

Story submitted by Dora S. Young courtesy of The Seminole Producer

Persimmon Seed Predicts Area Winter Weather



Local persimmons had their seeds cut open recently to reveal the winter prediction folklore. The kernels revealed a spoon shape, which indicates lots of heavy, wet snow will fall this winter.

By Angela Downing
Events Editor

Fall is officially here and with all the activities that are associated with the season, so is common fall folklore about persimmons and their weather predictions.

Throughout the United States it is custom to cut open a persimmon seed and revealing what shape the kernel inside contains.

If the kernel is spoon-shaped, lots of heavy, wet snow will fall. Spoon is often thought of as a shovel.

If it is fork-shaped, you can expect powdery, light snow and a mild winter.

If the kernel is knife-shaped, expect to be "cut" by icy, cutting winds.

Persimmons were picked and cut Friday morning in the Seminole area and all of the seeds revealed spoon shapes.

Folklore surrounding the winter weather-predicting power of persimmon seeds is widely known and often trusted.

For much of the U.S., the 2016 Almanac says that a super cold winter is on

tap-with below-average winter temperatures.

Freezing temperatures will be especially pronounced along most of the Atlantic seaboard and in the Ohio Valley, Great Lakes, Pacific Northwest, and southwestern states.

The Northeast, Ohio Valley, Northern Plains, and Pacific Northwest should brace for a slew of snow.

"Super cold is coming, says our Almanac editor Janice Stillman, but also the good news is that areas with record-shattering snow last winter-like Boston-won't have to deal with quite so many flakes."

"All in all, this coming winter will be a good one for snuggling up next to the fire with a good book!"

A strong El Nino continues and is likely to be even stronger by the time it peaks later this fall or this winter, according to the October El Nino diagnostic discussion from NOAA released Thursday morning.

The El Nino is expected to prevail through winter and into spring 2016, when gradual weakening is likely to begin.

The fact that El Nino is likely to last into spring is important for the United States since precipitation and temperature impacts from a moderate-to-strong El Nino are typically most noticeable during the colder months. From late fall through winter.

For the Seminole area, weather will begin to drop at night to the high 30s and 40s during the middle of November, with daytime highs in the 50s and 60s.

Only time will tell what the winter months have in store for the area but a reminder that a snowy winter is always a possibility is told by the persimmon seed folklore.



The Black Hawk Health Center in cooperation with the Veterans Administration of Oklahoma recently hosted an informational meeting to assist Veterans with benefits. Jessica Buchanan, BHHC Patient Benefits Coordinator and Candy Klump, VA Native American Nurse Navigator, along with several other VA Benefits representatives were present to assist. (SFNews Photo)

PLEASE NOTIFY

Secretary Mary F. McCormick
Of Any Change In Your Address

This is the **ONLY CONTACT**
we have with you

SAC AND FOX NATION ELDER'S ADVISORY COMMITTEE

ANNUAL CHRISTMAS DANCE
SFN COMMUNITY BUILDING
5.5 MILES SOUTH OF STROUD ON HWY 99
SATURDAY - DECEMBER 5, 2015
EVERYONE IS WELCOME

HEAD STAFF

Head Singer Gene Logan
Head Man Dancer Josh "Nami" Williamson, Jr.
Head Lady Dancer Tina Morris
M.C. Robert Williamson
A.D. Randy Tiger

2:00 PM Opening Prayer
Flag Song
Memorial Song
Gourd Dance

5:30 PM Supper

6:30 PM Round Dance
Inter-Tribal
Traditional Dances

DOOR PRIZES RAFFLES CAKE WALKS MONEY TREE

Come spend the day with the Sac and Nation Elders' Advisory Committee as we begin to prepare for the joyous time of the year. Let's come together for some good fellowship, break bread together and most of all let's laugh.

Merry Christmas

INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS

The Sac and Fox Nation's Business Committee will be appointing people to fill vacancies, as they occur, on various Committees, Commissions, and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form and a [resume to the Tribal Secretary](#)

NAME: _____ Roll Number: _____

Address _____ Telephone: _____

CITY: _____ State: _____ Zip Code: _____

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:

Priority #1: _____

Priority #2: _____

Priority #3: _____

Submitted by: _____ Date: _____

MONTH OF NOVEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti Green Beans Garlic Bread Applesauce	3 Chicken & Dumpling Zucchini Crackers Peaches	4 Chili Dog Fritos Green Salad Pears	5 Fish Tater Tots Corn on Cob Pineapple	6 Biscuit & Gravy Sausage Boiled Egg Juice
9 Hamburger Potato Salad Fresh Veggies Mandarin Oranges	10 Pork Chop Scalloped Potatoes Carrots Vanilla Pudding	11 OFFICES CLOSED VETERANS DAY	12 Brown Beans & Rice Spinach Cornbread Pears	13 Pancake Bacon Boiled Egg Juice
16 Salisbury Steak Mashed Potatoes Carrots Peaches	17 Vegetable Stew Fry bread Cabbage B S Pudding	18 Chicken Pot Pie Okra Crackers Fruit Cocktail	19 Lima Beans & Ham Spinach Corn Bread Pineapple	20 Scrambled Egg Polish Sausage Hash Brown Banana
16 Tuna Salad Sand Cottage Cheese Chips Peaches	17 Vegetable Stew Frybread Cabbage Fruit Cocktail	18 Tomato Soup Grilled Cheese Pea Salad Pears	19 Chicken & Rice Carrots & Celery Crackers Choc. Pudding	20 Breakfast Burrito Tater Tots Salsa 2% Milk
23 Turkey Dressing & Gravy Green Beans Cherry Delight	24 Enchilada Refried Beans Chips & Salsa Fruit Cocktail	25 Chili Green Salad Cornbread Pineapple	26 OFFICES CLOSED FOR Thanksgiving	27 OFFICES CLOSED

OKC VA NATIVE AMERICAN VETERAN'S ELDERS COUNCIL
OKC VAHCS WARRIORS GROUP AND IN
COLLABORATION WITH OKC VA AMERICAN INDIAN COUNCIL

Presents
16th ANNUAL VETERANS HONOR DANCE
FRIDAY, NOVEMBER 13, 2015
12:00 P.M TO 5:00 P.M

VA Medical Center, 921 NE 13th Street Oklahoma City, OK 73104
(Northwest corner of NE 13th and Kelley)

Honored Guest Speaker Maj. Gen Rita Aragon
Master of Ceremonies Tim Tallchief
Head Singer Willard Poncho Walker
Head Lady Dancer Eleanor McDaniel
Head Gourd Dancer Randy Frazier
Arena Director Graham Primeaux

HEAD STAFF

*****Honored Guests*****
TBA (Pending acceptance)
TBA (pending acceptance)
Pershing Yeahquo

*****HONOR GUARD*****
Sac and Fox Veterans Honor Guard

Presentation: Changing Winds Cultural Society

Opening Ceremony and Grand Entry.....12:00 pm
Gourd Dancing.....12:30 pm to 2:30 pm
Dinner.....2:30 pm to 3:30 pm
Resume Gourd Dancing.....3:30 pm to 5:00 pm

All Veterans and Princesses invited.

Vendors Welcome

For more information contact:
Candy Fish Klump 405-456-3808 or
Tempie Nichols-Rood 405-456-1129

Head staff please be available by 11:00 a.m.
Vendors welcome with limited booth space available. Contributions accepted.