NEW
STREET ADDRESS _____	STREET ADDRESS _____
CITY _____ STATE _____ ZIP _____	CITY _____ STATE _____ ZIP _____

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated _____ Date Sac and Fox News Was Notified _____ Staff Initials _____

Annual Christmas Open House will be held Dec. 17 in Library

The Sac and Fox National Public Library will hold its Christmas Open House on Thursday, Dec. 17 from 11 a.m. to 2 p.m.

Please join us to celebrate the season.

We have added hundreds of new items to the library in the past few months, with an eye on Common Core topics, which will help parents and their children keep up with schoolwork.

Earlier this year, the Sac and Fox National Public Library joined OverDrive and the Ok Virtual Library, a consortium of Oklahoma libraries providing digital

collections.

You can now download e-books, audiobooks and music to your own e-reader, be it an iPad, Nook, Kindle or smart phone.

This service is available for cardholding members of the Library. If you don't have a SFNPL card, we can set one up for you in a couple of minutes.

You can visit the library's catalog at <https://sacandfox.bibliionix.com/atoz/catalog>.

Or you can call us at 918-968-3526, extension 2021. Or, drop in for a cup of coffee!

Come and check us out!



Stop by we have Christmas gifts!

INDOOR AIR QUALITY

Please mail or return form to the address below.

You may also contact us via email, phone, or fax.

SAC AND FOX NATION OFFICE OF ENVIRONMENTAL SERVICES
920883 S. Hwy 99 Bldg. A
Stroud, OK 74079
Phone: 918-968-0046
Fax: 918-968-0049
Email: phillip.mee@sacandfoxnation-nsn.gov
Email: jeremy.finch@sacandfoxnation-nsn.gov

NAME: _____

ADDRESS: _____

CONCERNS: _____

PHONE: _____

What's in your air?

- Particulates: dirt, dust, pollen spores, pet dander, candle soot
- Bioaerosols: viruses, mold, bacteria, living micro organisms
- Volatile Organic Compounds: odor causing contaminants, chemical gases, solvents

SOURCE: oltrom.com/IAQ/index

We are seeking input from Sac and Fox Nation Tribal Members so we may address their concerns over Indoor Air Quality (IAQ). All respondents will be contacted individually to better understand their concerns, provide insight into future project development, and determine if an IAQ assessment is needed. All personal information provided is confidential.

This service is provided at no cost to you!



Miss Indian World 2015-2016 Cheyenne Dae Brady

Sitoniquay" is member of the Thunder Clan and enrolled member of the Sac and Fox Nation of Oklahoma.

Cheyenne is the daughter of Jon "Poncho" & Rebecca "Tooky" Brady of New Town, North Dakota and the granddaughter of Don & June Hamilton YoungBird and Bryon & Florence Brady.

She is the great granddaughter of the late Charlie Smith (Sac & Fox) and Velma Peters Smith and great great granddaughter of Stella Barker. She is also a descent of the Cheyenne, Kiowa/Apache, Pawnee, Otoe, Tonkawa, Arikara and Hidasta tribes.

Cheyenne was the 2010 Valedictorian of her Senior Class and continued on to College at the University of Oklahoma and transferred to North Dakota State University where she will be graduating on May 16, 2015 with her bachelor of science in psychology and will continue her education being accepted into the NDSU Master of Public Health, specializing in American Indian Public Health.

Cheyenne gives God all the praise and glory for all her accomplishments. She is so thankful for all the support from the Sac and Fox Nation, family she represents and friends from Oklahoma. She said she will humbly represent her people and family to the best of her ability as she travels across the world as our cultural ambassador of Native people as Miss Indian World 2015-2016!!

Annual Christmas Party

Sponsored by
Sac & Fox Nation
Activity Committee

December 19, 2015
6:00 p.m. - 9:00 p.m.
Sac & Fox Nation
Community Building

Activity Committee NOT Responsible for accidents or thefts

2016 NEW YEAR DANCE

JANUARY 2

SAC AND FOX COMMUNITY BUILDING
5.5 MILES SOUTH OF STROUD, ON HWY. 99 SOUTH

HEAD STAFF

MC.....JAMEY NOBLE

HS.....NEKA LOGAN

HGD.....HOUSTON STEVENS

HMD.....ISIAH GREEN

HLD.....SHAYLA MILLER

HOST DRUM.....YBH

AD.....POWWOW COMMITTEE

PROGRAM

1pm - Gourd Dance
4:30pm - 6pm Supper
6pm - 7pm Resume Gourd Dance
7pm - 11pm Powwow & Traditional Dancing

WOMEN'S CONTEST, MEN'S CONTEST, INDIAN 2-STEP CONTEST
WOMEN'S PRETTIEST SHAWL, MEN'S PRETTIEST TIE
Cake Walk, Raffles, 50/50, Etc.

Sac and Fox Nation Powwow Committee not responsible for accidents, theft, loss.

Happy December Birthday Elders

Thomas G. Allen Sr.
James E. Allen
Alicia Carole Ashley
Loretta D. Bigbow
Marvine Walker Boswell
Sherman Wayne Brown
Delores Byford
Georgette Eileen Capshaw
Thomas Houston Carter Sr.
Teresa Lynn Chambers
Richard C. Clark
Lasagna Sue Copeland
Thomas Raymond Cummins
Clyde Benjamin Davis
Charles Vincent Dellacalce
Dusty Diane Demmer
Geneva F. Detwiler
Linda E. Ellermann
Peggy Ann Ellis
Sunny Hope Erickson
Mrs. Yvonne Louise Estes
Penny Lois Louise Failes
Tammy Louann Fields
Mary Nancy Floyd
George Henery Gibbs Jr.
Bert Wiley Gibbs Sr.
Ronald Scott Goforth
James McDaniel Gokey
Robert Dale Gokey
Tawana E. Gutierrez
Carroll A. Hahn
Mary Elizabeth Harjo
Michael Wayne Harris
Candace Patricia Howard
Emma Natoma Huffman
Regina Carlene Hughes
Jeffery Glenn Irons
Anna Marie Jefferson
Dennis R. Jennings
Michael E. Jennings
Lawrence Oliver Kahbeah Sr.
Ronald Jasper Lauderdale
Helen Jane Littleton

John David Logan
Lee Roy Longshore
Micky Longshore
Ricky Longshore
Barry Dam McAllister
Donna K. McAllister
Pamela Ann McClelland
Lydia Fannie McConnell
Marsha C. McLain
Donna Louise Merrell
Letha Diane Moats
Mrs. Malvina Georget Myers
Sherris Jean Myers
Cheryl Lee Nordyke
Nancy L. Nullake
Michael Eugene O'Brien
Mary Alice Laverne Payne
David Nelson Pennock III
Richard Gene Pennock
Raymond H. Price
Deborah Lee Primeaux
Laura Ann Redman
Barbara Lou Reeves
Sharon Bernice Saulsberry
Clarene Spaid
James John Spoon
Bettina Gayle Standish
Richard Allen Thorpe
Frances Jo Topaum
Dara Jean Turner
Donald Lee Tyner
Shirley Ruth Wakole
Curtis Wakolee
James Leon Walker
Mable C. Walton
Gary Marshall Ward
Vicky Lucinda Weems
Shirley Ann Whittington
Gwendolynn Wilburn
Kimberly Frances Witt
Mary Alice Wood
Ginger Arlene Woodall

Business Committee Meeting Minutes

Regular Business Committee Meeting Mini-Minutes October 12, 2015

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee Meeting held on October 12, 2015. These actions are to be followed up by the appropriate departments.

(1) Robert Williamson motion to approve the Special Business Committee minutes of September 28, 2015 with corrections. Mary F. McCormick-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(2) Don Abney motion to approve the Recessed Special Business Committee minutes of September 29, 2015 with corrections. Robert Williamson-2nd. VOTE: Kay-Yes Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(3) Don Abney motion to approve the Reconvened Special Business Committee minutes of September 30, 2015. Jared A. King-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Abstain. Motion carried.

(4) Resolution SF-16-01, a resolution authorizing and approving an agreement between the Sac and Fox Nation Black Hawk Health Center and Christopher Minnigh, DDS. Mary F. McCormick-Motion, Don Abney-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(5) Resolution SF-16-02, a resolution acknowledging receipt of the conditional relinquishment of Janis Ruth Jackson, from the membership of the Sac and Fox Nation. Don Abney-Motion, Robert Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

(6) Resolution SF-16-03, a resolution approving membership for Fiscal Year 2015/2016 into the National Congress of American Indians (NCAI) in the total amount of \$1,100.00, and naming Principal Chief Kay Rhoads as delegate and Second Chief Don W. Abney, Secretary Mary F. McCormick, Treasurer Jared A. King, and Committee Member Robert E. Williamson as alternate delegates. Don Abney-Motion, Jared A. King -2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

(7) Resolution SF-16-04, a resolution approving the United States Environmental Protection Agency Performance Partnership Grant in-kind match budget in the total amount of \$5,268.00. Don Abney-Motion, Robert Williamson-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes. Motion carried.

(8) Resolution SF-16-05, a resolution authorizing the Sac and Fox Nation Housing Authority to establish a tribal benefit program to provide adequate and affordable group housing coverage as a benefit of tribal membership for Sac and Fox citizens residing in the State of Oklahoma and authorizes the Housing Authority to contract with Amerind Risk Management Corporation for the administration of the program. Mary F. McCormick-Motion, Don Abney -2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(9) Resolution SF-16-06, a resolution approving the National Science Foundation Documenting Endangered Languages Grant Budget Modification #2 in the total \$109,195.00. The funding source is identified the National Science Foundation

Grant No. #BCS-1360709-001. Robert Williamson-Motion, Don Abney-2nd. Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

(10) Don Abney motion to approve the preferred provider agreement between Sac and Fox Nation Black Hawk Health Center and Servant Medical Imaging (Renewal Contract #2012-12-01a) Jared A. King-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

Break at 11:10 a.m.

Back from Break at 11:18 a.m.

(11) Don Abney motion to approve the Sac and Fox Nation Employee Committee requesting administrative leave for the following holidays: Wednesday, November 25, 2015 from 11:00 am to 1:00 pm; Wednesday, December 23, 2015 from 11:00 am to 1:00 pm; Thursday, December 31, 2015 from 11:00 am to 1:00 pm. Mary F. McCormick-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(12) Robert Williamson motion to approve Francis Grant, Jr., request to continue serving as a Grievance Committee member. Don Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Abstain. Motion carried.

(13) Mary F. McCormick motion to approve Robert Weaver, Indian Health Consulting Services for health care benefits, Don Abney-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes. Motion carried.

(14) Mary F. McCormick motion to approve Donation/Sponsorship for the Seminole Nation domestic violence banquet/quilt & art auction on Saturday, October 17, 2015, Don Abney-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried

Break for lunch: 11:43 a.m.

Back from lunch: 1:06 p.m.

(15) Resolution SF-16-07, a resolution approving the Fiscal Year 2016 Emergency Management Budget in the total amount of \$2,499.00. The funding source is identified as carryover from previous years. Mary F. McCormick-Motion, Robert Williamson-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

(16) Resolution SF-16-08, a resolution approving the Fiscal Year 2016 Sauk Language Department Budget in the total funding amount of \$263,606.00. The funding source is identified as Treasury Appropriations. Mary F. McCormick-Motion, Robert Williamson-2nd. VOTE: Mary-Yes, Jared-No, Robert-Yes, Kay-No, Don-Yes. Motion carried.

(17) Resolution SF-16-09, a resolution approving the Fiscal Year 2016 Department of Interior Compact Office of Government (Enrollment) Budget in the total amount of \$127,000.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Robert Williamson-Motion, Don Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

(18) Resolution SF-16-10, a resolution approving the Fiscal Year 2016 Department of Interior Compact Facilities and

Grounds Budget in the total amount of \$28,000.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Don Abney-Motion, Robert Williamson-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes. Motion carried.

(19) Resolution SF-16-11, a resolution approving the Fiscal Year 2016 Department of the Interior Office of Self-Governance Budget in the total amount of \$120,000.00. The funding source is identified as the Department of the Interior Compact Annual Funding Agreement. Don Abney-Motion, Jared A. King-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(20) Resolution SF-16-12, a resolution approving the Fiscal Year 2016 Department of Interior Compact Welfare Assistance Budget in the total amount of \$9,758.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Robert Williamson-Motion, Don Abney-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

(21) Resolution SF-16-13, a resolution approving the Fiscal Year 2016 Department of Interior Compact Library Budget in the total funding amount of \$108,000.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Mary F. McCormick-Motion, Don Abney-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(22) Resolution SF-16-14, a resolution approving the Fiscal Year 2016 Department of Interior Compact Human Services Budget in the total amount of \$158,000.00. The funding source is identified as the Fiscal Year 2016 Department of Interior Self-Governance Compact Annual Funding Agreement. Mary F. McCormick-Motion, Don Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

(23) Resolution SF-16-15, a resolution approving the Fiscal Year 2016 Department of Interior Compact Realty Budget in the total amount of \$266,103.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Don Abney-Motion, Mary F. McCormick-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes. Motion carried.

(24) Resolution SF-16-16, a resolution approving the Fiscal Year 2016 Department of Interior Compact Department of Public Safety Budget in the total amount of \$840,784.00. The funding sources are identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Mary F. McCormick-Motion, Robert Williamson-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(25) Resolution SF-16-17, a resolution approving the Fiscal Year 2016 Department of Interior Compact Court Budget in the total funding amount of \$120,000.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Don Abney-Motion, Mary F. McCor-

mick-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

(26) Resolution SF-16-18, a resolution approving the Fiscal Year 2016 Department of Interior Compact Johnson O'Malley Budget in the total funding amount of \$124,000.00. The funding source is identified as the Fiscal Year 2016 Department of Interior Self-Governance Compact Annual Funding Agreement. Don Abney-Motion, Robert Williamson-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(27) Resolution SF-16-19, a resolution approving the Fiscal Year 2016 Department of Interior Compact Higher Education Budget in the total funding amount of \$110,000.00. The funding source is identified as the Fiscal Year 2016 Department of Interior Compact Annual Funding Agreement. Robert Williamson-Motion, Don Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

(29) Resolution SF-16-21, a resolution approving the Fiscal Year 2016 Department of Interior Compact Transportation Budget in the total funding amount of \$2,287,102.00. The funding source is identified as federal transportation funds administered by the U.S. Department of Interior through the multiyear Sac and Fox Nation Government to Government Agreement and the annual Referenced Funding Agreement with the Interior and pursuant to any transportation law authorized by the Congress of the United States of America. Don Abney-Motion, Robert Williamson-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(30) Resolution SF-16-22, a resolution approving the Fiscal Year 2016 Sac and Fox Nation Pow-Wow Committee Budget in the total amount of \$11,698.00. The funding source is identified as previous year's revenue carryover. Robert Williamson-Motion, Don Abney-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Absent, Robert-Yes, Kay-Yes. Motion carried.

(31) Resolution SF-16-23, a resolution approving the Fiscal Year 2016 Motor Pool Budget in the total amount of \$116,352.00. The funding sources are identified as mileage reimbursement and carryover from the previous years. Robert Williamson-Motion, Don Abney-2nd. VOTE: Mary-Abstain, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(32) Resolution SF-16-24, a resolution approving the Fiscal Year 2016 Historic Preservation Budget in the total amount of \$81,861.00. The funding source is identified as Treasury Appropriations. Don Abney-Motion, Robert Williamson-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

Executive Session:

Business Committee Meeting Minutes
Went into Executive Session: 9:25 a.m.

Back out of Executive Session:

9:41 a.m.

(Discussion Only)

ADJOURNMENT:

It is the consensus of the Business Committee to recess at 5:08 p.m. reconvene on October 13, 2015.

Business Committee Meeting Minutes

Reconvened Regular Business Committee Meeting Mini-Minutes October 13, 2015

Please be advised that the following are official actions taken by the Business Committee in a Reconvened Regular Business Committee meeting held on October 13, 2015. These actions are to be followed up by the appropriate departments.

(1) Resolution SF-16-20, a resolution approving the Fiscal Year 2016 Department of Interior Compact Indian Child Welfare Budget in the total funding amount of \$115,000.00. The funding source is identified as the Department of Interior Self-Governance Compact Annual Funding Agreement. Robert Williamson-Motion, Don Abney-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Absent, Robert-Yes. Motion carried.

(2) Resolution SF-16-26, a resolution approving the Fiscal Year 2016 Tower Construction Notification System Budget

in the total amount of \$135,753.00. The funding source is identified as Treasury Appropriations. Robert Williamson-Motion, Don Abney-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Absent, Robert-Yes, Kay-Yes. Motion carried.

(3) Resolution SF-16-27, a resolution approving the Fiscal Year 2016 Sac and Fox Nation Rodeo Committee Budget in the total funding amount of \$16,306.00. Don Abney-Motion, Robert Williamson-2nd. VOTE: Mary-Abstain, Jared-Absent, Robert-No, Kay-No, Don-No. Motion failed.

(4) Resolution SF-16-28, a resolution approving the United States Environmental Protection Agency Performance Partnership Grant Budget for the period of October 1, 2015 through September 30, 2016 in the amount of \$216,095.00. The funding source is identified as the US Environmental Protection Agency Grant

#BG-01F01901-0, Year 1 of 2. Mary F. McCormick-Motion, Don Abney-2nd. VOTE: Jared-Absent, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion carried.

Break for lunch: 11:29 a.m.

Back from lunch: 1:18 p.m.

Break at 1:58 p.m.

Back from Break at: 3:09 p.m.

(5) Resolution SF-16-29, a resolution approving the Fiscal Year 2016 Economic Development Budget in the total funding amount of three hundred ninety-eight thousand eight hundred twenty-three dollars (\$398,823.00). Don Abney-Motion to send the Budget back, to adjust it to an 8 month budget to satisfy the contract requirements, Robert Williamson-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Absent, Jared-Absent. Motion carried.

(6) Resolution SF-16-25, a resolution approving the Fiscal Year 2016 Reentry Program Budget in the total amount of \$155,202.00. The funding source is identified as interest from investments. Mary F. McCormick-Motion, Don Abney-2nd. VOTE: Kay-No, Don-No, Mary-Absent, Jared-Absent, Robert-No. Motion failed.

(7) Resolution SF-16-30, a resolution approving the Fiscal Year 2016 Reentry Program Budget in the total amount of \$104,918.00. The funding source is identified as interest from investments. Robert Williamson-Motion, Don Abney-2nd. VOTE: Don-Yes, Mary-Absent, Jared-Absent, Robert-Yes, Kay-Yes. Motion carried.

Executive Session:

None

ADJOURNMENT:

It is the consensus of the Business Committee to adjourn at 4:23 p.m.

Regular Business Committee Meeting Mini-Minutes
November 9, 2015

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee Meeting held on November 9, 2015. These actions are to be followed up by the appropriate departments.

(1) Don W. Abney motion to approve the Minutes of the October 26, 2015 Special Business Committee Meeting with corrections. Jared A. King-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(2) Mary F. McCormick motion to approve the renewal agreement between the Sauk Language Department and Yolanda Pushetonequa, contract # 2015-04-01b. Jared A. King-2nd. Vote: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion Carried.

(3) Resolution SF-16-36, a resolution authorizing and approving a memorandum of understanding and date of exchange between the Sac and Fox Nation and the Oklahoma Department of Human Services. Don W. Abney-motion, Robert Williamson-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(4) Resolution SF-16-37, a resolution approving the Fiscal Year 2016 Library income budget in the total amount of One Thousand One Hundred Ninety-Eight Dollars (\$1,198.00). Mary F. McCormick-motion, Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion Carried.

(5) Resolution SF-16-38, a resolution enacting Title 5-Sac and Fox Nation Tribal Lending Code to the Sac and Fox Nation Code of Laws. Robert Williamson-motion, Jared A. King-2nd. VOTE: Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes. Motion Carried.

Break at 10:59 a.m.
 Back from break @ 11:08 a.m.

(6) Resolution SF-16-39, a resolution authorizing and approving a letter of intent between the Sac and Fox Nation and Tribal Lending Solutions, LLC to explore a Tribal lending proposal, contract # 2015-11-01. Don W. Abney-motion, Jared A. King-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

Lunch at 12:08 p.m.
 Back from lunch at 1:27 p.m.

(7) Resolution SF-16-40, a resolution authorizing and approving the Detention Services agreement between the Sac and Fox Nation Juvenile Detention Center and the Otoe-Missouria Tribe #2015-10-04. Mary F. McCormick-motion, Don W. Abney-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion Carried.

(8) Service renewal agreement between Sac and Fox Nation Juvenile Detention Center and the Sac and Fox Nation of Missouri #2012-12-02a. Don W. Abney-motion, Robert Williamson-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

(9) Service renewal agreement between Sac and Fox Nation Juvenile Detention Center and the Chitimacha Tribe #2015-01-04a. Robert Williamson-motion, Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Yes. Motion Carried.

(10) Service renewal agreement between Sac and Fox Nation Juvenile Detention Center and the Absentee-Shawnee Tribe #2012-09-03b. Robert Williamson-motion, Don W. Abney-2nd. VOTE: Kay-Yes, Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes. Motion carried.

(11) Renewal agreement between Sac and Fox Nation and Central Tribes of the Shawnee Area, Inc. Don W. Abney-motion, Jared A. King-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion Carried.

(12) Approval of new Capital complex camera monitoring system/Capital Security budget Modifications. Discussion Only

(13) Mary F. McCormick motion to approve the stipend amount for Boards at \$100.00 and Committees at \$50.00 per meeting with a set amount of \$20.00 round trip per meeting for mileage. Mary F. McCormick-motion, Jared A. King-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion Carried.

(14) Approval to hang Photographs of previous Sac and Fox Nation Chiefs. Discussion Only.

(15) Approval to send a Sac and Fox Nation Flag to be displayed at Fort Lewis College, N.A.C in Durango, Colorado. Don W. Abney-motion, Jared A. King-2nd. VOTE: Don-Yes, Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion Carried.

(16) 2015 Land Buy-Back Program. Information Only

(17) Request for Sac and Fox Nation to participate in the opening ceremonies of the Region VI Head Start Conference through Community Action Agency of Oklahoma City and Oklahoma/Canadian Counties, Inc. Mary F. McCormick-motion, Don W. Abney-2nd. VOTE: Mary-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes. Motion carried.

Mary F. McCormick
 Left the meeting at 3:50 p.m.

(18) Robert Williamson motion to approve a donation of \$1500.00 for display ads online for the Veteran's Day ad in the Shawnee News-star, Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Don-Yes, Mary-Absent. Motion Carried.

Executive Session:
 a. UNITED NATIONS YOUTH COUNCIL OF THE SAC AND FOX NATION-NO ACTION TAKEN
 Went into Executive Session at 3:58 p.m.
 Out of Executive Session at 5:09 p.m.
 ADJOURNMENT:
 Adjourned at 5:28 p.m.

From Ray Murdock to Cathrine Walker

Ray Murdock a U.S. Navy Veteran, stated that it was really awesome that Cathrine sang at the VA Hospital, because our Veterans had a rough life, we don't know what they went through, but the song will make them happy... What an honor for her!...Ray named her "Pemmi thano quah", she belongs to the Water Clan and the meaning is water flowing in a gentle way, nice! He stated he laid her on one side of the creek and pulled her through the water, over to the other side...again he said "Pemmi thano quah".

Veterans Honor Dance - Veterans Center OKC



Notice: No-Till Drill Season

Begins September 1, 2015

Custom no-till drilling

Conservation District provides tractor, drill and operator
 Land owner provides seed

\$19.00 / acre

\$2.00 / acre discount if land owner helps load seed

\$200.00 Minimum charge

Lincoln County Conservation District

Call for Appointment 405-258-5011

MEDICARE BASICS

By: Jessica Buchanan Patient Benefits Coordinator Sac and Fox Nation Black Hawk Health Center

Medicare is a federal program, managed by the Centers for Medicare & Medicaid Services (CMS). Medicare provides health insurance coverage to individuals age 65 and over, under age 65 with certain disabilities including Amyotrophic Lateral Sclerosis (ALS) also known as Lou Gehrig's Disease and individuals of all ages with End Stage Renal Disease (ESRD). There are specific eligibility and entitlement requirements for each.

AGE - Generally an individual age 65 or older will be entitled to Medicare based on age if he/she or spouse worked at least 10 years or 40 quarters and paid applicable FICA tax. Typically, Medicare is effective the 1st day of the month the person turns 65 HOWEVER this coverage date really depends on when the individual enrolls in Medicare.

DISABILITY - For an individual to be eligible for Medicare due to disability, they must have a medical condition that meets Social Security's definition of disability and they must receive disability benefits from Social Security or the Railroad Retirement Board for at least 24 months. The 24-month waiting period is waived for individuals diagnosed with ALS, also called Lou Gehrig's disease. These individuals are eligible for Medicare the first month of disability benefit entitlement.

ESRD - Eligibility for Medicare based on ESRD is for patients that have been prescribed a regular course of dialysis by their physician or need a kidney transplant and are on the kidney transplant list. There are three different sets of requirements for Medicare based on ESRD depending on the individual course of treatment. This eligibility is not automatic. The individual must apply for Medicare benefits through Social Security or the Railroad Retirement Board.

Now that we have talked about how an individual becomes entitled to and eligible for Medicare let's talk about the different "Parts" of Medicare. Medicare beneficiaries generally receive healthcare coverage in one of two ways: through Original Medicare with or without prescription drug coverage or through a private Medicare Advantage Plan.

There are 3 Parts to Medicare; well technically 4 when including Medicare

Advantage Plans. The following information will provide basic information regarding Part A, Part B, Part D and Medicare Supplements.

Medicare Part A is commonly referred to as hospital insurance. Part A pays covered hospital, skilled-nursing facility, and home health-care services for each benefit period except for the deductible and coinsurance. Most individuals do not pay a monthly premium for Part A coverage if they or their spouse paid Medicare taxes for at least 10 years (or 40 quarters) while working.

Medicare Part B covers health-care costs that involve physician services, outpatient hospital services, certain home health services and covered durable medical equipment. There is a monthly premium associated with Part B coverage.

Medicare Part D is Prescription Drug Coverage. Part D is insurance provided by private companies at a monthly premium. Social Security has a program called Extra Help. This program helps pay all or some of the monthly premium for Part D. This is an income based program however the limits are higher than that of Medicaid and Medicare Savings Programs.

Medicare Advantage Plans are offered through private insurance companies that contract with Medicare to provide both Part A and Part B benefits. Most Medicare Advantage Plans also include prescription drug coverage.

A Medicare Supplemental insurance (Medigap) policy can help pay some of the health care costs that Original Medicare does not cover such as copayments, coinsurance and deductibles. Medigap policies are identifiable based on a letter and include: A, B, C, D, F, G, K, L, M and N. Every Medigap policy must follow federal and state laws designed for your protection and all policies offer the same basic benefits across the different Medigap insurance carriers.

For more information on the different Medigap policies you can visit www.medicare.gov or contact the Senior Health Insurance Counseling Program (SHIP). SHIP is a non-profit organization that provides assistance and advocacy related to Medicare, Medicaid, Medicare supplements, Medicare Advantage Plans, long-term care and other related health coverage plans

for Medicare beneficiaries. The Senior Help Line number is 1-800-763-2828.

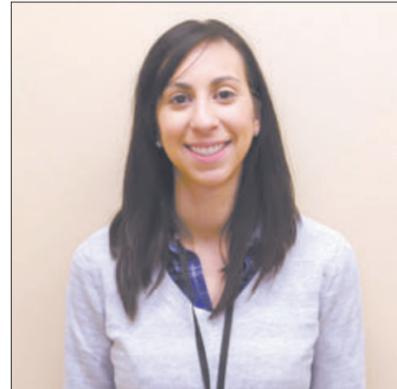
The last topic related to Medicare Basics is Medicare Savings Programs. There are a few different programs that assist individuals with Medicare premiums; these programs are income based and a Request for Benefits Application must be completed at the local Department of Human Services (DHS) office as well as the individual must be interviewed and provide specific documen-

tation. Once this has occurred and the individual has been approved, the State will pay the Medicare premiums as long as the individual continues to meet the requirements.

For more information about Medicare Savings Programs contact the Patient Benefits Representative at your local healthcare facility, the DHS office in the county you reside or go online to the Medicare website at www.medicare.gov.

Nutrition in the New Year

By: Elizabeth Burgess MS, RD/LD



Elizabeth Burgess MS, RD

New Year's Day is right around the corner, which means many of us are contemplating our next resolutions for 2016. Consider making some small changes in your everyday diet that could lead to big successes in your health.

Have you tried dieting in the past with no real results? One of the first mistakes many people make is putting themselves on a "diet." A diet simply means food or meals that a person habitually eats. The keyword here is HABITUALLY. Never eaten tofu before? Then don't add this into your daily meals unless you actually want to try tofu. Many people include foods in their diet that they think are healthy, but don't care for when it comes to taste. Usually this ends up with someone ditching their "diet" so they can go back to the foods they found satisfying. Instead of getting wrapped up in eating certain foods, focus more on your portion sizes. Do you always grab seconds at dinner? Then aim to stick to one plate of

food. Remember that your plate should be evenly dispersed between the different food groups. Try not to fill your plate with only one or two food groups.

Set small, achievable goals for yourself regarding diet. When setting a goal, remember to not focus on an exact weight or exact amount of pounds you want to lose. This often leads to failure and frustration which can make us revert to old habits. Perhaps you drink 4 cans of soda every day. An example goal would be something like, "I will switch to diet soda" or "I will only drink 1 can of soda." Once you've achieved your goal, tighten the goal more or develop a new goal altogether. If your goal was to drink only 1 can of soda each day and you achieved this, try changing your goal to "I will drink soda one time per week."

Another common weight loss mistake is the belief that exercising without watching your diet will lead to results. This is incorrect and many of us can over estimate the amount of calories we burn during exercise. Consider how many calories you are actually burning while working out. General weight lifting for a time of 30 minutes can burn between 90 and 133 calories, while walking for 30 minutes can burn around 120-178 calories. This is a small amount in comparison to the 1600-2200 calorie diets people typically consume.

Large weight loss does not happen in a week, or even in a month. Weight loss is a lifelong commitment that should be done gradually. Request a referral for dietitian services from your physician for more advice and goal setting tips!

Oklahoma City Indian Clinic honored with Oklahoma Quality Pursuit of Excellence Award

OKLAHOMA CITY - Oklahoma City Indian Clinic (OKCIC), a nonprofit clinic providing services to American Indians in central Oklahoma, recently received the Oklahoma Quality Pursuit of Excellence Award.

The Oklahoma Quality Foundation presents the Oklahoma Quality Awards, and provides membership-based services to Oklahoma organizations to increase performance excellence, address key issues and improve the state's business climate. The Pursuit of Excellence Award recognizes an organization that demonstrates the early stages of performance excellence, including leadership; strategic planning; customer focus; measurement, analysis and knowledge management; workforce focus; operations focus and process management results. These criteria are considered the gold standard for building a world-class organization.

"We are honored to be recognized with this award," Robyn Sunday-Allen said, CEO of OKCIC. "We strive to be the best health care provider for the urban Oklahoma Indians we serve. Furthermore, we are committed to constant improvement in all areas of service to patients."

The winners will be recognized at the Oklahoma Quality Foundation "Sharing of Best Practices Conference & Awards Luncheon" Nov. 19 at the Skirvin Hilton

Hotel in Oklahoma City.

About Oklahoma City Indian Clinic

Oklahoma City Indian Clinic (OKCIC) was established in 1974 to provide excellent health care and wellness services to American Indians in central Oklahoma. The clinic staff cares for more than 20,000 patients from more than 220 federally recognized tribes every year. American Indians can receive a range of services, including medical, dental, pediatrics, prenatal, pharmacy, optometry, physical fitness, nutrition, family programs and behavioral health services. For more information, please visit www.okcic.com.

The Oklahoma Quality Foundation

The Oklahoma Quality Foundation is a membership-based nonprofit helping Oklahoma organizations increase performance excellence, address key issues and improve the state's business climate through workshops, conferences and the Oklahoma Quality Awards (OQA). The OQA recognize organizations in six categories, including manufacturing, service, small business, education, health care and nonprofit. OQF is the only Baldrige-based award program in the state that works to determine the level of an organization's performance and provide public recognition on their level of accomplishment. For more information, visit www.oklahomaquality.com.

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, please utilize SoonerRide
SoonerRide's toll free phone number is
(877) 404-4500

December 2015 Black Hawk Health Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1 Exercise Room open 8AM-4:30PM Anthony in Shawnee	2 Exercise Room open 7AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Lower Body Focus Training Class	3 Exercise Room open 8AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Upper Body Focus	4 Exercise Room open 7AM-4:30PM	
7 Exercise Room open 7AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Cardio/core training	8 Exercise Room open 8AM-4:30PM	9 Exercise Room open 7AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Lower Body Focus Training Class	10 Exercise Room open 8AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Upper Body Focus	11 Exercise Room open 7AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
14 Exercise Room open 7AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Cardio/core training	15 Exercise Room open 8AM-4:30PM Cooking Class 12 pm Learning Center	16 Exercise Room open 7AM-6PM 11:15 Circuit Training 12:15 Circuit Training 5 PM Lower Body Focus Training Class	17 Exercise Room open 8AM-4:30PM Closed 12-4:30 for In service training 5 PM Upper Body Focus	18 Exercise Room open 7AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training Cooking Class 12 pm Learning Center
21 Exercise Room open 7AM-4:30PM	22 Exercise Room open 8AM-4:30PM	23 Exercise Room open 7AM-4:30PM	24 Closed for observance of Christmas	25 Closed for observance of Christmas
28 Exercise Room open 7AM-4:30PM	29 Exercise Room open 8AM-4:30PM	30 Exercise Room open 7AM-4:30PM	31 Exercise Room open 8AM-4:30PM	

Oklahoma Tobacco Helpline

1 800 QUIT NOW

2015 PER CAPITA PAYMENT INFORMATION

- You must be enrolled by Wednesday, September 30, 2015 to be eligible for the 2015 per capita payment.
- The tribal membership will be certified by Wednesday, September 30, 2015.
- A complete W-9 form must be received by the Sac and Fox Nation Finance Department before a check can be distributed. The Sac and Fox Nation Finance Department will mail the 2015 IRS form 1099 by January 31, 2016.
- No official date has been set at this time for disbursement of the per capita payment.
- All checks will be mailed, no exceptions.

IRS Form W-9

It is critical that the IRS Form be completed correctly and thoroughly for each individual tribal member; not doing so could result in a delay of you receiving your per capita payment. The form must be signed and dated. IRS Form W-9 can be found at <http://www.irs.gov>.

Required Legal Documents

Please ensure the office of Enrollment has a copy of your social security card. The name and signature on the W-9 must match the name on the social security card. If your name has been changed due to marriage, divorce, adoption, etc., it is your responsibility to provide any legal documentation (including a social security card which reflects your new name) to the Office of Enrollment.

Minors

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor's payment not being deposited into the minor's trust fund account in a timely manner.

Contact information - Finance Department

A completed W-9 must be submitted by mail or via facsimile only. For identity/security purposes, e-mailed forms will not be accepted.

Contact information:

Sac and Fox Nation
Finance Department
920883 S. Hwy 99, Bldg. A
Stroud, Oklahoma 74079

Direct fax: 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives **\$600 or more in 1 calendar year** from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.

First, let this be a Merry Christmas and a Happy New Year, too. It is kind of early, but that's okay. It's the best season of the whole year. An early gift to me was to find out the United Nations Inter-Tribal Youth of the Sac and Fox Nation is still in existence. The UNITY is an important program. There seems to have been a question as to whether the youth program was still operating under the auspices of the Sac and Fox Business Committee. I can assure you that this program is a vital part of the Sac and Fox programs. Let me tell you how, and when, and with tremendous assistance of Marilyn Spoon and Berdina George.

During the early years in JOM, services were very scant. "School Supplies" were only two pencils and three packs of notebook paper. The program staff voiced every year that we needed to increase the school supplies. We were still contracting with the Bureau of Indian Affairs, and, needless to say, funds were very limited. Later on, the program did receive more funding, which made it possible for more activities to become a reality. Prior to activating these new items, the whole program and goals had to be rewritten, with a budget, a narrative, and a resolution, with requests for additional funds. These documents were forwarded through to the Sac and Fox Business Committee for approval. The revamp of the whole program included the additional activities for tribal youth, not just a few pencils and paper. After the approval and as time went by, the UNITY of the Sac and Fox Nation was formulated to start having activities in the Shawnee, Stroud, and Cushing areas. These changes made it possible

for tribal youth to travel and attend conferences out of state. Ultimately, the National UNITY Conference and other in-state conference were and still are very positive and informative to all tribal youth.

That said, the Program, the Resolution, and the Narrative established the United Nations Inter-Tribal Youth Program for all of the Sac and Fox Nation jurisdiction. Inter-tribal because the schools in the jurisdiction includes other tribes. I am aware that when the Sac and Fox Business Committee approves an entity organization, it is for all time, i.e., Elders Program, Employees Committee, Veterans, etc.

Simultaneously, the Johnson O'Malley (JOM) program was heading up four other educational programs for the Sac and Fox Nation. They were: Higher Education, Adult Vocational Training, a program for unemployed young adults with children, and a program for the Nation's Personnel, to assist employees who needed extra training. This program helped employees get a head start on getting their degree.

Speaking to all tribal youth and young adults, now is the time to start thinking about what you are going to do. Some might say, "Think about what?" I am sure you have heard parents and others say, "Your future." It seems like yesterday that high school seniors graduated and some of them are starting their second semester in college. Time goes too fast. Start thinking about it, because those teenage and young adult years go by so fast. Get all the education now, while Mom and Dad or Granma is paying the bills. Good luck.

Submitted by: Corrine L. Tsoodle

NOTICE

Why does a W-9 needed to be submitted yearly?

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

2015 PER CAPITA W-9

Form W-9 (Rev. August 2013) Department of the Treasury Internal Revenue Service	Request for Taxpayer Identification Number and Certification	Give Form to the requester. Do not send to the IRS.
Name (as shown on your income tax return) X		
Business name/disregarded entity name, if different from above		ROLL # X
Check appropriate box for federal tax classification:		
<input type="checkbox"/> Individual/sole proprietor <input type="checkbox"/> C Corporation <input type="checkbox"/> S Corporation <input type="checkbox"/> Partnership <input type="checkbox"/> Trust/estate <input type="checkbox"/> Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ _____ <input type="checkbox"/> Other (see instructions) ▶ _____		
Exemptions (see instructions): Exempt payee code (if any) _____ Exemption from FATCA reporting code (if any) _____		
Address (number, street, and apt. or suite no.) X		Requester's name and address (optional)
City, state, and ZIP code X		SAC AND FOX NATION 920883 S. HIGHWAY 99 BLDG. "A" STROUD, OKLAHOMA, 74079
List account number(s) here (optional)		
Part I Taxpayer Identification Number (TIN)		
Enter your TIN in the appropriate box. The TIN provided must match the name given on the "Name" line to avoid backup withholding. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see <i>How to get a TIN</i> on page 3.		
Social security number X		Employer identification number
Part II Certification		
Under penalties of perjury, I certify that:		
1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and		
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and		
3. I am a U.S. citizen or other U.S. person (defined below), and		
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.		
Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 3.		
Sign Here	Signature of U.S. person X	Date X
General Instructions		
Section references are to the Internal Revenue Code unless otherwise noted.		
Future developments. The IRS has created a page on IRS.gov for information about Form W-9, at www.irs.gov/w9 . Information about any future developments affecting Form W-9 (such as legislation enacted after we release it) will be posted on that page.		
Purpose of Form		
A person who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, payments made to you in settlement of payment card and third party network transactions, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.		
Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:		
1. Certify that the TIN you are giving is correct (or you are waiting for a number to be issued).		
2. Certify that you are not subject to backup withholding, or		
3. Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the		
withholding tax on foreign partners' share of effectively connected income, and		
4. Certify that FATCA code(s) entered on this form (if any) indicating that you are exempt from the FATCA reporting, is correct.		
Note. If you are a U.S. person and a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.		
Definition of a U.S. person. For federal tax purposes, you are considered a U.S. person if you are:		
• An individual who is a U.S. citizen or U.S. resident alien,		
• A partnership, corporation, company, or association created or organized in the United States or under the laws of the United States,		
• An estate (other than a foreign estate), or		
• A domestic trust (as defined in Regulations section 301.7701-7).		
Special rules for partnerships. Partnerships that conduct a trade or business in the United States are generally required to pay a withholding tax under section 1446 on any foreign partners' share of effectively connected taxable income from such business. Further, in certain cases where a Form W-9 has not been received, the rules under section 1446 require a partnership to presume that a partner is a foreign person, and pay the section 1446 withholding tax. Therefore, if you are a U.S. person that is a partner in a partnership conducting a trade or business in the United States, provide Form W-9 to the partnership to establish your U.S. status and avoid section 1446 withholding on your share of partnership income.		

Veteran's Honor Dance 2015



Photo by Catherine Walker



Photo by Catherine Walker



Photo by Catherine Walker